All New Nutty Scientists Virtual Programs!

Interactive and engaging programs that aren’t simply a “Science Class” over Zoom! For each of these programs, students receive a supply kit containing all the materials necessary to complete the activities for the entire session. At the beginning of each week, students will receive an email with written instructions for one of the activities in the session. Students then work on that project at their own pace (away from the computer screen). Later in the week, students receive access to a recorded video with further instructions and information about the topic of the week. To finish off the week, we hold an interactive Zoom meeting for students with a Nutty Scientist. At the Zoom meeting students will have the opportunity to share their projects from the week, ask questions, share about their challenges and successes AND some extra Nutty Challenges (including NUTTY SCIENCE FACTS)! Minimum 5 students per class.

Inventions & Contraptions

Students experience the opportunity to think, dream and design like an INVENTOR! Building, designing, engineering! Build Robots, Air Powered Vehicles, a Hydraulic Platform, Catapults, Nutty Challenges, and more! The program includes a Supply Kit with all the supplies necessary to complete the weekly activities, written and video instruction for all activities, and a weekly Zoom meeting.

Here are some additional details for some of the lessons:

- **Catapults** – Design, Build and Test CATAPULTS! Learn about accuracy, precision, and angles as they shoot for targets!
- **Hydraulics** – Learn the power of hydraulics and build your very own hydraulic powered invention
- **Art Bots** – DIY robot kit that creates colorful art. Dig into the “Nutty” science of ROBOTICS!
- **Air Cars** – Design and build an air powered vehicle. Learn about the environment and alternative fuels!
- **Paper Planes** – Explore some conventional AND unconventional paper airplane designs as we explore the physics of flight!

Virtual Program runs Oct. 26 - Dec. 14
$155 / 8 weeks

Continued on page 3
Nutty Scientists cont.

Outdoor Adventures
Who knew there was so much adventure just in your backyard? Build model Shelters, DIY Water Filters, Solar Ovens (bake dessert with the power of the sun!), Knots, Sun Dials, and more! The program includes a Supply Kit with all the supplies necessary to complete the weekly activities, written and video instruction for all activities, and a weekly Zoom meeting.

Here are some additional details for some of the lessons:

• Foraging and Nature Journals – Forage like a squirrel with an outdoor scavenger hunt and learn to record and maintain a scientific journal!
• Sun Dials – Build a basic sun dial AND learn how to use it to tell time!
• Knots – Learn to tie different kinds of knots and what they are used for. Make your own paracord survival bracelet
• Shelters – Creativity is key as students build a shelter model using only ‘nutty’ supplies. Learn about animals and their shelters in nature
• DIY Water Filters – Build a model water filter, test its ability to purify water and learn about the importance of clean water
• Solar Ovens – Build a Solar Oven and use it to bake dessert with only the power of the sun!

Virtual Program runs Oct. 26 - Dec. 14
$155 / 8 weeks

The Wonders of STEAM
Explore the wonders of STEAM (Science, Technology, Engineering, Art, Math) like never before with Nutty Scientists! Investigate multiple mind-blowing AMAZING AIR experiments, awesome POLYMERS, crazy GEYSERS, build wacky BRIDGES, and so much more! The program includes a Supply Kit with all the supplies necessary to complete the weekly activities, written and video instruction for all activities, and a weekly Zoom meeting.

Here are some additional details for some of the lessons:

• Amazing Air – Explore the super powers of air with multiple mind-blowing air experiments
• Polymers – Students learn about atoms, molecules and polymers and get to experiment with multiple types of polymers
• Bridges – Become an engineer, building strong bridges with some not very strong materials

Virtual Program runs Oct. 26 - Dec. 14
$155 / 8 weeks

For Nutty Scientists:
Pick up supply kits at the Department of Public Service, 1600 N Campbell Rd, Royal Oak MI 48067
For more information visit:
www.nuttyscientists.com/southeast-michigan
www.facebook.com/NuttyScienceMI

To all our patrons:
As we work to respond appropriately to the continually evolving Coronavirus (COVID-19) crisis across the nation and in Oakland County, the City of Royal Oak’s Recreation Department and its facilities will remain closed until further notice.

During this time, we are working on guidelines that would provide a safe and healthy environment once our facilities are able to open to the public. In the meantime, we will be offering virtual programs. You can check out all programs and offerings as well as stay up to date with re-opening on our Facebook Page, Royal Oak Parks and Recreation.

You can visit royaloakrec.com for our pavilion rentals and registration for our virtual programming. If you have any questions, please don’t hesitate to contact us at recreationinfo@romi.gov or 248-246-3180.

The City of Royal Oak’s Recreation Department apologizes for any inconvenience this may have on all our patrons. The health and wellness of our team and participants is our #1 priority. We encourage everyone to practice safe and healthy measures provided by the CDC and Oakland County Health Division.

