



Recreation Activities

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**DAY
CAMP**

*Best Summer
Ever!*

A COMMUNITY COLLABORATION:





DAY CAMP SUMMER 2022



It's where you want to spend your summer!

CAMP LOCATION: **Royal Oak HIGH School**
1500 Lexington Blvd at Crooks
(north of 13 Mile Road)

CAMP REGISTRATION: **Royal Oak Recreation**
1600 N Campbell Road
Tel 248-246-3180
Online www.royaloakrec.com

CAMP HOURS: Monday – Friday, 9 am to 4 pm
Before/after-care available 7 - 9 am and 4 - 6 pm

CAMP DATES:

Week 1	June 20 – 24
Week 2	June 27 – July 1
Week 3	July 5 – July 8 (4 days \$104)
	Closed July 4
Week 4	July 11 - 15
Week 5	July 18 - 22
Week 6	July 25 - 29
Week 7	August 1 - 5
Week 8	August 8 - 12



Sign up for any number of weeks, our activities are always changing.

CAMP COSTS: Camp fee is \$130 per week. Before/after care is \$30 per week.
There is a \$10 fee if a camper is picked up late.

CAMPER AGES: Campers must have completed kindergarten (must be age 5 by 9/1/21)
through age 12.

CAMP ACTIVITIES: Arts & crafts, games, outdoor activities, swimming, field trips, sports and
more. Campers are divided by age groups for activities. Camper to
counselor ratio is 10:1.

LUNCHES Campers need to bring a sack lunch & drink daily. We provide snacks.

NOTE: Open registration for campers will begin **9:00 am, Tuesday, March 22, 2022.**
Registration will be on-line at www.royaloakrec.com

Because of the popularity of our program, we require payment in full at the time of registration for all the weeks you will be attending camp. For your convenience, we offer credit card payment (VISA/MC/Discover).

Requests for transfers or refunds must be made at least one week in advance (as space allows) less a \$10 processing fee per week. There is a maximum of 50 campers per week. This program will sell-out! Please make sure you register early.

You may register in person, on line, by mail or fax.

Mailing Address: Royal Oak Recreation
211 Williams
PO Box 64
Royal Oak MI 48068

NO TELEPHONE REGISTRATIONS

In Person: DEPT OF REC & PUBLIC SERVICE
1600 N Campbell
Royal Oak MI 48067
Office Hrs: Mon-Fri, 8:30 am – 4:30 pm

Phone (248) 246-3180 • Fax (248) 246-3007 • www.royaloakrec.com

Registration Form 2022

Camper Name _____ Date of Birth _____

Address _____ Phone (H) _____

City, Zip _____ Phone (W) _____

E-mail _____ Parent/Guardian name _____

Please check (✓) the weeks you want, and whether or not you need before/after care.

Week	Dates	Fee	9 am–4 pm	Fee	Before/After Care
1	June 20 – 24	\$130		\$30	
2	June 27 – July 1	\$130		\$30	
3	July 5 – July 8 (4 days) Closed July 4	\$104		\$24	
4	July 11 – 15	\$130		\$30	
5	July 18 – 22	\$130		\$30	
6	July 25 – 29	\$130		\$30	
7	August 1 – 5	\$130		\$30	
8	August 8 – 12	\$130		\$30	

Total amount \$ _____

Payment Method: ☐ Check ☐ Visa/Discover# _____ CVV2 _____

☐ MasterCard# _____ CVC2 _____

Cardholder Name _____

Expiration Date _____

The City of Royal Oak assumes no responsibility for personal injuries or loss of personal property while using City or School facilities. It is recommended that anyone enrolled in an activity, or using one of our facilities in general, make provisions to provide adequate coverage within their own family insurance. By registering for Department of Recreation and Public Service programs, registrants realize the inherent risks involved in the programs and appreciate the nature of the risks.

Signature of Parent/Guardian

Date



Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! **Wear a mask**, bring a water bottle and wear gym shoes. All CDC guidelines will be followed. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net). Minimum 9 students.

Wednesday at Salter Community Center

April 13 - May 25, 4:00 - 4:45 pm **YA 2001**

Fee: Res. \$96; Non-Res. \$101 / 7 weeks

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Emphasis is on teamwork and effort. **Wear a mask**, bring a water bottle and wear gym shoes. All CDC Guidelines will be followed. Instructor: Leisure Unlimited, Coach Dave. (www.leisureunlimited.net). Minimum 9 students.

Wednesday at Salter Community Center

April 13 - May 25, 5:00 - 5:55 pm **YA 2002**

Fee: Res. \$96; Non-Res. \$101 / 7 weeks

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids may scrimmage if permitted. Emphasis is on effort, teamwork and sportsmanship. **Wear a mask**, gym shoes, and bring a water bottle and a ball (ball is optional). All CDC guidelines will be followed. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net). Minimum 9 students.

Wednesday at Salter Community Center

April 13 - May 25, 6:00 - 6:55 pm **YA 2003**

Fee: Res. \$96; Non-Res. \$101 / 7 weeks



TumbleBunnies Gymnastics

www.tumblebunnys.com

Itty Bitty Bunny – ages 18 months - 2 years

This class has **parents working with their child** in a fun, energetic environment with a variety of activities such as gymnastic focused warm ups and activities on a rotation of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students per session.

Tuesday at Salter Community Center

April 19 - June 7, 9:30 - 10:00 am **YA3009**

Fee: \$106 / 8 weeks

Saturday at Salter Community Center

April 23 - Jun 18, 9:30 - 10:00 am **YA3001**

Fee: \$106 / 8 weeks

No class May 28



TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, April 19 - June 7 at Salter Community Center

Fee: \$106 / 8 weeks

Bizzy Bunnies, 3 - 5 year olds, 10:15 - 10:45 am **YA3010**

Saturdays, April 23 - June 18 at Salter Community Center

No class May 28

Fee: \$106 / 8 weeks

Bizzy Bunnies, 3 - 4 year olds, 10:15 - 10:45 am **YA3002**

Happy Hoppers, 5 - 7 year olds, 11:00 - 11:30 am **YA3003**

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127

Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.



Four Seasons Preschool provides a safe and caring environment where children feel secure and learning is a positive experience. Our goal is to have the children leave the program with a positive sense of self, a joy of learning, and the skills they need to enter kindergarten.

Learning takes place through the use of many hands-on activities based on a developmentally appropriate curriculum. The children are taught using a theme based approach. As each new interesting theme is introduced the children's natural curiosity and joy of learning is enhanced and their knowledge expanded in a variety of areas.

Four Seasons Preschool understands the importance of playtime, because children learn through play. Children also need space and plenty of materials on hand to explore and manipulate to enhance their learning experience. These needs are met in a very large classroom filled with many materials that encourage creativity, dramatic play, science experimentation, construction, fine and gross motor development and socialization skills.

Preschool should be a lot of fun and a great experience for children. We realize this and plan a curriculum that is interesting and enjoyable for the children.

We are located in the Mahany/Meininger Senior Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

Registration for the 2022-2023 school year is available at
www.royaloakrec.com

2022 - 2023 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am

PRE2022-R3

FULL

Tuition for our morning 2-day a week program is \$1,072. This includes a non-refundable registration fee of \$100 and three installments of \$324.

Mon/Wed/Fri Morning, 8:30 - 11:00 am

PRE2022-R1

FULL

Tuition for our morning 3-day a week program is \$1,609. This includes a non-refundable registration fee of \$100 and three installments of \$503.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm

PRE2022-R2

**LIMITED
OPENINGS**

Tuition for our afternoon 4-day a week program is \$2,146. This includes a non-refundable registration fee of \$100 and three installments of \$682.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com





www.livesafeacademy.com

Babysitter Safety (ages 9+) **Certified Babysitter/CPR/First Aid** **and Safe Home Alone**

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy. Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, June 25 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4001**

Fee: Res. \$65 / 1 class

Certified Pet Sitter/CPR/First Aid **(Add-on only; ages 9+)**

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends. Students need a stuffed animal with realistic features to practice skills. Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, June 25 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4002**

Fee: Res. \$15 / 1 class

Are You Ready for Some Football or Cheerleading?

If so, Royal Oak Youth Football is looking for you!

We promote sportsmanship, dedication and team work, all in a family fun environment.

We offer youth football and cheerleading for children ages 6 - 13.



Visit our website for registration information, requirements and football camp:

www.royaloaktitans.org

Activity Cancellation

Due to bad weather – 248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Who to Contact

John Lindell Ice Arena	248-246-3950
Swimming	248-435-8500 ext. 1148
Metro Detroit Youth Clubs – Jack & Patti Salter Club (formerly Boys and Girls Club of SOC)	248-544-4166
RO Sandlot League	www.royaloaksandlot.com
Royal Oak Football Club (Youth Soccer)	www.royaloakfc.com
Royal Oak Titans (Youth Football)	www.royaloaktitans.org
Royal Oak Hockey	www.royaloakhockeyclub.com



Royal Oak FITNESS

PLEASE REGISTER EARLY
to ensure your spot in class. Any classes
not meeting minimum enrollment requirements
three business days prior to start date may
be subject to cancellation.

Low-Impact Workout **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional. Maximum 24 students.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

April 21 - June 16 at M/M Senior/Community Center **FF2002**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

20/20/20 Fit Mix

This class includes the essential components of fitness: cardio, strength, core and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights and water. Maximum 24 students.

