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**Climate March
April 22, 2023**

A COMMUNITY COLLABORATION:





DAY CAMP SUMMER 2023



It's where you want to spend your summer!

CAMP LOCATION: **Royal Oak HIGH School**
1500 Lexington Blvd at Crooks
(north of 13 Mile Road)

**CAMP
REGISTRATION:**
Royal Oak Recreation
1600 N Campbell Road
Tel 248-246-3180
Online www.royaloakrec.com

CAMP HOURS: Monday – Friday, 9 am to 4 pm
Before/after-care available 7 - 9 am and 4 - 6 pm

CAMP DATES:

Week 1	June 19 – 23
Week 2	June 26 – 30
Week 3	July 5 – 7 (3 days \$90) Closed July 3 & 4
Week 4	July 10 - 14
Week 5	July 17 - 21
Week 6	July 24 - 28
Week 7	July 31 – August 4
Week 8	August 7 – 11



Sign up for any number of weeks, our activities are always changing.

CAMP COSTS: Camp fee is \$150 per week. Before/after care is \$50 per week.
There is a \$10 fee if a camper is picked up late.

CAMPER AGES: Campers must have completed kindergarten (must be age 5 by 9/1/22) through age 12.

CAMP ACTIVITIES: Arts & crafts, games, outdoor activities, swimming, field trips, sports and more. Campers are divided by age groups for activities. Camper to counselor ratio is 10:1.

LUNCHES Campers need to bring a sack lunch & drink daily. We provide snacks.

**NOTE: Open registration for campers will begin 9:00 am, Tuesday, March 21, 2023.
Registration will be on-line at www.royaloakrec.com**

Because of the popularity of our program, we require payment in full at the time of registration for all the weeks you will be attending camp. For your convenience, we offer credit card payment (VISA/MC/Discover).

Requests for transfers or refunds must be made at least one week in advance (as space allows) less a \$10 processing fee per week. There is a maximum of 50 campers per week. This program will sell-out! Please make sure you register early.

You may register in person, on line, by mail or fax.

Mailing Address: Royal Oak Recreation
211 Williams
PO Box 64
Royal Oak MI 48068

NO TELEPHONE REGISTRATIONS
In Person: DEPT OF REC & PUBLIC SERVICE
1600 N Campbell
Royal Oak MI 48067
Office Hrs: Mon-Fri, 8:30 am – 4:30 pm

Phone (248) 246-3180 • Fax (248) 246-3007 • www.royaloakrec.com

Registration Form 2023

Camper Name _____ Date of Birth _____

Address _____ Phone (H) _____

City, Zip _____ Phone (W) _____

E-mail _____ Parent/Guardian name _____

Please check (✓) the weeks you want, and whether or not you need before/after care.

Week	Dates	Fee	9 am–4 pm	Fee	Before/After Care
1	June 19 – 23	\$150		\$50	
2	June 26 – 30	\$150		\$50	
3	July 5 – July 7 (3 days) Closed July 3 & 4	\$90		\$30	
4	July 10 – 14	\$150		\$50	
5	July 17 – 21	\$150		\$50	
6	July 24 – 28	\$150		\$50	
7	July 31 – August 4	\$150		\$50	
8	August 7 – 11	\$150		\$50	

Total amount \$_____

Payment Method: Check Visa/Discover# _____ CVV2 _____

MasterCard# _____ CVC2 _____

Cardholder Name _____

Expiration Date _____

The City of Royal Oak assumes no responsibility for personal injuries or loss of personal property while using City or School facilities. It is recommended that anyone enrolled in an activity, or using one of our facilities in general, make provisions to provide adequate coverage within their own family insurance. By registering for Department of Recreation and Public Service programs, registrants realize the inherent risks involved in the programs and appreciate the nature of the risks.

Signature of Parent/Guardian

Date



West Bloomfield, Michigan -- (248) 682-6587

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net). Minimum 9 students.

Wednesday at Salter Community Center

April 12 - May 24, 4:00 - 4:45 pm **YA 2001**

Fee: Res. \$103; Non-Res. \$108 / 7 weeks

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Emphasis is on teamwork and effort. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited, Coach Dave. (www.leisureunlimited.net).

Minimum 9 students.

Wednesday at Salter Community Center

April 12 - May 24, 5:00 - 5:55 pm **YA 2002**

Fee: Res. \$103; Non-Res. \$108 / 7 weeks

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids may scrimmage if permitted. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes, and bring a water bottle and a ball (ball is optional). Instructor: Leisure Unlimited, Coach Dave (www.leisureunlimited.net). Minimum 9 students.

Wednesday at Salter Community Center

April 12 - May 24, 6:00 - 6:55 pm **YA 2003**

Fee: Res. \$103; Non-Res. \$108 / 7 weeks



TumbleBunnies Gymnastics

www.tumblebunnys.com

Itty Bitty Bunny – ages 18 months - 2 years

This class has **parents working with their child** in a fun, energetic environment with a variety of activities such as gymnastic focused warm ups and activities on a rotation of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students per session.

