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Register for Youth Dance! Details on page 2
Appropriate levels of dance will be offered to students age 3 through teens. Students will work towards performing in a spring dance recital complete with costumes and lighting. **This year’s Dance recital will be the afternoon of Saturday, May 4, 2019.** (Dress rehearsal will be Wednesday evening, May 1.) This complete school-year program will be offered in two sessions. You will receive a registration form for the second session by mail in early December. Classes are held at the Salter Community Center. Class sizes will be a minimum of 8 and a maximum of 16 dancers. **Classes will begin Monday, September 17, 2018. The second session starts January 7, 2019.**

**Dance Payment schedule is as follows:**

**1st Session**
- Resident: $80 (30 & 40 min. classes) / $100 (55 min. class)
- Non-Resident: $85 (30 & 40 min. classes) / $105 (55 min. class)

**Payment due at Registration**
- **Costume Deposit:** $30. Due week of Nov. 6, 2018 (pay instructor)

**2nd Session**
- Resident: $80 (30 & 40 min. classes) / $100 (55 min. class)
- Non-Resident: $85 (30 & 40 min. classes) / $105 (55 min. class)

**Payment due by January 7, 2019**
- **Costume Balance:** Amount varies. Due early Feb. 2019 (pay instructor)

*Note: Costume prices will range from $50-$65 each.*

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**Class Descriptions**

**PRESCHOOL DANCE:** Clapping and counting, singing and skipping, enjoying the music and making new friends, this is what our preschool classes are about. We work on improving large motor skills, listening to directions, learning to take turns and cooperating as a group. Learning and fun go together with these classes.

**INTRO TO DANCE:** K-2nd graders enjoy learning basic terminology, body positions and beginning dance combinations with music designed to be familiar and fun for their age group. This class covers ballet, stylized jazz, Broadway style song and dance, plus a little tap if you take a combo class.

**TAP:** Traditional terms and rhythms. We will cover finding the beat, tapping along, counting the measures and adding some personality. This is a great class for all ages.

**HIP HOP:** Students will enjoy an energetic warm up, isolation and pop’n’lock hip hop moves, traditional jazz turns, jumps, floor work and progressions. We pay special attention to ensure that our music selection and choreography is appropriate for our students at each age level.
Youth Dance Class Schedule

**Monday**  
Instructor: Miss Julia  
5:30 pm Intro to Dance, K-2nd grade
YD1006  40 min. $80  
6:15 pm Preschool Dance, 3 & 4 year olds
YD1007  30 min. $80  
6:45 pm Hip Hop/Tap Combo, 3rd grade & up*
YD1008  55 min. $100  
7:45 pm Hip Hop Dance, 4th grade & up
YD1009  40 min $80

**Tuesday**  
Instructor: Miss Robin  
5:30 pm Preschool Dance, 3 & 4 year olds
YD1010  30 min. $80  
6:00 pm Preschool Dance, 4 & 5 year olds
YD1011  40 min. $80  
6:45 pm Hip Hop/Tap Combo, K-2nd grade*
YD1012  55 min. $100

**Wednesday**  
Instructor: Miss Tiffany  
5:30 pm Preschool Dance, 3 & 4 year olds
YD1014  30 min. $80  
6:00 pm Preschool Dance, 4 & 5 year olds
YD1015  40 min. $80  
6:45 pm Hip Hop/Tap Combo, 4th grade & up*
YD1016  55 min. $100  
7:45 pm Hip Hop Dance, 5th grade & up
YD1017  40 min $80

**Thursday**  
Instructor: Miss Julia  
5:30 pm Preschool Dance, 4 & 5 year olds
YD1019  40 min. $80  
6:15 pm Intro to Dance, K-2nd grade
YD1020  40 min. $80  
7:00 pm Hip Hop Dance, 3rd grade & up
YD1021  40 min $80

*These classes will dance in two numbers in recital. Combo classes require both jazz and tap shoes.

This introductory program to traditional Tang Soo Do has been commended by many communities, law enforcement personnel, teachers and parents for the positive impact it has on children. It is a 20-year proven program that is positive, fun, exciting and educational. There is no better program for kids! Optional uniforms will be available for purchase at www.kidspowerkarate.com. Optional belt testing will be offered for a $20 fee.

**Little Ninjas – Ages 4-5**
The Little Ninjas Karate Program is an introductory karate class specifically designed for children ages 4 and 5. It focuses on teaching children 8 important life skills: Focus, Memory, Teamwork, Discipline, Self-Control, Fitness, Balance and Coordination. All this is achieved through exciting and fun games and activities! Wear loose fitting clothes. A responsible adult must remain in attendance during class.

Tuesday, 6:00 - 6:30 pm at Senior/Community Center  
Sept. 18 - October 23  
YA2011  
Fee: Res. $39; Non-Res. $44 / 6 weeks

**Kids Power – Ages 6-12**
The Kids Power Karate Program offers traditional martial arts training to children ages 6 through 12 and emphasizes self-defense, physical fitness, conflict resolution, team work and anti-kidnapping techniques. This program is designed specifically for children and teaches prevention first. It does not promote active aggressiveness but teaches children to respect themselves, others and the skills they learn. Wear loose fitting clothes. A responsible adult must remain in attendance during class.

Tuesday, 6:45 - 7:30 pm at Senior/Community Center  
September 18 - October 23  
YA 2012  
Fee: Res. $42; Non-Res. $47 / 6 weeks

**Chords are Key for Guitar**
Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com. Class fee includes an online book and online video instruction.

Topics include:
- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

Monday, Oct. 22 at Salter Community Center  
AE2013  
6:30 - 9:00 pm  
Fee: Res. $59; Non-Res. $64 / 1 class
Sports Starters (ages 3 - 5)
A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort, and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

**Wednesday at Salter Community Center**
Sept. 19 - Oct. 24, 4:00-4:45 pm  YA 2001
Fee: Res. $72; Non-Res. $77 / 6 weeks

**Wednesday at Salter Community Center**
Nov. 7 - Dec. 12, 4:00-4:45 pm  YA 2004
Fee: Res. $60; Non-Res. $65 / 5 weeks
No class Nov. 21

Kiddie Sports and Games (ages 4 - 6)
Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Our emphasis is on teamwork, cooperation and effort. Bring a water bottle and wear gym shoes. Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

**Wednesday at Salter Community Center**
Sept. 19 - Oct. 24, 5:00-5:55 pm  YA 2002
Fee: Res. $72; Non-Res. $77 / 6 weeks

**Wednesday at Salter Community Center**
Nov. 7 - Dec. 12, 5:00-5:55 pm  YA 2005
Fee: Res. $60; Non-Res. $65 / 5 weeks
No class Nov. 21

Youth Basketball (ages 7-11)
Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids will scrimmage during class time. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes, bring a water bottle and a ball (ball is optional). Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

**Wednesday at Salter Community Center**
Sept. 19 - Oct. 24, 6:00-6:55 pm  YA 2003
Fee: Res. $72; Non-Res. $77 / 6 weeks

**Wednesday at Salter Community Center**
Nov. 7 - Dec. 12, 6:00-6:55 pm  YA 2006
Fee: Res. $60; Non-Res. $65 / 5 weeks
No class Nov. 21

TumbleBunnies Gymnastics
www.tumblebunnys.com

**Itty Bitty Bunny – 18 months - 2 years (35 mos.)**
This fun, energetic class has parents working with their child that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that’s required. Minimum of 8 students.

**Tuesdays at Salter Community Center**
Sept. 18 - Nov. 27, 9:30 - 10:00 am  YA3009
Fee: $120 / 10 weeks
No class Nov. 6

**Saturdays at Salter Community Center**
Sept. 22 - Dec. 8, 9:30 - 10:00 am  YA3001
Fee: $120 / 10 weeks
No class Nov. 10, Nov. 24

**TumbleBunnies Gymnastics – ages 3 and older**
Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

**Tuesdays, Sept. 18 - Nov. 27 at Salter Community Center**
Fee: $120 / 10 weeks
No class Nov. 6

Bizzy Bunnies, 3 - 5 year olds, 10:00-10:30 am  YA3009

**Saturdays, Sept. 22 - Dec. 8 at Salter Community Center**
Fee: $120 / 10 weeks
No class Nov. 10, Nov. 24

Bizzy Bunnies, 3 - 4 year olds, 10:00-10:30 am  YA3010
Happy Hoppers, 5 - 7 year olds, 10:30-11:00 am  YA3003

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC  20013-7127
Storytime & Crafts with Cowboy ALEX

Kids ages 3-8 years old will enjoy 45 minutes of stories, puppets, magic, crafts and fun with Cowboy ALEX. Sign up for one or all of the classes!

**On select Saturdays, 11:00 am at Senior/Community Center**
Fee: $5 per child, per class:

- **Kewl Cruisers Storytime & Crafts**
  Saturday, August 25  |  YA4008
- **Fearless Firefly Storytime & Crafts**
  Saturday, September 22  |  YA4009
- **Creepy Crawlers Storytime & Crafts**
  Saturday, October 27  |  YA4010
- **Pilgrim People Feast Storytime & Crafts**
  Saturday, November 17  |  YA4011
- **Happy Holidays Storytime & Crafts**
  Saturday, December 22  |  YA4012

New for Fall!
Thursday mornings at the Salter Center

Kids ages 3-8 years old will enjoy 45 minutes of stories, puppets, magic, crafts and fun with Cowboy ALEX. Sign up for one or all of the classes!

**On select Thursdays, 10:00 am at Salter Community Center**
Fee: $5 per child, per class:

- **Delicious Donut Storytime & Crafts**
  Thursday, September 20  |  YA4030
- **Silly Slime Storytime & Crafts**
  Thursday, October 18  |  YA4031
- **Perfect Pickles Storytime & Crafts**
  Thursday, November 15  |  YA4032
- **TREE-mendous Storytime & Crafts**
  Thursday, December 20  |  YA4033

**Gymnasium Rentals**

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is $60 per hour. For more information and available times, please call 248-246-3180.

**Who to Contact**

- John Lindell Ice Arena  |  248-246-3950
- Swimming (see page 45)  |  248-435-8500 ext. 1148
- Boys & Girls Club of SOC  |  248-544-4166
- RO Sandlot League  |  www.royaloaksandlot.com
- Royal Oak Football Club (formerly ROYSA)  |  www.royaloakfc.com
- Royal Oak Youth Football  |  www.royft.com
- Royal Oak Hockey  |  www.royaloakhockeyclub.com

Four Seasons Preschool offers a wonderful learning environment for children ages three through five years.

**We are currently full for the 2018-2019 school year.** Our 33-week school year begins September 4, 2018.

Our preschool is located at the Senior/Community Center at 3500 Marais (1 block north of 13 Mile Road and 3 blocks east of Crooks).

Our program offers the following:

- Story Time
- Physical Education
- Music
- Computers
- Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.

**2018 - 2019 Class Schedule and Pricing**

- **Tues/Thurs Morning, 8:30 - 11:00 am**
  
  **PRE2018-R3**
  Tuition for our morning 2-day a week program is $1,072. This includes a non-refundable registration fee of $100 and three installments of $324.

  **FULL**

- **Mon/Wed/Fri Morning, 8:30 - 11:00 am**
  
  **PRE2018-R1**
  Tuition for our morning 3-day a week program is $1,609. This includes a non-refundable registration fee of $100 and three installments of $503.

  **FULL**

- **Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm**
  
  **PRE2018-R2**
  Tuition for our afternoon 4-day a week program is $2,146. This includes a non-refundable registration fee of $100 and three installments of $682.

  **FULL**

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com

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*Deadline to register – 3 days before class starts unless full*
Low-Impact Workout to Oldies Music

**GREAT FOR BEGINNERS!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to the songs you love to hear – without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

**Thursday, 6:20 - 7:20 pm  Instructor: Angie M**
Sept. 13 - Dec. 6 at M/M Senior/Community Center  FF2002
No class Nov. 22

**20/20/20**

This class includes 20 minutes each of three essential components of fitness: cardio, strength and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment. Core work followed by a series of controlled, static stretches in the final flexibility section will enhance range of motion and release stress. Bring a mat, hand weights and water.