Monday, 5:50-6:50 pm Instructor: Karen B

April 18 - June 13 at M/M Senior/Community Center **FF2005**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

No class May 30

Wednesday, 5:50-6:50 pm Instructor: Karen B

April 20 - June 15 at M/M Senior/Community Center **FF2006**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Kickbox Sculpt **Special Offering!**

Get a cross-training workout with two favorites – non-contact kickboxing plus muscle conditioning. Half cardio kickboxing moves utilizing martial arts techniques and half total body strength training, including abs, make this a very efficient class. Bring a mat, water, towel and hand weights. Maximum 24 students.

Monday, 7:00-8:00 pm Instructor: Kendell M

April 18 - June 13 at M/M Senior/Community Center **FF2050**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

No class May 30



**Masks
required**



**Class sizes
limited**



**Registration
required**



**Stay home
if sick**

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice. Maximum 24 students.

Tuesday, 7:30-8:30 pm Instructor: Jennifer M, RYT-500

April 19 - June 14 at M/M Senior/Community Center **FF 2021**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights. Maximum 14 students.

Monday, 6:20-7:20 pm Instructor: Ginger V

April 18 - June 13 at Salter Community Center **FF2013**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

No class May 30

Wednesday, 6:20-7:20 pm Instructor: Tammy R

April 20 - June 15 at Salter Community Center **FF2014**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this joint-friendly training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

April 19 - June 14 at M/M Senior/Community Center **FF 2010**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks Maximum 24 students.

Saturday, 8:45-9:45 am Instructor: Angie M

April 23 - June 18 at Salter Community Center **FF 2012**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks Maximum 18 students.

No class May 28

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Yang Style Tai Chi Traditional Hand Form Beginner 1 (new students)

Class taught by Brian Buchanan,
Certified instructor by Yang Family Tai Chi

Monday, 6:30-7:30 pm **AF2001**

April 11 - June 6 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 30

Yang Style Tai Chi Traditional Hand Form Continuing Parts 2-3

Monday, 7:30-8:30 pm **AF2002**

April 11 - June 6 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 30

Yang Style Sword and Saber

Should know hand form basic.

Monday, 8:30-9:30 pm **AF2003**

April 11 - June 6 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 30

Yang Style Tai Chi Traditional Hand Form Beginner 2 (cont. students)

Ready to move on from the Monday Beginner class?

This class is right for you.

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Thursday, 6:30-7:30 pm **AF2006**

April 21 - June 9 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Chen Style Laojia Yi Lu (the first form) Section 1-2

Thursday, 7:30-8:30 pm **AF2004**

April 21 - June 9 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Short Staff, 2 Person Short Staff, Long Staff Continuing

Should know 103 hand form

Thursday, 8:30-9:30 pm **AF2005**

April 21 - June 9 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Monday at Senior/Community Center

April 18 - June 27, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

No class May 30

Wednesday at Senior/Community Center

April 20 - June 22, 5:40 - 6:55 pm **AF2009**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

Thursday at Senior/Community Center

April 21 - June 23, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks



Tactical Self-Defense "TSD"

In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal *decisively* with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

April 13 - June 1, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$72; Non-Res. \$77 / 8 weeks



Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, County, 50's & 60's and Fun Dances. Bring your friends and join us. Instructor: Jackie Ortobals

Session 1

Basic Beginner - Single Dancer

Tuesday, 6:15 - 7:00 pm at Salter Community Center

April 12 - May 24 **AE 2003**

Fee: Res. \$42; Non-Res. \$47 / 7 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00 - 8:00 pm at Salter Community Center

April 12 - May 24 **AE 2004**

Fee: Res. \$42; Non-Res. \$47 / 7 weeks



Water Color Painting

Beginning through Experienced Students

Noted Michigan artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. These lessons will provide fundamentals and stretch your abilities. Color mixing, color theory, design and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.



Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

April 11 - June 13 **AE2006**

Fee: Res. \$127; Non-Res. \$132 / 9 weeks

No class May 30

Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

April 13 - June 8, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

April 13 - June 8, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Adult Softball Leagues

Royal Oak Recreation will begin accepting adult softball team registrations **Tuesday, February 1, for all returning teams. Open registration for new teams begins Tuesday, March 1 at 9:00 am.** We will continue taking registrations until leagues sell out.

League Offerings

Coed

Monday

Tuesday

Wednesday

Thursday

Div. III, 12 Teams

Div. II, 8 Teams

Div. III, 8 Teams

Div. III, 16 Teams

Men's

Tuesday

Wednesday

Div. II, 10 Teams

Div. III, 8 Teams

RO Leagues are classified ASA "D Recreational"

Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, softballs and awards for Season Champions and Playoff Champions (15 individual awards per team).

NO SPOTS RESERVED. You are officially registered in the league when your payment of \$600 and your completed team application are received.

Umpire Fee

\$16 per game per team (paid at site)

Fields/Times

Worden #1

6:10 pm, 7:20 pm

Worden #2

6:10 pm, 7:20 pm

Worden #4

6:10 pm, 7:20 pm, 8:30 pm

Worden #5

6:10 pm, 7:20 pm, 8:30 pm

Rosters

Teams can have up to 20 players with no restrictions on non-residents.

Player rosters are due in the Recreation office May 20.

A.S.A. rules and regulations govern all leagues.

League games will begin the week of April 25.

Teams may begin and end a game with eight players.

Forfeit Note: Teams must give 24-hours notice if they are forfeiting a game. Any team that forfeits on game day is responsible for paying the umpire fee for both teams. That team will not be allowed to play their next game until those fees are paid.

MANAGERS: Teams can pick-up schedules and supplies **beginning Wednesday, April 13** at the Recreation Office, 1600 N. Campbell (just south of 12 Mile Rd.), Monday - Friday, 8:30 am - 4:30 pm.

Download our app: ROMISPORTS to submit scores after games, check schedules, standings and weather!



Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either of these parks. The Nature Society is also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.



Speaker Programs

Before COVID, our monthly general meeting/free speaker programs were normally scheduled from October to April and held at the Royal Oak Senior Center. Currently, our free programs are virtual, but preregistration is required. We will notify the public about an upcoming speaker program by email, Facebook, or on our website. Our programs are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions.

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks & Karen Blenc head this group. Before COVID, the group normally met on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center. Currently, we will notify the public about an upcoming meeting by email, Facebook, or on our website.

Nature Walks

Before COVID, there was normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. Currently, we will notify the public about an upcoming nature walk by email, Facebook, or on our website. There is no cost for our walks, but during COVID, preregistration is required. The walks take place at Cummingston Park, Tenhave Woods and the Royal Oak Arboretum.

An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area.



Royal Oak Symphony Orchestra

Celebrating its 25th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$15; Students and Seniors, \$12;
Ages 18 and under free.

Schedule:

Friday, March 18, 8:00 pm, *Far East Journey*, RO Middle School

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit our website at www.royaloakconcertband.org.

Concert admission: \$10; Seniors and students, \$8;
Ages 12 and under free.

Schedule:

Sunday, March 13, 3:00 pm, *Our Great America*, RO Middle School

Sunday, May 15, 3:00 pm, *Sunday at the Cinema*, RO Middle School

**Tickets available at the door or in advance at
www.royaloakconcertband.org.**



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**



LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.

NEW EDGE

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration - Jersey included



ADULT HOCKEY LEAGUE

Summer League:

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE



DROP IN HOCKEY

18 and up-full equipment
come in a play a competitive game of
hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play - ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt -Midget

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves
skills, knowledge of the game, and
overall self-confidence as it relates
to the game through a positive
learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

JOHNLINDELICEARENA.COM

Registration Information

How to Register for Programs and Classes

Registration begins on March 9 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, LESS SERVICE FEES INDICATED.

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on “answers to frequently asked questions” on the home page.

Open Online Registration March 9

General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to “create a new account” through the website. You cannot register for classes as a “guest”.

Online registration will only be available for some programs. You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**
9:00 am to 4:30 pm, Monday - Friday

