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A COMMUNITY COLLABORATION:





# Royal Oak RECREATION



*Browse through the variety of programs offered for youth and adults.*



## **Sports Starters (ages 3 - 5)**

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net); minimum 9 students.

### **Wednesday at Salter Community Center**

Jan. 18 - Feb. 15, 4:00 - 4:45 pm **YA 2001**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

### **Wednesday at Salter Community Center**

Feb. 22 - March 22, 4:00 - 4:45 pm **YA 2004**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

## **Kiddie Sports and Games (ages 4 - 6)**

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Emphasis is on teamwork and effort. Bring a water bottle and wear gym shoes. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net); minimum 9 students.

### **Wednesday at Salter Community Center**

Jan. 18 - Feb. 15, 5:00 - 5:55 pm **YA 2002**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

### **Wednesday at Salter Community Center**

Feb. 22 - March 22, 5:00 - 5:55 pm **YA 2005**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

## **Youth Basketball (ages 7-11)**

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Players will scrimmage during class time. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle and a ball (ball is optional). Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net); minimum 9 students.

### **Wednesday at Salter Community Center**

Jan. 18 - Feb. 15, 6:00 - 6:55 pm **YA 2003**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

### **Wednesday at Salter Community Center**

Feb. 22 - March 22, 6:00 - 6:55 pm **YA 2006**  
Fee: Res. \$75; Non-Res. \$80 / 5 weeks

## **TumbleBunnies Gymnastics**

[www.tumblebunnies.com](http://www.tumblebunnies.com)

### **Itty Bitty Bunny – 18 months - 2 years (35 mos.)**

This fun, energetic class has parents working with their child that is filled with a variety of activities such as gymnastics focused warm ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

### **Tuesday at Salter Community Center**

Jan. 24 - March 28, 9:30 - 10:00 am **YA3009**  
Fee: \$150 / 10 weeks

### **Saturday at Salter Community Center**

Jan. 28 - April 1, 9:30 - 10:00 am **YA3001**  
Fee: \$150 / 10 weeks



### **TumbleBunnies Gymnastics – ages 3 and older**

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Comfortable clothing is all that is required. Minimum of 8 students per session.

### **Tuesdays, Jan. 24 - March 28 at Salter Community Center**

Fee: \$150 / 10 weeks  
**Bizzy Bunnies**, 3 - 5 year olds, 10:15 - 10:45 am **YA3010**

### **Saturdays, Jan. 28 - April 1 at Salter Community Center**

Fee: \$150 / 10 weeks

**Bizzy Bunnies**, 3 - 4 year olds, 10:15 - 10:45 am **YA3002**

**Happy Hoppers**, 5 - 7 year olds, 11:00 - 11:30 am **YA3003**

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program  
National Parks Service  
PO Box 37127  
Washington DC 20013-7127



## FOUR SEASONS PRESCHOOL

Four Seasons Preschool takes the natural curiosity and joy of learning all children have and provides a safe and caring environment for them to grow. Our program is for children ages 3 through 5 years.

Our program offers the following:

- Story Time
- Physical Education
- Music
- Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.
- Science
- Art
- Free Play Time

**We are currently full for the 2022-2023 school year.**

We will begin registration for the Fall 2023-2024 school year on **Tuesday, February 7 at 9:00 am. Registration will be online only at [www.royaloakrec.com](http://www.royaloakrec.com).**

If you are interested in being placed on our mailing list for a registration flyer, please call 248-246-3180.

The Four Seasons Preschool is located at the Senior/Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

### 2023 - 2024 Class Schedule and Pricing

**Tues/Thurs Morning, 8:30 - 11:00 am**

**PRE2023-R3**

Tuition for our morning 2-day a week program is \$1,072.50 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$357.50.

**Mon/Wed/Fri Morning, 8:30 - 11:00 am**

**PRE2023-R1**

Tuition for our morning 3-day a week program is \$1,608.75 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$536.25.

**Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm**

**PRE2023-R2**

Tuition for our afternoon 4-day a week program is \$2,145.00 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$715.00.

**Four Seasons Preschool is licensed by the State of Michigan**

**[www.fourseasonspreschoolonline.com](http://www.fourseasonspreschoolonline.com)**



## Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

### Yang Style Tai Chi Traditional Hand Form – Beginner 1 (new students)

**Class taught by Brian Buchanan,  
Certified instructor by Yang Family Tai Chi**

Monday, 6:30-7:30 pm **AF2001**

Jan. 9 - March 20 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

No class 1/16, 2/20

### Yang Style Tai Chi Traditional Hand Form (103 Postures)

Monday, 7:30-8:30 pm **AF2002**

Jan. 9 - March 20 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

No class 1/16, 2/20

### Yang Style Push Hand & 2-Person Form (Part 2)

**Should know hand form basic.**

Monday, 8:30-9:30 pm **AF2003**

Jan. 9 - March 20 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 9 weeks

No class 1/16, 2/20

### Yang Style Tai Chi Traditional Hand Form – Beginner 2 (cont. students)

**Ready to move on from the Monday Beginner class?**

**This class is right for you. Class taught by Brian Buchanan,  
Certified instructor by Yang Family Tai Chi**

Thursday, 6:30-7:30 pm **AF2006**

Jan. 12 - March 23 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

### Chen Style Laojia Yilu (Part 2)

Thursday, 7:30-8:30 pm **AF2004**

Jan. 12 - March 23 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

### Yang Style Saber, Yang Style Sword & Short Staff

Thursday, 8:30-9:30 pm **AF2005**

Jan. 12 - March 23 at Keller School

Fee: Res. \$88; Non-Res. \$93 / 11 weeks

## Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

### Monday at Senior/Community Center

Jan. 9 - April 3, 5:40 - 6:55 pm **AF2007**

**No class 1/16**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks



### Wednesday at Senior/Community Center

Jan. 11 - March 29, 5:40 - 6:55 pm **AF2009**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

### Thursday at Senior/Community Center

Jan. 12 - March 30, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

## Tactical Self-Defense “TSD”

In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.



### Wednesday at Salter Community Center

Jan. 18 - Feb. 22, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

### Wednesday at Salter Community Center

March 1 - April 5, 7:30 - 8:45 pm **AF2402**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks



# Royal Oak FITNESS

## Low-Impact Workout

### Great for Beginners!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional. Maximum 24 students.

### Thursday, 6:20 - 7:20 pm **Instructor: Angie M**

Jan. 9 - March 30 at M/M Senior/Community Center **FF2002**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

## Zumba Gold Toning **NEW!**

This is a fun low-impact dance-fitness workout, less intense and slower paced than regular Zumba, for the older active adult or anyone just starting their fitness journey. Light-weight maraca-like toning sticks are incorporated to enhance muscle tone, strength and endurance. Instructor provides use of optional toning sticks, which help you get more out of the class; or they may be purchased from instructor (\$20 for 1-lb. set or \$25 for 2.5-lb. set). Bring water bottle. Maximum 24 students.

### Thursday, 7:30-8:30 pm **Instructor: Debbie M**

Jan. 12 - March 30 at M/M Senior/Community Center **FF2026**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

## Boot Camp Body Blast

Raise the bar and challenge yourself to achieve a new level of physical fitness! This is the ultimate fat-burning class combining all your favorites --kickboxing, drills, calisthenics, free weights, bands, plyometrics -- in a variety of exercises. This full-body cross-training workout is designed to improve cardiovascular and muscular fitness. Modifications are given for various fitness levels. Bring hand weights, dynaband, mat, towel and lots of water. Maximum 24 students.

### Monday, 7:00-8:00 pm **Instructor: Kendell M**

Jan. 9 - March 27 at M/M Senior/Community Center

No class Jan. 16

Fee: Res. \$77; Non-Res. \$82 / 11 weeks **FF2025**

## Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice. Maximum 24 students.

### Tuesday, 7:30 - 8:30 pm **Instructor: Dawn Y, RYT-500**

Jan. 10 - March 28 at M/M Senior/Community Center **FF 2021**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

## 20/20/20 Fit Mix

This class includes the essential components of fitness: cardio, strength, core and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights and water. Maximum 24 students.

### Monday, 5:50-6:50 pm **Instructor: Karen B**

Jan. 9 - March 27 at M/M Senior/Community Center **FF2005**

No class Jan. 16

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

### Wednesday, 5:50-6:50 pm **Instructor: Karen B**

Jan. 11 - March 29 at M/M Senior/Community Center **FF2006**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

## Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights. Maximum 16 students.

### Monday, 6:20-7:20 pm **Instructor: Ginger V**

Jan. 9 - March 27 at Salter Community Center **FF2013**

No class Jan. 16

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

### Wednesday, 6:20-7:20 pm **Instructor: Tammy R**

Jan. 11 - March 29 at Salter Community Center **FF2014**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

## Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

### Tuesday, 6:20-7:20 pm **Instructor: Angie M**

Jan. 10 - March 28 at M/M Senior/Community Center **FF 2010**

Maximum 24 students

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

### Saturday, 8:45-9:45 am **Instructor: Angie M**

Jan. 14 - March 25 at Salter Community Center **FF 2012**

Maximum 18 students

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

### PLEASE REGISTER EARLY

**to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.**

**IF class meets enrollment requirement to run,  
drop-ins are allowed for \$10 fee.**

## Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed. It's terrific exercise for mind, heart and body. Learn to dance to Rock, Country, 50's & 60's and Fun Dances. Bring your friends and join us. Instructor: Jackie Ortbals

### Session 1

#### Basic Beginner - Single Dancer

**Tuesday, 6:15 - 7:00 pm at Salter Community Center**

Jan. 17 - Feb. 28 **AE 2003**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks



#### Beginner "Plus" - Single Dancer

**Tuesday, 7:00 - 8:00 pm at Salter Community Center**

Jan. 17 - Feb. 28 **AE 2004**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

### Session 2

#### Basic Beginner - Single Dancer

**Tuesday, 6:15 - 7:00 pm at Salter Community Center**

March 7 - April 11 **AE 2007**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

#### Beginner "Plus" - Single Dancer

**Tuesday, 7:00 - 8:00 pm at Salter Community Center**

March 7 - April 11 **AE 2008**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

## Water Color Painting

### Beginning through Experienced Students

Noted Michigan artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. These lessons will provide fundamentals and stretch your abilities. Color mixing, color theory, design and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.

**Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)**

Jan. 9 - March 13 **AE2006**

No class 1/16

Fee: Res. \$136; Non-Res. \$141 / 9 weeks



## Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

### Wednesday at Royal Oak Middle School Pool

Jan. 11 - March 22, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

## Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba workout in the water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

### Wednesday at Royal Oak Middle School Pool

Jan. 11 - March 22, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$77; Non-Res. \$82 / 11 weeks



## Activity Cancellation

**Due to bad weather – 248-246-3187**

**When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.**

## Special Thanks

**A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.**

## Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

## Who to Contact

John Lindell Ice Arena.....	248-246-3950
Swimming.....	248-435-8500 ext. 1148
Metro Detroit Youth Clubs - Jack & Patti Salter Club .....	248-544-4166
RO Sandlot League .....	<a href="http://www.royaloaksandlot.com">www.royaloaksandlot.com</a>
Royal Oak Football Club (Youth Soccer).....	<a href="http://www.royaloakfc.com">www.royaloakfc.com</a>
Royal Oak Titans (Youth Football).....	<a href="http://www.royft.com">www.royft.com</a>
Royal Oak Hockey.....	<a href="http://www.royaloakhockeyclub.com">www.royaloakhockeyclub.com</a>

## Adult Softball Leagues

We will offer the following leagues this season. Division III is ASA rated "D Recreational".

### League Offerings

#### Coed

Monday	Coed Division III
Tuesday	Coed Division II
Wednesday	Coed Division III
Thursday	Coed Division III

#### Men's

Tuesday	Men's Division II
Wednesday	Men's Division III

### Registration Dates

#### February 1 - 28

Returning team entry fee is due.

#### March 1 - April 3 or until leagues sellout

Open registration.

#### April 12

Beginning April 12, Manager's Packets will be available for pick up at the Royal Oak Department of Public Services, 1600 N. Campbell Rd. (east side of Campbell, just south of 12 Mile), 8:30 am - 4:30 pm.

#### Week of April 24

All Leagues begin

### Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, and awards for Season Champs and Playoff Champs.

### Umpire Fee

\$16 per game per team (paid at site)

### Fields/Times

Worden #1	6:10 pm, 7:20 pm
Worden #2	6:10 pm, 7:20 pm
Worden #4	6:10 pm, 7:20 pm, 8:30 pm, 9:40 pm
Worden #5	6:10 pm, 7:20 pm, 8:30 pm, 9:40 pm

Call 248-246-3180 for registration packet.

**Non-resident teams are welcome to participate.**

**Register online at [www.royaloakrec.com](http://www.royaloakrec.com)**



## Toys for Tots Royal Oak Cornhole Tournament

**Saturday, December 10, 2022 at 10:00 am**

**Salter Center (Indoors) – 1545 E. Lincoln Royal Oak, MI 48067**

- All participants must preregister online at [www.royaloakrec.com](http://www.royaloakrec.com)
- \$40 per team or teams can bring a gift with a similar value to donate to "Toys for Tots" as their entry fee.
- On the day of the event, check-in starts at 9:00 am.
- 16 teams max; 3 games guaranteed
- The tournament will start with two seeding games that will be randomly matched up by an official. During the seeding games, teams will try and score the most points as possible.
- A single elimination tournament will follow the seeding games. During the tournament, teams will have to hit the target score of 21 exactly. If they exceed this amount, they will have to drop back down to 15 and attempt to reach the target score again.
- Winners will be the last team standing after the conclusion of the tournament and the championship game. Awards will be given to the winner!

**City of Royal Oak**

# BILLIARDS

## 8-BALL LEAGUE

League Starts Jan 11 - 8 week season, plus playoffs

**Awards for Champion**

Registration: \$50 /team

Registration Nov. 28 - Dec. 30, 2022

\*Team consists of 1 player with a reserve

For more information, please call 248.246.3180

Ro

Register online: [www.royaloakrec.com](http://www.royaloakrec.com)

## Register for Recreational Spring Soccer!



Royal Oak Football Club offers programs for all ages and skill levels from preschool to seniors in high school.

- ROFC focuses on fun teamwork and developing a player's skills
- The Spring season runs from early April to early June
- Teams practice weekly (as determined by coaches) and play 10 games during the season
- ROFC offers summer camps, a 3 v 3 tournament, futsal and fun club-wide events

As a community-based, not-for-profit organization, ROFC recreational offers an affordable program for children to learn and play soccer.

**Register online.  
Hurry, teams fill up quickly!**

For more information and to register, visit  
**[www.royaloakfc.com](http://www.royaloakfc.com)**



## Royal Oak Sandlot League 2023 Baseball & Softball Registration

ROSL is a volunteer run non-profit program that begins practicing in May, with games starting in early June and the season running until the end of July. Children are placed in leagues according to their age as of May 1, 2023:

### Baseball

Age 4	Beginning T-Ball
Ages 5-7	T-Ball
Ages 7-8	Control Pitch
Ages 9-11	Freehan
Ages 12-13	Kaline
Ages 14-17	Harwell

Fast Pitch Softball	
Ages 9-11	Freshman
14U (12-14)	Junior
18U (14-18)	Senior

## Registration:

**Online:** We will be accepting registrations [online](#) through our website listed below. Payment must be by credit card. Registration is open at [www.royaloaksandlot.com](http://www.royaloaksandlot.com).

### Information required to complete registration:

- **ALL** participants must provide legal proof of birth date (birth certificate, baptismal record, passport)

**League openings are filled on a first-come, first-served basis. Placement on a team is not guaranteed and is subject to available openings in the League.**

**Please check website for fees  
and registration information:  
[www.royaloaksandlot.com](http://www.royaloaksandlot.com)**

**Register Early!**



## Royal Oak Nature Society

### Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at [naturesociety@romi.gov](mailto:naturesociety@romi.gov), mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at [www.romi.gov/nature](http://www.romi.gov/nature). You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.



### Speaker Programs

As of now, our speaker programs are done virtually via Zoom. Our programs are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can meet with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

### Royal Oak Nature Society Friends of Fungi

Friends of Fungi (FOF) is a group that promotes the understanding of, and an appreciation for, fungi in general and especially those fungi found in Tenhave, Cummingston, and the Arboretum. Mary Fredricks, mycologist for the Nature Society, heads this group. At the present time, no in-person meetings are being held. However, the FOF sponsors fungi walks from April through October on the fourth Saturday of each month at 10am. There is no cost, but preregistration is currently required. Please see the Royal Oak Nature Society website or Facebook page for more information.

**As other programs/walks are scheduled, they will be announced on our website and Facebook page.**

### Royal Oak Symphony Orchestra

Celebrating its 26th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: [www.royaloakorchestra.org](http://www.royaloakorchestra.org).

Concert admission: \$15; Students and Seniors, \$12;  
Ages 18 and under free.

#### Schedule:

**Friday, December 9, 2022 at Royal Oak Middle School**

**Friday, March 3, 2023 at Royal Oak Middle School**

**Friday, May 5, 2023 at Royal Oak Middle School**

### Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Royal Oak Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. There is no cost for these walks, but registration is required. Check out our website ([www.romi.gov/nature](http://www.romi.gov/nature)) for registration information.

DATE	TIME & PLACE	TOPIC
Dec. 11 (Sun)	2:00 pm at Tenhave	Mammals of Tenhave
Dec. 16 (Fri)	7:30 pm at Cummingston	Owl Hoot
Jan. 15 (Sun)	2:00 pm at Cummingston	Wildflowers (seeds)
Jan. 17 (Tue)	7:30 pm at Tenhave	Owl Hoot
Feb. 16 (Thu)	7:30 pm at Cummingston	Owl Hoot
Feb. 18 (Sat)	2:00 pm at Tenhave	Wildflowers (seeds)

### Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at [www.royaloakconcertband.org](http://www.royaloakconcertband.org).

**Tickets available at the door or in advance at [www.royaloakconcertband.org](http://www.royaloakconcertband.org).**

Concert admission: \$10; Seniors and students, \$8;  
Ages 12 and under free.

#### Schedule:

**Sunday, December 11, 3:00 pm, Joys of the Season,  
Royal Oak Middle School**

**Sunday, March 19, 3:00 pm, Rhythm and Winds!,  
Royal Oak Middle School**



@RO\_Ice\_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELLICEARENA.COM

**JOHN LINDELL  
ICE ARENA  
ROYAL OAK**

**LEARN TO  
SKATE**

**LEARN TO SKATE**

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

**OPEN SKATE**

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check [johnlindellicearena.com](http://johnlindellicearena.com) for days and times.

**NEW EDGE**

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

[www.newedgefsc.org](http://www.newedgefsc.org)



**ADULT WOMEN'S LEAGUE**

for Beginners to Intermediate Ability  
Starts Late September & runs on  
Tuesday nights.

Individual Registration – Jersey included

For more information on any of these programs, please visit

**JOHNLINDELLICEARENA.COM**



**ADULT HOCKEY LEAGUE**

**Summer League:**

JUNE - MID AUGUST

**Fall/Winter League:**

SEPTEMBER - MARCH

**Spring League:**

APRIL - JUNE



**DROP IN HOCKEY**

18 and up-full equipment  
come in a play a competitive game of  
hockey with fellow adult skaters.