**Monday, 5:50-6:50 pm  Instructor: Karen B**
Sept. 10 - Dec. 3 at M/M Senior/Community Center  FF2005
No class Nov. 5

**Wednesday, 5:50-6:50 pm  Instructor: Karen B**
Sept. 12 - Dec. 12 at M/M Senior/Community Center  FF2006
No class Oct. 31, Nov. 21

**STRONG  NEW!**

Get leaner, fitter, stronger with this effective, heart-smart, high-energy combination of muscle conditioning, cardio, body weight and plyometric training moves. STRONG is a full body HIIT workout that’s as fun as it is challenging and can be modified for various fitness levels. Maximum fat burning while toning abs, glutes, arms and legs result in increased metabolism – that’s a higher calorie burn for the entire workout and post-class as well. Bring mat, towel and water.

**Monday, 7:00-8:00 pm  Instructor: Brannon W / Debbie S**
Sept. 10 - Dec. 3 at M/M Senior/Community Center  FF2025
No class Nov. 5

**Zumba**

Set to Latin and other international music with exotic rhythms, this fun dance fitness workout is extremely effective in burning calories and keeping the heart rate up. The steps are easy to learn and follow and will get you moving in an exhilarating new way for a high-energy class to tone and shape your entire body. Bring a water bottle and towel.

**Thursday, 7:30-8:30 pm  Instructor: Joli P**
Sept. 13 - Dec. 6 at M/M Senior/Community Center  FF2017
No class Nov. 22

**NEW!**

**Saturday, 10:00-11:00 am  Instructor: Debbie S**
Sept. 15 - Dec. 15 at Salter Community Center  FF2026
No class Nov. 10 & 24

**Authentic Yoga Fusion  NEW!**

This exciting new Yoga class comes directly from the ancient teachers of India and combines multiple aspects of the Yogic practice. Breathing exercises (Pranayana), meditation (Dhyana), and Yoga poses (Asana) are the foundation of the class, spiced up Indian style with good music. Work toward increasing core strength, total body flexibility, lung function, and mental clarity to improve energy and overall well-being. The class is perfect for beginners with advanced modifications available. Bring a yoga mat.

**Tuesday, 7:30-8:30 pm  Instructor: Preya S, PT, RYT-500**
Sept. 11 - Dec. 4 at M/M Senior/Community Center  FF2022
No class Nov. 6

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Please register early to ensure your spot in class. Any classes not meeting minimum enrollment requirements one business day prior to start date may be subject to cancellation.
Mat Pilates
Pilates, a non-impact deep muscle conditioning method, strengthens the body’s “powerhouse” – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

**Monday, 6:20-7:20 pm  Instructor: Ginger V**
Sept. 10 - Nov. 26 at Salter Community Center  FF 2013

**Wednesday, 6:20-7:20 pm  Instructor: Tammy R**
Sept. 12 - Dec. 12 at Salter Community Center  FF 2014
No class Oct. 31, Nov. 22

Total Body Conditioning
Build muscle strength and endurance and burn more calories for safe, fast results with this joint-friendly training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

**Tuesday, 6:20-7:20 pm  Instructor: Angie M**
Sept. 11 - Dec. 4 at M/M Senior/Community Center  FF 2010
No class Nov. 6

**Saturday, 8:45-9:45 am  Instructor: Angie M**
Sept. 15 - Dec. 15 at Salter Community Center  FF 2012
No class Nov. 10 & 24

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**Fees for “Royal Oak Fitness” classes on pages 6 & 7 only:**

<table>
<thead>
<tr>
<th></th>
<th>Res.</th>
<th>Non-Res.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 class per week</td>
<td>$84</td>
<td>$89</td>
</tr>
<tr>
<td>2 classes per week</td>
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<tr>
<td>3 classes per week</td>
<td>$216</td>
<td>$221</td>
</tr>
<tr>
<td>4 classes per week</td>
<td>$264</td>
<td>$269</td>
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</tbody>
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12 weeks

**Note:** You must indicate which days you will be attending; no make-ups or substitutions will be allowed.

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Tai Chi
An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, is licensed to instruct through the Chinese government and has been teaching more than 30 years.

**Churchill Community Education Center:** Please park and enter at the south main entrance off Girard only.

**Yang Style Section 1 of 103 Form - Beginner**
Class taught by Brian Buchanan, Certified instructor by Yang Family Tai Chi

**Monday, 6:30-7:30 pm  AF2001**
Sept. 10 - Dec. 3 at Churchill Community Education Center
Fee: Res. $96; Non-Res. $101 / 12 weeks

**No class Nov. 5**

**Yang Style Section 3 of 103 Form - Continuing**

**Monday, 7:30-8:30 pm  AF2002**
Sept. 10 - Dec. 3 at Churchill Community Education Center
Fee: Res. $96; Non-Res. $101 / 12 weeks

**No class Nov. 5**

**Short Staff**
Must have hand form basic

**Monday, 8:30-9:30 pm  AF2003**
Sept. 10 - Dec. 3 at Churchill Community Education Center
Fee: Res. $96; Non-Res. $101 / 12 weeks

**No class Nov. 5**

**Yang Style Push Hands – Beginner**
Class taught by Brian Buchanan, Certified instructor by Yang Family Tai Chi
Must know 103 hand form.

**Thursday, 6:30-7:30 pm  AF2006**
Sept. 13 - Dec. 6 at Churchill Community Education Center
Fee: Res. $96; Non-Res. $101 / 12 weeks

**No class Nov. 22**

**Yang Style Two-Person & Push Hands, Continuing**
Continuing, must know push hand basic circles

**Thursday, 7:30 - 8:30 pm  AF2004**
Sept. 13 - Dec. 6 at Churchill Community Education Center
Fee: Res. $96; Non-Res. $101 / 12 weeks

**No class Nov. 22**
Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and bring a mat, blanket and strap. Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

**Monday at Senior/Community Center**
- Sept. 10 - Dec. 10, 5:40 - 6:55 pm AF2007
- Sept. 10 - Dec. 10, 7:00 - 8:15 pm AF2008
- Fee: Res. $98; Non-Res. $103 / 14 weeks

**Wednesday at Senior/Community Center**
- Sept. 12 - Dec. 12, 5:40 - 6:55 pm AF2009
- Fee: Res. $98; Non-Res. $103 / 14 weeks

**Thursday at Senior/Community Center**
- Sept. 13 - Dec. 20, 7:00 - 8:15 pm AF2010
- Fee: Res. $98; Non-Res. $103 / 14 weeks

**Water Aerobics**

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home.

**Wednesday at Royal Oak Middle School Pool**
- Sept. 12 - Dec. 5, 7:00 - 7:55 pm AF2011
- Fee: Res. $84; Non-Res. $89 / 12 weeks

**Aqua Zumba**

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wigging, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

**Wednesday at Royal Oak Middle School Pool**
- Sept. 12 - Dec. 5, 8:00 - 8:55 pm AF2012
- Fee: Res. $84; Non-Res. $89 / 12 weeks

**Tactical Self-Defense “TSD”**

In today’s increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Jeff Danuloff of Michigan has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

**Wednesday at Salter Community Center**
- Sept. 19 - Nov. 7, 7:30 - 8:45 pm AF2401
- Fee: Res. $72; Non-Res. $77 / 8 weeks

**Wednesday at Salter Community Center**
- Nov. 28 - Dec. 19, 7:30 - 8:45 pm AF2402
- Fee: Res. $36; Non-Res. $41 / 4 weeks

**Water Color Painting**

**Beginning through Experienced Students**

Noted Bloomfield Hills artist, Karen Halpern, will guide beginning through experienced students in working effectively with watercolor. While learning about color, design, shading and painting techniques, you will enjoy the brilliance of the paint, the sparkle of its transparency, and the pleasure of color mixing. Supply list is available.

**Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)**
- Sept. 17 - Nov. 12 AE2006
- Fee: Res. $116; Non-Res. $121 / 9 weeks

**Mini-Class**

**For continuing students only**

**Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)**
- Nov. 19 - Dec. 3 AE 2007
- Fee: Res. $33; Non-Res. $44 / 3 weeks
**Michigan Pasties**
Create six large, scrumptious meat pies with flaky, buttery pie crusts (made from scratch), and a savory beef or beef and pork filling with lots of your favorite freshly chopped vegetables. Discover how to make other varieties of pasties too! Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16 years.

**Friday, September 28, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2220

**Gourmet 4-Cheese Stuffed Gnocchi**
Prepare fresh ricotta-parmesan-asiaotto gnocchi that’s stuffed with delicious mozzarella cheese too! You’ll also create a flavorful and fragrant tomato-basil sauce for your gourmet gnocchi as well. Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16 years.

**Friday, October 5, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2213

**Doughmaking from Scratch**
In this fun class you’ll work on your own to prepare three different types of dough that are easy to make and come out perfect every time for all of your cooking needs! Create buttery, flaky pie crust/pastry dough along with tender, flavorful pasta dough, plus a seasoned and flavored raised dough for making great homemade pizza! You’ll never buy store brands again (which have lots of artificial flavors, colors and preservatives)! Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16 years.

**Friday, October 12, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2201

**Perfect Pierogies**
In this fun, hands-on class you’ll work on your own and make about 2 dozen fresh and delicious pierogies from scratch overstuffed with fillings YOU get to choose! Learn how to flavor and season your dough, and ways to create endless varieties of savory or sweet fillings. Once you’ve made homemade pierogies you’ll never buy store brands again! Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16 years. Instructor: Andrea Janssen

**Friday, October 19, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2210

**Mexican Beef, Pork or Chicken Tamales in Corn Husks**
Making fresh, mouthwatering tamales is so much fun! You’ll prepare dozens all surrounded with flavored corn mesa and stuffed with a savory, flavorful filling (meat or chicken with salsa and cheese). You’ll even wrap your finished tamales the traditional way in real corn husks! Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16 years.

**Friday, October 26, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2206

**Holiday Stuffed Gourmet Bagel Balls**
Wow your family and friends with these yummy appetizers created in both savory and sweet flavors and overstuffed with regular or flavored cream cheese! You can even freeze your stuffed bagel bites and simply thaw and serve them for your holiday table! Send an email to supplylist@gmail.com or call 586-549-7648 for a list of supplies to bring. Minimum age 16.

**Friday, November 2, 7:00-9:30 pm at Senior Community Center**
Fee: $32 / 1 class  \ AE2205

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**Line Dancing**
Welcome to the fun world of LINE DANCING! It’s as easy as saying 5, 6, 7, 8 and you don’t need a partner. Line dancing is terrific exercise for mind, heart and body. Learn to dance to Rock, County, 50s & 60s, and Fun Dances. Bring your friends and join us. 

Instructors: Joe and Penny Barker, County Cuzzins Dancin.

**Session 1**
**Basic Beginner - Single Dancer**
Monday, 6:45-7:30 pm at Addams Small Gym
Sept. 17 - Oct. 22  \ AE2003
Fee: Res. $30; Non-Res. $35 / 6 weeks

**Beginner “Plus” - Single Dancer**
Monday, 7:30-8:30 pm at Addams Small Gym
Sept. 17 - Oct. 22  \ AE2004
Fee: Res. $30; Non-Res. $35 / 6 weeks

**Session 2**
**Beginner “Plus” - Single Dancer**
Monday, 7:00-8:00 pm at Addams Small Gym
Oct. 29 - Dec. 10  \ AE2005
Fee: Res. $30; Non-Res. $35 / 6 weeks
No class Nov. 19
Royal Oak Nature Society
Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain & improve Royal Oak’s two nature preserves, Cummingston Park & Tenhave Woods. They are also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, e-mail us at natureociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps & maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website. There is no preregistration or cost for our speaker programs and public nature walks.

Monthly Meeting/Speaker Program Schedule
Meetings/programs are held on Wednesdays from October through April at the Royal Oak Middle School located at 709 N. Washington, unless otherwise noted. Enter at the school’s southeast entrance and follow the “Nature Society” signs. Starting time is always at 7:30 pm. Usually, the programs are slide shows focusing on various natural history topics. If you watch nature programs on PBS or the Discovery channel, this is better, as you can meet afterwards and ask the speakers questions. The October and November programs are still to be announced. Please check our website for updates.

Royal Oak Symphony Orchestra
Celebrating its 24th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the “Auditions” tab on the website: www.royaloakorchestra.org.