Regards,
John Fedele
City of Royal Oak
Superintendent of Recreation

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127
Virtual Tumblebunnies Gymnastics – Ages 3-9
Let’s have fun packing in a ton of skills that we can learn watching and doing virtually. Classes filled with gymnastics specific warmups and stretches. Movement to music picking from our huge music library of fun songs. Let’s test stamina by us across the floor skills. Challenging gymnastics moves that build strength, coordination, balance and most importantly…. FUN! Want your kids to feel like a superhero and encouraged? Sign up and we will do just that. All you need is a soft surface and you’re ready to go.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1001 Ages 6 - 9 VP1010
$90 / 8 sessions

Virtual All Sports – Ages 3-9
ALL SPORTS (hockey, baseball, football, lacrosse, bowling, tennis, basketball, track & field, soccer, volleyball, golf) Who needs a gym? We can do all these sports virtually. All you have to do is get the main piece of equipment for the sport taught that week and you will be all set. Each week is a different sport. Kids will learn all aspects of each sport in a fast pace, always moving class. Sport specific warmups, skills and drills that will give them an edge. We have our own NHL hockey player from the Vegas Golden Knights in our hockey videos and Top Division 1 Women’s lacrosse players in our lacrosse videos and so much more. Professional drills to teach your child each sport while having FUN!

Oct. 26 - Dec. 14
Ages 3 - 5 VP1002 Ages 6 - 9 VP1011
$90 / 8 sessions

Virtual Zumba – Ages 3-9
Kids will think they are at a dance party. Part aerobic, part dance using Latin music and Latin dance steps such as salsa, cha-cha, merengue, umbria, flamenco, tango and other influences of belly dancing and hip hop. Your Zumba bunnies will jump, shimmy, sway, salsa and crump their way through body energizing unique movements that will keep them moving and jump for joy.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1003 Ages 6 - 9 VP1012
$90 / 8 sessions

Virtual Ballet – Ages 3-9
Our Ballet classes concentrate on being “lovely” and dancing like princesses and ballerinas. We teach poise, grace, balance and proper posture. We use up to date music and props such as balloons, scarves, ribbons, etc. in selected dances. Our ballerinas will learn steps to create a dance which they will perform on the last day of each session. We also emphasize stage presence, and movement to music which makes this class fun and a positive learning experience. Wear your tutus and ballet shoes girls.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1004 Ages 6 - 9 VP1013
$90 / 8 sessions

Virtual Cheer – Ages 3-9
Cheer Bunnies will introduce everything a cheerleader needs to know to be a great cheerleader. A variety of cheers, chants, jumps, mounts, and pom routines will be introduced. Knowing particular gymnastics skills are very important to be a successful cheerleader so we will include instruction of gymnastics skills necessary. This program improves self-confidence, voice control, rhythm, posture, and overall coordination. The difference from the first day of class to the end of the year is remarkable to see the improved confidence and stage presence each child in this program gained. For both boys and girls.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1005 Ages 6 - 9 VP1014
$90 / 8 sessions

Virtual Karate – Ages 3-9
Our karate classes teach martial arts skills and drills in a fun way to help children learn the wonderful world of karate. Life skills such as respect, discipline, focus, listening and kindness are emphasized. An increase in agility, coordination and strength are only some of the benefits of having your child be a Ninja Bunny. Each week is filled with a variety of activities and props to keep each class unique, fresh and fun.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1006 Ages 6 - 9 VP1015
$90 / 8 sessions

Virtual Hip-Hop – Ages 3-9
We have created hip hop dances to the latest music that kids love. They will be moving and grooving to all the newest hip hop moves to familiar appropriate music expressing themselves to the beats and sounds of each song. Great for learning rhythm, tempo, and also builds coordination. It’s a great introduction to the wonderful world of music. High energy and fast paced classes will guarantee fun and learning for every child. Great for both boys and girls.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1007 Ages 6 - 9 VP1016
$90 / 8 sessions

Virtual Yoga – Ages 3-9
Our yoga classes promote body awareness, relaxation, strength and flexibility by using scaled down yoga poses accompanied by soothing kid-friendly music. Younger yoga classes will include themes like beautiful butterflies, bugs, lucky rabbits, etc. We also will combine challenging yoga poses to create a flow and introduce proper breathing techniques.

Oct. 26 - Dec. 14
Ages 3 - 5 VP1008 Ages 6 - 9 VP1009
$90 / 8 sessions
Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain & improve Royal Oak’s two nature preserves, Cummingston Park & Tenhave Woods. They are also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, e-mail us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website. There is no preregistration or cost for our speaker programs or our public nature walks.

Speaker Programs

Our monthly general meeting/speaker programs are normally scheduled from October to April at the Royal Oak Senior Center which is located at 3500 Marais. At our monthly Wednesday meetings, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can meet with the speakers afterwards and ask questions.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Royal Oak Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. Wearing boots while in the parks is recommended during the winter and spring months. Dressing appropriately for bugs and using insect repellent is advised from late spring through the end of summer.

Royal Oak Nature Society Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks and Karen Blenc head this group. There is no cost to belong and preregistration is not required. The group normally meets on the 2nd Wednesday of the month in November, January, February and March at the Mahany/Meininger Senior Community Center.

As of now because of COVID-19, we are not planning on having any speaker programs or nature walks this fall. Also, there will not be a Friends of Fungi meeting in November. If we decide to go ahead and do one or more of them, we will post them on our website and our Facebook page.
**How to Register for Programs and Classes**

Registration begins on September 1 for in-person, mail, fax and online submissions.

**Mail-In Registration**
You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation**
PO Box 64
Royal Oak, MI 48068-0064

Do not send cash. Make checks payable to *Royal Oak Recreation*. Use separate checks for different classes in case one of your desired classes is filled. *Returned check fee is $35.* To receive a receipt, please include your e-mail address.