Tuesday at Salter Community Center

April 11 - May 30, 9:30 - 10:00 am **YA3009**

Fee: \$120 / 8 weeks

Saturday at Salter Community Center

April 15 - Jun 10, 9:30 - 10:00 am **YA3001**

Fee: \$120 / 8 weeks

No class May 27



TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, April 11 - May 30 at Salter Community Center

Fee: \$120 / 8 weeks

Bizzy Bunnies, 3 - 5 year olds, 10:15 - 10:45 am **YA3010**

Saturdays, April 15 - June 10 at Salter Community Center

No class May 27

Fee: \$120 / 8 weeks

Bizzy Bunnies, 3 - 4 year olds, 10:15 - 10:45 am **YA3002****Happy Hoppers**, 5 - 7 year olds, 11:00 - 11:30 am **YA3003**

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127

Gymnasium Rentals

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.



Four Seasons Preschool provides a safe and caring environment where children feel secure and learning is a positive experience. Our goal is to have the children leave the program with a positive sense of self, a joy of learning, and the skills they need to enter kindergarten.

Learning takes place through the use of many hands-on activities based on a developmentally appropriate curriculum. The children are taught using a theme based approach. As each new interesting theme is introduced the children's natural curiosity and joy of learning is enhanced and their knowledge expanded in a variety of areas.

Four Seasons Preschool understands the importance of playtime, because children learn through play. Children also need space and plenty of materials on hand to explore and manipulate to enhance their learning experience. These needs are met in a very large classroom filled with many materials that encourage creativity, dramatic play, science experimentation, construction, fine and gross motor development and socialization skills.

Preschool should be a lot of fun and a great experience for children. We realize this and plan a curriculum that is interesting and enjoyable for the children.

We are located in the Mahany/Meininger Senior Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

Registration for the 2023-2024 school year is available at
www.royaloakrec.com

2023 - 2024 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am

FULL

PRE2023-R3

Tuition for our morning 2-day a week program is \$1,072.50 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$357.50.

Mon/Wed/Fri Morning, 8:30 - 11:00 am

FULL

PRE2023-R1

Tuition for our morning 3-day a week program is \$1,608.75 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$536.25.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm

OPEN

PRE2023-R2

Tuition for our afternoon 4-day a week program is \$2,145.00 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$715.00.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com





Babysitter Safety (ages 9+)

Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for 2 years).

Parents, this class is for students who are independent and responsible enough to be responsible for the safety and well-being of younger children without adult supervision.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Pen and paper for notes is optional. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, June 10 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4001**

Fee: Res. \$70 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. Topics include pet first aid, CPR, choking and more!

This is an add-on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends. Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, June 10 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4002**

Fee: Res. \$15 / 1 class

Are You Ready for Some Football or Cheerleading?

If so, Royal Oak Youth Football is looking for you!

We promote sportsmanship, dedication and team work, all in a family fun environment.

We offer youth football and cheerleading for children ages 6 - 13.



Visit our website for registration information, requirements and football camp:

www.royaloaktitans.org

Activity Cancellation

Due to bad weather – 248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Who to Contact

John Lindell Ice Arena.....	248-246-3950
Swimming (page 45).....	248-435-8500 ext. 1148
Metro Detroit Youth Clubs – Jack & Patti Salter Club	248-544-4166
RO Sandlot League	www.royaloaksandlot.com
Royal Oak Football Club (Youth Soccer).....	www.royaloakfc.com
Royal Oak Titans (Youth Football).....	www.royaloaktitans.org
Royal Oak Hockey	www.royaloakhockeyclub.com



Royal Oak FITNESS

Low-Impact Workout

Great for Beginners!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm **Instructor: Angie M**

April 27 - June 15 at M/M Senior/Community Center **FF2002**

No class May 25

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Zumba Gold Toning **NEW!**

This is a fun low-impact dance-fitness workout, less intense and slower paced than regular Zumba, for the older active adult or anyone just starting their fitness journey. Light-weight maraca-like toning sticks are incorporated to enhance muscle tone, strength and endurance. Instructor provides use of optional toning sticks, which help you get more out of the class; or they may be purchased from instructor (\$20 for 1-lb. set or \$25 for 2.5-lb. set). Bring water bottle.

Thursday, 7:30-8:30 pm **Instructor: Debbie M**

April 27 - June 15 at M/M Senior/Community Center **FF2026**

No class May 25

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Boot Camp Body Blast

Raise the bar and challenge yourself to achieve a new level of physical fitness! This is the ultimate fat-burning class combining all your favorites – kickboxing, drills, calisthenics, free weights, bands, plyometrics – in a variety of exercises. This full-body cross-training workout is designed to improve cardiovascular and muscular fitness. Modifications are given for various fitness levels. Bring hand weights, dynaband, mat, towel and lots of water.