Schedule: Friday, October TBD, 8:00 pm, RO Middle School
Friday, December TBD, 8:00 pm, RO Middle School

Royal Oak Concert Band
Organized in the mid-1960s, it is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Schedule: Sunday, October TBD, 3:00 pm, RO Middle School
Sunday, December TBD, 3:00 pm, RO Middle School

Nature Walk Schedule
Meet at the park/arboretum
There is at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. Wearing boots while in the parks is recommended during the winter and spring months. Dressing appropriately for bugs and using insect repellent is advised from late spring through the end of summer. To learn more about the parks, please come to our naturalist led nature walks listed below.

For Cummingston, park & meet at Torquay and Leafdale (just east of Meijer). For Tenhave Woods (just east of RO High School), park at the Marais/Lexington lot and walk about 300’ east to the entrance. For Tenhave Owl Hoots, park & meet at Marais/Lexington lot. For the Arboretum, park and meet at the north end of the Senior/Community Center (3500 Marais) lot.

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<tr>
<th>DATE</th>
<th>TIME &amp; PLACE</th>
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<tbody>
<tr>
<td>Sept. 5 (Wed)</td>
<td>7:00 pm at Arboretum</td>
<td>Meadow Walk</td>
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<tr>
<td>Sept. 8 (Sat)</td>
<td>2:00 pm at Cummingston</td>
<td>Meadow Walk</td>
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<tr>
<td>Sept. 22 (Sat)</td>
<td>10:00 am at Cummingston</td>
<td>Mushroom Walk</td>
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<tr>
<td>Oct. 20 (Sat)</td>
<td>2:00 pm at Cummingston</td>
<td>Fall Color Walk</td>
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<tr>
<td>Oct. 27 (Sat)</td>
<td>10:00 am at Tenhave</td>
<td>Mushroom Walk</td>
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<tr>
<td>Oct. 27 (Sat)</td>
<td>2:00 pm at Tenhave</td>
<td>Fall Color Walk</td>
</tr>
<tr>
<td>Nov. 3 (Sat)</td>
<td>2:00 pm at Cummingston</td>
<td>Fall Color Walk</td>
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Friends of Fungi Mycology Club
The Friends of Fungi Mycology Club meets on a Wednesday at the Royal Oak Senior Center (3500 Marais) beginning at 7:00 pm. There is no cost or preregistration. Everyone is welcome. The November program date is still to be announced. Please check our website for updates.

Activity Cancellation
Due to bad weather – 248-246-3187
When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks
A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.
LEARN TO SKATE
Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

PUBLIC SKATING
Skate at your own leisure. Bring friends and family to share the fun. GENERAL, ADULT and PRESCHOOL sessions offered. Check schedule for days and times.

SK8 JAMZ
SATURDAYS
8:30pm
PUBLIC SKATE WITH A LIVE DJ.
ALL AGES ARE WELCOME.
Skate rental is included in the admission price

NEW EDGE
The New Edge Figure Skating Club offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

BIRTHDAY CELEBRATIONS

BIRTHDAY PARTIES AVAILABLE
Call for more information

ADULT HOCKEY LEAGUE

Fall/Winter League:
SEPTEMBER - MARCH
Leagues available for teams of all skill levels

DROP IN HOCKEY
18 and up-full equipment come in play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS
All ages. Full equipment required.
Open practice session, pucks provided

SUBURBAN HOCKEY SCHOOLS

PRE-SEASON, THANKSGIVING & HOLIDAY CLINICS

For more information on any of these programs, please visit ROYALOAKICEARENA.COM
How to Register for Programs and Classes

Registration begins on August 17 for in-person, mail, fax and online submissions.

Mail-In Registration
You may send a completed registration form (or reasonable facsimile) with payment to:

Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064

Do not send cash. Make checks payable to *Royal Oak Recreation*. Use separate checks for different classes if one of your desired classes is filled. Returned check fee is $35. To receive a receipt, please include your e-mail address.

Fax Registration
Fax registrations are accepted 24/7 at 248-246-3007. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration
Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds
Refunds will be granted up to one week prior to the start of a class or camp, less a $5 service fee. Refunds will be granted after the first week of class less a $10 service fee. NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED. No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, LESS SERVICE FEES INDICATED.

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on “answers to frequently asked questions” on the home page.

Open Online Registration
August 17

General Guidelines
If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to “create a new account” through the website. You cannot register for classes as a “guest”.

**Online registration will only be available for some programs.**
You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment
Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don’t cancel your class!

Insufficient Funds
There will be a $35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation
248-246-3180
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center
248-246-3900
9:00 am to 4:30 pm, Monday - Friday

No Telephone Registrations

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.
Registration Information

Registration Form

Student Name ___________________________ Date of Birth ___________ Male/Female __________
Address ___________________________________ City, Zip ________________
Telephone - Home ___________________ Work _______________________
E-mail ________________________________________________
Class ___________________________ Day __________ Time _________ Start Date __________________
Class ___________________________ Day __________ Time _________ Start Date __________________
Amount enclosed: $ ________________________

Payment Method:

☐ Check       ☐ Cash

☐ Visa/Discover # ___________________ 3-digit Security Code __________________

☐ Mastercard # ____________________ 3-digit Security Code __________________

Cardholder Name ___________________________ Expiration Date ______________

Signature of Cardholder _____________________________________________

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed ______________________________________________ Date __________________________________

(If youth, parent or guardian must sign)

City of Royal Oak

School Buildings
1. Addams, 2222 W. Webster
2. Churchill Community Education Center, 707 Girard Ave.
3. Helen Keller, 1505 N. Campbell Rd.
5. Oakland, 2415 Brockton Ave.
7. Royal Oak High, 1500 Lexington Blvd.
8. Royal Oak Schools Administrative Offices, 800 Devillen
9. Royal Oak Middle, 709 N. Washington Ave.
10. Maintenance & Transportation Center, 1601 N. Campbell

Government Buildings
11. Department of Public Service, 1600 Campbell
12. City Hall, 211 Williams St.
13. 44th District Court, 400 E. 11 Mile
14. Farmers Market, 316 E. 11 Mile
15. Public Library, 222 E. 11 Mile
16. Police Department, 221 E. Third
17. Royal Oak Historical Society Museum, 1411 W. Webster

Location of the Recreation Department
Royal Oak Animal Shelter, 1515 N. Edgeworth
John Lindell Ice Arena, 1403 Lexington
Royal Oak Golf Course, 3417 Don Soper Dr.
Jack & Patti Salter Community Center, 1545 E. Lincoln
Orson Starr House, 3123 N. Main

City Hall Complex
18. City Hall, 211 Williams St.
19. City Hall, 211 Williams St.
20. City Hall, 211 Williams St.
21. City Hall, 211 Williams St.
22. City Hall, 211 Williams St.
23. City Hall, 211 Williams St.
24. City Hall, 211 Williams St.
25. City Hall, 211 Williams St.
26. City Hall, 211 Williams St.
27. City Hall, 211 Williams St.

Parks
28. Kenwood Park, Kenwood & Forest
29. Memorial Park, Woodward & 13 Mile
30. Red Run Park, Girard & Vermont
31. Starr/Jaycee Park, 13 Mile & Marais
32. VFW Park, Campbell & E. Lincoln
33. Worden Park, Lexington & Crooks
34. Upton Park, Nakota at Mandalay
35. Whittier Park, E. Farnum & N. Alexander
37. Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks

Picnic Shelter Rental
Picnic shelters are available for rent at Starr/JC, VFW and Memorial Parks. Royal Oak residents and businesses may secure rental permits beginning January 2 through March 29 for the 2019 season. Non-residents may apply beginning April 1.

All rentals must be processed in person at the Recreation Office, 1600 N Campbell Rd, Monday through Friday, 8:30 am - 4:30 pm. Please call 248-246-3180 for rental rates and availability.
Leo Mahany / Harold Meininger
Senior Community Center
3500 Marais • (248) 246-3900 • www.romi.gov

Jack & Patti Salter Community Center
1545 E. Lincoln

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct
• Live the Golden Rule
• Embody Honesty
• Act with Patience
• Take Responsibility
• Listen Attentively
• Communicate Effectively
• Lead by Example
• Be Proactive

Live Royal Oak

Drop in either community center Monday through Friday. Pick up our monthly newsletter, Times. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at Tim’s Kitchen (M/M Center) for $3.50. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:
The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak’s Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person’s relatives, or that person’s associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are $10 monthly or $100 yearly.

Rental Information

The use of the Leo Mahany/ Harold Meininger Senior Community Center shall be available to nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3900 for rental fees and room availability.

Special Events and Workshops

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<thead>
<tr>
<th>September</th>
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<tbody>
<tr>
<td>7</td>
<td>BINGO</td>
<td>12:30 pm</td>
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<tr>
<td>7</td>
<td>Dinner Dance $13</td>
<td>6:30 pm</td>
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<tr>
<td>10</td>
<td>Welcome, Newcomers</td>
<td>10:30 am</td>
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<tr>
<td>11</td>
<td>Manicures</td>
<td>By appt.</td>
</tr>
<tr>
<td>14</td>
<td>Movie</td>
<td>12:30 pm</td>
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<tr>
<td>17</td>
<td>Salter Book Club</td>
<td>10:00 am</td>
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<td>17</td>
<td>Creative Coloring $2.00</td>
<td>10:30 am</td>
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<tr>
<td>18</td>
<td>Lunch and Learn</td>
<td>11:30 am</td>
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<tr>
<td>20</td>
<td>Pool Tournament</td>
<td>9:00 am</td>
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<tr>
<td>21</td>
<td>Kerry Price $2.00</td>
<td>12:30 pm</td>
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<td>28</td>
<td>Movie</td>
<td>12:30 pm</td>
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<td>Welcome, Newcomers</td>
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<td>Creative Coloring $2.00</td>
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<tr>
<td>5</td>
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<td>15</td>
<td>Creative Coloring $2.00</td>
<td>10:30 am</td>
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<tr>
<td>16</td>
<td>Travel Training Talk</td>
<td>9:30 am</td>
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<tr>
<td>19</td>
<td>Kerry Price $2.00</td>
<td>12:30 pm</td>
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<tr>
<td>22</td>
<td>Pool Tournament</td>
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<tr>
<td>23</td>
<td>Lunch and Learn</td>
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<tr>
<td>26</td>
<td>Movie</td>
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<tr>
<td>26</td>
<td>Dinner Dance $13</td>
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<tr>
<td>2</td>
<td>BINGO</td>
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<tr>
<td>2</td>
<td>Homeless in Our Town Talk</td>
<td>1:00 pm</td>
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<tr>
<td>5</td>
<td>Memory Screening</td>
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<td>8</td>
<td>Art Show</td>
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<td>Veteran’s Lunch</td>
<td>11:45 am</td>
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<td>9</td>
<td>Movie</td>
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<td>Manicures</td>
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<td>16</td>
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<td>3</td>
<td>Welcome, Newcomers</td>
<td>10:30 am</td>
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<td>3</td>
<td>Creative Coloring $2.00</td>
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<td>18</td>
<td>Lunch and Learn</td>
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<tr>
<td>21</td>
<td>Coping with the Holidays</td>
<td>10:30 am</td>
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<tr>
<td>21</td>
<td>Kerry Price Free</td>
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<tr>
<td>28</td>
<td>Dinner Dance $16</td>
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City of Royal Oak
Day Trips

Detroit Symphony Orchestra
CLASSICAL Coffee Concerts 2018
Fridays, 9:15 am - 1:30 pm
$31 per concert – Mid-Balcony seats
October 19, 2018
The Firebird Suite – Fabien Gabel conducts Stravinsky's The Firebird Suite and Song of the Nightingale, Tchaikovsky’s The Tempest and Tomsis's Concerto for Trumpet.

Detroit Symphony Orchestra
POPS Coffee Concerts 2018
Fridays, 9:15 am - 1:30 pm
$68 per concert /Dress Circle seats
November 2, 2018
Cirque de la Symphonie
Back by popular demand! See aerial acrobats, astonishing feats, contortionists, strong men, jugglers and more, choreographed to live music performed by the DSO.

December 21, 2018
Home for the Holidays
Thrill to the spectacle of the season! Lawrence Loh leads a sparkling celebration with carols and classics – and Santa Claus!

Mystery Trip
$75
Thursday, September 6, 2018  T1017F
11:00 am - 3:45 pm
13 adventurous people will have the chance to travel to Parts Unknown today! All we can tell you about the trip is: three great local stops are planned; there is not much walking, but some is outdoors on possibly slightly uneven ground and not every venue is handicap accessible; wheelchairs are not recommended. Come hungry! Cost includes transportation via Senior Bus, and everything else! Don’t wait to sign up; this will fill up fast.