No Telephone Registrations

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____



Payment Method: ☐ Check ☐ Cash

☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____



Payment Method: ☐ Check ☐ Cash

☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

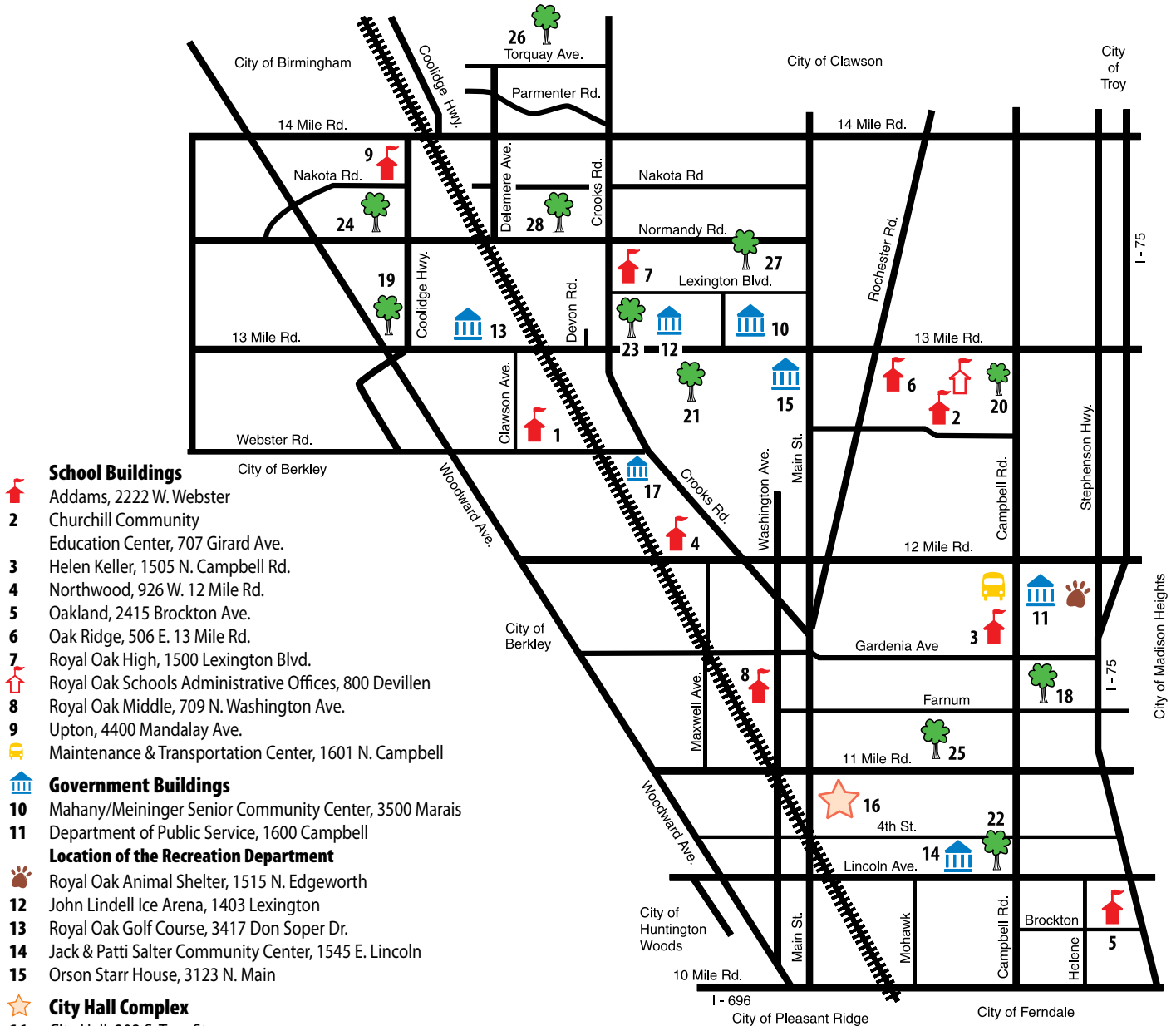
Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

City of Royal Oak



Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 4 through March 31 for the 2022 season. Non-residents may apply beginning April 1.

Please call 248-246-3180 for rental rates and availability.

Rentals can be processed online at www.royaloakrec.com.

Leo Mahany / Harold Meininger Senior Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
www.romi.gov

 [Royal Oak Parks and Recreation page](#)

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Senior Times* newsletter is FREE. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness, and leisure activities. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

Tim's Kitchen is seeking a chef who is ServSafe Manager qualified; apply at romi.gov.

Mission Statement:

The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Medical Equipment Loan Closet

The Senior Center has walkers, wheelchairs, bath stools, crutches and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment since our storage space is limited.

Special Events and Workshops

March

18	Kerry Price Piano Concert \$2.00	12:30 pm
25	Declutter Workshop	10:00 am

April

1	BINGO	12:30 pm
4	Welcome Newcomers	10:30 am
5	Medicare Dental Benefits	11:30 am
8	Peace of Mind	11:30 am
8	Kerry Price Piano Concert \$2.00	12:30 pm
14	Art Show	9:15 am
22	Medicare for Beginners	11:30 am
26	Power of Plants \$3.00	11:00 am
29	4th Friday M/M Book Club	10:00 am

May

2	Welcome, Newcomers	10:30 am
6	BINGO	12:30 pm
13	Spring Fling Dance \$12.00	6:00 pm
20	Kerry Price Piano Concert \$2.00	12:30 pm
27	4th Friday M/M Book Club	10:00 am

June

2	Life by Design \$10.00	1:00 pm
3	BINGO	12:30 pm
6	Welcome, Newcomers	10:30 am
10	NEW Brain Games	12:30 pm
13	Peace of Mind	11:30 am
15	Lunch and Learn	11:30 am
17	Kerry Price Piano Concert \$2.00	12:30 pm
24	4th Friday M/M Book Club	10:00 am

Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are \$10 monthly or \$100 yearly.

Rental Information

The Leo Mahany/Harold Meininger Senior Community Center is available to rent for nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. No alcohol allowed on property. Please call (248) 246-3900 for rental fees and room availability. When calling, please have the following details available: type of event, estimated number of people, day(s) in mind, and if you will need a projector, podium or microphone.

Extended Trips

Cruisin' Kentucky, Gangster Style May 18-19, 2022

**\$293 pp/dbl.
Bianco Tours**

Find out how the mob made their millions, gamblers lost their lives and ladies of the night earned their reputations on a guided Underworld Tour of Newport, Kentucky! Visit the National Museum of the US Air Force, the oldest and largest military aviation museum in the world; enjoy a narrated dinner cruise on the Ohio River, taking in the skyline of Cincinnati, and explore Newport on the Levee, featuring restaurants, the Newport Aquarium & more. Cost includes transportation via motor coach, accommodations and two meals. \$20 deposit; balance due April 18, 2022.



Mackinac Island Lilac Festival June 10-13, 2022

**\$859 pp/dbl.
Rybicki Tours**

Spend three nights at the Lake View Hotel right downtown on Mackinac Island and take in the intoxicating beauty of the hundreds of lilacs surrounding you! Enjoy the Lilac Festival activities in your free time, go on a horse-drawn carriage ride through the island, and indulge in the famous buffet Luncheon at the historic Grand Hotel! Cost includes transportation via motor coach, accommodations, Grand Hotel luncheon and tour. \$50 deposit; balance due April 24, 2022. *All travelers must be fully vaccinated for COVID-19 in order to travel with Rybicki Tours.*

Four Winds Casino June 13-14, 2022

**\$222 pp/dbl.
Bianco Tours**

Break free from the winter doldrums! Stay the night at Four Winds Casino Resort in New Buffalo, MI after trying your luck with a \$25 slot credit and a \$10 food credit! There's a stop at Gun Lake Casino in Wayland, MI as well where you'll also receive a \$10 food voucher and a \$10 slot play voucher. Cost includes transportation via motor coach, accommodations and casino incentives. \$20 deposit; balance due May 5, 2022.

Sault Ste. Marie July 20-22, 2022

**\$450
Bianco Tours**

Explore Sault Ste. Marie and the Soo Locks with a trip up the Tower of History, an unforgettable Soo Locks Boat Cruise, and a guided tour of the retired freighter-turned-Museum Ship, Valley Camp. You'll stay two nights at Kewadin Casino and Hotel with the added perk of \$30 slot play! Cost includes transportation via motor coach, accommodations, all tours and more. \$20 deposit; balance due June 27, 2022.

Mackinac Island Grand Experience

**\$ 914 pp/dbl
T10005P
October 24-27, 2022**

Treat yourself to three nights at the fabulous, historic and legendary Grand Hotel! This annual trip has the most repeat travelers of any of our trips. There are lots of activities, tours and contests or you can just relax and rock on the fabulous front porch. Cost includes transportation via motor coach, accommodations, breakfast each morning, complimentary Grand Hotel Luncheon Buffet on Tuesday and Wednesday, tea and cookies each afternoon, and 4-course dinner each night, a special champagne reception, nightly dancing to the Grand Hotel Orchestra and many extras. Deposit of \$425 PER ROOM is due by May 20, 2022; Balance due: August 26, 2022.



Day Trips

Masks are required inside the Senior Center, the Senior van and the venue.

The DSO requires all patrons to present proof of COVID-19 vaccination or a negative COVID-19 test taken within 48 hours. You will be asked by staff at Orchestra Hall to present proof before entering.

Detroit Symphony Orchestra CLASSICAL Coffee Concerts 2022

Fridays, 9:15 am - 1:30 pm

\$29 per concert – Main Floor Sides

April 8

T10055P

Bethoven's Piano Concerto No. 4

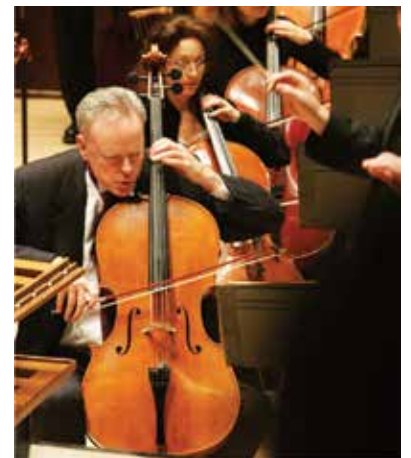
Kazushi Ono conducts; Paul Lewis, piano. Featuring: Schubert's Overture to *Die Zauberharfe*, *Rosamunde* and Dvorak's Symphony No. 7 in D minor, Op. 70.

May 27

T10075P

Saint-Georges and Mozart 39

Xian Zhang conducts; Karen Gomyo, violin. Featuring: Elizabeth Ogonek *In Silence*; Saint-Georges Violin Concerto No. 1 in C major, Op.5; Mozart Symphony No. 39 in E-flat Major.



Detroit Symphony Orchestra POPS Matinee Concerts 2022

Fridays, 9:15 am - 1:30 pm

Price varies per concert - Main Floor seats

May 6

\$52

Kings of Soul

T10065P

Jeff Tyzik showcases legendary artists Marvin Gaye, Luther Vandross, James Brown, Otis Redding, The Temptations, Al Green, and others in an evening of soulful rhythms. Relive hits such as *I Heard It Through The Grapevine*, *Try A Little Tenderness*, *You Make Me Feel Brand New* and *I Only Have Eyes For You*.