Monday, 7:00-8:00 pm **Instructor: Kendell M**

April 17 - June 5 at M/M Senior/Community Center

No class May 29

Fee: Res. \$49; Non-Res. \$54 / 7 weeks **FF2025**

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice.

Tuesday, 7:30 - 8:30 pm **Instructor: Dawn Y, RYT-500**

April 18 - June 13 at M/M Senior/Community Center **FF 2021**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

20/20/20 Fit Mix

This class includes the essential components of fitness: cardio, strength, core and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights and water.

Monday, 5:50-6:50 pm **Instructor: Karen B**

April 17 - June 5 at M/M Senior/Community Center **FF2005**

No class May 29

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Wednesday, 5:50-6:50 pm **Instructor: Karen B**

April 19 - June 14 at M/M Senior/Community Center **FF2006**

No class June 7

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm **Instructor: Ginger V**

April 17 - June 5 at Salter Community Center **FF2013**

No class May 29

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Wednesday, 6:20-7:20 pm **Instructor: Tammy R**

April 26 - June 14 at Salter Community Center **FF2014**

Fee: Res. \$56; Non-Res. \$61 / 8 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm **Instructor: Angie M**

April 18 - June 13 at M/M Senior/Community Center **FF 2010**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Saturday, 8:45-9:45 am **Instructor: Angie M**

April 22 - June 3 at Salter Community Center **FF 2012**

No class May 27

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

IF class meets enrollment requirement to run,
drop-ins are allowed for \$10 fee.

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Yang Style Tai Chi Traditional Hand Form Beginner 1 (new students)

**Class taught by Brian Buchanan,
Certified instructor by Yang Family Tai Chi**

Monday, 6:30-7:30 pm **AF2001**

April 10 - June 5 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 29

Yang Style Tai Chi 49 Form

Monday, 7:30-8:30 pm **AF2002**

April 10 - June 5 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 29

Yang Style Push Hand

Should know traditional hand form. Please wear mask.

Monday, 8:30-9:30 pm **AF2003**

April 10 - June 5 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

No class May 29

Yang Style Tai Chi Traditional Hand Form Beginner 2 (cont. students)

Ready to move on from the Monday Beginner class?

This class is right for you.

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Thursday, 6:30-7:30 pm **AF2006**

April 13 - June 1 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Chen Style Laojia Yilu Continuing

Thursday, 7:30-8:30 pm **AF2004**

April 13 - June 1 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Yang Style Saber & Sword

Thursday, 8:30-9:30 pm **AF2005**

April 13 - June 1 at Keller School

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Monday at Senior/Community Center

April 10 - June 19, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

No class May 29



Wednesday at Senior/Community Center

April 12 - June 14, 5:40 - 6:55 pm **AF2009**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

Thursday at Senior/Community Center

April 13 - June 15, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

Tactical Self-Defense "TSD"

In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.



Wednesday at Salter Community Center

April 19 - June 7, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, County, 50's & 60's and Fun Dances. Bring your friends and join us. Instructor: Jackie Ortbals

Basic Beginner - Single Dancer

Tuesday, 6:15 - 7:00 pm at Salter Community Center

April 25 - June 6 **AE 2003**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks



Beginner "Plus" - Single Dancer

Tuesday, 7:00 - 8:00 pm at Salter Community Center

April 25 - June 6 **AE 2004**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Water Color Painting

Beginning through Experienced Students

Noted Michigan artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. These lessons will provide fundamentals and stretch your abilities. Color mixing, color theory, design and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.



Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

April 3 - June 12 **AE2006**

Fee: Res. \$136; Non-Res. \$141 / 9 weeks

No class May 1 & 29

Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

April 12 - June 7, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

April 12 - June 7, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Adult Softball Leagues 2023

Royal Oak Recreation will begin accepting adult softball team registrations **Wednesday, February 1, for all returning teams. Open registration for new teams begins Wednesday, March 1 at 9:00 am.** We will continue taking registrations until leagues sell out.

League Offerings

Coed

Monday	Div. III, 12 Teams
Tuesday	Div. II, 8 Teams
Wednesday	Div. III, 8 Teams
Thursday	Div. III, 8 Teams

Men's

Tuesday	Div. II, 10 Teams
Wednesday	Div. III, 8 Teams

RO Leagues are classified ASA "D Recreational"

Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, softballs and awards.

NO SPOTS RESERVED. You are officially registered in the league when your payment of \$600 and your completed team application are received.

Umpire Fee

\$16 per game per team (paid at site)

Fields/Times

Worden #1	6:10 pm, 7:20 pm
Worden #2	6:10 pm, 7:20 pm
Worden #4	6:10 pm, 7:20 pm, 8:30 pm, 9:40 pm
Worden #5	6:10 pm, 7:20 pm, 8:30 pm, 9:40 pm

Rosters

Teams can have up to 20 players with no restrictions on non-residents.

Player rosters are due in the Recreation office May 19.

A.S.A. rules and regulations govern all leagues.

League games will begin the week of April 24.

Teams may begin and end a game with eight players.