Detroit Institute of Arts
Thursdays at the Museum
$5
Thursday, September 13, 2018  T1013F
12:30 - 3:45 pm
Today’s activity at the Detroit Institute of Arts is an Art Talk: Caravaggio: The Revolutionary Rogue. You may skip the presentation and explore the museum on your own if you wish. Cost includes transportation via motor coach, lecture and cookie reception.

Huron Country Playhouse
Holiday Inn
$134
Wednesday, September 26, 2018  T1016F
7:45 am - 9:15 pm  Rybicki Tours
This is a new stage adaptation of the beloved 1942 Bing Crosby and Fred Astaire film, and includes all the iconic songs from Irving Berlin’s phenomenal musical catalogue such as Blue Skies, Cheek to Cheek, White Christmas and more! Lunch is at a local Country Inn near Grand Bend. Cost includes transportation via motor coach, performance and lunch. This trip goes into Canada; passport, passport card or enhanced license is needed.

Point Edward Casino
$43
Friday, October 5, 2018  T1019F
8:30 am - 5:30 pm  Bianco Tours
Overlooking the St. Clair River, at the foot of the Bluewater Bridge, the newly renovated Gateway Casino Point Edward offers you gallons of gaming thrills. Enjoy a leisurely meal and a spectacular riverside view at The Gateway Restaurant & Patio. Cost includes transportation via motor coach, and $25 slot play! This trip goes into Canada; passport, passport card or enhanced license is needed.

Gateway to Lenawee
$74
Tuesday, October 9, 2018  T1027F
7:30 am - 6:00 pm  Bianco Tours
Spend time in beautiful Lenawee County today! We’ll have a narrated tour at Hidden Lake Gardens of their comprehensive arboretum, lunch at JR’s Hometown Grill & Pub, free time in quaint Tecumseh for shopping, as well as stops at Kapnick Orchards and Russell Stover Candies. Cost includes transportation via motor coach, tour and lunch.

Surprise Trip
$134
Thursday, October 11, 2018  T1021F
8:30 am - 9:45 pm  Rybicki Tours
We’ll start with lunch in downtown Stratford (make your selection upon registration), then its on to our reserved main floor premium orchestra seating for this musical-comedy classic. A charming but fraudulent salesman arrives in River City to work his usual scam – only to find that a bill of goods can be the real deal. Just try to resist singing along to Seventy-Six Trombones! Cost includes transportation via motor coach, lunch and performance. This trip goes into Canada; passport, passport card or enhanced license is needed.

Autumn Adventure & Yankee Air Museum
$94
Tuesday, October 23, 2018  T1025F
9:30 am - 5:15 pm  Rybicki Tours
Take a guided walking tour of the Yankee Air Museum in Belleville, MI. See legendary aircraft like the B-17 Flying Fortress, the B-25 Mitchell Bomber and other historic displays. Lunch will be at Weber’s Restaurant in Ann Arbor, then there’ll be a stop at Wiard’s Orchards / Cider Mill in Ypsilanti. Cost includes transportation via motor coach, tour and cider and donuts!
Cornwell's Dinner Theatre  
*Chili Con Carnage*  
$94  
Saturday, October 27, 2018  
9:15 am - 6:45 pm  
Rybicki Tours  
Someone is cooking up a crime, and you get to be first at the crime scene. Who did it? Was it you? Also included is Cornwell's own delicious carved turkey luncheon. Cost includes transportation via motor coach, lunch and performance.

Soaring Eagle Casino  
*with Ronnie Milsap*  
$47  
Monday, November 5, 2018  
7:15 am - 9:15 pm  
Rybicki Tours  
Ronnie Milsap is a country music legend, with 40 number one hits and more than 35 million albums sold. Some hits include *Any Day Now*, *Stranger in my House*, and *Where Do the Nights Go*. At age 71, he continues to tour the country playing for multiple generations of music lovers. Cost includes transportation via motor coach, performance, $5 casino food voucher and $20 in casino coin.

Detroit Institute of Arts  
*Thursdays at the Museum*  
$5  
Thursday, November 15, 2018  
12:30 - 3:45 pm  
T1014F  
Today’s activity at the Detroit Institute of Arts is Art Making: Tibetan Prayer Flags. You may skip the presentation and explore the museum on your own if you wish. Cost includes transportation via motor coach, lecture and cookie reception.

Rum Runners Tour  
$104  
Tuesday, November 27, 2018  
8:45 am - 4:00 pm  
Rybicki Tours  
Travel back in time to that period known as “The Roaring Twenties!” It’s a Live Action Bus Tour led by costumed characters telling the story of prohibition and bootlegging in the Windsor area. Visit many significant sites and view the mansions built with Rum Running money. You’ll be entertained at lunch with live piano playing, singing and comedy! Tour the stunning mansion built by the Hiram Walker family. Cost includes transportation via motor coach, lunch and tours. *This tour is going to Canada and requires a valid passport, passport card or enhanced license.*

Nite Lites  
$66  
Friday, November 30, 2018  
2:15 pm - 9:00 pm  
Bianco Tours  
We'll start with a late lunch at Jerry's Pub in Brooklyn, MI. Nestled on the south shore of Wampers Lakes, it reminds one of Michigan summers at the beach. Then it's on to Michigan International Speedway for an animated drive-through light display that is over three miles long! We'll be driving right on the track and along pit row! Cost includes transportation via motor coach, lunch and tour. Make your lunch selection upon registration.

Oakland County Parks Christmas Lunch  
*at the Buhl Estate*  
$51  
Monday, December 3, 2018  
10:00 am - 3:00 pm  
T1030F  
Treat yourself to a lovely Christmas treat today! Take a mini-tour of the beautifully decorated Buhl Estate at Addison Oaks County Park, enjoy a delicious luncheon buffet while being serenaded by the Twelfth Night Singers! Cost includes transportation via OC Parks bus, lunch and tour.

Detroit Institute of Arts  
*Thursdays at the Museum*  
$5  
Thursday, December 6, 2018  
12:30 - 3:45 pm  
T1015F  
Today’s activity at the Detroit Institute of Arts is a docent-led Tour of the Highlights of the Permanent Collection. You may skip the presentation and explore the museum on your own if you wish. Cost includes transportation via motor coach, lecture and cookie reception.

The Historic Whitney  
$73  
Tuesday, December 11, 2018  
10:45 am - 5:00 pm  
Bianco Tours  
Start with lunch at The Big Fish Seafood Bistro – make your choice from Traditional Fish & Chips, Chicken Cape Codder or Tavern Burger at registration. Then it’s on to the Whitney, Detroit’s most iconic mansion. Take a guided stroll through the mansion while sipping champagne! Last stop is the historic Pewabic Pottery where you’ll take a self-guided tour. Cost includes transportation via motor coach, lunch and tours.

Cornwell’s Dinner Theatre  
*Christmas Again!*  
$94  
Tuesday, December 4, 2018  
9:15 am - 6:45 pm  
Rybicki Tours  
Everyone will love this heartwarming holiday story, full of fun and magic. Paula is planning the perfect party, and then she finds a magic bell that allows her to do a “do over”! Cost includes Cornwell's own delicious carved turkey luncheon, performance and transportation via motor coach.

Restaurant of the Month  
Join us once a month as we travel near and far, seeking out both familiar and new cuisines. Look for announcements in our monthly Newsletter, or call the Center at (248) 246-3900 for more information.
Travel is Fun!

Extended Trips

Stratford Festival $499 pp/dbl
September 18-19, 2018 Rybicki Tours
See two superb performances: Shakespeare's *The Comedy of Errors*, and *The Music Man*. We've turned our usual day trip here into an overnight – you’ll have more time to spend in Stratford, as well as a Garden Tour of the Festival Theater's beautifully landscaped grounds. Cost includes transportation via motor coach, accommodations, performances, tour and two meals, including one private dinner in the Festival Theater's Eaton Lounge. $50 deposit; balance due August 3, 2018. This tour goes into Canada. You will need a Passport, Passport Card, Enhanced Driver's License or Passport.

Lancaster, Pennsylvania $754 pp/dbl
September 19-22, 2018 Bianco Tours
Featuring: Plain & Fancy Farm (included dinner), The Amish Experience Theater featuring Jacob’s Choice, Sight & Sound Millennium Theater featuring Jesus, Amish Homestead and Farmland Tour, Turkey Hill Experience, guided tour of Columbia and Wrightsville and much more! Cost includes transportation via motor coach, accommodations, three meals. $20 deposit; balance due August 19, 2018.

Shenandoah Valley Fall Color Tour $1129 pp/dbl
October 14-18, 2018 T1010F Shoreline Tours
This trip abounds with natural and historical treasures. Skyline Drive running along the crest of the Blue Ridge Mountains in Shenandoah National Park affords numerous breathtaking views of the Shenandoah Valley, more than 4000 feet below. Natural Bridge, VA, is your home for two nights. One of the 7 Natural Wonders of the World, its immensity is startling: 20 stories of solid rock, carved by nature. Tour Thomas Jefferson’s two homes: Poplar Forest Retreat and Monticello; the National D-Day Memorial and more! Cost includes transportation via motor coach, accommodations, 8 meals. $200 deposit; balance due August 15, 2018.

Casino Triple Play $169 pp/dbl
October 15-16, 2018 Rybicki Tours
Three Casinos is more fun! Visit Sagamore’s Landing Casino in Standish, Soaring Eagle Casino in Mt. Pleasant, and stay the night at Odawa Casino Resort in Petoskey, MI. Get a total of $65 per person in casino incentives! Cost includes transportation via motor coach and accommodations. No deposit; full payment due upon registration.

Southern Charm $1,999 pp/dbl
November 6-15, 2018 Rybicki Tours
The stars of this trip are Memphis, TN, Natchez, MS, New Orleans, and Elvis! You’ll tour Graceland and spend time on Beale Street in Memphis; you’ll go on a shrimping trip; you’ll have a traditional New Orleans-style dinner prepared before your eyes; there are tours of New Orleans, Vicksburg National Military Park, Biloxi and Bellingrath Gardens. This tour is labelled “energetic” by the travel agent. Cost includes transportation via motor coach, accommodations, 16 meals and much more! $100 deposit; balance due Sept. 21, 2018.

Iceland’s Magical Northern Lights $3,999 pp/dbl
November 16-22, 2018 Collette Tours
Discover Iceland, a land and culture forged by fire and ice. Streaming lava fields and massive glaciers sculpt mountains and valleys, leaving thundering waterfalls and plunging fjords. Enjoy the rare opportunity to see the aurora borealis – the Northern Lights. Also tour Old Town Reykjavik, take an exhilarating Northern Lights Cruise (weather permitting), stand upon a UNESCO World Heritage site at the point where the North American and Eurasian tectonic plates meet, marvel at all the amazing geologic features you will see in incredible Iceland! Cost includes round-trip airfare from Detroit, land transportation, accommodations, and all tours. The flyer has much more detailed information – call to have one mailed to you or stop in the Senior Center for one! $500 deposit; balance due September 17, 2018.

New York City Holiday $1799 pp/dbl
November 25-30, 2018 T1011F Shoreline Tours
Stay right in the heart of Midtown, at Broadway and 52nd Streets, the center of the action of the Theatre District and Times Square! Take an all-day sightseeing tour of what may be the most exciting and glamorous city in the world. Visit the new 9/11 Museum and Memorial OR the new One World Trade Center. In your free time, browse 5th Avenue, or explore Times Square. On a night tour, view the famous department store window displays, and a stunning neighborhood light display. Cost includes transportation via motor coach, accommodations, seven meals and much more! $400 deposit; balance due Sept. 25, 2018.

Country Christmas $278 pp/dbl
December 5-6, 2018 Bianco Tours
This is the perfect Christmas getaway! You’ll Take a wagon ride through the grounds of The Big Tree Plantation to start the festivities, then head to the Golden Lamb for dinner. It’s the oldest continuously operating business in the state of Ohio! You’ll hear stories of the historical restaurant and Dicken’s-era costumed carolers to entertain. Afterwards you’ll visit The Christmas Ranch – a celebration of Christmas in a million dancing Christmas Lights. Next day is the Main Event: the live musical based on Irving Berlin’s *White Christmas* after La Comedia Dinner Theater’s famous lunch buffet. Cost includes transportation via motor coach, accommodations, tours and performance. $20 deposit; balance due November 5, 2018.