Day Trips continued from page 16

Detroit Institute of Arts **\$5**
Thursday, April 21 **T1010SP**
Thursday, June 30 **T1011SP**
12:30 - 3:30 pm

Masks are required inside the Senior Center, the motor coach and the DIA. The DIA remains open to visitors, serving as a place for inspiration, calm, and respite in challenging times. All public programs are cancelled until further notice. This means our visits will be self-guided, to peruse our world-class museum at our own pace. Cost includes transportation via motor coach. 25-person minimum; register by April 6, 2022.



Blue Man Group **\$154**
Saturday, April 23 **T1017W**
10:45 am - 4:30 pm **Rybicki Tours**

Main Floor tickets to this smash hit phenomenon that is returning to Detroit for a limited engagement! The men are still blue but the rest is all new! Featuring pulsing, original music, custom-made instruments and hilarious absurdity, join the Blue men in a joyful experience that unites audiences of all ages. Enjoy a delicious lunch at Traffic Jam & Snug prior to the performance. Cost includes transportation via motor coach, performance and lunch. Rybicki Tours is committed to keeping our staff and customers as safe as possible. *All travelers must be fully vaccinated for COVID-19 in order to travel with Rybicki Tours.*

Historic Churches **\$96**
Tuesday, April 26 **T1018W**
9:45 am - 4:30 pm **Bianco Tours**

Three of the four venues on this trip are the Oldest, 2nd Oldest and 3rd Oldest of their kind! Visit the Basilica de Ste. Anne de Detroit Catholic Church, Old St. Mary's Catholic Church and Historic Trinity Lutheran Church. Lunch is at Amore de Roma Café. Choose your meal at registration. Cost includes transportation via motor coach, tours and lunch.

An American in Paris at the Fox **\$150**
Sunday, May 8 **T1014SP**
11:45 am - 6:30 pm **Rybicki Tours**

Be transported to post-war Paris, where romance is in the air and youthful optimism reigns. This exquisite production is filled with music from legendary composers George and Ira Gershwin, featuring the classics *I Got Rhythm*, *S'Wonderful*, and *But Not For Me*. Cost includes transportation via motor coach, lunch at Traffic Jam & Snug, and performance.



Holland Tulip Time **\$98**
Monday, May 9, 2022 **T1015SP**
6:45 am - 8:30 pm **Bianco Tours**

Be wowed by the beauty of countless colorful tulips along the streets of Holland, MI. Visit Windmill Island Gardens featuring a 250-year-old working Dutch windmill. Enjoy lunch at the Beechwood Inn and time to shop downtown. Cost includes transportation via motor coach and lunch. T1015sp

"A Closer Walk with Patsy Cline"
Meadow Brook Theatre **\$47**
Wednesday, June 8 **T1020SP**
1:15 - 5:00 pm

This musical graces the late singer's footsteps from early honky-tonk days through her rise at the Grand Ole Opry, Carnegie Hall and Las Vegas. You will be transported back in time with hits like *Walkin' After Midnight*, *Crazy* and *I Fall To Pieces*. Face masks are required at Meadow Brook Theatre and aboard the SMART Senior Bus. Cost includes transportation via Senior Bus and performance.



Zehnder's Pure AM Gold Luncheon Show **\$109**
Friday, June 10 **T1021SP**
9:30 am - 6:30 pm **Bianco Tours**

Along with Zehnder's famous Chicken Luncheon, you will be serenaded by this 8-piece horn band as they take you back to the Golden Age of 60's and 70's AM radio with their fantastic song selections. Featuring hits by Burt Bacharach, the Mamas and Papas, Tony Orlando and Dawn, Neil Diamond, The Monkees and many others! Cost includes transportation via motor coach, lunch and performance.

Oakland County Parks Tea Party **\$28**
June 16, 2022 **T1023SP**
10:00 am - 2:00 pm

Enjoy the Ellis Barn at Springfield Oaks and learn about the history of tea while enjoying a cup! Remember to wear your favorite spring party wear and hat! Cost includes transportation via OC bus and tea.



Day in the 'D' **\$114**
Friday, June 24 **T1022SP**
Approximate times: 8:00 am - 5:00 pm
Bianco Tours

A step-on guide travels with you to Belle Isle, spending time at the new Oudolf Garden Detroit. Get a close up look at the construction rising up from the former J.L. Hudson site and have lunch at Amore de Roma (formerly Roma Café). Enjoy some free time at Rivard Plaza before embarking on a 1-hour narrated Detroit River Tour on the Diamond Jack Tour Boat! This will be so fun! Cost includes transportation via motor coach, tours, and lunch.

Welcome Newcomers

1st Monday, 10:30 am

April 4, May 2, June 6

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Call 248-246-3900 to reserve. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm.



Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:30 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 pm

\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:15 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Deaf Social Club / Cards

Monday 10:00 am

No Fee

Drop-in to socialize with fellow deaf seniors and play cards.

Friday Recreational BINGO!

1st Fridays at 12:30 pm

A1005

April, 1, May 6, June 3

Must preregister

First Card FREE, all additional cards are a 25¢ each. Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Prizes for First Friday Bingo are provided by Mission Point of Clawson. *Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.*

Kerry Price on Piano

12:30 pm

Tuesday, April 8 - Celebrating April

Friday, May 20 - Spring Bouquet

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! \$2.00 per program, payable at the door.

Drop-In Mahjongg

Mahjongg

50¢ / day

This is a player-run activity.

Beginner Mahjongg

Tuesday, 1:00 - 4:00 pm

50¢

Beginner players may drop in and play on Tuesday afternoons. Players must follow National Mahjongg League rules only.

Experienced Mahjongg

Wednesdays 9:30 am - 12 noon

50¢

Fridays 12:30 - 3:00 pm

50¢

Experienced players may drop in and play on Wednesday mornings and Friday afternoons. Players must follow National Mahjongg League rules only.

Mah Jongg Class

Tuesdays, 1:00 - 4:00 pm

C1093SP

May 3- 24

\$40 / 4 weeks

For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah Jongg and developed a love for the game in her adulthood. Come well-rested and with a clear head – there is a lot of information to absorb in the first class! The National Mah Jongg League rules are followed and the yearly card will be available to purchase for \$9 at the first class. Don't wait to sign up – 8-person maximum. Sign-up deadline: April 25.



Spring Fling Dance**Friday, May 13****6:00-9:00 pm****\$12**

Dance to the sounds of the Mike Wolverton Band, meet with friends and enjoy terrific appetizers! Registration deadline: May 6.

"Star-Grabbers"**Amateur Astronomy Club****2nd Wednesdays, 10:30 am**

Bill hosts an amateur astronomy club. His enthusiasm for astronomy compels him to share this interesting hobby and instruct individuals on the use of telescopes. Meet to discuss current astrological events. New members are always welcome!

**Computer Club****2nd & 4th Wednesdays, 12:30 pm**

Calling all beginners to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Senior Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!**Tuesdays through June 2022****11:00 am - 12:00 pm****C1049SP****12:15 - 1:15 pm****C1050SP****1:30 - 2:30 pm****C1051SP****\$35 / 60 minutes**

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

NEW Brain Games!**Friday, June 10 at 12:30 PM**

Cross train your brain. Join us at the Royal Oak Senior Community Center for a new program starting this spring. One hour of puzzles, games, trivia challenges and fun engaging brainteasers all designed to sharpen your memory and improve your mind. Play alone or with partners. Fun-Fun-Fun! Call the Center at 248-246-3900 to RSVP and for more information.

NEW Mini Makers**1st Mondays, 10:30 am - 1:30 pm****April 4, May 2, June 6**

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.) Call the Senior Center at 248-246-3900 to confirm dates and ask questions.

Creative Coloring**1st and 3rd Mondays, 10:30 am****April 4 & 18, May 2 & 16, June 6 & 20****\$2.00 materials fee per class**

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

Studies have shown hobbies like coloring:

- Reduce stress and insomnia.
- Improve concentration and hand-eye coordination.
- Boost self-esteem, when your friends and family see your finished results.

Discover what this fad is all about while you relax, play and indulge in an activity which will take you back to carefree days.

**Painting – All Media****Thursdays, 9:15 - 11:45 am****March 3 - April 21****C1046W****April 28 - June 16****C1045SP****\$65 / 8 weeks**

You must wear a mask at all times inside the building. Explore the exciting art world of watercolor or acrylic painting with instructor Mike Byrne! Beginners through advanced artists will work in beginning to finishing techniques. Mike Byrne is a Past Vice President of the South Oakland Art Association and Past President of the Royal Oak Arts Council. He is a working artist in many mediums and accepts student artists from beginner to expert. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting**Fridays, 9:15 - 11:45 am****March 4 - April 22****C1048W***No class April 15***\$57 / 7 weeks****April 29 - June 17****C1047SP****\$65 / 8 weeks**

You must wear a mask at all times inside the building. Explore the exciting art world of watercolor painting with instructor Mike Byrne! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include drybrush. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Art Show**Thursday, April 14****9:15 - 11:30 am**

Come and see what our talented Painting and Watercolor Class students have been up to! Some works are for sale.

Focus on the News

1st, 3rd & 5th Tuesdays, 10:30 am

Tired of talking back to your TV set? Join a fun and lively discussion of local, national, international and informal news issues. Visitors encouraged. We're always looking for new people.

Foot Doctor

2nd Wednesday, 9:00 - 10:45 am

April 13, May 11, June 8

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call the center at 248-246-3900 to reserve a slot. The Monday before. Dr. Adas' office will call you to set a specific time.