**Fax Registration**
Fax registrations are accepted 24/7 at 248-246-3007. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

**In Person Registration**
Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

**Refunds**
Refunds will be granted up to one week prior to the start of a class or camp, less a $5 service fee. Refunds will be granted after the first week of class less a $10 service fee. NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED. No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, LESS SERVICE FEES INDICATED.

**NOTE:** Children should not accompany their parents to classes designated for adult participants only.

**Senior Center classes are open to adults of all ages who are available for daytime activities.**

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**How to Register for Programs Online**

www.royaloakrec.com

For additional information, click on “answers to frequently asked questions” on the home page.

**Open Online Registration**

September 1

**General Guidelines**
If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to “create a new account” through the website. You cannot register for classes as a “guest”.

**Online registration will only be available for some programs.**
You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

**Low Enrollment**
Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don’t cancel your class!

**Insufficient Funds**
There will be a $35 Returned Check Charge to all accounts for checks that are returned by the bank.

**Royal Oak Recreation**
248-246-3180
8:30 am to 5:00 pm, Monday - Friday

**Royal Oak Senior Center**
248-246-3900
9:00 am to 4:30 pm, Monday - Friday

**No Telephone Registrations**
Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.
The New Edge Figure Skating Club offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org

ADULT HOCKEY LEAGUE
Summer League: JUNE - MID AUGUST
Fall/Winter League: SEPTEMBER - MARCH
Spring League: APRIL - JUNE

For more information on any of these programs, please visit JOHNLINDELLICEARENA.COM
Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW and Memorial Parks. Royal Oak residents and businesses may secure rental permits beginning January 4 through March 31 for the 2021 season. Non-residents may apply beginning April 1.

Please call 248-246-3180 for rental rates and availability.

City of Royal Oak

School Buildings
1. Addams, 2222 W. Webster
2. Churchill Community Education Center, 707 Girard Ave.
3. Helen Keller, 1505 N. Campbell Rd.
5. Oakland, 2415 Brockton Ave.
7. Royal Oak High, 1500 Lexington Blvd.
8. Royal Oak Schools Administrative Offices, 800 Devillen
9. Royal Oak Middle, 709 N. Washington Ave.
10. Maintenance & Transportation Center, 1601 N. Campbell

Government Buildings
10. Mahany/Meininger Senior Community Center, 3500 Marais
11. Department of Public Service, 1600 Campbell

Location of the Recreation Department
1. Royal Oak Animal Shelter, 1515 N. Edgeworth
2. John Lindell Ice Arena, 1403 Lexington
3. Royal Oak Golf Course, 3417 Don Soper Dr.
4. Jack & Patti Salter Community Center, 1545 E. Lincoln
5. Orson Starr House, 3123 N. Main
6. Royal Oak Historical Society Museum, 1411 W. Webster

City Hall Complex
16. City Hall, 211 Williams St.
   Public Library, 222 E. 11 Mile
   Police Department, 221 E. Third
   44th District Court, 400 E. 11 Mile
   Farmers Market, 316 E. 11 Mile
17. Royal Oak Historical Society Museum, 1411 W. Webster

Parks
18. Kenwood Park, Kenwood & Forest
19. Memorial Park, Woodward & 13 Mile
20. Red Run Park, Girard & Vermont
21. Starr/Jaycee Park, 13 Mile & Marais
22. VFW Park, Campbell & E. Lincoln
23. Worden Park, Lexington & Crooks
24. Upton Park, Nakota at Mandalay
25. Whittier Park, E. Farnum & N. Alexander
27. Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

**Code of Conduct**
- Live the Golden Rule
- Embody Honesty
- Act with Patience
- Take Responsibility
- Listen Attentively
- Communicate Effectively
- Lead by Example
- Be Proactive
Live Royal Oak

Drop in either community center Monday through Friday. Pick up our monthly newsletter, *Times*. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at *Tim’s Kitchen* (M/M Center) for $3.50. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

**Mission Statement:**
The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak’s Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person’s relatives, or that person’s associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

**Royal Oak Seniors Resource Center**
Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are $10 monthly or $100 yearly.

**Rental Information**
The use of the Leo Mahany/Harold Meiningher Senior Community Center shall be available to nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3900 for rental fees and room availability.

**Royal Oak Senior Essential Services (ROSES)**
ROSES is a program providing a variety of supportive services to Royal Oak residents age 62 and over and qualify for subsidy. You must live in your own home - alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. To ascertain household income, please provide your most recent Home Heating Credit or Michigan Homestead Property Tax Credit form. If you live in one of the senior high rises you will need to provide the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

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<th>Income-One</th>
<th>Income-Two</th>
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<td>Below $16,500</td>
<td>Below $18,850</td>
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<td>$27,501-$44,000</td>
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- Home Chores, Home Repairs and Personal Care

The City of Royal Oak sponsors this service. Call 248-246-3900, Monday - Friday.

**Adjacent Generational Exchange (A.G.E.)**
Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

**Looking for a Few Good Volunteers!**
The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month? Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

**Medicare/Medicaid Assistance Program**
MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at 248-246-3900. In-person assistance by appointment only.