Texas $2789 pp/dbl
March 18-29, 2019 T1012F Shoreline Tours
Explore Dallas, Fort Worth, Waco, San Antonio and Hot Springs, AK, on this fun trip! You’ll have sightseeing tours of these cities, as well as special stops at the Sixth Floor Museum, AT&T Stadium, Fort Worth Stockyard, Southfork Ranch, the Mary Kay Museum, The Alamo, a San Antonio River Cruise, and a visit to Jo and Chip’s Magnolia Market Silo (as seen on HGTV). Cost includes transportation via motor coach, accommodations, 18 meals and much more! $250 deposit; balance due Jan. 17, 2019.

Register at royaloakrec.com
Welcome Newcomers
1st Monday, 10:30 am
Sept. 10, Oct. 1, Nov. 5, Dec. 3
Here’s your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Receive a complimentary lunch. Call 246-3900 to reserve. Need a ride from your R.O. home? Call 246-3914.

Crochet Creations
Thursdays, 12:15 pm
Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

Helping Hands
Tuesdays & Thursdays, 9:30 am
Do you like to knit or crochet? Drop by and become a part of this worthwhile group that makes hats, scarves, lap robes and afghans. Currently working with Beaumont Hospital, Judson Center and local churches.

Billiards
Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm. There is a 50 cent daily charge or $3.00 monthly fee for use of the tables. Drop-in Pool Tournaments are held monthly.

Monthly Pool Tournament
Mondays, 9:30 am
Sept. 24, Oct. 22, Nov. 26
Enjoy a luck-of-the-draw singles tournament for fun and cash prizes. Men and women ages 55+ are welcome. Refreshments served. $3.00 fee payable at the door.

Drop-In Cards
Rubber Bridge
Mondays, 12:15 pm
Drop in with a partner to play Rubber Bridge, $1.00. Come early if you have no partner, will try to pair.

Pinochle
Tuesdays, 12:30 pm
Drop in for pinochle, meet new friends, $1.00.

Duplicate Bridge
Wednesdays, 12:30 pm
Drop in with a partner to play Duplicate Bridge, $2.00. For more information, visit roduplicatebridge.org

Euchre
Thursdays, 12:30 pm
Drop in to join experienced players who like to play Euchre. Play 8 rounds of cards, $1.00.

Mahjongg Drop-In
Wednesdays, 9:30 am - 12 noon
Fridays, 12:30 - 3:00 pm
Experienced players may drop in and play on Wednesday mornings. Players must follow National Mahjongg League rules only. Charge, 50¢.

Mah Jongg Class  NEW!
Tuesdays, 2:30 - 3:30 pm
Oct. 16 - Nov. 6  C1035F
Cost: $20 / 4 weeks
For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah Jongg and developed a love for the game. She’s been teaching for seven years. Come well-rested and with a clear head – there is a lot of information to absorb in the first class! The National Ma Jongg League rules are followed and the yearly card will be available to purchase for $9 at the first class. Don’t wait to sign up – 16-person maximum. Sign up deadline: Sept. 24.

Monthly Matinee
2nd & 4th Friday, 12:30 pm
Join us as we show the latest and greatest releases on DVD each month projected on a larger screen. Titles are announced in the Times. Suggestions and donations are welcome.

BINGO! Try Your Luck!
First Fridays, 12:30 - 1:30 pm
Sept. 7, Oct. 5, Nov. 2, Dec. 7
Royal Oak Senior Center hosts First Friday Recreational BINGO. BINGO cards are 25 cents per card with a maximum of three (3). Format is ONE Coverall prize at $5.00. Five (5) regular games with prizes!
All revenue from BINGO is used towards future BINGO prizes. BINGO is conducted solely for the amusement and recreation of the ROSC guests.

Dinner Dances
Tickets available six weeks before dances (table reserved for singles).
Friday, September 7  D1006F
6:30 - 9:30 pm
Enjoy a delicious dinner and dancing to Kerry Price on Piano. $13.

Friday, October 26  D1007F
6:00 - 9:00 pm
Enjoy a delicious dinner and dancing to The Mike Wolverton Trio. $13.

Friday, December 28  D1008F
7:00 - 10:00 pm
Begin your New Year celebration with dinner and dancing to The Mike Wolverton Trio. $16.

Kerry Price on Piano
3rd Friday, 12:30 pm
Sept. 21, Oct. 19, Nov. 16, Dec. 21 (FREE)
Don’t miss these musical programs written and performed by Kerry Price, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! $2 per program, payable at the door.

Handbells
Mondays, Sept. 10 - Dec. 3, 2:00 pm
Cost: $25 / 12 weeks
Experience the fun of ringing handbells with a group to create beautiful music. Playing handbells keeps the mind sharp and leads to excellent eye-hand coordination. This is not a “class” to learn about Handbells, but it is a Handbell Choir which began in September 1988. The best time to join the group is in early September to learn the music which will be performed in late November and early December, or in January for performances from late April to mid-July. No previous Handbell ringing experience is necessary, but some music background with music reading skills is very helpful. Anyone is welcome to come to a rehearsal to observe and see if it is something you would like to join.
**Financial/Investment Aide**  
*3rd Thursdays, 10:00 am*  
*Sept. 20, Oct. 18, Nov. 15, Dec. 20*  
Hantz Financial will provide financial and tax advice and assist with understanding 2018 tax law reform and potential tax impacts. Hantz offers a complimentary review of your current investment portfolio. Call 248-246-3900 for a free 30-minute appointment.

**Focus on the News**  
*1st & 3rd Tuesdays, 10:30 am*  
Tired of talking back to your TV set? Join a fun and lively discussion of local, national and international news issues. Visitors encouraged. We’re always looking for new people.

**Foot Doctors**  
*2nd Wednesday, 9:00 - 11:00 am*  
*Sept. 12, Oct. 10, Nov. 14, Dec. 12*  
Dr. Robert Adas and Dr. Larry Wexler will see patients at the Center for your convenience with an office in Huntington Woods. Most services will be covered by insurance. Please pre-register.

**Genealogy 101**  
*Thursdays, 1:00 - 4:00 pm*  
*Sept. 13 - Oct. 18 C1001F*  
*Nov. 1 - Dec. 13 No class Nov. 22 C1002F*  
$88 / 6 weeks  
Learn how to do genealogy and you’ll make fascinating new discoveries about your ancestors and their lives! This six-week course series is designed with all the fundamentals necessary for beginners and amateurs who want basic instruction, tools, and reference guides to help you begin your successful genealogical journey. Your new passion awaits you with the joys of genealogy! Bring $5 syllabus fee and note taking materials to first class.  
Jan Morgenstern is an experienced genealogist of twenty years, who researches for clients, teaches genealogy instruction, and is a longtime member of the National Genealogical Society and DAR. Pre-registration is required.

**Veterans Day Lunch**  
*Friday, Nov. 9, 11:45 am*  
Join us for lunch this day as we commemorate and introduce all our Veterans! Vets, please pre-register by November 5 at 248-246-3900 for your free lunch! Free transportation available for RO residents who come for lunch.

**Healthy Back Class**  
*Wednesdays, 1:30 pm*  
*Sept. 12 - Oct. 17 C1007F*  
*Oct. 31 - Dec. 12 No class Nov. 21 C1008F*  
$25 / 6 weeks  
If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on the YMCA’s Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Class is 45 minutes; please bring a mat and water. Wear comfortable clothing and shoes. Instructor – Cindy Erlandson. Pre-register.  
Call 248-246-3900 for more information. Active adults get great results.

**Manicures for Women and Men**  
*By Licensed Nail Technician Every 2nd Tuesday of the Month*  
*Sept. 11, Oct. 9, Nov. 13, Dec. 11 Between 9:30 am and 4 pm By appointment only $10.00*  
Andrea Weiss will be here the second Tuesday of each month to offer manicures. Treat yourself or someone else to this wonderful service.

**Massage Therapy**  
*By appointment only*  
*Sept. 20, 21, 25 & 27; Oct. 18, 19, 23 & 25; Nov. 15, 16, 27 & 28; Dec. 18, 19, 20 & 21 Licensed Massage Therapist Heidi provides therapeutic massage using the holistic approach. All of these massages provide benefits; help in reducing muscular and nerve pain and aids relaxation. She provides 35-minute massage sessions for $30, or 75-minutes sessions for $60. Call the Center for an appointment, 246-3900.

**Medical Equipment Loan Closet**  
Senior Center has walkers, wheelchairs, bath stools and such available for loan. There is no charge to borrow an item, keep them as long as necessary and return clean. Clean, working durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment.

**Find Your Way to Writing: Memoir, Fiction, Creative Non-Fiction**  
*Wednesdays, 2:00 - 4:00 pm*  
*Sept. 12 - Oct. 31 C1012*  
$55/8 weeks  
Do you have a vague feeling you’d like to write something? Or, perhaps, a nagging feeling you should be writing? What would you write if you were to write? Do you know? And if you do, do you have enough support to make your dream a reality? Few writers get much writing done without support. This prose writing workshop will provide the support to help you identify what you want to write, to help you get started writing it, and to keep you writing until you’ve accomplished your writing goal. Preregister.

Maureen Dunphy teaches “Getting There from Here” and “Going Farther” writing workshops for Springfed Arts and, through Dunphy Consulting Services, coaches individual writers and provides editing services for individuals and institutions.

**“Star-Grabbers” Amateur Astronomy Club**  
*2nd & 4th Wednesdays, 10:00 am*  
Bill hosts an amateur astronomy club. His enthusiasm for astronomy compels him to share this interesting hobby and instruct individuals on the use of telescopes. Star Grabbers meet to discuss current astronomical events, view interesting lectures, and share personal viewing experiences. Donations accepted.

**Painting Class Art Show**  
*Thursday, November 8*  
*9:15 - 11:30 am*  
Come and see our very gifted Painting and Watercolor Class students’ work! Their talent grows with each year, under the guidance of instructor Mike Byrne. Some works are for sale.
Creative Coloring for Grown-Ups
Mondays, 10:30 - 11:15 am C1095
Sept. 17; Oct. 1 & 15;
Nov. 5 & 19; Dec. 3 & 17
$2.00 drop-in material fee/per class
Creative Coloring for Grown-Ups is coming to Royal Oak Senior Center. Make coloring your NEW hobby. Choose from large Patterns and designs, on professional card stock. Challenge your brain in fine motor movement and detail. Socialize and connect with other color artists, in a relaxed atmosphere, and create a Masterpiece. Studies have shown hobbies like coloring:
• Reduce stress
• Improve concentration and eye to hand coordination
• Boost Self Esteem
Relax, play, and indulge in an activity which will take you back to carefree days.

Painting – All Media
Thursday, 9:15 - 11:45 am C1019F
Sept. 6 - Oct. 25
$55 / 8 weeks
Nov. 1 - Dec. 27 No class Nov. 22 C1020F
$55 / 8 weeks
Mike Byrne is past vice president of the South Oakland Art Association and past president of the Royal Oak Arts Council. Mike is a working artist in many mediums and accepts students from beginner to expert. Supply list is given at sign-up for those without their own supplies. Preregister.

Watercolor Painting/ Stipple Drawing
Fridays, 9:15 - 11:45 am C1021F
Sept. 7 - Oct. 26
$55 / 8 weeks
Nov. 2 - Dec. 28 No class Nov. 23 C1022F
$55 / 8 weeks
Explore the exciting art world of watercolor painting with instructor Mike Byrne! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include drybrush. For those interested Stipple Drawing, a drawing technique using only dots applied with a pen or brush to paper, you’ll be rewarded with a piece of art that reflects your patience and talent. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Coping with the Holidays
Hospice of Michigan
Presented by: Claudia Been
Friday, Dec. 21, 10:30 - 11:30 am
When grieving the loss of a loved one the holiday season can be bittersweet. Join us to discuss ways to cope with the holidays while honoring the memory of your loved one. Limited space, reserve by phone 248-246-3900.