Grief Support – Living On

Hosted by Hospice of Michigan

3rd Fridays, 10:30 - 11:30 am

May 20 and June 17 (no meeting in April)

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$55

April 6, 11, 22; May 4, 10, 20; June 1, 7, 15

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900.



Retirement

Planning Fundamentals

Morning class

Wednesdays, March 23 and 30 C2330

9:30 am - 11:30am

\$39.00

Register by: 3/18/2022

OR

Evening class schedules

Tuesdays, March 22 and 29 C2229

Thursdays, March 24 and 31 C2431

6:30 pm - 8:30pm

\$39.00

Register by: 3/18/2022

An educational course for adults who are nearing retirement, already retired, or in the process of accumulating money for retirement. The course will help you develop money management skills that can last a lifetime, focusing on retirement planning, 401(K) & pension plans, tax savings strategies, investments, Social Security & Medicare, long-term care, and estate planning.

NEW

4th Friday M/M Book Club

4th Fridays 10:00 - 11:30 am

April 22, May 27, June 24

In partnership with the **Royal Oak Public Library** we offer readers the opportunity to explore novels or non-fiction titles together. Don't worry about driving at night to typical book club gatherings! The Senior Center will check out multiple copies of one title, thanks to the library's **Book Group Kits to Go**. Each kit contains: multiple copies of the title; book group questions to encourage a lively discussion; book reviews; and biographical information about the author. Kits check out for six weeks and can be renewed. There is no charge for the books but you must preregister. Digital copies of books are also available.

Want a library card? Visit ropl.org/1063/Apply-for-a-Library-Card

If meeting in person doesn't suit you, an additional educational resource can be found at www.getsetup.io/partner/michigan for free online learning.

New Programs

American Sign Language for all Abilities

Tuesdays, 5:30 - 6:30 pm

C2000

April 5 - May 24

\$64 / 8 weeks

Are you interested in learning a new language? Would you like to know more about the Deaf culture? Join American Sign Language class where you will learn many different signs while learning about and discussing Deaf culture in a fun, judgment-free zone. Learn to sign in confidence, play games and develop the skills needed for real-life communication. No experience needed to join the class.

Evola Music Adult Play for Fun Keyboarding Class

Fridays, 10:00 - 11:00 am

C10905P

April 22 - June 10

\$79 / 8 weeks

Discover a fun-filled hobby! No musical experience needed. A keyboard is provided at the Center for class use. There is an additional \$20 for class book, payable to the instructor at the first class. Learn to play songs you love in eight weeks! Music makers are healthier! Registration deadline: April 15.

Garden Club

1st Mondays of each month, 7:00pm

Looking to learn about horticulture and get your hands dirty? The long-standing club hosts a free spring and fall perennial exchange, keeps the M/M Center looking sharp with blooms and desires to grow the membership. Call 248-246-3900 to join.

Royal Oak 50+ Spring Golf League

Mondays, May 2 - June 20

A10105P

\$180 for cart and 9 holes per person

Join us at the Royal Oak Golf Course for a 50+ Spring golf league. Just for fun! No handicaps calculated. **Sign up by Friday, April 15** as a single person or as a twosome. League is limited to 20 people who preregister – first come, first served. The 8-week league will be on Mondays beginning at 11:00 am with roughly eight minutes between groups for tee times. To register, call the Senior Center at 248-246-3900.

Lunch and Learn Series



Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Tuesday, April 5 A4005 **North Oak Dental and Medicare Dental Benefits**

Presenter: North Oak Dental -Royal Oak

Join Dr. Alvin Daboul and Dr. Israil from North Oak Dental. Enjoy lunch and get first-hand information on new Medicare Benefits related to tooth infection. After talk and lunch, there will be plenty of time left for answers to your dental and oral health questions. Register by March 31.

Friday, April 8 A1000 **Peace of Mind**

Presenter: AJ Desmond and Sons

AJ Desmond and Sons invite you to a Peace of Mind Seminar, learn how planning for your final wishes may shield your family from unnecessary emotional and financial burden. Join us and learn more about pre- arrangements, veteran benefits, cremation, burials, and more.

We will Discuss: Cremation & Burials, Traditional Funerals, Veteran Benefits, Payment Plans, Pre- Arrangements. Register by April 1.

Friday, April 22 C4022 **Medicare For Beginners**

Presenter: Nate Lawson, Financial Service Representative

Are you Turning 65? When am I able to enroll or make changes? The 4 essential parts of Medicare- A,B,C,D. How do I make sure I can keep my doctor? What is a Medigap plan? This is your opportunity to get free, unbiased information. Register April 15.

Monday, June 13 A1013 **Peace of Mind**

Presenter: AJ Desmond and Sons

AJ Desmond and Sons invite you to a Peace of Mind Seminar, learn how planning for your final wishes may shield your family from unnecessary emotional and financial burden. Join us and learn more about pre- arrangements, veteran benefits, cremation, burials, and more.

We will Discuss: Cremation & Burials, Traditional Funerals, Veteran Benefits, Payment Plans, Pre- Arrangements. Register by June 6.

Royal Oak Senior Center Presents

Power of Plants Cooking Class

Tuesday, April 26 A3000

11:00 am -12:00 pm

Register by April 1 \$3.00

Beaumont Health Cardiac Rehab Nutrition Class being presented at the Royal Oak Senior Community Center. The Power of Plants will help you learn what plant-based eating is and how it works to lower intake of saturated fat and cholesterol.

Instructor Mary Ligotti-Hitch, RDN is a Registered Dietitian Nutritionist from Beaumont Coolidge Health and Wellness Center. She will be providing this Cardiac Healthy Presentation and show you how to prepare two "Power of Plants" recipes and enjoy taste samples at the end of class. Space is limited to 20 participants. Registration deadline April 18th or until full.

Life By Design - Living the Next Phase of Life on Purpose

Thursday June 2 at 1:00 pm A7000 \$10.00

Join Independent Career Consultant and Historian, Jim Craft, as he discusses retirement: the phase of life in which most of us will have the best opportunity we will ever have to live life purposefully. Life by Design is an informative and enlightening talk on the importance of developing a vision for your retirement, that goes beyond financial planning. Life By Design will help you discover how to make this phase of life uniquely fulfilling. Register by May 23.

Work Shop - Donuts with the Doctor!

Tuesday, July 12 at 10:00 am A6000 FREE

Dr. Fleischman of Straith Hospital specializes in general orthopedics and hip/ knee joint replacement will be here to talk to you on Cutting Edge treatment options for hip & knee joint pain. Coffee and donuts will be provided. Must RSVP by July 6.

Chair Exercise with Cindy

Wednesdays, 10:30 - 11:15 am

April 20 - May 25 C1035SP

June 8 - July 13 C1036SP

\$36 / 6 weeks

Fridays, 10:30 - 11:15 am

April 22 - May 27 C1037SP

June 10 - July 15 C1038SP

\$36 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy

Wednesdays, 12:30 - 1:15 pm

April 20 - May 25 C1039SP

June 8 - July 13 C1040SP

\$36 / 6 weeks

Fridays, 11:30 am - 12:15 pm

April 22 - May 27 C1041SP

June 10 - July 15 C1042SP

\$36 / 6 weeks

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Healthy Back Class with Cindy

Wednesdays, 1:30 - 2:15 pm

April 20 - May 25 C1043SP

June 8 - July 13 C1044SP

\$36 / 6 weeks

If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on YMCA's Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Please bring a mat and water. Wear comfortable clothing and shoes. Instructor – Cindy Erlandson.

Ballroom Dance Class

Tuesdays, 1:00 pm

\$10.00

Join instructor Bill Scheff on Tuesday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime.

Beginner Line Dance

Fridays, 12:00 - 12:45 pm

March - April 29 D1004W

\$40 / 8 weeks No class April 15

Start from scratch and learn ultra-easy line dances. No boots, please. Instructor Jeannette Forster.

Line Dancing – Drop-in

Fridays, Intermediate, 1:00 pm

\$2.00

Line dancing is not only fun but good exercise as well. And you don't need a partner. Learn the hot country line dances. NO BOOTS.

Social Square Dance

Mondays, 1:00 - 3:00 pm AND

Wednesdays, 7:15 - 8:45 pm

Walk-in, \$7.00 per class, CASH ONLY

Join host caller Walt for this lively social group. Enjoy a low impact workout that challenges the mind yet doesn't require equipment. Advanced and beginners are welcome, experienced dancers will assist in the learning process. No boots please.

Chair Yoga Exercise (DVD)

Tuesdays, 10:30 am

This session is of a "gentle" nature for those of you who are just starting on a fitness program, or those who must not do strenuous exercise. No fee.

Silver Foxes (DVD)

Monday, Wednesday & Friday, 9:30 am

Low impact aerobic classes for the intermediate exerciser. Increases flexibility and works the heart – all to a Richard Simmons DVD. No fee.

Sit Down & Tone Up (DVD)

Tuesday, 10:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Chen Style Tai Chi

Thursdays, 9:15 am

April 7 - June 9

C1011

\$60/ 10 weeks

Tai Chi Basic exercises are for beginner and continue. The class will include: Tai Chi warm-up, gentle stretching. Tai Chi walking and silk reeling and section one of Chen Style Tai Chi old form.