Forfeit Note: Teams must give 24-hours notice if they are forfeiting a game. Any team that forfeits on game day is responsible for paying the umpire fee for both teams. That team will not be allowed to play their next game until those fees are paid.

MANAGERS: Teams can pick-up schedules and supplies **beginning Wednesday, April 12** at the Recreation Office, 1600 N. Campbell (just south of 12 Mile Rd.), Monday - Friday, 8:30 am - 4:30 pm.

Download our app: ROMISPORTS to submit scores after games, check schedules, standings and weather!



Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.



Fundraiser

The Nature Society's 15th Annual Fundraiser is being held on **Wednesday, April 26, 2023, at the Royal Oak Farmers Market** (11 Mile Rd. & Troy St.) **from 7:00 to 10:00 pm**. For more event information, go to www.romi.gov/463/Annual-Fundraiser.

Speaker Programs

As of now, our speaker programs are done virtually via Zoom. Our programs are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can meet with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

Royal Oak Nature Society Friends of Fungi

Friends of Fungi (FOF) is a group that promotes the understanding of, and an appreciation for, fungi in general and especially those fungi found in Tenhave, Cummingston, and the Arboretum. Mary Fredricks, mycologist for the Nature Society, heads this group. At the present time, no in-person meetings are being held. However, the FOF sponsors fungi walks from April through October on the fourth Saturday of each month at 10:00 am. There is no cost for these walks and preregistration is not required. Please see the Royal Oak Nature Society website or Facebook page for more information.

Royal Oak Symphony Orchestra

Celebrating its 26th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$15; Students and Seniors, \$12;
Ages 18 and under free.

Schedule:

Friday, March 3, 8:00 pm at Royal Oak Middle School
Friday, May 5, 8:00 pm at Royal Oak Middle School

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Royal Oak Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. There is no cost for these walks and preregistration is not required. Check out our website (www.romi.gov/nature) for registration information.

DATE	TIME & PLACE	TOPIC
Mar. 3 (Fri)	7:30 pm pm at Tenhave	Owl Hoot
Mar. 11 (Sat)	2:00 pm at Cummingston	Tree Bark
Apr. 8 (Sat)	2:00 pm at Tenhave	Spring Wildflowers
Apr. 15 (Sat)	2:00 pm at Tenhave	Spring Wildflowers
Apr. 22 (Sat)	10:00 am at Cummingston	Mushrooms
Apr. 23 (Sun)	2:00 pm at Tenhave	Spring Wildflowers
May 6 (Sat)	2:00 pm at Tenhave	Spring Wildflowers
May 27 (Sat)	10:00 am at Tenhave	Mushrooms

As other programs/walks are scheduled, they will be announced on our website and Facebook page.

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$10; Seniors and students, \$8;
Ages 12 and under free.

Schedule:

**Sunday, March 19, 3:00 pm, Rhythm and Winds!,
Royal Oak High School**
**Sunday, May 7, 3:00 pm, Music Across Michigan,
Royal Oak Middle School**



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELLICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**

**LEARN TO
SKATE**

LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.

NEW EDGE
FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration – Jersey included

For more information on any of these programs, please visit

JOHNLINDELLICEARENA.COM



ADULT HOCKEY LEAGUE

Summer League:

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE



DROP IN HOCKEY

18 and up-full equipment
come in a play a competitive game of
hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- **Lil Eagles Learn to Play – ages 4-10**
- **8 & under youth hockey program**
- **House hockey for all youth age divisions**
- **Travel A & AA Hockey Squirt –Midget**

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

Registration Information

How to Register for Programs and Classes

Registration begins on March 8 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35**. To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash (must have exact change), check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED**.

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on "answers to frequently asked questions" on the home page.

**Open Online Registration
March 8**

General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to "create a new account" through the website. You cannot register for classes as a "guest".

Online registration will only be available for some programs. You can only register your own family. For transfers, corrections, refunds or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**
9:00 am to 4:30 pm, Monday - Friday

No Telephone Registrations

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ **Date of Birth** _____ **Male/Female** _____

Address _____ **City, Zip** _____

Telephone - Home _____ **Work** _____

E-mail _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Amount enclosed: \$ _____



Payment Method: **Check** **Cash**

Visa/Discover # _____ **3-digit Security Code** _____

Mastercard # _____ **3-digit Security Code** _____

Cardholder Name _____ **Expiration Date** _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ **Date** _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ **Date of Birth** _____ **Male/Female** _____

Address _____ **City, Zip** _____

Telephone - Home _____ **Work** _____

E-mail _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Amount enclosed: \$ _____