Free Seminar: Homeless in Our Hometown
Friday, November 2, 1:30 - 2:30 pm
Presenter: South Oakland Citizens for the Homeless
SOCH Mission is to offer professional and volunteer support services to guide the homeless towards independent living. In 2003, this mission and collaboration formed Welcome Inn Day Center and began offering a safe, warm place for our least fortunate neighbors to get a warm meal and a change of clothes. Since then, Welcome Inn has evolved to include a comprehensive scope of services geared towards helping the chronically-homeless reclaim their health and wholeness of life.
As Royal Oak continues to grow, the prevalence of our area’s homeless population is becoming more obvious. Averaging 65 people each day, December – March, Welcome Inn works diligently to ameliorate the struggles and suffering of our community’s most marginalized citizenry via collaborative partnerships with area service providers at a safe, comfortable and centralized location. All without the aid of state or county funding.
Attend this powerful and enlightening seminar on the homeless situation on our neighborhood streets. Register at (248) 246-3900 by October 26.

Free Seminar: Memory Screening Day!
Monday, Nov. 5, 10:00 am - 2:00 pm
Call 248-246-3900 for appointment
Are you becoming more forgetful? Do you have trouble recalling words or names in conversation? Has your family noticed changes in your mood, behavior, personality, or desire to do things?
Royal Oak Senior Community Center is offering Free Memory Screening using the Alzheimer’s Foundation of America Memory Screening Advisory Board testing, conducted by a certified health care specialist. These effective screenings are sensitive and specific, validated by research and confidential.

Free Seminar: Passport to Retirement
Thursday, Oct. 4 and 11
9:30 - 11:30 am C1018
$39/person, bring a spouse or guest at no additional charge
An educational course for people from 6 months to 10 years from retirement. The course focuses on planning and preparing for retirement covering topics such as investments, managing taxes, employer retirement plans estate planning, social security and insurance planning. Call (248) 246-3900 to register.

Free Seminar: Rejuvenate Your Retirement
Thursday, Oct. 4 and 11
9:30 - 11:30 am C1016
$39/person, bring a spouse or guest at no additional charge
An educational course for people already retired. The course focused on issues retirees face today and how they can be addressed. The course covers topics such as required minimum distributions, retirement income, Medicare, long-term care, investments and estate planning. Call (248) 246-3900 to register.

Free Seminar: Travel Training
Learn How to Use Public Transportation
Tuesday, October 16, 9:30-11:30 am
Tuesday, October 16, 9:30-11:30 am
• Did you know they have a service that
will come to your curb to pick you up?
• Have you used the SMART bus system?
• Do you know what options are available
for maintaining mobility for older adults and adults with disabilities. Please register. Presented by Area Agency on Aging 1-b.
Call (248) 246-3900.
**Ballroom Dance Class**
Mondays, 1:00 pm
Join instructor Bill Scheff on Monday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime. $5.00

**Line Dancing**
Fridays, Intermediate, 1:00 pm
Line dancing is not only fun but good exercise as well. And you don’t need a partner. Learn the hot country line dances. $2 payable at each lesson. NO BOOTS.

**Chair Exercise with Cindy**
Wednesdays, 10:30 am
Sept. 12 - Oct. 17 C1032F
Oct. 31 - Dec. 12 No class Nov. 21 C1033F
$25 / 6 weeks
Fridays, 10:30 am
Sept. 14 - Oct. 19 C1030F
Nov. 2 - Dec. 14 No class Nov. 23 C1031F
$25 / 6 weeks
Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and handheld weights if you wish. Pre-registration is requested.

**Si...
Fall Lunch and Learn Series

Receive a free lunch from Tim's Kitchen for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

**Tuesday, Sept. 18**    A1000
Independent Living and Memory Care
Register by Sept. 13
Presenter: American House Village
Taking the fear out of hospice care, understanding the principles of hospice.

**Tuesday, Nov. 20**    A1003
How to Safely Distress for the Holidays
Register by Nov. 15
Presented by: Waltonwood Senior Living of Royal Oak
Thanksgiving approaches and so do the advertising/scams/online safety. Learn about identity theft, budgeting, organizing lists and holiday gift purchasing.

Also learn how to remain healthy during the holidays with tips on staying on diet, healthy eating options, meal prep, fitness, and most importantly, safe driving with weather changes.

This important workshop also will help you stay safe at home, physically and emotionally well. Know what to do in an emergency, and how to safely stay active socially and mentally.

**Tuesday, Dec. 18**    A1004
Financial Planning Review, Safety Checklist
Register by Dec. 10
Presenter: J.P. King
This presentation is designed to review the basics of our financial plans and make sure we’re safe. Topics include “The Black Book,” goals, maximizing wealth, tax planning, and distribution. Special topics for 65 and younger: how to pay for LTC the same way. Also, the truth about accelerated benefits. You will receive a financial planning checklist from a local planner.

**Tuesday, Oct. 2**    A1001
Deals on Safety Products
Register by Sept. 27
Presenter: Royal Oak House Assisted Living
Lunch with Royal Oak House and hear tips for savvy deals on safety products, services and programs. All you wish you knew about! PLUS: Prizes – Prizes- Prizes!

**Tuesday, Oct. 23**    A1002
Medicare for Beginners
Register by Oct. 15
Presenter: Nate Lawson Financial Service Representative
Are you Turning 65? When am I able to enroll or make changes? The 4 essential parts of Medicare- A, B, C, D. How can I keep my current doctor? What different choices do I have and how do they work? Your Opportunity to get free unbiased information!

**Tuesday, Sept. 15, 2018, 9:00 - 11:00 am**
Senior/Community Center
Here is a great way to add to your collection of perennials. Held inside at the Senior/Community Center, so come rain or shine! Open to the public. Tables will be provided. No trees or woody shrubs. No selling allowed. You can trade or give away plants. This is one of the best times of the year to divide perennials. Dig them now while they’re small enough to handle. They’ll adjust to their new location faster with growth just starting.

Bring your extra healthy plants LABELED and in pots or plastic baggies. It helps move things along if you make a list of the plants you have, and a list of some of the plants you would like to get (wear your list around your neck for better visibility).

**Sponsored by the Royal Oak Garden Club and Royal Oak Recreation.**
Drop-In Sports at the Salter Center

Pickleball
• The cost is $2.00 per session. Any individual caught not paying will be asked to leave the gym immediately
• Sign-in sheets will be made available 30 minutes before scheduled start times

Mondays
11:00 am - 1:00 pm or 1:00 - 3:00 pm All levels - East Gym

Tuesdays
1:00 - 3:00 pm, All levels - East Gym
12:30 - 2:15 pm, 4.0 & higher - West Gym

Wednesday
11:00 am - 1:00 pm or 1:00 - 3:00 pm All levels - East Gym
11:00 am - 2:00 pm
3.5 & higher - West Gym ($3.00)

Fridays
11:00 am - 1:00 pm or 1:00 - 3:00 pm All levels - East Gym
5:00 - 7:15 pm
Open to ages 19 & up - East Gym
12:30 - 2:00 pm
3.5 & higher mixer - West Gym

Bounce Volleyball
Tuesdays and Thursdays
11:00 am - 1:00 pm
Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. $1 per session.

Senior Pilates
Tuesdays, 11:45 am - 1:00 pm
Sept. 11 - Oct. 15
$36 / 8 weeks

Tuesdays, 11:45 am - 1:00 pm
Nov. 13 - Jan. 15
No class Dec. 25; Jan. 1, 2019
$36 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Balance Training
Fridays, 12:30 - 1:00 pm
Sept. 14 - Oct. 19
SA2006
Oct. 26 - Dec. 7
SA2007
No class Nov. 23
Cost: $25 / 6 weeks
Feeling unsteady? Loss of balance often results in falling and bone fractures. This 30-minute workout is designed to build bone, strengthen core, pelvic and leg muscles while improving posture and balance. Fun and innovative exercises keep you smiling and moving! Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching fitness classes since 1994.

Drop-In Pinochle
Wednesdays & Fridays, 12:30 pm
Drop in for an enjoyable game of pinochle, meet new friends. $1

Helping Hands
Fridays, 9:30 am
Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Let’s Walk!
Monday - Friday, 8:30 - 11:00 am
Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join Let’s Walk! and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Chen Style Old Form
Standing/Chen Style Laojia Yuile,
Continuing
Tuesdays, 10:00 - 10:45 am
SA2013
Sept. 11 - Dec. 4 at Salter Center
No class Nov. 6
Fee: $72 / 12 weeks
This class is for continuing students. It is a more challenging training continuing silk reeling and stretching, kicking and stance meditation and energy applications. No beginners. Will learn and complete old form. Class taught by Han Hoong Wang.

Stretches & Strength (40+)
Cardio, weights and stretching
11:00 am - 12 Noon

Fall 1
Mondays: Sept. 10 - Oct. 15
Wednesdays: Sept. 12 - Oct. 17
Fridays: Sept. 14 - Oct. 19
Fee: $26 / 6 weeks for 1 day
$46 / 6 weeks for 2 days
$64 / 6 weeks for 3 days
$5 drop-in fee

No class Nov. 23

Fall 2
Mondays: Oct. 22 - Dec. 3
Wednesdays: Oct. 24 - Nov. 28
Fridays: Oct. 26 - Dec. 7
Fee: $26 / 6 weeks for 1 day
$46 / 6 weeks for 2 days
$64 / 6 weeks for 3 days
$5 drop-in fee
No class 11/12, 11/23

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Sit Down & Tone Up
Monday, Wednesday, Friday; 9:30 am
A lively workout without leaving your chair. You’ll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg’s own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Yoga
Tuesdays at Salter Center, 1:15 pm
Sept. 11 - Oct. 30
SA2230
Nov. 13 - Jan. 15
SA2231
No class Dec. 25; Jan 1, 2019
$36 / 8 weeks

Thursdays at Salter Center, 10:15 am
Sept. 27 - Nov. 15
SA2015
$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor – Cheryl Baugh. Preregister.

Book Club on page 29
Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over and qualify for subsidy. You must live in your own home - alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. To ascertain household income, please provide your most recent Home Heating Credit or Michigan Homestead Property Tax Credit form. If you live in one of the senior high rises you will need to provide the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

<table>
<thead>
<tr>
<th>Income-One</th>
<th>Income-Two</th>
<th>Rate/ Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below $14,900</td>
<td>Below $17,000</td>
<td>$3</td>
</tr>
<tr>
<td>$14,901-$24,850</td>
<td>$17,001-$28,400</td>
<td>$5</td>
</tr>
<tr>
<td>$24,851-$39,700</td>
<td>$28,401-$45,400</td>
<td>$7</td>
</tr>
</tbody>
</table>

- Home Chores
- Home Repairs
- Personal Care

The City of Royal Oak sponsors this service. Call 248-246-3900, Monday - Friday.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Deaf Group

Wednesdays, 9:00 am

We welcome deaf adults for socialization each Wednesday.

Hearing Tests/ Clean Hearing Aids

Tuesdays, 1:00 pm

Oct. 18, Dec. 20

Belsono Hearing will provide free Hearing Tests and Hearing Aid Cleanings every other month. Call 248-246-3900 for a 15-minute appointment.

Legal Aid

3rd Wednesday, 3:30 to 5:30 pm

Sept. 19, Oct. 17, Nov. 21, Dec. 19

Soren Andersen has just completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney in Royal Oak. His practice includes consumer and small business issues, debtors’ rights and creditors remedies, and real estate transactions. Probate administration and estate planning. Call 248-246-3900 for an appointment.

P.A.L.

(Positive Attitude Living)

Fridays, 10:30 am

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Tim’s Kitchen

Enjoy meals, $3.50, prepared from scratch in the Mahany/Meininger Center kitchen Monday - Friday. Chef Tim Campbell’s old favorites and new creations are nutritious, filling, and delicious! Call for monthly menus.

- Call 248-246-3900, at least 1 day in advance to reserve a meal.
- Call to cancel reservations if unable to attend.
- Purchase meal vouchers (5 or 10 meals) at any time. Great gift idea!
- Bus fee is waived if you ride the bus to the Center for lunch!
- Menu subject to change based on availability of food supplies.