**Outreach**
Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

**Transportation**
This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. **Call (248) 246-3914 between the hours of 9:30 am - 12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: $19/5 round-trip tickets and $14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.
OUTDOOR
Chair Exercise with Cindy
Wednesdays, 10:30 am
Sept. 16 - Oct. 21  C1033
Oct. 28 - Dec. 9  C1034
No class Nov. 25
$25 / 6 weeks

OUTDOOR Chair Yoga
Wednesdays, 12:30 - 1:15 pm
Sept. 16 - Oct. 21  C1037
Oct. 28 - Dec. 9  C1038
No class Nov. 25
$25 / 6 weeks

OUTDOOR Gentle Yoga
Thursdays, 1:00 pm
Sept. 17 - Nov. 5  C1014
$40 / 8 weeks

OUTDOOR Tai Chi Basic & Chen Style
Thursdays, 9:15 am
Sept. 17 - Dec. 10  C1013
No class Nov. 26
$72 / 12 weeks

OUTDOOR Healthy Back Class
Wednesdays, 1:30 pm
Sept. 16 - Oct. 21  C1018
Oct. 28 - Dec. 9  C1019
No class Nov. 25
$25 / 6 weeks

OUTDOOR Zumba Gold
Thursdays beginning Sept. 17, 10:00 am
$5 per class; Drop in  C1011
No class Nov. 26

OUTDOOR Chair Yoga
Wednesdays, 10:30 am
Sept. 16 - Oct. 21  C1035
Oct. 28 - Oct. 23  C1036
No class Nov. 20 and 27
$25 / 6 weeks

OUTDOOR Healthy Back Class
Wednesdays, 1:30 pm
Sept. 16 - Oct. 21  C1018
Oct. 28 - Dec. 9  C1019
No class Nov. 25
$25 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights if you wish. Pre-registration is requested.

OUTDOOR Chair Yoga
Wednesdays, 12:30 - 1:15 pm
Sept. 16 - Oct. 21  C1037
Oct. 28 - Dec. 9  C1038
No class Nov. 25
$25 / 6 weeks

OUTDOOR Gentle Yoga
Thursdays, 1:00 pm
Sept. 17 - Nov. 5  C1014
$40 / 8 weeks

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please pre-register. Instructor Noreen Daly.

OUTDOOR Tai Chi Basic & Chen Style
Thursdays, 9:15 am
Sept. 17 - Dec. 10  C1013
No class Nov. 26
$72 / 12 weeks

Tai Chi Basic exercises are for beginner and continue. The class will include: Tai Chi warm-up, gentle stretching. Tai Chi walking and silk reeling and Tai Chi Ball Qigong (the Ball in the Mind), and section one of Chen Style Tai Chi old form.

OUTDOOR Zumba Gold
Thursdays beginning Sept. 17, 10:00 am
$5 per class; Drop in  C1011
No class Nov. 26

Combines a dance workout with a party-like atmosphere. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Designed to be approachable by all populations, regardless of fitness level. No experience needed. Barb Wolcott will supply 1.2 lb. Zumba Toning sticks. Dress comfortably, wear dance sneakers or tennis shoes. Bring water.
**VIRTUAL**

**Kerry Price on Piano**  
Friday, Sept. 18, 12:30 pm  
Don’t miss this musical program written and performed by Kerry Price, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976!

**VIRTUAL**

**Senior Pilates**  
Wednesdays, 8:30 am  
Sept. 16 - Nov. 4  
C1041  
$36 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This basic class emphasizes gradual progression, strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor Connie Bazzy (Workout Connie, Inc.) is certified in YogaFit, TRX Suspension Training, Brains & Balance, Past 60 Specialist and Certified Personal Trainer.

**VIRTUAL**

**Chair Exercise with Cindy**  
Wednesdays, 10:30 am  
Sept. 16 - Oct. 21  
C1044  
Oct. 28 - Dec. 9  
C1045

$25 / 6 weeks

Fridays, 10:30 am  
Sept. 18 - Oct. 23  
C1046  
Oct. 30 - Dec. 18  
C1047

$25 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes. Bring a water bottle and hand-held weights if you wish. Pre-registration is requested.

**VIRTUAL**

**Healthy Back Class**  
Wednesdays, 1:30 pm  
Sept. 16 - Oct. 21  
C1042  
Oct. 28 - Dec. 9  
C1043

$25 / 6 weeks

If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on the YMCA’s Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Class is 45 minutes; please bring a mat and water. Wear comfortable clothing and shoes. Instructor – Cindy Erlandson. Pre-register. Call (248) 246-3900 for more information. Active adults get great results.

**ZOOM**

**Pre-retirement Planning Fundamentals**  
Tuesdays, Sept. 29 and Oct. 6  
6:30 - 8:30 pm  
C1007

$39/person, bring a spouse or guest at no additional charge

An educational course for people from 6 months to 10 years from retirement. The course focuses on planning and preparing for retirement covering topics such as investments, managing taxes, employer retirement plans estate planning, social security and insurance planning. Call (248) 246-3900 to register.

**ZOOM**

**Post-retirement Planning Fundamentals**  
Thursdays, Oct. 1 and 8  
1:30 - 3:30 pm  
C1009

$39/person, bring a spouse or guest at no additional charge

An educational course for people already retired. The course focuses on issues retirees face today and how they can be addressed. The course covers topics such as required minimum distributions, retirement income, Medicare, long-term care, investments and estate planning. Call (248) 246-3900 to register.