Payment Method: **Check** **Cash**

Visa/Discover # _____ **3-digit Security Code** _____

Mastercard # _____ **3-digit Security Code** _____

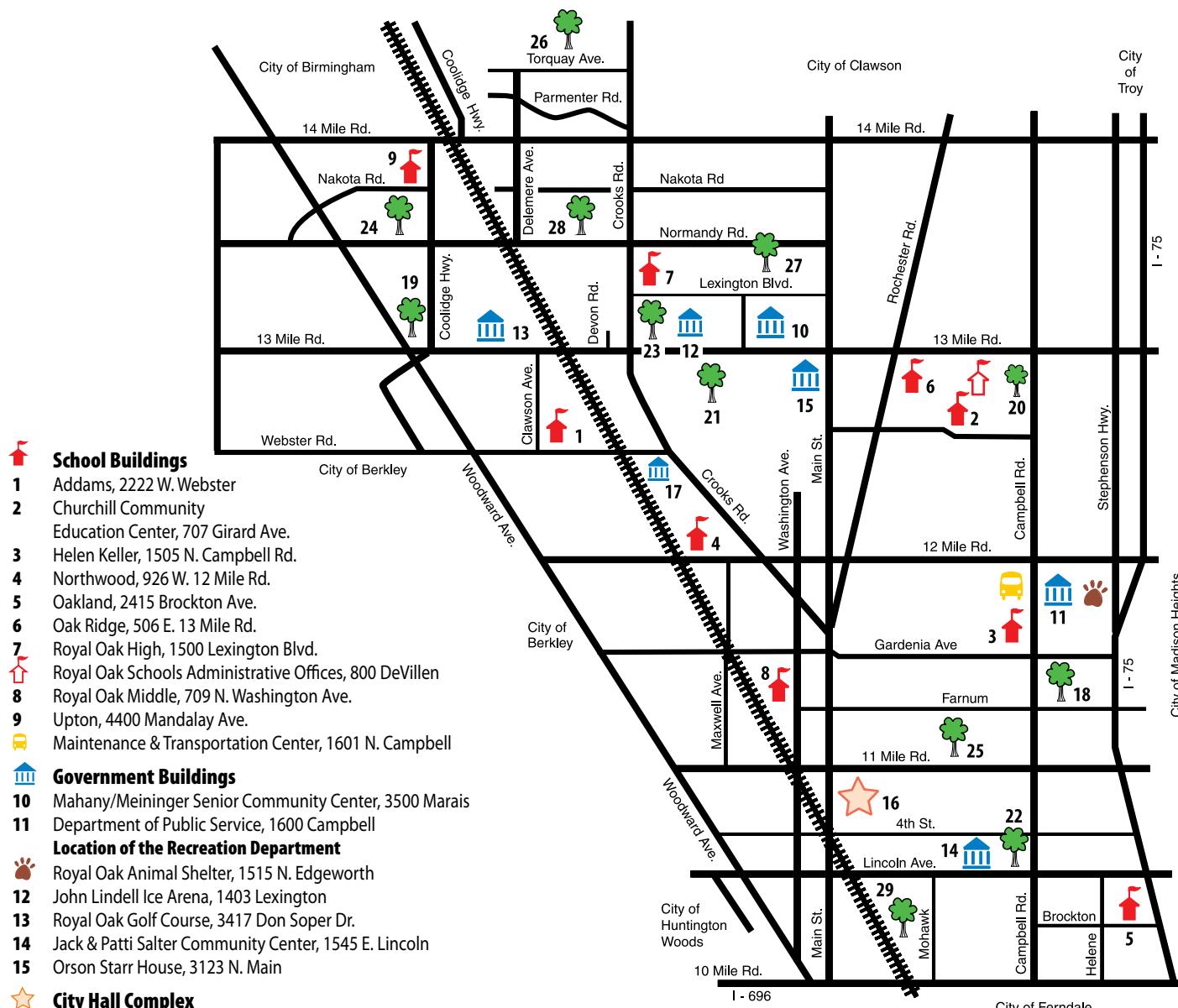
Cardholder Name _____ **Expiration Date** _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ **Date** _____

City of Royal Oak



School Buildings

- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
- 8 Royal Oak Schools Administrative Offices, 800 DeVillen
- 9 Royal Oak Middle, 709 N. Washington Ave.
- 10 Upton, 4400 Mandalay Ave.
- 11 Maintenance & Transportation Center, 1601 N. Campbell

Government Buildings

- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell

Location of the Recreation Department

- 12 Royal Oak Animal Shelter, 1515 N. Edgewater
- 13 John Lindell Ice Arena, 1403 Lexington
- 14 Royal Oak Golf Course, 3417 Don Soper Dr.
- 15 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 16 Orson Starr House, 3123 N. Main

City Hall Complex

- 16 City Hall, 203 S. Troy St.
- Public Library, 222 E. 11 Mile
- Police Department, 450 E. 11 Mile
- 44th District Court, 400 E. 11 Mile
- Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster

Parks

- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander
- 26 Cummings Nature Park, Torquay & Leafdale
- 27 Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
- 28 Normandy Oaks Park, Delemere & Nakota
- 29 Lawson Park, Irving & Parent

Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, Lawson, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 3 through March 31 for the 2023 season. Non-residents may apply beginning April 3.

Please call 248-246-3180 for rental rates and availability.

Rentals can be processed online at www.royaloakrec.com.