**STICKS & PUCKS**

Open to all ages. full equipment required



- **Lil Eagles Learn to Play – ages 4-10**
- **8 & under youth hockey program**
- **House hockey for all youth age divisions**
- **Travel A & AA Hockey Squirt –Midget**

[www.royaloakhockeyclub.com](http://www.royaloakhockeyclub.com)

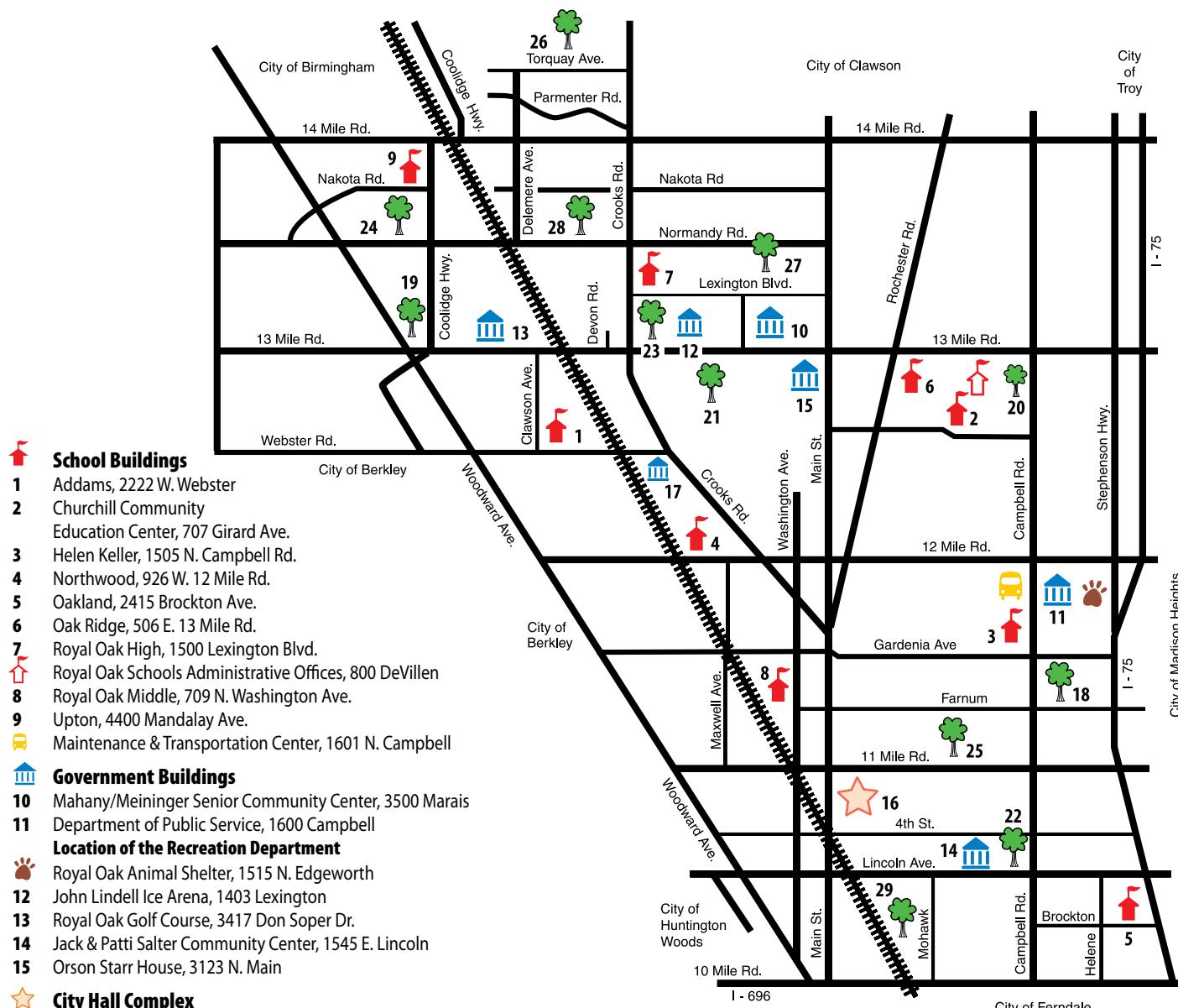
**SUBURBAN HOCKEY SCHOOLS**



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

**TO VIEW CAMPS OFFERED:** [www.suburbanhockey.com](http://www.suburbanhockey.com)

# City of Royal Oak



## School Buildings

- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
- 8 Royal Oak Schools Administrative Offices, 800 DeVillen
- 9 Royal Oak Middle, 709 N. Washington Ave.
- 10 Upton, 4400 Mandalay Ave.
- 11 Maintenance & Transportation Center, 1601 N. Campbell

## Government Buildings

- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell

## Location of the Recreation Department

- 12 Royal Oak Animal Shelter, 1515 N. Edgewater
- 13 John Lindell Ice Arena, 1403 Lexington
- 14 Royal Oak Golf Course, 3417 Don Soper Dr.
- 15 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 16 Orson Starr House, 3123 N. Main

## City Hall Complex

- 16 City Hall, 203 S. Troy St.
- Public Library, 222 E. 11 Mile
- Police Department, 450 E. 11 Mile
- 44th District Court, 400 E. 11 Mile
- Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster

## Parks

- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander
- 26 Cummings Nature, Torquay & Leafdale
- 27 Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
- 28 Normandy Oaks Park, Delemere & Nakota
- 29 Lawson Park, Irving & Parent

## Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, Lawson, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 3 through March 31 for the 2023 season. Non-residents may apply beginning April 3.

Please call 248-246-3180 for rental rates and availability.

Rentals can be processed online at [www.royaloakrec.com](http://www.royaloakrec.com).

# Registration Information

## How to Register for Programs and Classes

**Registration begins on November 17 for in-person, mail, fax and online submissions.**

### Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation  
PO Box 64  
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35**. To receive a receipt, please include your e-mail address.

### Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

### In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

### Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED**.

**NOTE: Children should not accompany their parents to classes designated for adult participants only.**

**Senior Center classes are open to adults of all ages who are available for daytime activities.**

## How to Register for Programs Online

**[www.royaloakrec.com](http://www.royaloakrec.com)**

For additional information, click on "answers to frequently asked questions" on the home page.

**Open Online Registration  
November 17**

### General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to "create a new account" through the website. You cannot register for classes as a "guest".

**Online registration will only be available for some programs.** You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

### Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

### Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

**Royal Oak Recreation** **248-246-3180**  
8:30 am to 5:00 pm, Monday - Friday

**Royal Oak Senior Center** **248-246-3900**  
9:00 am to 4:30 pm, Monday - Friday

### No Telephone Registrations

**Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.**

# Registration Information

## Registration Form

**Student Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Male/Female** \_\_\_\_\_

**Address** \_\_\_\_\_ **City, Zip** \_\_\_\_\_

**Telephone - Home** \_\_\_\_\_ **Work** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Class** \_\_\_\_\_ **Day** \_\_\_\_\_ **Time** \_\_\_\_\_ **Start Date** \_\_\_\_\_

**Class** \_\_\_\_\_ **Day** \_\_\_\_\_ **Time** \_\_\_\_\_ **Start Date** \_\_\_\_\_

**Amount enclosed: \$** \_\_\_\_\_



**Payment Method:**  **Check**  **Cash**

**Visa/Discover #** \_\_\_\_\_ **3-digit Security Code** \_\_\_\_\_

**Mastercard #** \_\_\_\_\_ **3-digit Security Code** \_\_\_\_\_

**Cardholder Name** \_\_\_\_\_ **Expiration Date** \_\_\_\_\_

**Signature of Cardholder** \_\_\_\_\_

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_

(If youth, parent or guardian must sign)

## Registration Form

**Student Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Male/Female** \_\_\_\_\_

**Address** \_\_\_\_\_ **City, Zip** \_\_\_\_\_

**Telephone - Home** \_\_\_\_\_ **Work** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Class** \_\_\_\_\_ **Day** \_\_\_\_\_ **Time** \_\_\_\_\_ **Start Date** \_\_\_\_\_

**Class** \_\_\_\_\_ **Day** \_\_\_\_\_ **Time** \_\_\_\_\_ **Start Date** \_\_\_\_\_

**Amount enclosed: \$** \_\_\_\_\_



**Payment Method:**  **Check**  **Cash**

**Visa/Discover #** \_\_\_\_\_ **3-digit Security Code** \_\_\_\_\_

**Mastercard #** \_\_\_\_\_ **3-digit Security Code** \_\_\_\_\_

**Cardholder Name** \_\_\_\_\_ **Expiration Date** \_\_\_\_\_

**Signature of Cardholder** \_\_\_\_\_

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**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_

### Leo Mahany / Harold Meininger

#### Senior Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900

[www.romi.gov](http://www.romi.gov)

 Royal Oak Parks and Recreation page

### Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

**We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.**

#### Code of Conduct

- **Live the Golden Rule**
  - **Embody Honesty**
  - **Act with Patience**
  - **Take Responsibility**
  - **Listen Attentively**
- **Communicate Effectively**
  - **Lead by Example**
  - **Be Proactive**

**Live Royal Oak**

Drop in either community center Monday through Friday. Our monthly *Senior Times* newsletter is FREE. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at **Tim's Kitchen** (M/M Center) for \$5.00. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

#### Mission Statement:

*The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.*

*The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.*

#### Medical Equipment Loan Closet

The Senior Center has walkers, wheelchairs, bath stools and such available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment since our storage space is limited.

### Special Events and Workshops

#### December

1	1st Thursday MM Book Club	11:00 am
2	Lunch and Learn	11:30 am
2	BINGO	12:30 pm
5	Welcome Newcomers	10:30 am
6	Lunch and Learn	11:30 am
7	Cookie Decorating Class, \$25	1:00 pm
16	*4th Friday Book Club	10:00 am
16	Kerry Price \$2.00	12:30 pm
23, 26, 30	CLOSED	

#### January

2	CLOSED	
5	1st Thursday MM Book Club	11:00 am
6	BINGO	12:30 pm
9	Welcome Newcomers	10:30 am
16	MLK Day - CLOSED	
17	Lunch and Learn	11:30 am
20	Kerry Price \$2.00	12:30 pm
27	4th Friday Book Club	10:00 am

#### February

2	1st Thursday MM Book Club	11:00 am
3	BINGO	12:30 pm
6	Welcome Newcomers	10:30 am
17	Kerry Price \$2.00	12:30 pm
24	4th Friday Book Club	10:00 am

#### March

2	1st Thursday MM Book Club	11:00 am
3	BINGO	12:30 pm
6	Welcome Newcomers	10:30 am
17	Kerry Price \$2.00	12:30 pm
24	4th Friday Book Club	10:00 am

### Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fee to display brochures is \$150 yearly and will display on [romi.gov](http://www.romi.gov).