Gentle Yoga

Mondays, 10:00 - 11:00 am

May 16 - June 27

C1025SP

\$35 / 7 weeks

Mondays, 1:00 - 2:00 pm

May 16 - June 27

C1026SP

\$35 / 7 weeks

Thursdays, 1:00 - 2:00 pm

May 19 - June 30

C1027W

\$35 / 7 weeks

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

Zumba Gold Toning® with Debbie MacKool

Fridays, 11:45 am - 12:45 pm

April 1 - May 27

C1000

No class April 15

June 10 - July 29

C1010

\$50 / 8 weeks

Zumba combines simple dance moves in a fun, non-judgmental atmosphere. It builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Zumba is designed to be approachable by everyone, men & women alike, regardless of fitness level. No experience needed! All moves are good moves! Toning sticks are available for purchase from instructor. Cost is \$20.00 for a 1 lb. pair, \$25.00 for a 2.5 lb. pair. Toning sticks are not necessary to join but will enhance and help you get more out of your Zumba workout. Please wear tennis shoes, dress comfortably, and bring water and towel. Active Adults get great results!

Drop-In Sports at the Salter Center

Pickleball

- The cost is \$2.00 per session. Any individual caught not paying will be asked to leave the gym immediately
- Sign-in sheets will be made available 30 minutes before scheduled start times

Mondays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

Tuesdays

1:00 - 3:00 pm, All levels - East Gym
12:30 - 2:15 pm, 4.0 & higher - West Gym

Wednesdays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

11:00 am - 2:00 pm

3.5 & higher - West Gym (\$3.00)

Fridays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

12:30 - 2:00 pm

3.5 & higher mixer - West Gym

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.



Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Senior Pilates

Tuesdays, 11:45 am - 1:00 pm

March 15 - May 3

SA2302

\$36 / 8 weeks

Tuesdays, 11:45 am - 1:00 pm

May 10 - June 28

SA2303

\$36 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Spring

Mondays: April 18 - May 23 SA6001

Wednesdays: April 20 - May 25 SA6002

Fridays: April 22 - May 27 SA6003

\$36 / 6 weeks

Summer

Mondays: June 6 - July 18 SA6004

Wednesdays: June 1 - July 13 SA6005

Fridays: June 3 - July 15 SA6006

Mondays: \$36 / 6 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

No class dates: April 15, May 30, July 4 - 8, Aug. 31, Sept. 2, Sept. 5

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Yoga

Tuesdays at Salter Center, 1:15 pm

March 15 - May 3

SA2323

May 10 - June 28

SA2322

\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.



Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over and qualify for subsidy. You must live in your own home - alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. To ascertain household income, please provide your most recent Home Heating Credit or Michigan Homestead Property Tax Credit form. If you live in one of the senior high rises you will need to provide the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
Below \$16,800	Below \$19,200	\$3
\$16,801-\$28,000	\$19,201-\$32,000	\$5
\$28,001-\$44,800	\$32,001-\$51,200	\$7

- Home Chores
- Home Repairs
- Personal Care

*The City of Royal Oak sponsors this service.
Call 248-246-3900, Monday - Friday.*

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Alzheimer's Caregiver Support Group

1st Mondays, 3:00 pm

April 4, May 2, June 6

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Legal Aid

3rd Wednesday of every month

April 20, May 18, June 15

By appointment

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice includes consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provides a free 15-minute consultation to senior citizens. A fee will be charged for additional services. Please call the Royal Oak Senior Community Center at 248-246-3900 to schedule your 15-minute consultation.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

P.A.L.

(Positive Attitude Living)

Fridays, 10:30 am FREE

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Substance Abuse Grief Support

2nd Mondays, 7:00 - 8:30 pm

Open to anyone seeking support, and safe place to talk, listen and be heard. No need to RSVP, come as you are and leave a little better off. Jan I., volunteer and group organizer, has personal experience coping and recovering from grief. Call the Senior Center at 248-246-3900 to inquire.

Tim's Kitchen

On hiatus until chef is hired.

Tim's Kitchen is seeking a chef who is Serv-Safe Manager qualified. Apply at romi.gov.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Oakland Meals on Wheels at 248-689-0001 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: \$19 / 5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Pat Paruch, Mayor Pro Tem
Sharlan Douglas

City Commission

Kyle DuBuc
Monica Hunt

Brandon Kolo
Melanie Macey

Property Tax Assessment Hearings

Royal Oak's 2022 Board of Review hearings will start on **Monday, March 14** and continue through **Tuesday, March 15**. Additional hearing dates may be added if necessary.

Notices of new assessed valuations are mailed to property owners every year prior to the Board of Review hearings. The hearings are held for residents who wish to contest their new assessments. Protest at the Board of Review is necessary to protect your right to further appeals to the Michigan Tax Tribunal for valuation and exemption appeals and/or the State Tax Commission for classification appeals. Real or Personal properties classified Commercial, Industrial, or Utility may be appealed to the regular March Board of Review or directly to the Michigan Tax Tribunal without protest to the March Board of Review prior to May 31.

You must have an appointment to appear before the Board of Review. You may visit the Assessor's Office in City Hall or call (248) 246-3110 to schedule an appointment. **The deadline for appointments is Monday, March 14 at 4:30 p.m.**

The hearings are scheduled to be held in conference room 122 in City Hall, located at Third and Troy Streets just south of the Royal Oak Farmer's Market. The initial schedule is **Monday, March 14** from 9:00 a.m. to 12:00 p.m. and 6:00 to 9:00 p.m. and **Tuesday, March 15** from 9:00 a.m. to 12:00 p.m. and 6:00 p.m. to 9:00 p.m.

Any agent representing a taxpayer must present written authorization to the Board of Review at the time of his or her appointment. Letters of authorization must be for the 2022 tax year and include a single parcel identification number, the name of the authorized agent, the authorizing person's original signature and the date of the signature.

A property owner or agent representing taxpayer must provide articles of organization for a limited liability company to prove ownership.



Royal Oak Resident's Academy

Have you ever wondered where your tax dollars go or why the grass is fenced off at a park? The **Royal Oak Resident's Academy** is your chance to get to know your local government! This 7-week program will feature presentations from city departments about their services and functions. The sessions will take place on Thursday nights between April and early May. Sessions may be in person or remote depending on presentation style and COVID conditions. If you are interested in receiving additional information about the program as it becomes available or future academies, please email Susan Barkman at susanb@romi.gov.



Senior Services | Aging in Place Task Force Update

The Senior Services | Aging in Place Task Force

is using working groups made up of Royal Oak residents and experts on 6 different areas of our Royal Oak Age Friendly Plan. These groups are talking about housing, transportation, communication, community and health support services, outdoor spaces and buildings, and the community engagement and inclusion. Members of the public are welcome to attend and there is an opportunity for the public to share their thoughts. Groups generally meet on Wednesdays either virtually or in person at the Mahany / Meininger Senior Community Center. Check out the online agenda center at romi.gov/AgendaCenter for meeting agendas and notes. You can find out more about what Senior Services | Aging in Place Task Force is working on at romi.gov/AgeFriendly. Contact Susan Barkman at susanb@romi.gov for more information.





Royal Oak Community Garden - COMING SOON!

The City of Royal Oak's Recreation Department will be having a community garden located at the Churchill Community Ed. Center, 707 Girard Ave. Royal Oak, MI 48073. Registration will open in March, and registration is on a first-come, first-serve basis. The cost will be \$50 for residents and \$60 for non-residents for a 4'x8' elevated plot. The lease of a plot will be from April 1- October 31. **Check our Facebook page, Royal Oak Parks and Recreation, for more details and updates.**



Yard Waste Reminder

Yard waste must be separated through December 17, 2021. Between December 20, 2021 and March 31, 2022, residents need to either hold onto yard waste materials until the program starts on April 1 or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 1. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn.

Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at (248) 246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won't survive, then an alternate sight is chosen. What a wonderful way to honor a loved one for years to come.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 9:00 am - 5:00 pm; Saturday, 7:00 am - 1:00 pm

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Yard Waste Separation Begins April 1

What is yard waste?

Grass clippings, leaves, spent flowers and garden plants, weeds, pine needles, pine cones, acorns, chestnuts, walnuts, apples, Halloween pumpkins, corn cobs and husks, vines, straw (dry bales less than 40 lbs.), wood chips, woody material up to 2" in diameter and small shrubs (no root balls), untreated, unpainted wood boards with nails removed, sawdust and wood shavings. **All containers must weigh less than 50 lbs.**

How do I prepare yard waste for collection?

Yard waste may be placed in 32-gallon trash cans, clearly marked with a "Yard Waste" sticker facing the street (available at some city offices) or brown paper yard waste bags available at most stores. Containers or bags cannot weigh more than 50 pounds each.

Why must I separate these items?

Yard waste is banned from disposal in Michigan landfills. SOCRRA converts yard waste into compost, a useful nutrient rich soil amendment.

Is yard waste collected year-round?

No, weekly curbside collection is provided from April 1 through the third week of December.

What if I have yard waste when collection isn't provided?

SOCRRA residents can bring yard waste to the SOCRRA Transfer Station at 995 Coolidge Road in Troy at no charge after the third week of December through March 31 - limit 10 bags per day per household. (No contractors or landscapers please).



Brush & Branches

Brush and branches are generally considered to be branches between 2" and 5" in diameter. Small twigs (less than 2" in diameter) are not considered brush and should be placed with yard waste.

What do I do with brush and branches?

Bundle brush and branches securely with twine (bundles no longer than 4 feet in length or 15" in diameter) and place at the curb by 7:00 am of collection day. Bundles cannot weigh more than 40 pounds. Please set bundles so that large end of branches are closest to the street. Bundles will be taken with trash.

What about logs, firewood and lumber?