Leo Mahany / Harold Meininger

Senior Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900

www.romi.gov

 Royal Oak Parks and Recreation page

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Senior Times* newsletter is FREE. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness, and leisure activities. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Medical Equipment Loan Closet

The Senior Center has walkers, wheelchairs, bath stools, crutches and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment since our storage space is limited.

Special Events and Workshops

March

6	Welcome Newcomers	10:30 am
10	Donuts with the Doctor	11:00 am
13	Doc Talk Lunch & Learn	11:30 am
13	Sushi Class \$42	5:30 pm
17	Kerry Price \$2.00	12:30 pm
21	Peace of Mind Lunch & Learn	11:30 am
24	4th Friday M/M Book Club	10:00 am
31	Cognitive Fitness FREE	10:00 am

April

3	Welcome Newcomers	10:30 am
4	Deluxe Dental Lunch & Learn	11:30 am
6	First Thursday MM Book Club	11:00 am
7	CLOSED Good Friday (No Bingo)	
10	Increase Cash Flow Lunch & Learn	11:30 am
10	Sushi Class \$42	5:30 pm
14	Dinner Dance \$16	6:00 pm
21	Dream Boarding Workshop \$16	10:00 am
21	Kerry Price Piano Concert \$2.00	12:30 pm
28	4th Friday M/M Book Club	10:00 am
28	Protect Yourself from Scams FREE	10:30 am

May

1	Welcome Newcomers	10:30 am
1	Having Neck Pain? Lunch & Learn	11:30 am
4	First Thursday M/M Book Club	11:00 am
5	BINGO	12:30 pm
9	Paint and Pour \$2.00	3:00 pm
16	Green Memorials Lunch & Learn	11:30 am
17	Kerry Price Piano Concert \$2.00	12:30 pm
24	4th Friday M/M Book Club	10:00 am
27	CLOSED Memorial Day	
30	Aging in Place Lunch & Learn	11:30 am

June

1	First Thursday M/M Book Club	11:00 am
2	BINGO	12:30 pm
5	Welcome Newcomers	10:30 am
5	Seniors in Heat Lunch & Learn	11:30 am
17	Kerry Price Piano Concert \$2.00	12:30 pm
19	CLOSED Juneteenth	
23	4th Friday M/M Book Club	10:00 am

Rental Information

The Leo Mahany/Harold Meininger Senior Community Center is available to rent for nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Call 248-246-3911 for availability or go to www.romi.gov/368/Rental for detailed information, rates and room sizes. **No alcohol, candles or bounce houses.** When calling, please have the following details available: type of event, estimated number of people, day(s), hours, and if you will need a projector, podium or microphone.

Extended Trips

Chicago **\$999 pp/dbl** **April 28-30, 2023** **Rybicki Tours**

Enjoy two nights at the Godfrey Hotel Chicago, a beautiful boutique hotel located in River North/Downtown. Visit the Shedd Aquarium OR The Field Museum and spend some time shopping on Chicago's "Magnificent Mile". Experience The Architecture River Cruise and visit the Chicago Architecture Center. There is an option to add the unique Blue Man Group performance for an extra charge. Cost includes transportation via motor coach, accommodations and four meals. \$100.00 deposit; balance due March 24, 2023.

Niagara Falls Getaway **\$380 pp/dbl** **May 8-9, 2023** **Bianco Tours**

Spend the night at the Sheraton on the Falls and enjoy an included buffet dinner tonight. Get real close up to the Falls on the Voyage to the Falls Boat Cruise before exploring Niagara Falls on your own. Cost includes transportation via motor coach, accommodations and dinner. \$20 deposit; balance due March 24, 2023.

Mackinac Island **Lilac Festival** **\$851 pp/dbl** **June 7 - 9, 2023** **Bianco Tours**

Enjoy the largest event of the summer on beautiful Mackinac Island! Spend two nights at a downtown hotel while you experience the splendor of the lilacs across the island. The scent is unbelievable! Spend some time at the Grand Hotel and partake in the Grand Luncheon Buffet, and see the island on a horse-drawn carriage tour. Time at Mackinaw crossings in Mackinaw City included! Cost includes transportation via motor coach, accommodations and tour. \$50 deposit; balance due May 5, 2023.



Oak Ridge Boys **& Shipshewana** **\$374 pp/dbl** **June 21-22, 2023** **Bianco Tours**

Check out the Midwest's largest flea market in Shipshewana, IN. That night, we have Main Floor seating in rows 5-8 for five-time Grammy winners, the Oak Ridge Boys! These country music legends have phenomenal harmonies and an amazing career that spans several decades. Cost includes transportation via motor coach, accommodations, performance and two meals. \$20 deposit; balance due: April 21, 2023.