### Rental Information

The Leo Mahany/Harold Meininger Senior Community Center is available to rent for nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3911 for rental fees and room availability. When calling, please have the following details available: type of event, estimated number of people, day(s) in mind, and if you will need a projector, podium or microphone.

Visit [www.romi.gov/368/Rental](http://www.romi.gov/368/Rental) for additional information.

# Day Trips

## Detroit Symphony Orchestra

### CLASSICAL Matinee Concerts

**2022-2023**

**Fridays, 9:15 am - 1:30 pm**

**All Concerts: \$31- Main Floor Sides**

**Masks are optional inside the venue.**

**February 3, 2023**

**T1003F**

Stravinsky - *Symphonies of Wind Instruments*. Leonard Slatkin conducts; Garrick Ohlsson, piano. Featuring: Bela Bartok *Music for Strings, Percussion and Celesta*; Brahms *Piano Concerto No. 1*.

**April 28, 2023**

**T1004W**

Brian Raphael Nabors *Upon Daybreak* (DSO Commission). Joann Falletta conducts; Augustin Hadelich, violin. Featuring: Chevalier De Saint-Georges *Violin Concerto in A major, Op. 5 No. 2*; Stravinsky *Violin Concerto*; Zoltan Kodaly *Dances of Galanta*.

**June 2, 2023**

**T1005W**

Tchaikovsky *Symphony No. 4*; Jader Big-namini conducts; Isata Kanneh-Mason, piano. Featuring: Giuseppe Martucci *Nocturne No. 1*; Erno Dohnanyi *Variations on a Nursery Tune*; Tchaikovsky *Symphony No. 4*.

## Detroit Symphony Orchestra

### POPS Matinee Concerts 2022-2023

**Fridays, 9:15 am - 1:30 pm**

**All Concerts: \$51 – Main Floor**

**Seats all within the first five rows!**

**Masks are optional inside the venue.**

**March 10, 2023**

**T1008W**

### Sondheim & Beyond

Andy Einhorn conducts the DSO in a joyous celebration of the life and work of beloved composer-lyricist Stephen Sondheim as well as the work of others like Stephen Schwartz, Andrew Lloyd Webber, Leonard Bernstein, and more.

**May 26, 2023**

**T1009SP**

### Respect: A Tribute to Aretha Franklin

Celebrate the singer, the icon, the leader, and the woman with her greatest hits, including *Respect*, *Chain of Fools*, *Natural Woman*, *Think* and *Amazing Grace*.



**Tina: The Tina Turner Musical** **\$214**

**Saturday, December 10**

**10:45 am - 5:15 pm** **Rybicki Tours**

Enjoy Main Floor seats at the beautiful Detroit Opera House for this great show! We'll have lunch at a local popular restaurant before the 2:00 pm performance. Cost includes transportation via motor coach, lunch and performance.

**Detroit Institute of Art**

**Guided Tours** **\$5**

**Thursdays, 12:30 - 3:30 pm**

**January 19, March 16 and May 11, 2023**

The DIA remains open to visitors, serving as a place for inspiration, calm and respite in challenging times. Cost includes transportation via motor coach. 25-person minimum.

**Zehnder's Snowfest Luncheon** **\$120**

**Thursday, January 26** **T1020W**

**8:45 am - 6:00 pm** **Rybicki Tours**

Enjoy Zehnder's famous 2-piece chicken lunch, superb dueling piano entertainment and then some time for shopping! Cost includes transportation via motor coach, lunch and show.

### Firekeeper's Casino

**\$53**

**Tuesday, February 28**

**T1002W**

**8:45 am - 6:15 pm**

**Bianco Tours**

Receive a \$20 slot credit and \$5 for food, slot play or gift shop on a fun-run to our favorite casino! Cost includes transportation via motor coach.

### Meadow Brook Theatre

**\$74**

**"Blues in the Night"**

**T1019F**

**Wednesday, March 8**

**1:00 pm - 4:30 pm**

Using music from great artists such as Bessie Smith, Duke Ellington, Johnny Mercer and Harold Arlen, this musical tells of the sweet, sexy and sorrowful experiences three women have with the lying, cheating, snake-of-a-man who wrongs them. Enjoy lunch before the performance at O'Malley's at the Crowne Plaza. Make your lunch choice upon registration. Cost includes transportation via Senior Bus, lunch, and performance.

### Cornwell's Turkeyville

**\$99**

**"I Do! I Do!"**

**T1003W**

**Wednesday, March 29**

**Bianco Tours**

**9:30 – 6:30 pm**

Take a break from the Winter doldrums with this heartwarming musical about the challenges and rewards of love. Enjoy Cornwell's famous Turkey Lunch Buffet before the performance! Cost includes transportation via motor coach, lunch and performance.



**If you need special accommodation for travel, it is your responsibility to inform us upon registration.**

### South Oakland Art Association

**1st Tuesday of each month at the M/M Senior Community Center**

**7:00 - 9:00 pm**

**\$5.00 fee; annual dues are \$30.00** **Visitors are welcome!**

South Oakland Art Association was established in 1960 to promote creative talent and the fine arts. They hold monthly meetings (except July and August), have guest speakers and demonstrations, an Artist of the Month, and contests.

SOAA offers an opportunity to interact with other artists and participate in scheduled art shows. All ages are welcome!

For more information, visit [SouthOaklandArt.com](http://SouthOaklandArt.com). Questions? Email Pat at PatHughes1047@gmail.com.

## Extended Trips

### Philadelphia Flower Show \$809 pp/dbl March 7-10, 2023 Bianco Tours

Spend three nights in Philly and visit the largest flower show in the world! Held since 1829, this Philadelphia tradition is the oldest indoor flower show in the nation. Also included: a guided city tour, a stop at the National Constitution Center and free time to explore the Historic District, such as the Liberty Bell, Betsy Ross House Independence Hall and more. Cost includes transportation via motor coach, accommodation, tours, Flower Show admittance, and five meals. \$50 deposit; balance due January 20.



### Soaring Eagle Casino & Resort \$225 pp/dbl March 29 - 30, 2023 Rybicki Tours

Try your luck with one night at the Casino, then stop in Frankenmuth for lunch and shopping! Cost includes transportation via motor coach, accommodations and these credits: \$30 for play and \$20 for dining. Full amount due upon registration.

### Springtime in the Smokies \$1149 pp/dbl May 15 - 18, 2023 Bianco Tours

Journey to the magnificent Smoky Mountains! Stay three nights in Gatlinburg while you explore downtown, take the Mountain Top Tour, enjoy the Dixie Stampede dinner show, and ride the thrilling SkyFly Adventure. You'll cruise down the Tennessee River on an authentic Paddle-wheeler as well and visit the Island of Pigeon Forge. Cost includes transportation via motor coach, accommodations and more. \$50 deposit; balance due March 30.

### Mackinac Island Lilac Festival June 7 - 9, 2023 Bianco Tours

SAVE THE DATE! Call the Center for more information in December.

**If you need special accommodation for travel,  
it is your responsibility to inform us upon registration.**



### Oak Ridge Boys & Shipshewana \$369 pp/dbl June 21-22, 2023 Bianco Tours

Check out the Midwest's largest flea market in Shipshewana, IN. That night, we have Main Floor seating in rows 5-8 for five-time Grammy winners, the Oak Ridge Boys! These country music legends have phenomenal harmonies and an amazing career that spans several decades. Cost includes transportation via motor coach, accommodations, performance and two meals. \$20 deposit; balance due: April 21, 2023.

### Agawa Canyon Rail Adventure & Mackinac Island \$1299 pp/dbl October 3 - 6, 2023 T1005SU Shoreline Tours

You've heard about this; you've always wanted to go – now is the time! This is one of the most popular train tours in North America. The wilderness excursion will transport you through 114 miles of scenic fall color over towering trestles, along pristine lakes and rivers and through the granite rock formations and vast mixed forests of the Canadian Shield. After your stay in Sault Ste. Marie head to Mackinac Island for a day of horse carriage tours, lunch at the Grand Hotel and shopping time in the quaint downtown. There is even a trip through the famous Tunnel of Trees! Cost includes transportation via motor coach, accommodations, six meals and more! \$100 deposit; balance due: August 3, 2023.



## Sushi Making Class NEW

**Mondays, 5:30 pm  
Nov. 21, Dec. 5, Jan. 23, Feb. 6  
\$42 per class**

Learn the art of sushi making from Takayuki Sakaguchi, former manager of Noble Fish in Clawson. Prepare and enjoy your creations as he shares his knowledge and passion for top-quality seafood. Basic knowledge and skills will be taught in each class. One class will give you these basics but you can repeat if you like.

## American Sign Language Class with Kaylee

On hiatus until Kaylee can rejoin the center for teaching. Stay tuned for spring announcements.

## Garden Club

**1st Mondays of each month, 7:00pm**

**Actively seeking new members**

Plant lovers and outdoors enthusiasts, join this club to "grow" your knowledge. The group is eager to welcome additional volunteers to assist, coordinate projects around the M/M Center and further the love of gardening. Questions? Contact Barb Bolton at [BRBolton88@gmail.com](mailto:BRBolton88@gmail.com)

## M/M Book Clubs

**1st Thursdays, 11:00 am - 12:30 pm**

**ALMOST FULL**

**4th Fridays, 10:00 - 11:30 am FULL**

We are now offering two well-attended groups! In partnership with the **Royal Oak Public Library**, we offer readers the opportunity to explore novels or non-fiction titles together. Don't worry about driving at night to typical book club gatherings!