**Lunch and Learn**

Fall Lunch and Learn programs are currently suspended. Please look to our Winter Insight program guide for details about our 2021 Lunch and Learn series.
Your health and safety is our utmost concern. Here are resources available for senior citizens, caregivers and family members during the Stay Home and Be Safe order:

https://www.romi.gov/seniors/
The City of Royal Oak has a beautiful community center where mature adults aged 50 and better can enjoy opportunities for lifelong education, fitness, nutrition and leisure activities. In addition, supportive services that promote independence and quality of life are available for residents who are 60 and over or permanently disabled.

https://www.oakgov.com/
Oakland Counties updated response and resources for dealing with the COVID-19 pandemic. Up-to-date press releases and executive directives. Resources include: help for small business, links for filing for unemployment, food assistance, finding health insurance, locating your school meal pick-up site, and more.

https://www.michigan.gov/
The Aging & Adult Services Agency (AASA) is Michigan's designated state unit on aging, formed under the Older Michiganders Act of 1981. AASA operates under the authority of the federal Older Americans Act, which was signed into law in 1965 to meet the diverse needs of the growing numbers of older adults in the United States. AASA's mission is to provide statewide leadership, direction, and resources to support Michigan's aging, adult services, and disability networks, with the aim of helping residents live with dignity, meaning, purpose, and independence. AASA's vision is for Michigan residents to live well and thrive as they age.

https://aaa1b.org/
Services and resources for seniors or those caring for older adults. Resources include information on: housing, transportation, Meals on Wheels, legal assistance, support groups for families of caregivers, bill paying assistance, government assistance eligibility, help for seniors with disabilities, and more. 1.800.852.7795   TTY: 1.800.649.3777 (Michigan Relay)

https://www.canr.msu.edu/
In the MSU College of Agriculture and Natural Resources, students use science, technology, engineering, mathematics, business and creative design to tackle some of the world’s biggest problems related to food, health and the environment.

https://www.AARP.org
AARP is a United States-based interest group whose stated mission is "to empower people to choose how they live as they age". According to the organization, it had more than 38 million members as of 2018.

https://www.ncoa.org/
The National Council on Aging was founded in 1950 as the first charitable organization in the U.S. that would provide a national voice for older Americans and act as their advocates in dealing with service providers and policymakers.

https://alzfdn.org/
The Alzheimer's Foundation of America is an American nonprofit organization based in New York City whose mission is to provide support, services and education to individuals, families and caregivers affected by Alzheimer's disease and related dementias nationwide, and fund research for better treatment and a cure.

https://acl.gov/
The Administration for Community Living (ACL) was created around the fundamental principle that older adults and people of all ages with disabilities should be able to live where they choose, with the people they choose, and with the ability to participate fully in their communities. By funding services and supports provided by networks of community-based organizations, and with investments in research, education, and innovation, ACL helps make this principle a reality for millions of Americans. ACL also runs the Eldercare Locator, which connects you to services for older adults and their families. Visit the Eldercare Locator by going to their website or by calling (800) 677-1116.

https://www.cms.gov/
In response to the shutdowns across the country, Medicare has expanded its coverage to include telehealth services. If you are a Medicare beneficiary, talk to your provider or physician about available telehealth options that may allow you to do the following from home:

  * Refill a prescription
  * Receive a diagnosis
  * Access mental health services
CO​VID-19 RESOURCES, continued

Fraudsters are targeting beneficiaries in a number of ways, including telemarketing calls, text messages, social media platforms, and door-to-door visits.

These scammers use the coronavirus pandemic to benefit themselves, and beneficiaries face potential harms. The personal information collected can be used to fraudulently bill Federal health care programs and commit medical identity theft. If Medicare or Medicaid denies the claim for an unapproved test, the beneficiary could be responsible for the cost.

Protect Yourself

- Beneficiaries should be cautious of unsolicited requests for their Medicare or Medicaid numbers.
- Be suspicious of any unexpected calls or visitors offering COVID-19 tests or supplies. If your personal information is compromised, it may be used in other fraud schemes.
- Do not respond to, or open hyperlinks in, text messages about COVID-19 from unknown individuals.
- Ignore offers or advertisements for COVID-19 testing or treatments on social media sites.
- A physician or other trusted healthcare provider should assess your condition and approve any requests for COVID-19 testing.
- Do not give your personal or financial information to anyone claiming to offer HHS grants related to COVID-19.
- Be aware of scammers pretending to be COVID-19 contact tracers. Legitimate contact tracers will never ask for your Medicare number or financial information.

If you suspect COVID-19 health care fraud, report it immediately or call 800-HHS-TIPS (800-447-8477).

Unfortunately, scammers are using the COVID-19 pandemic to try to steal your Medicare Number, personal information, and money. And they’re using robocalls, social media posts, and emails to do it. Remember, if anyone reaches out to get your Medicare Number or personal information in exchange for something, you can bet it’s a scam.

- Robocalls offering you respiratory masks they’ll never send
- Social media posts fraudulently seeking donations for non-existent charities, or claiming to give you stimulus funds if you enter your bank account information
- Fake testing kits, cures, “immunity” pills, and offers for protective equipment

Visit Medicare.gov/fraud for more information and tips on preventing Medicare scams and fraud.

Michigan Attorney General Dana Nessel reminds Michigan consumers to be aware of online coronavirus scams selling bogus products and providing false information on COVID-19 tests and treatments. Scams related to COVID-19 are climbing with the continued confirmations of positive COVID-19 cases in the United States. These attempts to obtain the personal information of consumers include online posts pitching unreliable products, advice, fake tests and cures to prevent the spread of COVID-19. Additionally, online offers are selling masks that reportedly are not being delivered to consumers while using misleading language to convince them to purchase.