Carry-outs available: $4.00

Must be picked up by 3:00 pm

Meals on Wheels are available to homebound residents unable to travel to the Center. Call Emerald Food Services at (248) 689-0001 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. Call (248) 246-3914 between the hours of 9:30 am - 12:30 pm to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: $19 /5 round-trip tickets and $14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month? Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer Support Group

1st & 3rd Mondays, 10:00 am

Sept. 17; Oct. 1 & 15; Nov. 5 & 19; Dec. 3 & 17

This group is an opportunity for caregivers to share information and learn from others in a supportive, caring environment. Contact the Alzheimer’s Association at 800-272-3900.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at 248-246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.
Rehabilitation Specialties:

Pre and Post Surgical
Auto Injury
Sports- Specific
Work Related Injuries
All Orthopedic Conditions including
  Neck, Back, Shoulder, Elbow, Hip,
  Knee, or Ankle Pain
Vestibular Therapy
Manual Therapy
Therapeutic Modalities
Cybex Strength Equipment
Free Weight Strength Equipment
Nordictrack Cardiovascular Equipment
Taping
Medical Massage Therapy
Sports Injury Massage

We Accept Most Insurances

Auto No-fault
Workers Comp
Blue Cross Blue Sheild
McLaren
Meridian
United
Meridian
Private PPO & HMO
Medicare
Medicaid
Out-of-Network

Call and Schedule your FREE Consultation Today!

248-733-3885
Residents Can Help Make Leaf Collection Go Smoothly

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

No Street Parking
Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to park their cars off the streets because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It’s important to be considerate of your neighbors. A parked car left on the street doesn’t just affect one house. The trucks have to go around and sometimes they can’t pick up the neighbors’ leaves. Temporary no-parking signs are available at the DPS office at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am - 4:00 pm.

When
Schedules are available at the DPS, on Cable Comcast (channel 17) and WOW (channel 10), and on the city’s web page, www.romi.gov. Schedules and updates are also available by calling the DPS during business hours, Monday-Friday, 7:30 am - 4:00 pm, at 248-246-3300 and selecting option 2 then option 1.

Please Help
Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

Where They Go
Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority’s (SOCRRA) compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

Other Ways of Disposal
Leaves or any soft yard waste including woody material up to 2” in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags. They will be picked up on your regular rubbish day (until December 14, 2018) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

Reminders:
- Residents are requested to rake leaves into the edge of the roadway in windrows.
- Do not make the piles larger than 3 feet high and 4 feet wide.
- Please keep all sticks, rocks and other debris out of leaf piles.
- Do not park your car on or near the leaves (Trucks need at least a “house length” after a parked car to get near the curb.)
- It is important not to wait until your scheduled day to rake out your leaves. Do not rake leaves just ahead of the crews and expect them to wait for you.
- If by chance the City does run ahead of schedule, a truck will be by on your scheduled day.
- Residents may call the DPS at 248-246-3300, option 2 then option 1, to get any updates.
- Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City’s control.
- Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

After Leaf Pickup
Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After December 14, 2018, leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 1, 2019 or residents will be allowed to take a limited number of bags to SOCRRA between December 17, 2018 and March 31, 2019 for disposal. Please call (248) 288-5150 for more information.

Leaf collection schedule on back cover
City of Royal Oak
Scrap Metal, Electronics & Book Drive
Saturday, September 22, 2018
9:00 am - 1:00 pm
Department of Public Service Yard
1600 N. Campbell Road
(Just south of 12 Mile Road on the east side of Campbell)
A paper shredder will be available.

Books
Please consider donating books to the Royal Oak Public Library. There will be a collection bin at the event.

Scrap Metal - Nothing too big or small:
Appliances, Tools, Patio Furniture
You name it.
Even the Kitchen Sink!

Electronics - Just a few suggestions:
Phones, Computers, Monitors, Printers, Holiday Lights. If you’re not sure, just bring it in!
Please note: Residents must remove sensitive and personal information from ALL devices.
We cannot accept hazardous materials at this event.

Drinking Water: We Need Your Help
The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems
Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner’s responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City’s website at www.romi.gov.

Residential Customers with Underground Lawn Sprinkling Systems
The City of Royal Oak’s approved Cross Connection Plan by the State of Michigan Department of Environmental Quality (MDEQ), states that backflow preventers installed on residential underground lawn sprinkling systems must be tested by a certified technician every three years (see picture below). This device is usually installed on the outside of the home for lawn irrigation. The City of Royal Oak has contracted with Hydro Corp. to manage this program. This spring, letters will be addressed to home owners that are required to have their backflow devices tested. The letter will include a list of certified testers that have previously tested backflow devices in the city. A test form will be filled out completely by the technician and returned to Hydro Corp. Please contact Hydro Corp. at 248-250-5000 with questions pertaining to the cross connection program.

For more information, go to www.socrra.org or call 248-288-5150

Sponsored by Royal Oak environmental advisory board
New Debt Service Millage on 2018 Winter Tax Bill

You will see a new millage on your 2018 winter tax bill titled “Ch.20 Drain Debt” (Chapter 20 Drain Debt Millage).

While the tax is new, it is not additional monies being charged to water customers, but replaces charges previously included on your quarterly water/sewer bill.

The Water Resources Commission of Oakland County performed construction work on the George W. Kuhn (GWK) drain on behalf of Oakland County. The County issued over $140 million dollars in debt to pay for the construction work, and has charged principal and interest to municipalities who utilize the GWK drain.

Review of your previous quarterly water/sewer bills will reflect that the City charged a higher rate for the sewer portion of your bill. The amount collected for the GWK drain debt on your account was based on the amount of water your meter registered at your property. As part of a court settlement the City can no longer charge for the GWK drain debt based on the water you use and must instead levy the Chapter 20 drain debt millage, as authorized by state statute, on your tax bill.

With the removal of the GWK debt from your water bill, you will see a reduction to your sewer commodity rate of almost 21 percent. If you have any questions, please call the City Treasurer’s office at 248-246-3140.

Salter Center Book Club
3rd Monday, 10:00 - 12:00 noon
Are you an avid reader? Would you like to meet with people who share your passion for the written word? Join Matthew Day, Outreach Librarian from the Royal Oak Public Library, and members in the reading and discussing popular selections:

- September 17: The Secret Life of Violet Grant by Beatriz Williams
- October 15: The Pearl That Broke Its Shell by Nadia Hashimi
- November 19: The Tea Girl of Hummingbird Lane by Lisa See
- December 17: Big Russ and Me; Father and Son: Lessons of Life by Tim Russert

For more information call 248-246-3180.

Refuse and Recycling Directory

Department of Public Services (DPS) ................................................................. 248-246-3300
SOCRRA MRF/Drop-off Center 995 Coolidge............................................. 248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); CDs/DVDs/VHS; floppy disks; cassette tapes (all cases recycled separately); used clothing; screw-off lids/caps; plastic bags (no twine or hard plastic handles; no frozen food bags). NEW: styrofoam (no peanuts).

Household Hazardous Waste Disposal & Electronic Recycling
Drop-off at 995 Coolidge: Monday-Friday, 9:00 am - 5:00 pm; Saturday, 7:00 am -1:00 pm
NO APPOINTMENT NECESSARY Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. Residents must remove sensitive or personal information from ALL devices.

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperback. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter.

No Styrofoam or Plastic Bags at curb. These items must be dropped off at SOCRRRA.

Regular Refuse – Put household materials in containers 20 to 32 gallon (maximum size) or in 20 to 30 gallon plastic bags and put at curb by 7:00 am. Cans and bags cannot be over 40 lbs. Containers under 20 gallon will be considered expendable and may be thrown out with the trash. Yard waste cannot be mixed with trash at any time.

Yard Waste – Picked up curbside from April 1 to mid-December: Separate non-woody material as well as woody yard waste (up to 2” in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. Yard waste cannot be mixed with trash at any time. Plastic bags are not acceptable. Not picked up as either yard waste or trash mid-Dec. to March 31. Either hold on to until program begins April 1 or call SOCRRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until mid-December. For pick-up schedule, check Insight, WROK Cable (Channel 17 or 10) or the city’s website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2”-5” in diameter in bundles up to 4’ long and 15” in diameter, weighing no more than 40 lbs. each (under 2” SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city’s recommended chipping contractor, JH Hart, 586-795-5581). Limbs over 5”, the trunk and root system must be disposed of privately.

Broken Glass – in heavy paper or place in cardboard box or metal can with lid. Put with regular refuse NOT in recycling bin.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side.

Carpeting & Padding – Roll and securely tie no longer than 4’ and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are NOT acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, stumps, engines, transmissions, rear axles, construction items, loose items such as bricks, concrete (even if it’s attached to something), root balls, dirt or sod. These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant’s personal repair or remodeling are acceptable. However, items cannot be longer than 4’ in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year’s Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.
Community Discount Program

Do you have a damaged device and don’t know what to do? Don’t worry, uBreakiFix can help! Stop by one of our locations and we will have your device repaired and back to you in a snap. Most repairs can even be done while you wait!

$10 OFF ANY REPAIR SERVICE
New Hours at SOCRRA!
Self-Service Recycling Drop-off
Monday - Friday, 9:00 am - 5:00 pm
Saturday, 7:00 am - 1:00 pm
Open to public and free of charge

Please only shred sensitive documents. Staples OK but no paper clips or plastic.

Household Hazardous Waste Disposal & Electronics Recycling
Monday - Friday, 9:00 am - 5:00 pm
Saturday, 7:00 am - 1:00 pm
No appointment necessary
Drop-off location: 995 Coolidge (between 14 Mile and Maple)

For more information, visit www.socrra.org or call 248-288-5150

At Your Service
Emergency Calls Only Police, Fire & Ambulance........................................911
General Information.................................................................248-246-3000
Animal Complaint ...................................................................248-246-3500
Animal Shelter 1515 N. Edgeworth........................................248-246-3364
Assessor ..............................................................................248-246-3110
Building Inspection ...............................................................248-246-3210
Building Inspection Requests ..............................................248-246-3234
Building Inspection Fax ..........................................................248-246-3006
Cable TV (WROK) 222 E. 11 Mile Rd. ..................................248-246-3040
Questions regarding Comcast ..............................................800-999-6489
Questions regarding WOW ..................................................866-496-9669
City Attorney ........................................................................248-246-3240
City Clerk .............................................................................248-246-3050
City Manager ........................................................................248-246-3200
Code Enforcement ..................................................................248-246-3210
Code Enforcement 24-hour Hotline .....................................248-246-3238
44th District Court .................................................................248-246-3600
Probation, 400 E. 11 Mile ......................................................248-246-3670
Engineering ............................................................................248-246-3260
Farmers Market 316 E. 11 Mile .............................................248-246-3276
Finance ..................................................................................248-246-3030
Fire Department 215 E. Sixth St.
Emergency ...........................................................................911
Non-Emergency .................................................................248-246-3800
Fire Prevention Bureau .......................................................248-246-3810
Housing Assistance - Rehabilitation Loans .........................248-246-3130
Human Resources .................................................................248-246-3070
Ice Arena 1403 Lexington Blvd.............................................248-246-3950
Information Systems .............................................................248-246-3080
Landlord Licensing Program ..............................................248-246-3210
Library 222 E. 11 Mile Rd .....................................................248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais......248-246-3900
Mayor ......................................................................................248-246-3200
Orson Starr House 3123 N. Main St.....................................248-588-0170
Parks & Forestry .....................................................................248-246-3300
Planning & Zoning ..............................................................248-246-3280
Police Department 221 E. Third St.
Emergency ...........................................................................911
Non-Emergency .................................................................248-246-3500
Community Policing .............................................................248-246-3524
Detective Division ...............................................................248-246-3515
Record Division ....................................................................248-246-3530
Snow Emergency Announcement ......................................248-246-3442
Traffic Safety Division .........................................................248-246-3505
Public Service Department 1600 N. Campbell
Highway Maintenance ..........................................................248-246-3300
Parks & Forestry .................................................................248-246-3300
Recycling & Refuse Collection ...........................................248-246-3300
Sewer Maintenance .............................................................248-246-3300
Water Maintenance .............................................................248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends ........248-246-3500
Purchasing .............................................................................248-246-3030
Recreation 1600 N. Campbell ..............................................248-246-3100
Royal Oak Golf Course 3417 Don Soper Dr..........................248-554-0019
Salter Community Center 1545 E. Lincoln............................248-246-3180
Senior Citizen Programs 3500 Marais ................................248-246-3900
Street Lighting Outage - DTE Energy 800-477-4747
TDD (Hearing Impaired) .......................................................248-246-3010
Treasurer ..............................................................................248-246-3140
Voter Registration ...............................................................248-246-3050
Water Bills ............................................................................248-246-3160
Youth Assistance 1601 N. Campbell ...................................248-546-8282
Website ..................................................................................www.romi.gov
Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. For more information, please call (248) 246-3276.