Ohio Sampler **\$434 pp/dbl** **August 18-19, 2023** **Bianco Tours**

Take advantage of this unique opportunity to visit the MAPS Air Museum which holds more than 50 aircraft on loan from the U.S. Air Force or Navy. Spend two days and one night while taking in Williams on the Lake dinner and show, a tour of the Brecksville Nature Center and the Hartville Kitchen & Marketplace. Cost includes transportation via motor coach, accommodations, tours and three meals. \$20 deposit; balance due July 4, 2023.

New England **\$1862 pp/dbl** **September 17-23, 2023** **Bianco Tours**

Focusing on Cape Cod, this tour will give you an in-depth look at the Pilgrim's first home in America. It features guided tours of Cape Cod, Provincetown, Hyannis, and Plymouth. You'll have a choice of going on either a Whale Watching Tour or a Sand Dunes Tour; you'll take a Lobster Tales Cruise, stop by Plymouth Rock, learn about the Cape Cod Canal and visit a cranberry bog. Cost includes transportation via motor coach, accommodations, 11 meals and much more than we have space for here! \$50 Deposit; balance due August 2, 2023.

Agawa Canyon Rail Adventure **& Mackinac Island** **\$1299 pp/dbl** **October 10-13, 2023** **T1005SU** **Shoreline Tours**

You've heard about this; you've always wanted to go – now is the time! This is one of the most popular train tours in North America. The wilderness excursion will transport you through 114 miles of scenic fall color over towering trestles, along pristine lakes and rivers and through the granite rock formations and vast mixed forests of the Canadian Shield. After your stay in Sault Ste. Marie head to Mackinac Island for a day of horse carriage tours, lunch at the Grand Hotel and shopping time in the quaint downtown. There is even a trip through the famous Tunnel of Trees! Cost includes transportation via motor coach, accommodations, six meals and more! \$100 deposit; balance due: August 3, 2023.



Mackinac Island Grand Experience **\$ 939 pp/dbl \$1179 pp/sgl** **October 24-27, 2023** **T1000SP**

Treat yourself to three nights at the fabulous, historic and legendary Grand Hotel! This annual trip has the most repeat travelers of any of our trips. There are lots of activities, tours and contests or you can just relax and rock on the fabulous front porch. Cost includes transportation via motor coach, accommodations, breakfast each morning, complimentary Grand Hotel Luncheon Buffet on Tuesday and Wednesday, tea and cookies each afternoon, and 4-course dinner each night, a special champagne reception, nightly dancing to the Grand Hotel Orchestra and many extras. Deposit of \$425 PER PERSON is due by May 19, 2023; balance due: August 25, 2023.

**If you need special accommodation for travel,
it is your responsibility to inform us upon registration.**

Day Trips

Detroit Symphony Orchestra

CLASSICAL Matinee Concerts

2022-2023

Fridays, 9:15 am - 1:30 pm

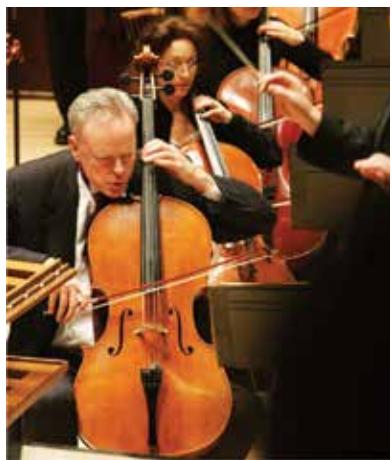
All Concerts: \$31- Main Floor Sides

Masks are optional inside the venue.

June 2, 2023

T1005W

Tchaikovsky Symphony No. 4; Jader Bignamini conducts; Isata Kanneh-Mason, piano. Featuring: Giuseppe Martucci Nocturne No. 1; Erno Dohnanyi Variations on a Nursery Tune; Tchaikovsky Symphony No. 4.



Detroit Symphony Orchestra

POPS Matinee Concerts 2022-2023

Fridays, 9:15 am - 1:30 pm

All Concerts: \$51 – Main Floor

Seats all within the first five rows!

Masks are optional inside the venue.

May 26, 2023

T1009SP

Respect: A Tribute to Aretha Franklin

Celebrate the singer, the icon, the leader, and the woman with her greatest hits, including Respect, Chain of Fools, Natural Woman, Think and Amazing Grace.



Detroit Institute of Arts Guided Tours \$5

Thursdays, 12:30-3:30 pm

March 16

T1009W

May 11

T1008SP

The DIA remains open to visitors, serving as a place for inspiration, calm and respite in challenging times. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour and a coupon for a free coffee at the Café DIA. 25 person minimum.

Comerica Park Senior Days

These trips will be open for registration on March 1, 2023.

Wednesday, June 21 vs. KC Royals \$54

11:30 am - 4:30 + pm

Sign-up deadline: 5/18/2023

Thursday, July 27 vs. LA Angels \$61

11:30 am - 4:30 + pm

Sign-up deadline: 6/23/2023

Thursday, August 31 vs. NY Yankees \$61

11:30 am - 4:30 + pm

Sign-up deadline: 7/28/2023

Come cheer on our Detroit Tigers! All shaded Lower Baseline seats. Cost includes transportation via Senior Bus, ticket, hot dog and soft drink. No residency requirements, but only two tickets per person/couple. You must be age 62+. No online registration.