Nessel also warns Michigan residents that misinformation about COVID-19 symptoms and treatment falsely attributed to a ‘Stanford Hospital board member’ is being widely circulated on social media. The post falsely claims that people may not show symptoms for several days, but can ‘test’ whether they have coronavirus simply by holding their breath for more than 10 seconds—and if you can comfortably hold your breath without coughing, you probably don’t have the virus. The post further recommends sipping water every 15 minutes to wash the virus into your stomach, where stomach acid kills it, to prevent the virus from entering your windpipe and lungs. Stanford University warns that this email did not come from Stanford Medicine and contains inaccurate information.

The Attorney General’s office is reviewing a high volume of consumer complaints and calls related to price-gouging and scams centering around COVID-19. We encourage consumers to continue filing complaints with our office so that the reports can be investigated, and we can follow up accordingly. Additionally, the Attorney General’s Consumer Protection webpage is always available as a resource for consumers to turn to.

If you believe you are the target of a scam, hang up the phone and verify the identity of the caller independently. Do not give out any personal information unless you have first confirmed who you are talking to is actually who they claim to be.

Information around the COVID-19 outbreak is changing rapidly. The latest information is available by visiting Michigan’s Coronavirus website or by visiting the CDC’s website.

To report a scam, file a complaint, or get additional information, contact the Consumer Protection team.

Consumer Protection  
P.O. Box 30213  
Lansing, MI 48909  
517-335-7599  
Fax: 517-241-3771  
Toll free: 877-765-8388  
Online complaint form
Residents Can Help Make Leaf Collection Go Smoothly

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

No Street Parking

Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to park their cars off the streets because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It’s important to be considerate of your neighbors. A parked car left on the street doesn’t just affect one house. The trucks have to go around and sometimes they can’t pick up the neighbors’ leaves. Temporary no-parking signs are available at the DPS office at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am - 4:00 pm.

When

Schedules are available at the DPS, on Cable Comcast (channel 17) and WOW (channel 10), and on the city’s web page, www.romi.gov. Schedules and updates are also available by calling the DPS during business hours, Monday-Friday, 7:30 am - 4:00 pm, at 248-246-3300 and selecting option 2 then option 1.

Please Help

Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

Where They Go

Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority’s (SOCRRA) compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

Other Ways of Disposal

Leaves or any soft yard waste including woody material up to 2" in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags. They will be picked up on your regular rubbish day (until the third week of December) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

Reminders:

• Residents are requested to rake leaves into the edge of the roadway in windrows.
• Do not make the piles larger than 3 feet high and 4 feet wide.
• Please keep all sticks, rocks and other debris out of leaf piles.
• Do not park your car on or near the leaves (Trucks need at least a “house length” after a parked car to get near the curb.)
• It is important not to wait until your scheduled day to rake out your leaves. Do not rake leaves just ahead of the crews and expect them to wait for you.
• If by chance the City does run ahead of schedule, a truck will be by on your scheduled day.
• Residents may call the DPS at 248-246-3300, option 2 then option 1, to get any updates.
• Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City’s control.
• Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

After Leaf Pickup

Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After the third week of December, leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 1, 2021 or residents will be allowed to take a limited number of bags to SOCRRA between December 21, 2020 and March 31, 2021 for disposal. Please call (248) 288-5150 for more information.
The Future Begins!

City employees moved into Royal Oak’s new City Hall at 203 S. Troy St. on August 20. The two-story, 30,000-sq-ft structure replaces the current City Hall, which is nearly 70 years old.

“We’re excited to be in our new home. We finally have all our major touch points for residents – city clerk, assessing, treasury and community development – on the first floor in a space that is big enough for everybody,” said City Manager Paul J. Brake. “We think our community will appreciate that the new building also has more dedicated meeting spaces and a large lobby area that can be used for special exhibits.”

Here are five things you should know about our new municipal offices.

1. **Better Navigation**
   All service counters in the new facility will be centrally located in a customer-friendly area on the first floor making it much easier for visitors to navigate.

2. **Larger (and More) Meeting Spaces**
   The city commission chambers in the new City Hall will be located on the first level, have more seating capacity and offer a better overflow option for those meetings that draw shoulder-to-shoulder participation. The overflow area will allow site lines into the chamber and will also have video screens. The new plan also offers more rooms for staff and committee meetings.

3. **Energy Efficient**
   The design approach for the new building targets energy efficiency standards that will save money and help protect the planet.

4. **Accessible**
   The new facility prioritizes the accessibility experience making circulation easier for those using wheelchairs or strollers in the building.

5. **Modern Technology**
   Technology will give the new City Hall a modern twist. Visitors will be able to fill out online applications at conveniently located user-friendly kiosks.

For more information, go to romi.gov.
Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at 248-246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won’t survive, then an alternate site is chosen. What a wonderful way to honor a loved one for years to come.

Refuse and Recycling Directory

Department of Public Services (DPS) ................................................................. 248-246-3300
(Calls regarding garbage and recycling pickups)
SOCRRA MRF/Drop-off Center 995 Coolidge .............................................. 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); CDs/DVDs/VHS; floppy disks; cassette tapes (all cases recycled separately); used clothing; screw-off lids/caps; plastic bags (no twine or hard plastic handles; no frozen food bags); styrofoam (no peanuts). Rigid plastics are temporarily not being collected. CURRENTLY BY APPOINTMENT ONLY.