Book Clubs are volunteer lead, no registration is necessary. Friday group is maxed out with readers and Thursday is almost full. Show up to M/M center and join. Be forewarned if the ROPL kit doesn't have enough books for everyone, you will have to find the book on your own.

Want a library card? Visit [ropi.org/1063/](http://ropi.org/1063/)  
**Apply-for-a-Library-Card**

If meeting in person doesn't suit you, an additional educational resource can be found at [www.getsetup.io/partner/michigan](http://www.getsetup.io/partner/michigan) for free online learning.

## Welcome Newcomers

**1st Monday, 10:30 am**  
**Dec. 5, Jan. 9, Feb. 6, March 6**

**FREE**

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Receive a complimentary lunch. Call 246-3900 to reserve. Need a ride from your R.O. home? Call 246-3914.

## Billiards

**50¢ / day drop-in**  
**\$3.00 / month unlimited**

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm.

## Join the Pool Party!

**Mondays, Wednesdays & Fridays**  
**1:00 - 4:00 pm**

A great group of regulars want to welcome new members. Stop by and play!

## Drop-In Cards

**Rubber Bridge**  
**Mondays, 12:15 pm**  
**\$1.00**

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

## Pinochle

**Tuesdays, 12:30 pm**  
**\$1.00**

Drop-in for Pinochle and meet new friends.

## Duplicate Bridge

**Wednesdays, 12:15 pm**  
**\$2.00**

Drop-in with a partner to play Duplicate Bridge. For more information, visit [roduplicatebridge.org](http://roduplicatebridge.org).

## Euchre

**Thursdays, 12:30 pm**  
**\$1.00**

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

## Crochet Creations

**Thursdays, 12:15 pm**

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

## Helping Hands

**Tuesdays & Thursdays, 9:30 am**

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets to donate to Hospitals, Churches, and other charitable organizations in the area. Feel Free to drop-in. Beginners up to expert crafters are welcome!

## Senior Sew

**Tuesdays at 10:00 am**

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

## Sit 'n Knit

**Tuesdays, 1:00 - 3:00 pm**

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

## Friday Recreational BINGO!

**1st Fridays at 12:30 pm** **A1005**

**Dec. 2, Jan. 6, Feb. 3, March 3**

**Must preregister**

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each. Format is 5 regular games with prizes and one overall round with a Grand Prize of \$5.00. Prizes for First Friday Bingo are provided by sponsors.

*Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Overall cash prizes.*



## Hero Handbells Concert

**Monday, November 21** **A1010**

**7:00pm - 8:30 pm**

Holiday Music performed live by a concert ensemble. Doors open at 6:30 pm. Light refreshments and snacks will be served. RSVP by calling 248-246-3900.

## Kerry Price Sing-A-Long

**3rd Fridays, 12:30 pm**

**Dec. 16 - A Gift of Music** **FREE**

**Jan. 20 - It's a Matter of Time**

**Feb. 17 - Irving Berlin-Part 1**

**March 17 - TBA**

**\$2.00 per performance**

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door. **December show is free and light refreshments will be served.**

## Dinner Dance

Dinner Dances will resume in 2023. Stay tuned for the next date and theme!

## Mahjongg Drop-In

**Tuesdays, 1:00 - 3:30 pm**

**Wednesdays, 9:30 am - 12 noon** **50¢**

Experienced players may drop in and play on Tuesday afternoons and Wednesday mornings. Players must follow National Mahjongg League rules only.



### Foot Doctor

**2nd Wednesday every other month**

**9:30 - 10:45 am**

**Feb. 8, April 12**

Dr. Adas will see patients at the Mahany / Meininger Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' Office directly at (248) 478-6870 and ask to be seen at the Royal Oak Senior Center for your appointment.

### Grief Support – Living On

**Hosted by Hospice of Michigan**

**3rd Fridays, 10:30 - 11:30 am**

**Dec. 16, Jan. 20, Feb. 17, March 17**

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323.

### Massage Therapy

**By appointment only**

**30-minute massage \$35**

**60-minute massage \$55**

**Jan. 4, 9, 11, 19, 25; Feb. 1, 2, 7, 9, 15;**

**March 1, 6, 8, 15, 23; April 4, 6, 19, 25, 27**

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900.



## NEW Classes

### Holiday Cookie Decorating Class

**Wednesday, Dec. 7, 1:00 pm**

**\$25.00 registration fee**

**A1005F**

**Register by Dec. 1**

In the spirit of the holiday season, the award-winning Cookie Cool Cookie Company's principal baker, Ms. Patricia Davis, will celebrate the joys of the season, by sharing her knowledge and techniques of cookie decorating with the basics of royal icing. This delightful and engaging class will demonstrate how to use royal icing to create and decorate beautiful and memorable cookies for gifts and loved ones.

Participants will leave with class with four delicious, decorated cookies, packaging, recipes and holiday mementos. Tis the Season!

### Going Google!

**First Wednesday of every month**

**Dec. 7, Jan. 4, Feb. 1, March 1 A1000**

**10:00 - 11:00 am**

**\$10.00 per class**

Google has many tools and applications that you can run on your smartphone or computer. But what tools are right for you and how do they work?

This series of four talks will cover what Google tools are available and how they work. The most popular tools will be discussed in enough detail so you can confidently use them. Our presenter, Tom Allen, was a software engineer for many years and has a MS in Computer Science from the University of Michigan. He has given talks on Google applications for many years.

### AARP Tax-Aide Program

Seniors 50+ are encouraged to take advantage of our FREE resource again for this coming tax season. Starting in January 2023, a dedicated phone line will be utilized to make appointments, but the preferred (and faster) method is to use the QR code below to secure one of our limited time slots. And for those who procrastinate, the later appointments book FAST. Subscribe to our *Senior Times* monthly publication for release of the phone number when it becomes available. Or hang onto this URL for self-service.

AARP Tax-Aide volunteers will be at the M/M Center **Mondays and Wednesdays beginning February 6, 2023**. Taxpayers will set an appointment, then a small packet with directions will be picked up at our center to direct them how to organize their paperwork. This expedites the process and eases stress of both the customer and volunteer tax preparer.

**Scan the QR code below to schedule your appointment!**



### AARP Needs Your Help!

AARPTax-Aide is looking for volunteers! If you'd like to do taxes, we'll train you and set you up with all the equipment you'll need. Not into doing taxes? We also have need for greeters, document shufflers, and telephone answerers.

Please contact Bruce Swancutt at [swancutt522@gmail.com](mailto:swancutt522@gmail.com).

### Ask the Computer Lady!

**Tuesdays through March 2023**

**11:00 am - 12:00 pm**

**C1050W**

**12:15 - 1:15 pm**

**C1051W**

**1:30 - 2:30 pm**

**C1052W**

**\$35 / 60 minutes**

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

### Computer Club

**2nd & 4th Wednesdays, 12:30 pm**

Calling all beginners to experienced computer and tech enthusiasts. All levels are welcome to join our growing club, no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Senior Times* Newsletter for topics and speakers. Donations accepted.



**Chair Exercise with Cindy****Wednesdays, 9:30 - 10:15 am**

<b>Jan. 4 - Feb. 8</b>	<b>C1035W</b>
<b>Feb. 22 - March 29</b>	<b>C1036W</b>
<b>\$36 / 6 weeks</b>	
<b>Fridays, 9:30 - 10:15 am</b>	
<b>Jan. 6 - Feb. 10</b>	<b>C1037W</b>
<b>Feb. 24 - March 31</b>	<b>C1038W</b>
<b>\$36 / 6 weeks</b>	

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

**Chair Yoga with Cindy****Wednesdays, 10:30 - 11:15 am**

<b>Jan. 4 - Feb. 8</b>	<b>C1039W</b>
<b>\$36 / 6 weeks</b>	
<b>Feb. 22 - March 29</b>	
<b>C1040W</b>	
<b>\$36 / 6 weeks</b>	
<b>Fridays, 10:30 - 11:15 am</b>	
<b>Jan. 6 - Feb. 10</b>	<b>C1041W</b>
<b>\$36 / 6 weeks</b>	
<b>Feb. 24 - March 31</b>	<b>C1042W</b>
<b>\$36 / 6 weeks</b>	

This class consists of three 15-minute sections, first and last are performed seated; the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

**Ballroom Dance Class****Tuesdays, 2:00 pm \$10.00**

Join instructor Bill Scheff on Tuesday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime.

**Line Dancing – Drop-in****Fridays, Intermediate, 1:00 pm \$3.00**

Line dancing is not only fun but good exercise as well. And you don't need a partner. Learn the hot country line dances. NO BOOTS.

**Social Square Dance****Mondays, 1:00 - 3:00 pm AND****Wednesdays, 7:15 - 8:45 pm****Drop-in, \$7.00 per class, CASH ONLY**

Learn to square dance! Tom Katz is a well-attended group of lively seniors that "tear up the dance floor". This is an entry level activity where participants learn calls (steps). Caller Walt is hilarious on the microphone.

**Free Self-Guided DVD Workouts****Monday, Wednesday & Friday, 9:30 am**

No Cost, No Commitment, NO Pressure

Want to exercise without the commitment (or cost) of a class? Come on in and enjoy a DVD workout! We have a variety of different workout videos from a number of instructors including Richard Simmons, Jane Adams and Curtis Adams!

**Tai Chi Chen Style with Han****Thursdays, 9:15 am****Jan. 5 - March 23 C1012****\$84 / 12 weeks**

Tai Chi Basic exercises are for beginner and continuing students. The class will include: Tai Chi warm-up, gentle stretching. Tai Chi walking and silk reeling and section one of Chen Style Tai Chi old form.