Open All Year!
Farmers & Specialty Food Vendors are at the market
- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market
- Sundays, 8:00 am - 3:00 pm

Calendar of Events at the Market:

September
6 Thurs Rock the Veil 2018 (6:00 - 9:30 pm)
12 Wed Food Truck Rally (5:00 - 9:00 pm)
14 Fri RO Farmers Market & RDE Oktoberfest
15 Sat (5:00 pm - 12:00 midnight)
16 Sun Aids Walk Detroit (8:00 am - 2:00 pm)
22 Sat Love Team Tessa / Golden Gala (7:00 - 11:00 pm)
23 Sun Bike Show (8:00 am - 3:00 pm)
27 Thurs Forgotten Harvest Annual Woman’s Harvest Luncheon (11:00 am)
28 Fri Jordan & Ashley Siegel Fundraiser (6:00 - 11:00 pm)

October
8 Mon Senior Tribute & Health Expo (9:00 am - 2:00 pm)
10 Wed Food Truck Rally (5:00 - 9:00 pm)
13 Sat RDE Whiskey Business (6:30 - 10:30 pm)
25 Thurs Great Big Challah Bake (6:00 pm)

November
2 Fri Malayka Fundraiser (6:30 - 11:00 pm)
7 Wed Community Resource Day (12 noon - 7:00 pm)
8 Thurs Greater Detroit Shawarmafest (6:00 - 9:30 pm)
10 Sat RDE Sip Savor Stomp (6:30 - 10:30 pm)
14 Wed Food Truck Rally (5:00 - 9:00 pm)
15 Thurs Royal Oak Market: Art Fair Edition (12 noon - 1:00 pm)
16 Fri Royal Oak Market: Art Fair Edition (12 noon - 1:00 pm)
20 Tues Special Holiday Market (7:00 am - 1:00 pm)
24 Sat RDE Small Business Saturday (6:30 - 10:30 pm)
29 Thurs Holiday Magic Marketplace (4:00 - 9:00 pm)

December
6 Thurs World of Flavors International Food Festival (6:00 - 9:30 pm)
12 Wed Food Truck Rally with Santa (5:00 - 9:00 pm)

2018 Gubernatorial Election
The Gubernatorial Election is scheduled for Tuesday, November 6. In order to be eligible to vote, you must be a citizen of the United States, at least 18 years of age on or before Election day, have been a resident of Michigan at least 30 days prior to the election and have registered on or before the close of registration (October 9). First time voters who have registered to vote by mail must vote their first time in person. If you are interested in serving as an election inspector and have computer experience, please visit the website at www.romi.gov/172/Election-Inspectors.

Boards and Committees
Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line at www.romi.gov/308/Commissions-Boards-Committees or visit the clerk’s office for an application.

Dog Licenses
Dog Licenses are available in the clerk’s office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog’s rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is $20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is $40. There is a $20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a $2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs.

Mark Twain Dog Park FOBs
Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk’s office. The application and waiver must be filled out and brought into the city clerk’s office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog’s current license. The fees for first time applicants are $50 for residents and $75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are $40 for residents and $65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional $10 fee. FOBs expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.
**Rethink RO**

The Rethink Royal Oak development which includes a new City Hall, police station, downtown park, private office building and 581-space parking deck is officially underway, and with that means construction signs, cones and more. Construction can make people weary but, we’ve got seven tips to keep you informed and up-to-date throughout the development.

1. **Check out www.rethinkro.com.** Here you can find an up-to-date parking guide to know all your parking options.

2. **Hit the decks.** City parking decks (Center Street and North and South Lafayette) are free for the first two hours before 5 p.m. They’re safe, as Royal Oak Police officers patrol them, and they have ADA compliant parking spaces and elevators.

3. **Spread the word about parking lot 4.** There is a new public, metered parking lot between City Hall and the Police Station. Plus, it’s free during Farmers Market events!

4. **Follow along on social.** You can follow along on social: Facebook (Royal Oak City Hall and Royal Oak Downtown), Twitter (@CityofRoyalOak) and Instagram (@RoyalOakCityHall), as well as #RethinkRO, for the latest updates.

5. **Submit payments to two drop boxes.** A new payment drop box was installed at 221 E Third. Now, check only payments can be deposited at the drop box that’s located in front of City Hall or the second drop box location.

6. **Know the latest.** The two Williams Street parking lots in front of City Hall, and adjacent to 11 Mile Road are both closed for the new parking garage and office building. (See tip #1 for additional details and future updates).

7. **The Library and Farmers Market will operate during normal days and hours.** So, please feel free to frequent both establishments as often as you wish.

We’re in this together, and are so looking forward to the completion of the Rethink Royal Oak development, but until then, these seven tips should aide you in staying in the loop.

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**Art at the Museum**

This October, catch some fall color at South Oakland Art Association’s *Art at the Museum!* The exhibit takes place at the Royal Oak Historical Society Museum and features works by fine artists from the surrounding communities. Paintings, drawings, ceramics, sculptures and more will fill the museum displays for a limited time October 9-20 during regular museum hours on **Tuesday, Thursday, and Saturday 1:00 to 4:00 pm.** Admission is free.

Meet the artists and preview their handiwork during the Opening Reception on Sunday, October 7 from 2:00 to 5:00 pm. A suggested donation of $10 for the event is requested to benefit the art therapy program at Common Ground Sanctuary. The Royal Oak Historical Society Museum is located at: 1411 W. Webster in Royal Oak. Learn more at southoaklandart.com and royaloakhistoricalsociety.com.

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**Royal Oak Historical Society Museum Christmas Exhibit**

Embrace the holiday spirit at the Royal Oak Historical Society Museum’s Christmas exhibit, running November through January. Take a magical walk through a path of vintage and retro decorated trees, tell Santa Claus your secret Christmas wishes, and learn about our community’s rich history by browsing the newspaper and photo archives. Check the Museum’s website for updates on our Holiday Tea. What better way to escape Michigan’s winter doldrums!

The Royal Oak Historical Society Museum is located at 1411 W. Webster in Royal Oak. Regular hours are Tuesday, Thursday, and Saturday, from 1pm to 4pm. Admission is free, with special events costing a nominal fee. Visit the website at royaloakhistoricalsociety.com or call (248) 439-1501 for more information.
New at the Library

- **Access Consumers Reports Online** to check out unbiased evaluations of a wide variety of products and services. No need to come to the library for this: access it 24/7 with your library card from the library’s website, ropl.org.

- Classic, indie, documentary and DIY films are now available from Kanopy. Access Kanopy’s impressive variety of films from silent-era shorts to ground breaking documentaries for free with your Royal Oak Public Library card. Check ropl.org or phone 248-246-3727 for details.

- **Check out our new Seed Library.** Walk away with free seeds to plant in your garden!

Sunday Hours Resume September 9

The library will be open from **1:00 - 5:00 pm on Sundays starting September 9**. Parking is free on Sundays. Youth Services is adding a monthly family story time and adult services has a five-week Sunday afternoon series focusing on a variety of ways residents can be environmentally friendly. More details are in the library’s print Leaflet, monthly eLeaflet, and website, ropl.org.

Friends of ROPL Fall Book Sale

Find bargains galore at the Friends Fall Book Sale on **Saturday, October 13 from 10:00 am to 3:00 pm and Sunday, October 14 from 1:00 to 4:00 pm**. Choose from a great selection of gently used books with prices starting as low as 50 cents. Come, browse and buy!

Programs Galore!

Below is just a sampling of ROPL’s many fall programs. Check out ropl.org for the complete list or pick up the print copy of the Leaflet.

Environmental Series on select Sundays at 2:00 pm

- September 9: Right Tree, Right Place
- September 16: Pollinator Habitats: What Can You Do
- September 23: Water Infrastructure 101
- September 30: Rain Gardens: What and Why?
- October 7: Food Waste Recycling

Live Music on select Saturdays at 3:00 pm

- September 8: Leonardo: A Blues Narrative with Songs
- September 22: Tony by Tony, the Tony Camilletti Quartet
- October 6: Americana by Fable, Grable and Bearly Able
- October 20: Royal Oak Blues Band
- November 3: The Dug Outs: The Music, the Times and the Men of the Great War (at 1:00 pm)
- December 1: RJ Spangler Holiday Concert
- December 15: Festive Holiday Concert with Marty Mandelbaum and Friends

Spooky Supernatural Series on select Thursdays at 7:00 pm

- October 18: It’s a Wonderful Afterlife presented by Kristy Robinette (at 6:30 pm)
- October 25: Our Spooky Kooky Michigan presented by John E. L. Tenney
- November 1: The Witch of Delray: Rose Veres and Detroit’s Infamous 1930s Murder Mystery presented by Karen Dybis
Here at Thrive Chiropractic, you can be seen by just by walking in (no appointment required) six days a week. We are located in heart of Troy Mi, and are open 6 days a week to service you and your health needs.

Our Services Include:
- Spinal Adjustment
- Specific Scientific Upper
- Cervical Chiropractic Adjustments
- Thompson Technique
- Activator Protocol
- Gonstead
- Websters Technique
- Pediatrics Chiropractic

Other Services
- On-Premise Digital Radiograph Facility
- Neurological and Orthopedic Examinations
- Range of Motion Assessment
- Postural Examination
- Segmental Palpation
- Health History Documentation

Accepted Insurance:
We accept most major insurances including:
- Auto No-Fault
- Workers Comp
- BCBS of MI
- BCBS out of state
- Private HMO and PPO
- Medicare
- Medicaid
- Out-of-network Benefits!

Call and schedule your FREE consultation today!

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Troy Michigan 48084

248-574-WELL (9355)
thrivechiropractic@troy@gmail.com

www.ThriveChiropracticTroy.com
2018 Fall Curbside Leaf Collection Schedule

Residents should note that schedules are subject to change due to weather conditions, mechanical breakdowns or other factors beyond the City’s control. If collections are ahead of schedule, a truck will be down your street on the scheduled day of pickup. Please note clear/colored plastic bags are no longer acceptable for yard waste, including leaves. Please use the appropriate container. To help our workers, please do not put yard waste other than leaves in the street. Thank you (see page 29).

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
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<td>10/29/18</td>
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<td>11/03/18</td>
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<td>Normandy to N. City Limits – Greenfield to Crooks</td>
<td>12 Mile to 13 Mile – Crooks to Main</td>
<td>10 Mile to Lincoln – W. City Limits to Campbell</td>
<td>12 Mile to Woodside - Main to Rochester</td>
<td>11 Mile to Catalpa – Woodward to Main</td>
<td>11 Mile to Catalpa – Woodward to Main</td>
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<td>10/30/18</td>
<td>11/06/18</td>
<td>11/13/18</td>
<td>11/20/18</td>
<td>12 Mile to Webster - Woodward to Crooks</td>
<td>10 Mile to 11 Mile – W. City Limit to Main</td>
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<tr>
<td>Webster to Normandy – Greenfield to Woodward</td>
<td>12 Mile to 13 Mile – Woodward to Crooks</td>
<td>13 Mile to 14 Mile – Greenfield to Woodward</td>
<td>12 Mile to 13 Mile – Rochester to Campbell</td>
<td>Lincoln to 11 Mile – Main to Campbell</td>
<td>Lincoln to 11 Mile – Main to Campbell</td>
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<td>10/31/18</td>
<td>11/07/18</td>
<td>11/14/18</td>
<td>11/21/18</td>
<td>Catalpa to 12 Mile – Woodward to Main</td>
<td>10 Mile to 11 Mile – Campell to E. City Limits</td>
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<td>13 Mile to Normandy – Woodward to Main</td>
<td>11 Mile to 12 Mile – Main to Campbell</td>
<td>13 Mile to 14 Mile - Woodward to Coolidge</td>
<td>11 Mile to Gardenia – Campbell to Stephenson &amp; Gardenia to 12 Mile – Main to Stephenson</td>
<td>10 Mile to 11 Mile - Campell to E. City Limits</td>
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<td>11/01/18</td>
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<td>11/22/18</td>
<td>11 Mile to Gardenia – Main to Campbell</td>
<td>10 Mile to Lincoln - Main to Campbell</td>
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<td>13 Mile to N. City Limits – Main to Campbell</td>
<td>10 Mile to 12 Mile – Campbell to E. City Limits</td>
<td>Normandy to N. City Limits – Coolidge to Crooks</td>
<td>Happy Thanksgiving (no collection)</td>
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