Household Hazardous Waste Disposal & Electronic Recycling
Drop-off at 995 Coolidge: Monday-Friday, 9:00 am - 5:00 pm; Saturday, 7:00 am - 1:00 pm CURRENTLY BY APPOINTMENT ONLY. Visit socra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. Residents must remove sensitive or personal information from all devices.

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperback. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam, plastic bags or batteries at curb. These items must be dropped off at SOCRRA.

Regular Refuse – Put household materials in containers 20 to 32 gallon (maximum size) or in 20 to 30 gallon plastic bags and put at curb by 7:00 am. Cans and bags cannot be over 40 lbs. Containers under 20 gallon will be considered expendable and may be thrown out with the trash. Yard waste cannot be mixed with trash at any time, due to state law.

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2’ in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. Yard waste cannot be mixed with trash at any time. Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check Insight, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2”-5” in diameter in bundles up to 4’ long and 15” in diameter, weighing no more than 40 lbs. each (under 2” SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4’ in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are NOT acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it’s attached to something). These materials must be disposed of privately. See www.socra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant’s personal repair or remodeling are acceptable. However, items cannot be longer than 4’ in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year’s Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.

Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:
1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

City of Royal Oak
Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickness which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW
Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG
Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products
Wet wipes, which are used for everything from wiping babies’ bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips
1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.

Drinking Water: We Need Your Help
The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems
Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner’s sewer line, it is the homeowner’s responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City’s website at www.romi.gov.

Residential Cross Connection Control Program
The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city’s website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp’s website at www.hydrocorpinc.com/resources/faq.
What Does SOCRRA Take?

Self -Service Recycling Drop-off
Monday - Friday, 9:00 am - 5:00 pm
Saturday, 7:00 am - 1:00 pm
BY APPOINTMENT ONLY

Self -Service Shredder
BY APPOINTMENT ONLY
Visit www.socrra.org for details.
Please only shred sensitive documents.
Staples OK but no paper clips or plastic.

Household Hazardous Waste Disposal
& Electronics Recycling
BY APPOINTMENT ONLY
Visit www.socrra.org for details.
Drop-off location: 995 Coolidge (between 14 Mile and Maple)
Only available to SOCRRA communities.
Residency will be verified by attendant.

For more information, visit www.socrra.org or call 248-288-5150

FARMERS MARKET
Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. For more information, please call (248) 246-3276.

Open All Year!
Farmers & Specialty Food Vendors are at the market
• Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
• Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market
• Sundays, 8:00 am - 3:00 pm

Calendar of Events at the Market:

September
9  Wed  Food Truck Rally (5:00 - 9:00 pm)
25  Fri  Jordan & Ashley Siegel Foundation Fundraiser (7:00 - 11:00 pm)
26  Sat  Bestest Concert Ever Fundraiser (5:00 - 8:00 pm)

October
4  Sun  Rock Your World Holistic Crystal Show (8:00 am - 3:00 pm)
8  Thurs  Community Award Night (7:00 - 11:00 pm)
14  Wed  Food Truck Rally (5:00 - 9:00 pm)
23  Fri  Men Who Care Gala (7:00 - 11:00 pm)
28  Wed  Family Pride Halloween Party (5:00 - 9:00 pm)

November
3  Tues  Election Day (7:00 am - 8:00 pm)
5  Thurs  Gluten Free Gala (5:00 - 9:30 pm)
11  Wed  Food Truck Rally (5:00 - 9:00 pm)
24  Tues  Special Holiday Market (7:00 am - 1:00 pm)
27  Fri  Farmers Market Closed
28 & 29  Market open regular hours

December
3  Thurs  Holiday Magic Craft Show (4:00 - 9:00 pm)
9  Wed  Food Truck Rally (5:00 - 9:00 pm)
22  Tues  Special Holiday Market (7:00 am - 1:00 pm)

Like us on Facebook!

Who to Contact

John Lindell Ice Arena  248-246-3950
Swimming  248-435-8500 ext. 1148
Metro Detroit Youth Clubs – Jack & Patti Salter Club  248-544-4166
RO Sandlot League  www.royaloaksandlot.com
Royal Oak Concert Band  www.royaloakconcertband.org
Royal Oak Symphony Orchestra  www.royaloakorchestra.org
Royal Oak Football Club (formerly ROYSA)  www.royaloakfc.com
Royal Oak Titans (Youth Football)  www.royaloaktitans.org
Royal Oak Hockey  www.royaloakhockeyclub.com
You Should Know...

Curbside Pickup Hours
Monday - Thursday, 10:00 am - 8:00 pm
Friday & Saturday, 10:00 am - 5:00 pm
Saturday, 1:00 - 4:00 pm
Building is closed until further notice.

Library Closings
For Labor Day, the library is closed Saturday, September 5 through Monday, September 7.
For Thanksgiving, the library is closed Thursday, November 26 through Sunday, November 29.
For Christmas, the library is closed Thursday, December 24 through Sunday, December 27.
For New Year’s, the library is closed Thursday, December 31 through Sunday, January 3, 2021.

You can:
• Renew books online at ropl.org.
• Renew books by phone 24/7 at 888-672-8983
• Download FREE eBooks, eAudiobooks, and eMagazines
• Get free and reduced price admissions with Michigan Activity Pass
Call 248-246-3700 for details.