**Gentle Yoga****Mondays, Jan. 9 - Feb. 27, 10:00 am****\$42 / 7 weeks C1026W****No class 1/16****Mondays, Jan. 9 - Feb. 27, 1:00 pm****\$42 / 7 weeks C1028W****No class 1/16****Thursdays, Jan. 12 - March 2, 1:00 pm****\$48 / 8 weeks C1030W****Mondays, March 6 - April 24, 10:00 am****\$48 / 8 weeks C1027W****Mondays, March 6 - April 24, 1:00 pm****\$48 / 8 weeks C1029W****Thursdays, March 9 - April 27, 1:00 pm****\$48 / 8 weeks C1031W**

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

**Healthy Back and Core with Joshua****Tuesday & Thursday, 1:00-2:00 pm****Walk-in, \$9.00 per class, CASH ONLY**

Fitness instructor Joshua owns his own gym in Clawson, GPC Fitness. He has experience working at the Troy Senior Center. His passion for fitness feeds the desire to help his customers regain movements and ease pain. This class focuses on a wide variety of strength and mobility techniques. Joshua provides equipment (ie. kettle bells, spin bikes, resistance bands) from his gym. Floor work only as student is able.

**Balance, Stability & Core with Joshua****Tuesday & Thursday 11:15 am - 12:15 pm****Walk-in, \$9.00 per class, CASH ONLY**

This class uses bands, benches, bosu balls, walls and chairs to help students feel more stable in their daily lives. No floor work is necessary and modifications can be made. All ages welcome and beginners too!

**Call or text 620-755-2178, or email jantzshua@gmail.com for a full list of the above class offerings and times.**

**Zumba Gold Toning®****Wednesdays, 1:00 - 2:00 pm****Nov. 30 - Feb. 1 C1100W****\$55 / 10 weeks****Fridays, 12:00 - 1:00 pm****Dec. 9 - Feb. 10 C1010W****\$55 / 10 weeks****Drop-in, \$6.00 per class**

Zumba® combines a dance workout with a party-like atmosphere. It builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. It is designed to be approachable by all populations, regardless of fitness level. No experience needed! Toning sticks are available for purchase from instructor. Cost is \$20.00 for a 1# pair, \$25.00 for a 2.5# pair. Toning sticks are not necessary to join but will enhance and help you get more out of your Zumba session. Dress comfortably, wear dance sneakers or tennis shoes. Bring water and towel. Active adults get great results! Instructor Debbie Mackool.

**Preregistration is strongly encouraged!**  
**Staff at M/M Center would be happy to help you register by phone or in-person.**

## Drop-In Sports at the Salter Center

### Pickleball

- Beginning January 3, the cost of pickleball will be \$3.00 per person per session. Any individual caught not paying will be asked to leave the gym immediately
- Sign-in sheets will be made available 30 minutes before scheduled start times

#### Mondays

11:00 am - 1:00 pm or 1:00 - 3:00 pm  
All levels - East Gym

#### Tuesdays

1:00 - 3:00 pm, All levels - East Gym  
12:30 - 2:15 pm, 4.0 & higher - West Gym

#### Wednesdays

11:00 am - 1:00 pm or 1:00 - 3:00 pm  
All levels - East Gym  
11:00 am - 2:00 pm  
3.5 & higher - West Gym (\$3.00)

#### Fridays

11:00 am - 1:00 pm or 1:00 - 3:00 pm  
All levels - East Gym  
12:30 - 2:00 pm  
3.5 & higher mixer - West Gym

### Bounce Volleyball

#### Tuesdays and Thursdays

#### 11:00 am - 1:00 pm

**Bounce Volleyball**, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

### Drop-In Pinochle

#### Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

### Helping Hands

#### Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

### Let's Walk!

#### Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

### Senior Pilates

#### Tuesdays, 11:45 am - 1:00 pm

Jan. 10 - Feb. 28 **SA2301**

**\$40 / 8 weeks**

#### Tuesdays, 11:45 am - 1:00 pm

March 7 - April 25 **SA2302**

**\$40 / 8 weeks**

#### Tuesdays, 11:45 am - 1:00 pm

May 2 - June 20 **SA2303**

**\$40 / 8 weeks**

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

### Sit Down & Tone Up

#### Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!



### Stretch & Strength (40+)

#### Cardio, weights and stretching

#### 11:00 am - 12 Noon

#### Winter 1

**Mondays:** Jan. 9 - Feb. 27 **SA6001**

**Wednesdays:** Jan. 4 - Feb. 8 **SA6002**

**Fridays:** Jan. 6 - Feb. 10 **SA6003**

**\$36 / 6 weeks**

#### Winter 2

**Mondays:** March 6 - Apr. 24 **SA6004**

**\$48 / 8 weeks**

**Wednesdays:** Feb. 15 - March 22 **SA6005**

**Fridays:** Feb. 17 - March 24 **SA6006**

**\$36 / 6 weeks**

#### Spring 1

**Wednesdays:** March 29 - May 3 **SA6008**

**Fridays:** March 31 - May 5 **SA6006**

**\$36 / 6 weeks**

#### Drop-in any Monday, Wednesday or Friday for \$6 per class.

No class dates: Nov. 25, Dec. 23, Dec. 30, Jan. 2, Jan. 16, Feb. 20, April 7

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

### Yoga

#### Tuesdays at Salter Center, 1:15 pm

**Jan. 10 - Feb. 28** **SA2321**

**March 7 - April 25** **SA2322**

**May 2 - June 20** **SA2323**

**\$40 / 8 weeks**

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

## Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over and qualify for subsidy. You must live in your own home - alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. To ascertain household income, please provide your most recent Home Heating Credit or Michigan Homestead Property Tax Credit form. If you live in one of the senior high rises you will need to provide the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
Below \$18,800	Below \$21,500	\$3
\$18,801-\$31,350	\$21,501-\$35,800	\$5
\$31,351-\$50,150	\$35,801-\$57,300	\$7

- Home Chores
- Home Repairs
- Personal Care

*The City of Royal Oak sponsors this service. Call 248-246-3900, Monday - Friday.*

## Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

### Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

## Aphasia Support Group

**Thursdays, 10:00 am - 12 noon**

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

## Alzheimer's Association Caregiver Support Group

**1st Mondays, 3:00 pm FREE**  
**Dec. 5, Jan. 9 (2nd Monday),**  
**Feb. 6, March 6**

**Facilitator - Theresa Neu**

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

## Legal Consultations

**3rd Wednesday No Fee**  
**Jan. 18, Feb. 15, March 15**

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20- minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call the Senior Center at 248-246-3900 to schedule your 20-minute consultation.

## Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

## P.A.L. (Positive Attitude Living)

**Fridays, 10:30 am FREE**

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

## Substance Abuse

### Grief Support

**2nd Mondays, 7:00 - 8:30 pm**

Open to anyone seeking support, and safe place to talk, listen and be heard. No need to RSVP, come as you are and leave a little better off. Jan I., volunteer and group organizer, has personal experience coping and recovering from grief. Call the Senior Center at 248-246-3900 to inquire.

## Tim's Kitchen

Dine-in and carry-out meals will be served Monday-Friday. Lunches are available at 11:45 am for dine-in service and 12:15 pm for carry-out (food is held cold for carry-outs). You must order meals 72 hours in advance (meals sometimes sell out early). Meals are \$5.00 each and MUST BE PRE-PAID AT TIME OF ORDER. Monthly *Senior Times* will have menu offerings. At this time, punch cards are not available and no walk-ins allowed. Have debit or credit card ready when calling, 248-246-3900.

## Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

## Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19/5 round-trip tickets and \$14/5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.



# Royal Oak

**Life** Now Playing

## **Mayor**

Michael Fournier

Melanie Macey, Mayor Pro Tem  
Sharlan Douglas

## **City Commission**

Kyle DuBuc  
Monica Hunt

Brandon Kolo  
Pat Paruch

## **City Snow Operations**

Residents can greatly impact the snow removal process by moving their cars into driveways when a snow emergency is declared. This allows City snowplows to move unimpeded through residential streets and restore driveable conditions much sooner. Residents may call the Snow Emergency Hotline (248) 246-3442, to find out if a snow emergency is in effect.

Those who don't cooperate could be ticketed, fined and/or impounded under a 1992 ordinance requiring them to move their cars off the street when a snow emergency is declared. On-street parking is prohibited, except with special permits, when an official snow emergency is declared. Emergency conditions are generally defined as a snowfall of four inches or more, or a projected snowfall of four inches or more.

Residents need to remove their cars prior to an official emergency declaration. When the emergency is declared, it's absolutely critical that cars be off the roads as trucks will already be plowing by that time.

Depending on the amount of snow – the City is plowed as follows:

### **Priority One**

This covers snow up to four inches. Only major arterial streets such as 12 Mile Road are plowed and/or salted 24 hours a day as required.

### **Priority Two**

When Priority One routes are done, crews shift to Priority Two which is connector streets and routes leading to schools. Intersections and drop-off areas at the schools are salted only during regular work hours, Monday-Friday, and are done only when they are in session.

### **Priority Three**

This covers major storms of four inches or more. The City plows Priority One routes first, then Priority Two (if school is in session), then local streets and, finally, dead ends. Salting of intersections begins when dictated by conditions (salting every street is cost prohibitive). Plowing of local streets is started in a different area of the City after each snowfall as a matter of fairness.

In the downtown area, snow is plowed to the center of the street, then picked up upon completion of residential areas.

The goal is to complete plowing and pickup operations within 24 hours after the snow stops, and it's much easier to do if vehicles are parked off the street.

The DPS is often bombarded by complaints when snow is plowed into resident's driveways. Unfortunately, it is an unavoidable circumstance because plows are fixed to push snow to the curb and there's no place for it to go other than the driveway. It means the end of the driveway must be cleaned again after the plow goes through.

The City apologizes for the inconvenience but a plowed street is important for emergency vehicles and permits residents to go to work, school or shopping.

### **Snow Emergency Ordinance: How it Affects You**

Winter is approaching and the citizen's of Royal Oak should be aware of the city's Snow Emergency Policy. The Royal Oak Snow Emergency Ordinance (Chapter 625) was enacted to provide for the safety of the public and to facilitate snow removal by city and county snow removal personnel.