Logs or firewood must be less than 5" in diameter, cut to 2 foot lengths, bundled securely, weighing less than 40 lbs. per bundle. Logs or firewood over 5" in diameter must be disposed of privately. Lumber (without nails) must be cut to 4 foot lengths or less, bundled, weighing less than 40 lbs. each. Bundles must be next to your trash for collection by 7:00 am.

Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 9:00 am - 3:00 pm

Saturday: 7:00 am - 1:00 pm

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked zip-top baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org - **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players.

For a complete list please visit www.socrra.org.

Please note: residents must remove sensitive or personal information from ALL devices.

APPOINTMENT REQUIRED.



As a member of SOCRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about ¼ mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.





Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side'

of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.



Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies’ bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer

systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



Recycling & Trash Compactors at Park Shelters

Please put RECYCLING through blue door:

- Empty juice boxes (discard straws & juice pouches)
- All empty plastic bottles
- Clean paper products (paper decorations, boxes, etc.)
- Empty paper & plastic cups & lids (coffee, pop, etc. ~ discard straws)
- All clean aluminum containers
- Pizza boxes without grease or food (discard liners & white pizza saver)
- Plastic veggie & fruit containers
- Wrapping paper (no foil paper, ribbon, bows, etc.)

Please put TRASH through black door:

- All paper & plastic plates
- Styrofoam containers (or take to SOCRRA)
- All silverware, serving utensils, etc.
- Napkins, paper towels
- All food
- Snack food bags (potato chip, etc.)
- Plastic tablecloths
- Plastic bags (or take for recycling)
- Soiled food containers (aluminum, plastic, trays, etc. If clean, can be recycled)
- All straws
- All non-paper decorations

WHEN IN DOUBT THROW IT OUT!
(otherwise it contaminates the load and will be discarded)



How to Determine if You Have a Water Leak

The best method for determining whether a leak exists is to take actual water meter readings, in between the quarterly reads that the City takes in order to bill you. This method checks your entire internal plumbing system for water leaks. Take a water meter reading just before going to bed or when no one will be using any water for several hours. Take another meter reading in the morning before any water is used or after a few hours of non-use. In theory, the two readings should be the same. If they are not and you cannot account for the use by a humidifier, ice maker, toilet flush, water softener, or other – you have a leak and further investigation is recommended.

From our experience, 90% of the leaks in residential plumbing systems are found at the toilet tank. Malfunctioning water softeners and humidifiers run a distant second and third. Toilets leak at the bottom of the tank around the flapper plug or at the top of the tank at the overflow tube. Toilet tank leaks typically result from worn parts or misalignment of some part of the flushing system. Most repairs can be done by an experienced “do-it-yourselfer”. If you are not sure you can handle the job, **call a plumber**. It is important to stop the leak early to avoid a HUGE water bill.

The following information is offered as a courtesy, with the hope that action on your part may minimize an unnecessary waste of water and expense to you.

Flapper Plug - To test the flapper plug, carefully remove the lid from the toilet tank and mark the water level in each toilet tank with a pencil. Shut off the water supply to the toilet. If the water remains on the mark you made after 15 minutes or so, the flapper plug is probably not leaking. If the water level drops below the mark you made, the flapper plug is leaking and should be repaired or replaced as soon as possible.

Overflow Tube - The water level in the toilet tank should be at least one inch below the top of the overflow tube. If the water level is at the top of the overflow tube, that is where a leak may be occurring. The float that controls the water level in the tank should be adjusted so that the water level in the tank is at least one inch below the top of the tube.

Please contact the Water Billing staff at **248-246-3160** if you have questions about your water use.

Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.



Royal Oak ENVIRONMENTAL ADVISORY BOARD



Save the Date!

Saturday, April 23, 2022

Solarize Royal Oak

Interested in rooftop solar?



Learn more about solar and ways to participate in solar group buy-ins to save money! Email roeab@romi.gov for updates.



Royal Oak Environmental Advisory Board



@roenvironmental



roenvironmentalboard



roeab@romi.gov

For additional
information, visit
romi.gov/eab

Follow the city's sustainability efforts at
romi.gov/sustainability



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$40,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$44,800	4	\$64,000
2	\$51,250	5	\$69,150
3	\$57,600	6	\$74,250

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$40,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$28,000	4	\$40,000
2	\$32,000	5	\$43,200
3	\$36,000	6	\$46,400

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

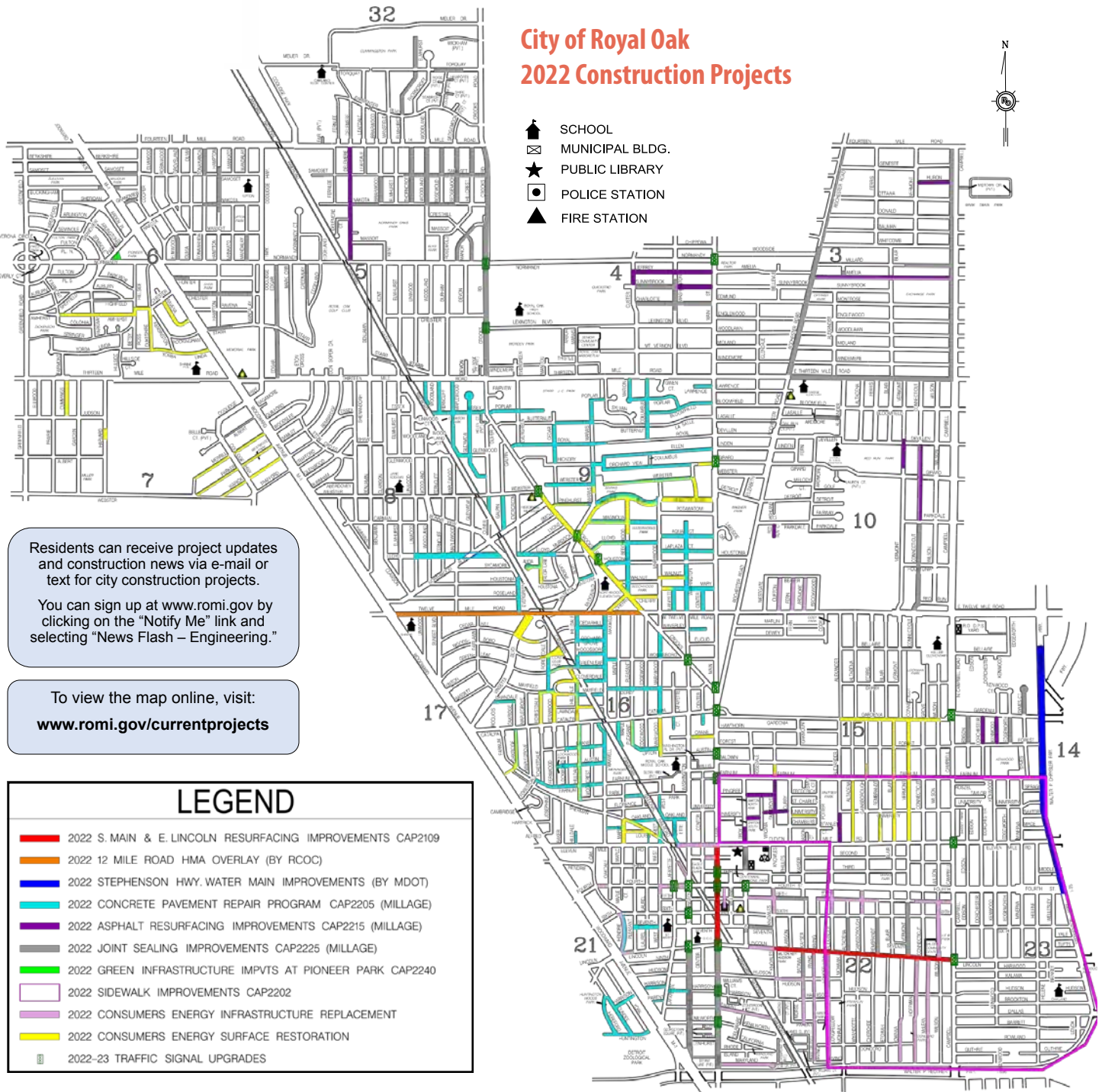
At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.....	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile.....	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency.....	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.....	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais.....	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.....	248-588-0170
Parks & Forestry	248-246-3300
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency.....	248-246-3500
Community Policing.....	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry.....	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Recreation 1600 N. Campbell.....	248-246-3180
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln.....	248-246-3180
Senior Citizen Programs 3500 Marais	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell.....	248-546-8282
Website	www.romi.gov



City of Royal Oak 2022 Construction Projects

- SCHOOL
- MUNICIPAL BLDG.
- PUBLIC LIBRARY
- POLICE STATION
- FIRE STATION





Royal Oak 2022 Construction Projects

Royal Oak Continues

Local Road Millage Improvements

The Royal Oak Engineering Division will continue a series of local road improvement projects this spring. This will be the eighth year of the 10-year road millage (2.5 mill) and include the following:

Concrete Pavement Repair Project: These streets will have selected deteriorated areas of pavement removed and replaced with concrete for an estimated construction cost of \$1.1 million. On the adjacent project map these streets are shown in light blue.

Asphalt Resurfacing Project: These streets will have minor concrete base repairs and partial curb replacement followed by asphalt milling and resurfacing with hot mix asphalt. These streets are shown in dark purple on the adjacent project map. The estimated construction cost is \$3.2 million.