The Royal Oak Public Library is Here to Serve You!

New Online Resources!
• ROPL is proud to introduce Lynda (brought to you by LinkedIn) to the online learning collection. Lynda offers thousands of training and instructional videos that can be viewed on-demand and offers courses in both professional and recreational topics. Visit the Research tab at ropl.org for access.
• Read The New York Times for free online courtesy of ROPL. Click the Research tab, then Newspapers at ropl.org to log in.
• Research your genealogy from home with remote access to Ancestry! Visit the genealogy section of the Research tab at ropl.org to get started on your family tree.
• It’s a perfect time to expand your horizons and take on a new language, and Pronunciator can help! Click the Language Learning tab under Research at ropl.org.
• Online events and programs for all ages at ropl.evanced.info/signup

Expanded Digital Collections
To help meet the demands for downloadable materials, ROPL has increased the number of titles, collections, and checkouts!
• Hoopla and Kanopy checkouts have been doubled to 10 per month!
• Hundreds of new Overdrive titles are added each month exclusively for ROPL patron checkout.
• Check out the newest downloadable service, Freading, with thousands of titles that are always available for checkout.
• Can’t get enough of audiobooks? Try out RBdigital for bestsellers and classics that are always available for immediate listening.
All of these e-services are available through the Digital Library at ropl.org.

Homeschooling & Virtual Learning Assistance
Many parents find themselves in the unique position of teaching from home this fall and ROPL is here to help!
• Tutor.com provides one-on-one instruction for students of all grade levels (including college) in all academic subjects. There is also an option for proofreading of papers, practicing interview skills, and resume review!
• MeL (Michigan Electronic Library) provides learning resources, ebooks, and lesson plans for both students and educators. Visit mel.org to learn more.
All of ROPL's downloadable platforms offer e-books and e-audiobooks for kids and teens. Check out the collections on the Kids/Teen tab at ropl.org.

Contactless Pickup
In response to COVID-19, ROPL now offers contactless pickup of materials. Much like the grocery stores’ and restaurants’ curbside service, you may place orders online and have them ready for you to drive up and get. Download the MyLibro app from the App Store or Google Play to schedule pickup times for your holds.

What’s Next?
While the situation changes and evolves everyday, ROPL has a plan for progressing and reopening safely. Please check out the phased reopening plan and visit the library’s website at ropl.org for information about the current phase.
2020 Fall Curbside Leaf Collection Schedule

Residents should note that schedules are subject to change due to weather conditions, mechanical breakdowns or other factors beyond the City’s control. If collections are ahead of schedule, a truck will be down your street on the scheduled day of pickup. Please note clear/colored plastic bags are not acceptable for yard waste, including leaves. Please use the appropriate container.

**WEEK 1**

10/26/20  Normandy to N. City Limits - Greenfield to Crooks
10/27/20  Webster to Normandy – Greenfield to Woodward
10/28/20  13 Mile to Normandy - Woodward to Main
10/29/20  13 Mile to N. City Limits - Main to Campbell
10/30/20  12 Mile to 13 Mile - Main to Campbell

**WEEK 2**

11/02/20  12 Mile to 13 Mile – Crooks to Main
11/03/20  12 Mile to 13 Mile - Woodward to Crooks
11/04/20  11 Mile to 12 Mile - Woodward to Main
11/05/20  11 Mile to 12 Mile - Main to Campbell
11/06/20  10 Mile to 12 Mile – Campbell to E. City Limits
11/07/20  Lincoln to 11 Mile – Woodward to Campbell *(Saturday)*

**WEEK 3**

11/09/20  10 Mile to Lincoln – W. City Limits to Campbell
11/10/20  13 Mile to 14 Mile – Greenfield to Woodward
11/11/20  13 Mile to 14 Mile - Woodward to Coolidge
11/12/20  Normandy to N. City Limits – Coolidge to Crooks
11/13/20  13 Mile to Normandy – Coolidge to Main

**WEEK 4**

11/16/20  12 Mile to Woodside - Main to Rochester
11/17/20  13 Mile to 14 Mile – Rochester to Campbell
11/18/20  12 Mile to 13 Mile – Rochester to Campbell
11/19/20  12 Mile to 13 Mile – Crooks to Main
11/20/20  Webster to 13 Mile - Greenfield to Crooks

**WEEK 5**

11/23/20  12 Mile to Webster - Woodward to Crooks
11/24/20  Catalpa to 12 Mile – Woodward to Main
11/25/20  11 Mile to Gardenia – Campbell to Stephenson and Gardenia to 12 Mile – Main to Stephenson

**11/26/20** Happy Thanksgiving – No Collection

11/27/20  11 Mile to Gardenia – Main to Campbell

**WEEK 6**

11/30/20  11 Mile to Catalpa – Woodward to Main
12/01/20  10 Mile to 11 Mile – W. City Limit to Main
12/02/20  Lincoln to 11 Mile – Main to Campbell
12/03/20  10 Mile to 11 Mile - Campbell to E. City Limits
12/04/20  10 Mile to Lincoln - Main to Campbell

Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After December 18, 2020 leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 1, 2021 or residents will be allowed to take a limited number of bags to SOCRRA between December 21, 2020 and March 31, 2021 for disposal. Please call (248) 288-5150 for more information. Appointments may be required due to COVID-19.