It is unlawful for any vehicle to be parked on a street in the City of Royal Oak when a Snow Emergency has been declared, unless the vehicle has been issued an exemption permit by the Police Department. Permits will be granted for owners of vehicles who occupy a premises that does not have a driveway to park only in front of his/her residence. Applications for Snow Emergency Parking Exemption permits may be obtained from the Records Bureau of the Royal Oak Police Department (Monday-Thursday, 8:00 am - 4:00 pm) or the City's website, [www.romi.gov](http://www.romi.gov). Please note, permits once filled out need to be taken to Police Records Bureau. It cannot be completed online.

The Snow Emergency, once declared, will be broadcast publicly on radio, cable or the Snow Emergency hotline, 248-246-3442.

Any vehicle parked on any street is in violation of Ordinance 625 which constitutes a public hazard and an obstruction of traffic and may be ticketed, towed and/or impounded immediately.

When large snowfalls are expected, citizens should remove their vehicles from the street. This will eliminate any chance of fines and/or impoundment if a snow emergency is declared, reduce the chance of vehicle accidents and allow city workers to clear the streets quickly and efficiently. Citizen cooperation will enable the streets to be cleared quickly and allow the Snow Emergency to be lifted in a timely manner.

The success of a snow removal operation, while sometimes inconvenient, is a community effort. Please be considerate of your neighbors. Thank you.



# Christmas Tree Collection

Trees will be collected curbside for recycling 12/26/22 - 1/13/23 by a private chipping contractor on your regularly scheduled refuse day. Please put to the curb by 7:00 am and remove all decorations, lights, stands and plastic bags or the tree will be left until corrected for the next pickup day. Between 1/17/223 and 3/31/23 residents may take the tree to SOCRRA, 995 Coolidge for disposal. Call 248-288-5150 for details. **By appointment only.**

## Yard Waste Reminder

Yard waste must be separated through December 16, 2022. Between December 19, 2022 and March 31, 2023, residents need to either hold onto yard waste materials until the program starts on April 1 or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 1. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn. **By appointment only.**

## Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at 248) 246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won't survive, then an alternate sight is chosen. What a wonderful way to honor a loved one for years to come.

## Refuse and Recycling Directory

**Department of Public Services (DPS)**..... 248-246-3300

(Calls regarding garbage and recycling pickups)

**SOCRRA MRF/Drop-off Center** 995 Coolidge..... 248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

**Please visit [www.socrra.org/recycling-drop-off](http://www.socrra.org/recycling-drop-off) for accepted drop-off recyclables.**

### Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

**BY APPOINTMENT ONLY.** Visit [socrra.org](http://socrra.org) for more information.

**Hazardous Waste** – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

**Used Electronics** – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

**Recyclables** – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the tote/bin.

**No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.**

**Regular Refuse** – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

**Yard Waste** – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

**Leaf Vacuum Program** begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at [www.romi.gov](http://www.romi.gov).

**Brush, Tree Trimmings & Shrubs** – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

**Broken Glass** – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

**Appliances** (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

**Carpeting & Padding** – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

**Latex Paint** – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

**Excluded Curbside Items** – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See [www.socrra.org](http://www.socrra.org) or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

**Holiday Refuse Collection** – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



### Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

### What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at [www.romi.gov](http://www.romi.gov).

### Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system. To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at [www.romi.gov/cccc](http://www.romi.gov/cccc). Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email [residential@hydrocorpinc.com](mailto:residential@hydrocorpinc.com). You can visit HydroCorp's website at [www.hydrocorpinc.com/resources/faq](http://www.hydrocorpinc.com/resources/faq).

### Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

#### Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

#### Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

#### “Flushable” Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it's not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

#### Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



# How to Determine if You Have a Water Leak

The best method for determining whether a leak exists is to take actual water meter readings, in between the quarterly reads that the City takes in order to bill you. This method checks your entire internal plumbing system for water leaks. Take a water meter reading just before going to bed or when no one will be using any water for several hours. Take another meter reading in the morning before any water is used or after a few hours of non-use. In theory, the two readings should be the same. If they are not and you cannot account for the use by a humidifier, ice maker, toilet flush, water softener, or other – you have a leak and further investigation is recommended.

From our experience, 90% of the leaks in residential plumbing systems are found at the toilet tank. Malfunctioning water softeners and humidifiers run a distant second and third. Toilets leak at the bottom of the tank around the flapper plug or at the top of the tank at the overflow tube. Toilet tank leaks typically result from worn parts or misalignment of some part of the flushing system. Most repairs can be done by an experienced "do-it-yourselfer". If you are not sure you can handle the job, **call a plumber**. It is important to stop the leak early to avoid a HUGE water bill.

The following information is offered as a courtesy, with the hope that action on your part may minimize an unnecessary waste of water and expense to you.

**Flapper Plug** - To test the flapper plug, carefully remove the lid from the toilet tank and mark the water level in each toilet tank with a pencil. Shut off the water supply to the toilet. If the water remains on the mark you made after 15 minutes or so, the flapper plug is probably not leaking. If the water level drops below the mark you made, the flapper plug is leaking and should be repaired or replaced as soon as possible.

**Overflow Tube** - The water level in the toilet tank should be at least one inch below the top of the overflow tube. If the water level is at the top of the overflow tube, that is where a leak may be occurring. The float that controls the water level in the tank should be adjusted so that the water level in the tank is at least one inch below the top of the tube.

Please contact the Water Billing staff at **248-246-3160** if you have questions about your water use.

## Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

## Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side'

of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit [www.romi.gov/gettheleadout](http://www.romi.gov/gettheleadout) to learn about the program and to get on the replacement list.

**Lead and/or galvanized service lines will be replaced at no cost to the homeowner.**

For more information on reducing exposure to lead from drinking water, visit [www.michigan.gov/mileadsafe](http://www.michigan.gov/mileadsafe).



# The 411 on Preventing your Pipes from Freezing in Michigan's Winter Water Wonderland, 3rd in the series

When water freezes in your pipes - whether due to quick drops in outside temperatures, poor insulation, or a thermostat set too low - its volume expands and puts pressure on the pipe from the inside. This pressure can cause a pipe to burst - but even a small crack or two can be the start of some devastating and expensive (\$\$\$\$) water and plumbing damage.

As the cold weather starts rolling in, it's important that you know how to prevent pipes from freezing. Learning how to protect your pipes is fairly easy by following a few steps and by finding the best pipe insulation to prevent freezing, as well as using proper thawing methods.

## Preventing Frozen Pipes

- Never was the saying "an ounce of prevention is worth a pound of cure" truer than in the case of plumbing! There are number of ways to keep pipes from freezing, and save you potentially thousands in water damage:
- Insulate pipes located in the attic and crawl space using pipe insulation. You can also wrap pipes in heat tape or heat cables with a thermostat control. The best pipe insulation for your situation will depend on your home, so consult a professional.
- Seal or caulk any cracks that might let in cold air, especially in places where pipes run from inside to outside the home, such as dryer vents or water pipes.
- Preventing frozen pipes should be done outdoors as well. As you winterize your home, disconnect your garden hoses, close cut-off valves to outdoor faucets, and drain the spigots. You can also protect outdoor spigots by using faucet covers throughout the winter months.
- Alert a trusted neighbor if you'll be away more than a few days, and ask them to check on your home periodically to make sure that the measures you have taken in preventing frozen pipes worked and that nothing has ruptured.
- If you temporarily lose your heat source and cold weather settles in, start a small drip of both hot water and cold water in the kitchen, bath, laundry areas, and any other faucets in the home. A small water drip is all that is needed to keep water moving through the system and prevent frozen pipes.

## Discovering Frozen Pipes

- Turn on your faucet. If there is only a drip or trickle of water, you may have a frozen pipe.
- Check along the water supply lines, taking note of very cold spots. Inspect carefully to see if you notice any line breaks or dripping from the lines.
- If you find any broken pipes, turn off the main water supply to the house. Then, immediately call a professional plumber for assistance.

## Thawing Frozen Pipes

Thawing frozen pipes needs to be done quickly and safely. First, open up the faucet for the affected pipe. The flowing water will help the ice melt even faster.

- Exposed pipes - surrounding the pipe with a heat source will melt the ice inside. This can be done in several ways:
  - Wrap the pipe in a heating pad and turn the temperature dial up to high.
  - Aim a hair dryer on high at the pipe. Keep the air moving back and forth and around the pipe in 12- to 16-inch sections at a time.
  - Encircle the pipe in heated, dampened towels. Change these wraps frequently as they lose heat to the pipe.
  - Position a space heater to circulate warm air around a section of the pipe. Move the heat source to different sections as needed and continue until the pipes are thawed and the water pressure returns to normal.
  - Enclosed pipes, either in a wall or an area that is hard to reach, try these tips:
    - Turn up the heat in your home. The higher temperatures could help thaw out any pipes located inside walls.
    - If needed, cut out a section of the wall to access the pipe. Then use any of the above methods for exposed pipes.

**NOTE: Never use extreme heat or open flames, such as a heat gun or blow torch, to thaw a pipe – which would be both be a fire hazard and could cause serious damage to the pipe.**





## FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

### Open All Year!

#### Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year round

#### Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year round

### Calendar of Events at the Market:

#### December

1	Thurs	<b>Holiday Magic Marketplace &amp; Tree Lighting (4:00 - 9:00 pm)</b>
23	Fri	<b>Special Farm Market &amp; Antiques (7:00 am - 1:00 pm)</b>
24	Sat	<b>Farm Market CLOSED</b>
25	Sun	<b>Antiques &amp; Collectibles CLOSED</b>
30	Fri	<b>Special Farm Market &amp; Antiques (7:00 am - 1:00 pm)</b>
31	Sat	<b>Farm Market CLOSED</b>

#### January

1	Sun	<b>Antiques &amp; Collectibles CLOSED</b>
7	Sat	<b>Farm Market OPEN (7:00 am - 1:00 pm)</b>
8	Sun	<b>Antiques &amp; Collectibles OPEN (7:00 am - 3:00 pm)</b>
22	Sun	Ham Radio Show (8:00 am - 3:00 pm)



Like us on Facebook!



