



Royal Oak

Revised Agenda

Royal Oak Older Adults Advisory Board Meeting

Thursday, September 19, 2024, 6:30 p.m.

M/M Senior Center

3500 Marais Avenue, Royal Oak, MI 48073

Anyone planning to attend the meeting who has need of special assistance under the Americans with Disabilities Act (ADA) is asked to contact the city clerk's office at 248-246-3050 at least two (2) business days prior to the meeting.

	Pages
1. Call to Order	
2. Approval of Agenda	
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4. Public Comment	
5. Business	
a. Introduce Nikki, Recreation Superintendent	
b. Approve 2024 Annual Report	4
c. Master Plan Discussion	
d. Senior Center Update	
6. Announcements	
7. Adjournment	



Minutes

Royal Oak Older Adults Advisory Board Meeting

August 8, 2024, 6:30 p.m.

M/M Senior Center

3500 Marais Avenue, Royal Oak, MI 48073

Present: Rebecca Cheezum
Marie Donigan
Bill Paskoules
Anne Hoyt
Michael Lawrence
Susan Giasson Gilbert

1. Call to Order

The meeting was called to order at 6:28 p.m.

2. Approval of Agenda

Resolution Number: Motion to approve the Agenda.

Moved by: Anne Hoyt

Seconded by: Rebecca Cheezum

Motion Adopted

3. Approval of Minutes

Resolution Number: Motion to approve the Minutes.

Moved by: Michael Lawrence

Seconded by: Rebecca Cheezum

Motion Adopted

4. Public Comment

Janice Wagman discussed budget for communication efforts and how we are going to know if it worked.

5. Business

5.a Royal Oak Master Plan

Jill Martin gave an overview of the Royal Oak Master Plan and gave the dates that any suggestions need to be turned in by.

5.b Update on the Aging in Place Plan

The board would like to know what we have accomplished from the Aging in Place plan.

5.c Future Topics for Discussion

- Discuss what we want to focus on.
- Is there an asset inventory?
- Senior Transportation programs.

6. Announcements

Next meeting is September 12, 2024.

7. Adjournment

The meeting was adjourned at 7:58 p.m.

OLDER ADULTS BOARD

2024 REPORT



MEET OUR BOARD

Rebecca Cheezum, City Commission Representative
Michael Lawrence
Bill Paskoules
Marie Donigan
Susan Giasson
Annie Hoyt

Staff Liaisons

Susan Barkman, Assistant to the City Manager
Yolanda Botello, Senior Center Manager

**Leo Mahany /
Harold Meininger
Senior Community
Center**

3500 Marais Ave
Royal Oak, MI 48073

Phone: (248) 246-3900

Hours:
Monday - Friday
9 AM-4:30 PM

The purpose of the Older Adults Advisory Board shall be to advise and make recommendations to the city commission and the city manager on accomplishing and maintaining the goals of the Aging in Place Plan and to provide feedback related to services for older adults at the Leo Mahany / Harold Meininger Senior Community Center and to the city in general.

AGING IN PLACE ACCOMPLISHMENTS



OUTDOOR SPACES & BUILDINGS

1.2.e Evaluate policies that help support seniors in removing snow and ensuring access to public spaces in the winter months.

- The senior center staff continues to work on recruiting for the snow shoveling program including adjustments in wages.



TRANSPORTATION

2.1.d Provide driver fitness and occupant safety assessment. Partner with the AAR for CarFit Program that helps drivers adjust their cars to best suit their abilities.

- Provided two classes on safe driving, which helped seniors access discounts for their insurance companies. Additionally the Senior Center partnered with AARP TEK Talk that helps seniors get more comfortable with the technology that is available in cars today.



2.2.a Increase safety for bicyclists. Community education events/provide educational displays for how to use bike lanes as a cyclist and driver.

- The senior center has a display in the lobby of information on bike safety provided by our partners at the Southeast Michigan Council of Governments. This includes things like bike lights and reflective items as supplies are available.



COMMUNICATION

3.3.d Send one annual mailer to every Royal Oak household with the information for 311, civic ready, and other based information and promote the information through other media sources.

- Staff completed the annual mailer and an insert for the *Royal Oak Today* magazine. The mailer went out to all households in Royal Oak in August and featured basic information on the senior center.

A collage of images and text for the Mahany/Meininger Senior Community Center mailer. It includes a woman in a kitchen, a man playing pool, a woman in a Zumba shirt, and a group of seniors. The text reads: "WELCOME TO THE MAHANY/MEININGER SENIOR COMMUNITY CENTER! YOUR HUB FOR ACTIVITIES, WELLNESS AND FRIENDSHIP". It also lists activities like Social Activities & Events, Education, and Health. A QR code is provided for downloading a 4-page information guide. The mailer is addressed to a resident of Royal Oak, Michigan. The footer includes contact information: "Contact Us For more information, visit our website at romi.gov/seniors or call us at 248-246-3900." and "Hours: 3500 Marais Ave., Royal Oak, MI 48073. Monday-Friday, 9 a.m. to 4 p.m.".

WELCOME TO THE MAHANY/MEININGER SENIOR COMMUNITY CENTER!
YOUR HUB FOR ACTIVITIES, WELLNESS AND FRIENDSHIP

Discover a vibrant and supportive community designed just for you.

Social Activities & Events
Education
Health

RESIDENT ROYAL OAK, MICH.