Joint Sealing Project: These streets are in fairly good condition and will be joint sealed to extend the service life of the pavement. Streets that were newly resurfaced in 2021 will also be joint sealed. In addition to millage funds, major road funds will be used to joint seal several major roads. On the adjacent project map, these streets are shown in gray. The total estimated cost is \$225,000.

Royal Oak Major Road Improvements

S. Main Street & E. Lincoln Ave Road Resurfacing: S. Main Street will be resurfaced from Lincoln Avenue to 11 Mile Road this summer. The project also includes some curbing and streetscape replacements as well as some new pedestrian crossings and green infrastructure. On the adjacent project map, these streets are shown in red. The estimated construction cost is \$2.2 million.

RCOC Major Road Improvements

12 Mile Road Resurfacing: The Road Commission of Oakland County will be performing preservation overlay work on 12 Mile Road from Woodward Avenue to Crooks Road this summer. The estimated construction cost is \$324,000, which is split between RCOC, Oakland County and Royal Oak. On the adjacent project map, the project limits are shown in orange.

Sidewalk Improvements

The city will continue the six-year sidewalk program this summer in the neighborhoods outlined in the pink dashed line on the adjacent project map. Property owners will receive a construction notice in the spring with their estimate for sidewalk work. You can find more information regarding the sidewalk program including criteria, timeline, and forms at www.romi.gov/sidewalks.

The city also operates a prepaid public sidewalk and approach replacement program for those residents who want this type of work performed at their properties in Royal Oak. Contact the engineering division for more information.

Water Main and Sewer Projects

Stephenson Water Main Improvement Project: MDOT will be replacing the water main on southbound Stephenson service drive from just south of 12 Mile Road to E. Fourth Street as shown on the adjacent project map in blue. The estimated city's construction cost is \$1.7 million.

2022 Sewer Preservation Projects: Sewer televising, spot sewer repairs and sewer lining will take place on various public sewers throughout the city as part of an ongoing sewer maintenance and improvement program to preserve, stabilize, improve flow and enhance the conditions of public sewers. The cost of these projects is estimated at approximately \$1.7 million.

Other Projects

In addition to road, sidewalk and utility improvements, the City of Royal Oak has additional projects scheduled to begin this spring.

Pioneer Park Improvements: The city will be installing green infrastructure at this park using water to help alleviate road ponding on Normandy. Improvements include a large rain garden with native plantings and new trees. The total estimated cost is approximately \$160,000.

Traffic Signal Improvements: The city will be continuing to upgrade traffic signals along the corridors of Main Street and Crooks Road in 2022 to improve traffic signal infrastructure and traffic flow through the corridors. The city is also replacing traffic signals in the downtown and along Campbell Road as a separate project. The construction work is estimated to cost \$3.7 million and is funded by a Congestion Mitigation and Air Quality (CMAQ) grant and the city's major road fund.

Other Utility Improvements

Consumers Energy will be finishing restoration from their 2021 gas infrastructure replacement project throughout the city as shown in yellow on the adjacent map. They are also continuing with gas main replacements primarily in the southern part of the city this year, shown in light purple. Consumers Energy will be providing more information via mail to affected residents.

What to Expect

The city mails out construction notices to affected properties in the spring that provide detailed information for nearby projects. During construction, residents may receive 24-hour advance notices via door hangers if driveway access will be affected or a water shut-off is planned.

The engineering division wishes to thank residents in advance for their patience and cooperation as the city moves forward with construction. If you have any questions, you can contact the engineering division at **248-246-3260** or engineering@romi.gov.

Residents can visit www.romi.gov/currentprojects to find the most up-to-date information, copies of construction notices, and weekly project updates.



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm

Calendar of Events at the Market:

March

- | | | |
|----|-------|--|
| 17 | Thurs | Shamrocks & Shenanigans (5:00 - 9:00 pm) |
| 19 | Sat | Beer Fest (5:00-11:00 pm) |

April

- | | | |
|----|-----|--|
| 13 | Wed | Food Truck Rally (5:00 - 9:00 pm) |
| 17 | Sun | Easter - Closed |

May

- | | | |
|----|-----|---|
| 8 | Sun | Mother's Day - Open |
| 11 | Wed | Food Truck Rally (5:00 - 9:00 pm) |
| 11 | Wed | Sights & Sounds Concert Series (4:00 - 10:00 pm) |

June

- | | | |
|---|-----|---|
| 8 | Wed | Food Truck Rally (5:00 - 9:00 pm) |
| 8 | Wed | Sights & Sounds Concert Series (4:00 - 10:00 pm) |
| 8 | Wed | Family Pride (4:00 - 10:00 pm) |



Like us on Facebook!

Think Spring!

"Adopt a Park for a Day" April 23 & 24, 2022

The City of Royal Oak is having **Spring Park Cleanup Days on April 23 and 24, 2022.** The City is looking for individuals as well as volunteer groups to adopt a park for an hour or a day to pick up any debris and leaves for City crews to dispose of.

Where do I sign up?

If you are interested, you may register by calling the DPS at (248) 246-3300 between 7:30 am and 4:00 pm. Pick a park anytime prior to April 21.

There are 50 parks in the City of Royal Oak and we would appreciate any help you can give. Please call today to reserve a park!

"Will the apartment still be available when they meet me in person?"



"I make a good salary, I have good credit history, so please tell me why I keep getting turned down for apartments in your neighborhood?"

Race is protected under the law. If you feel you've been discriminated against, call 1-800-669-9777.

NFHA
National Fair Housing Alliance



LC Education
CR Fund

U.S. Department of Housing and Urban Development • 1-800-669-9777 • TDD 1-800-927-9275 • fairhousinglaw.org



Spring 2022

You Should Know...

NEW Library Hours

Monday - Thursday,
9:00 am - 8:00 pm

Friday & Saturday,
9:00 am - 6:00 pm

Sunday, 1:00 - 5:00 pm

Holiday Closings

The library will be closed
Good Friday, April 15 through
Easter Sunday, April 17.

For Memorial Day, the library will be
closed Saturday, May 28 through
Monday, May 30.

You can:

- Renew books online at ropl.org
- Renew books by phone 24/7 at 888-672-8983
- Get extended checkout periods when you are going to be out of town
- Download FREE eBooks, eAudiobooks, and eMagazines

Call 248-246-3700 for details.



Royal Oak

222 E 11 Mile Road
Royal Oak, MI 48067
248.246.3700
www.ropl.org

ROPL Can Help With Springtime Planting



Spring is coming and now is the time to think ahead and make the Royal Oak Public Library your resource for not only gardening information and advice but the actual seeds as well. Our seed library is in full bloom and we have a large array of vegetable, herb and flower seeds all for free. Gardeners may take up to five seed packets with the hope that they in turn will provide seeds from their own harvests to replenish the seed library's stock. Also contributing to the seed library is the butterfly garden in front of the library. Volunteers will be needed and welcome in the spring for clean-up and planting in the butterfly garden. In conjunction with these services for gardeners we offer related programs on the birds and the bees. And last but not least is our print book collection which has been beefed up to meet demand for tomes on gardening, landscaping and the like to make your garden grow and glow. Questions? Please contact an Adult Services librarian at 248-246-3727.

Bees in the D: Beekeeping Program Series

Join Detroit-based **Bees in the D** for a three-part series of virtual presentations for beginning beekeepers:

Bee is for Beneficial: Tuesday, April 5 at 7:00 pm

Pollinator Garden: Tuesday, April 12 at 7:00 pm

So You Want to be a Beekeeper?: Tuesday, April 26 at 7:00 pm



Teen Program Highlights

- Irish Soda Bread
- Easter Egg Bath Bombs
- Fantastic Beasts and How to Make Them



The library is looking for teen volunteers! If you are interested in volunteering at the library (and between the ages of 14-17), please contact Emily Crosby at emilycrosby@ropl.org.

Youth Program Highlights

TALK: Text and Learn for Kindergarten sends fun activities parents can do with their babies and preschoolers to make any time learning time. Visit texttolearn.com for further information and to sign up! TALK is available to all families in Michigan!



Tuesday Evening Family Programs

The whole family will enjoy a variety of virtual evening programs designed for elementary and preschool children. Programs typically last 30-45 minutes. Registration is required for all programs. You may register in-person or online at ropl.org, or by calling the Youth Services Desk at 248-246-3725 during library hours.

- **Outdoor Story Adventures at Grant Park: Tuesdays, March 1 and April 19 at 6:30 PM**
- **Clifford the Big Red Dog Party! Tuesday, March 8 at 6:30 PM**
- **Paula Messner and her Six-String Stories: Tuesday, March 22 at 6:30 PM**
- **\$mart Money MI Kids Read: Tuesday, April 5 at 6:30 PM**
- **Paw Patrol Party: Tuesday, April 12 at 6:30 PM**

Visit the Library's Event Calendar at ropl.org for more information on all of the programs and to register.

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

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COMING ATTRACTIONS

"Adopt a Park"

2022 Spring Park Clean-up **April 23 & 24**

Help get our parks ready for the spring season.
Call 248-246-3300 to reserve your park.

Earth Day Celebration **Saturday, April 23**

romi.gov/1268/Environmental-Advisory-Board
Follow EAB on Facebook for Earth Day events.

Royal Oak

Memorial Day Parade **Monday, May 30, 9:00 am**

romi.gov/492/Veterans-Events-Committee

Royal Oak Outdoor Art Fair **July 9 & 10**

Memorial Park (13 Mile & Woodward Ave)
Saturday, 10:00 am to 6:00 pm
Sunday, 10:00 am to 5:00 pm

Save the Date: Dream Cruise, Saturday, August 20