## At Your Service

<b>Emergency Calls Only Police, Fire &amp; Ambulance</b>	911
<b>General Information</b>	248-246-3000
<b>Animal Complaint</b>	248-246-3500
<b>Animal Shelter</b> 1515 N. Edgeworth.	248-548-3058
<b>Assessor</b>	248-246-3110
<b>Building Inspection</b>	248-246-3210
<b>Building Inspection Requests</b>	248-246-3234
<b>Building Inspection Fax</b>	248-246-3006
<b>Cable TV (WROK)</b> 203 S. Troy St.	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
<b>City Attorney</b>	248-246-3240
<b>City Clerk</b>	248-246-3050
<b>City Manager</b>	248-246-3200
<b>Code Enforcement</b>	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
<b>44th District Court</b>	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
<b>Engineering</b>	248-246-3260
<b>Farmers Market</b> 316 E. 11 Mile	248-246-3276
<b>Finance</b>	248-246-3030
<b>Fire Department</b> 215 E. Sixth St.	
Emergency	911
Non-Emergency	248-246-3800
Fire Prevention Bureau	248-246-3810
<b>Housing Assistance - Rehabilitation Loans</b>	248-246-3130
<b>Human Resources</b>	248-246-3070
<b>Ice Arena</b> 1403 Lexington Blvd.	248-246-3950
<b>Information Systems</b>	248-246-3080
<b>Landlord Licensing Program</b>	248-246-3210
<b>Library</b> 222 E. 11 Mile Rd.	248-246-3700
<b>Mahany-Meininger Sr./Community Center</b> 3500 Marais.	248-246-3900
<b>Mayor</b>	248-246-3200
<b>Orson Starr House</b> 3123 N. Main St.	248-588-0170
<b>Parks &amp; Forestry</b>	248-246-3300
<b>Planning &amp; Zoning</b>	248-246-3280
<b>Police Department</b> 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency	248-246-3500
Community Policing	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement	248-246-3442
<b>Public Service Department</b> 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
<b>Purchasing</b>	248-246-3030
<b>Recreation</b> 1600 N. Campbell	248-246-3180
<b>Royal Oak Golf Course</b> 3417 Don Soper Dr.	248-554-0019
<b>Salter Community Center</b> 1545 E. Lincoln	248-246-3180
<b>Senior Citizen Programs</b> 3500 Marais	248-246-3900
<b>Street Lighting Outage - DTE Energy</b>	800-477-4747
<b>TDD (Hearing Impaired)</b>	248-246-3010
<b>Treasurer</b>	248-246-3140
<b>Voter Registration</b>	248-246-3050
<b>Water Bills</b>	248-246-3160
<b>Youth Assistance</b> 1601 N. Campbell	248-546-8282
<b>Website</b>	www.romi.gov



## Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? Email: [roeab@romi.gov](mailto:roeab@romi.gov)

- Royal Oak Environmental Advisory Board
- @roenvironmental
- roenvironmentalboard



## Shovel It Forward

The Royal Oak Department of Public Service is always ready to take on a snowstorm but ensuring people can move about our community safely after a snowfall requires more than plows. It takes a team effort.

This winter, the City of Royal Oak is asking all property owners – residential and commercial – to join the Shovel It Forward movement and keep our sidewalks free of snow and ice. When sidewalks are clear, we increase the safety and mobility of everyone – from those with disabilities to school kids to first responders.

### 5 Things You Can Do to Shovel It Forward

1. Apply the 7-10 rule. Anytime it snows between 7 a.m. and 7 p.m., pledge to clear your walks by 10 p.m. If it snows between 7 p.m. and 7 a.m., pledge to clear your walks by 10 a.m.
2. Help your elderly or disabled neighbors remove snow and ice from steps and sidewalks.
3. Shovel your entire sidewalk. Wheelchairs need at least 36 inches to pass.
4. If your property is adjacent to curb ramps or bus shelters, pledge to help keep them clear of snow and ice.
5. Know someone who wants to keep his or her sidewalk clear but just can't? Go to [romi.gov/shovelitforward](http://romi.gov/shovelitforward) for a list of resources.



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit [Solarize Royal Oak](#) (on Facebook) or email [roeab@romi.gov](mailto:roeab@romi.gov) for more details.



Check out the City's Sustainability Efforts Here:  
[www.romi.gov/sustainability](http://www.romi.gov/sustainability)

## Winter Tax Bills

Winter Tax Bills are sent out on or before December 1st each year – so if you don't receive your bill by December 10th or so, please obtain another copy online at: <https://bsaonline.com/?uid=1652>

There is no charge to look up your property information online if you are the owner of the property – after you register online as the owner or responsible party.

**As a reminder, we record your tax payment when we receive it – not when you send it – so choose a payment method that works for you:**

### City (BS&A) portal

The most efficient way to pay your tax or water bill continues to be through our online portal at <https://bsaonline.com/?uid=1652>. Your payment can be seen on your account almost immediately and you can receive a receipt online. There is no service charge if you pay by electronic check using your bank's routing number and your account number.

### By BillPay

If you are paying through your bank's BillPay service, verify that you are paying us electronically. Electronic payments normally are received within two days. BillPay payments sent by your Bank as a paper check through the mail generally reach our office 5 to 10 days from the day you request the payment. Your check payment will be recorded as of the day we receive it, not the day you initiated the payment from your bank, so please allow the sufficient time for your payment to arrive on time. Also, paper checks sent via BillPay do not include a tax bill stub and incur a \$10 duplicate bill fee.

*Be sure to use your parcel ID number when paying your tax bill – not your water account number – to avoid your tax bill going delinquent and incurring late charges, and your water bill being overpaid.*

### By Mail

If you are mailing your payment, be sure to allow plenty of advance time for payment to arrive to us. We recommend sending your payment at least 10 days in advance of the due date.

### By Drop Box

If you are dropping your payment in one of the drop boxes located at City Hall, be sure to include your tax payment stub to avoid incurring a \$10 duplicate bill fee. We pick up the mail once a day before we open to the public, and payments in the drop box are processed as if we received them the previous day.

### By Escrow or Mortgage Company

If your escrow agent pays your taxes and has contacted us to receive a copy of your tax bill, you will receive a "courtesy copy" tax bill for your records. The courtesy copy has the following header on the tax bill:

**This Bill was also sent to the Escrow Company on File for your Property**

Typically, escrow companies pay the winter taxes very close to the end of December – but you can go online anytime to verify that your escrow company has paid your taxes.

Questions? Call the Treasurer's office at 248-246-3140.



**“Will the apartment still be available when they see us kids?”**

Mom called about an apartment for rent that my sister, my mom and dad and I could move into. She was really excited about us all moving in, until she was told that there were “too many people for a two bedroom apartment.”

Family status is protected under law. If you feel you've been discriminated against, call **1-800-669-9777**.



**Education**  
**CR Fund**



## Royal Oak Public Library Joins MeLCat Visiting Patron Program

Your access to libraries across the state has just expanded! Libraries such as Oakland Community College, the Kent District Library, and Wayne State University are all part of the network. From the Upper to the Lower peninsula, you can now utilize libraries throughout Michigan. Borrow their items in-person and return them in Royal Oak, all at no cost to you! Visit our website at [ropl.org](http://ropl.org) to learn more about how you can access this service.

## Getting Ready for Winter with the Library

The Library has a great line-up of programs that are sure to hit the mark this winter. Selections include:

### **Wednesday, November 30 at 6:00 pm**

Ugly Holiday Sweaters for teens

### **Saturday, December 3 at 2:00 pm**

Joyful Music with Quintet Cantabile for adults

### **Tuesday, December 6 at 7:00 pm**

Compulsive Overspending and Overshopping for adults

Our youth programs take a break in December. Please keep an eye on our calendar for events happening in 2023 by visiting our website ([ropl.org](http://ropl.org)) and clicking on "Coming Events."

## Remodeled Spaces in the Library

With support from the Library Board, we recently finished a remodel of our interior spaces, a project which started in 2019. Come and sit at our laptop bar, overlooking Centennial Commons. Enjoy the new fireplace while reading a newspaper. There is new seating throughout the building that is comfortable, functional, or just plain fun!

## Library Board

As we end 2022, we will be saying good-bye to President Kathryn Ribant Payne. Kathryn has been a vital member of the Board, leading various initiatives and running the business of the Board as President since January. Kathryn's contributions to the library and community will be missed!

The next Library Board will be on Tuesday, December 13 at 7:00 pm, in the Friends Auditorium at the Royal Oak Public Library, 222 E 11 Mile Rd.



**City Of Royal Oak**  
203 S. Troy St., P.O. Box 64  
Royal Oak, MI 48068-0064

### **City Hall Office Hours**

Monday-Thursday, 8:00 am - 4:30 pm  
Friday, 8:00 am - 12 noon  
[www.romi.gov](http://www.romi.gov)

**POSTAL CUSTOMER**  
**ECRWSS**

PRSR STD  
U.S. POSTAGE  
**PAID**  
Permit No. 83  
Warren, MI

# **Holiday Magic Marketplace**

**Thursday, December 1, 2022**

**Join us for the 23rd Annual  
Holiday Magic Marketplace  
located inside the Royal Oak  
Farmers Market on Thursday,  
December 1, 4:00 - 9:30 pm.**

Over 60 local crafters and vendors  
will help you with your holiday  
shopping and decorating needs.

- **Free Cookies**
- **Live Entertainment**
- **Community Tree Lighting**
- **Visit from Santa**

**Bring the whole family  
for an evening of  
holiday fun!**



**FOUR SEASONS  
PRESCHOOL**

### **Preschool Registration**

**Registration for the 2023-2024 school year  
will begin Tuesday, February 7 at 9:00 am.**

**Registration is online only at  
[www.royaloakrec.com](http://www.royaloakrec.com).**

**Our state licensed program is for children  
ages 3 through 5 years.**

Located at the Senior/Community Center,  
3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

**[www.fourseasonspreschoolonline.com](http://www.fourseasonspreschoolonline.com)**

*See page 3 for more information.*