DOWNLOAD A 4-PAGE INFORMATION GUIDE! (OR HAVE IT MAILED TO YOU.)

SCAN ME!

To see the guide, go to romi.gov/SeniorInfo or call 248-246-3900 and request to have it sent to your home address.

Print version is available at the Mahany Meininger Senior Center and City Hall.

PAID FOR BY THE CITY OF ROYAL OAK, 203 S TROY ST, ROYAL OAK, MI 48067

Contact Us
For more information, visit our website at romi.gov/seniors or call us at 248-246-3900.

Hours: 3500 Marais Ave., Royal Oak, MI 48073.
Monday-Friday, 9 a.m. to 4 p.m.

HOUSING

4.1.d Support current staff for ROSES and home rehab program with outreach to Royal Oak seniors.

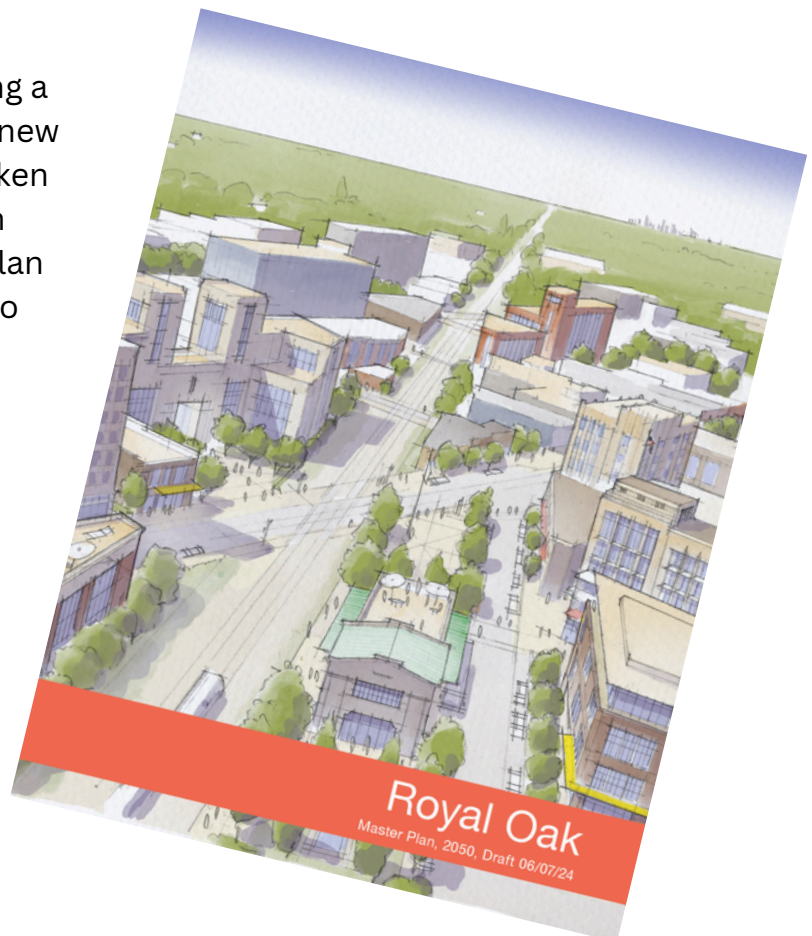
- Over the past year staff worked with Oakland Livingston Human Service Agency to secure a \$100,000 grant that will support lawn care and snow removal for seniors. This funding can be used to support the needs of seniors who are low income but have too much income for the ROSES program.



4.3.a The City of Royal Oak should aggressively market to developers as development sites become available for additional “affordable” or “market rate” senior housing.

- The city is currently undergoing a master plan effort to create a new master plan. This effort has taken into consideration the Aging in Place Plan. The draft master plan is going through the process to become a proposed plan and finally an approved plan. Included in the plan are things like the consideration of accessory dwelling units (ADUs).

Read the Master Plan draft at
planroyaloak.com



COMMUNICATION & INCLUSION

5.2.c Promote events that are diverse and inclusive. Ideas include: city events based on nationally celebrated cultures and traditions.

- The city supported Family Pride and Juneteenth events. These events are put together by a group of residents working with city staff.



5.3.c Develop a program where people with certified, trained therapy animals meet with older adults in a park, library or other community spaces.

- The library had three events that featured therapy dogs for adults and a total of 68 people attended. Library events are open to all adults. They do not track age breakdown.



LEO MAHANY / HAROLD MEININGER SENIOR COMMUNITY CENTER



The City of Royal Oak has a beautiful community center where older adults aged 50 and better can enjoy opportunities for lifelong education, fitness, nutrition and leisure activities. In addition, supportive services that promote independence and quality of life are available for residents who are 60 and over or permanently disabled.

Between July 1, 2023 and June 30, 2024 the senior center had 19,848 visits from seniors who came for programs, services and to spend time socializing.

In the last year, programs added include Cooking for One, jam making, Crafting for Seniors, and Gran and Me, which is an intergenerational crafting program for grandparents and their grandkids.

Transportation: 6472 rides with the transit services

Trips: 31 trips for 403 patrons

Lunch & Learns: New programs including financial planning for seniors, veterans burials, annual enrollment for benefits.

Entertainment: 8 dine in entertainment programs including Elvis, Neil Diamond, Frank Sinatra, Motown, 50s, Jazz and Willie Nelson and Piano. Participation ranges between 70 and 100 for these events.

Senior Times: 1037 total subscribers, 488 receive digital copy.