Zehnder's Ragtime Festival \$85

Thursday, April 19

9:45 am - 3:30 pm

Join us for this fantastic annual music concert in Frankenmuth! Zehnder's has been host to ragtime performers from around the United States and Canada for over 27 years. Come and enjoy ragtime music performed by our featured pianist, Bob Milne and other world-renowned musicians. There's Ragtime, Blues and Boogie-Woogie, intermixed with many stories and a lot of humor! You will have 30 minutes to shop in town before the plated lunch and the concert. Cost includes transportation via motor coach, Zehnder's plated lunch, and performance. Tip envelope for bus driver will be passed through the bus on the return trip. Sign-up deadline: March 9.

Mexico & Murals in Detroit \$114

Wednesday, May 17

T1007SP

9:30 am - 3:30 pm Rybicki Tours

Join us as we explore a selection of the great murals of Detroit. This guided tour visits major commission for Detroit's iconic landmarks to pop-up pieces on the sides of buildings. Stroll through Mexicantown and learn about the creative muralists who bring street art to life. Explore BLKOUT Walls Festival, a 7-day, all Black-produced project that occurred in summer of 2021. This fully narrated tour involves some sidewalk walking, no stairs. Cost includes transportation via motor coach, tour and lunch at Los Galanes Mexican Restaurant – make lunch choice upon registration. Registration deadline: May 3, 2023.



Cruisin' Kalamazoo \$127

Thursday, June 22

T1020SP

5:30 am - 6:30 pm Bianco Tours

Walk right up to automotive history at the Gilmore Car Museum as we browse through the collection of almost 400 vehicles! There is everything from Model A's to Pierce-Arrows to Duesenbergs; there is a recreated 1948 dealership, a 1920's gas station and a 1941 restored diner. Take in the Air Zoo as well, with over 100 rare aircraft and spacecraft. Cost includes transportation via motor coach, tours and lunch at the Main Street Pub (choose lunch at registration). NOTE: There is a lot of walking on this tour.

Detroit Heritage \$120

Thursday, July 6

T1015SU

8:45 am - 4:15 pm Bianco Tours

Take a deep dive into Detroit history! Visit the Charles H. Wright Museum of African American History – The Wright inspires visitors toward greater understanding, acceptance, and unity by reflecting on the triumphs and tragedies of African American history. Enjoy lunch at Sindbad's on the Detroit River before some free time to explore the River Walk, AND THEN cruise the Detroit River aboard the Diamond Jack on a 2-hour narrated tour! Cost includes transportation via motor coach, admissions, tours and lunch.

More Day Trips on page 22

Welcome Newcomers

1st Monday, 10:30 am

April 3, May 1, June 5

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Call 248-246-3900 to reserve. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

No Pool during AARP Tax Service

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 10:00 am to 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 pm

\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:15 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets to donate to Hospitals, Churches, and other charitable organizations in the area. Feel Free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Friday Recreational BINGO!

1st Fridays at 12:30 pm **A1005**

March 3, May 5, June 2

No April Bingo

Must preregister

Royal Oak Senior Community Center hosts First Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (Max. 5 extra cards). Format is five regular games with prizes and one coverall round with a Grand Prize of \$5.00.

Spring Bingo Prizes are sponsored by Debbie Spencer REALTOR® @properties Christie's International Real Estate.

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Kerry Price Sing-A-Long

3rd Fridays, 12:30 pm

March 17, April 21, May 26, June 16

\$2.00 per performance

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Dinner Dance

Friday, April 14

D1001W

6:00 - 9:00 pm

\$16 per person

An evening featuring Mike Wolverton Trio and the menu of Doruk Dogan. Doors open at 5:30 pm. Call 248-246-3900 to RSVP. Our last dance sold out!

Mah Jongg Drop-In

Tuesdays, 1:00 - 3:30 pm

Wednesdays, 9:30 am - 12 noon

50¢

Experienced players may drop in and play on Tuesday afternoons and Wednesday mornings. Players must follow National Mahjongg League rules only.

Mah Jongg Class

Fridays, 1:00 - 4:00 pm

C1090SP

May 19 - June 9

\$50 / 4 weeks

For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah Jongg and developed a love for the game in her adulthood. Come well-rested and with a clear head – there is a lot of information to absorb in the first class! The National Mah Jongg League rules are followed; \$14 Materials Fee payable to the instructor at the first class. Don't wait to sign up – 8-person maximum. Sign-up deadline: May 10.

Throw Back Lunch and Entertainment

Tuesday, March 14

12:00 - 2:00 pm

Tim's Kitchen presents Lunch with Elvis (our own Bryan)! Call 248-246-3900 to reserve your spot and choice of the following: \$10 for the Pork Chop Meal and Show; \$8 for just the show, \$5 for carry-out meal only. RSVP early!

New Classes

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Monday, March 13 OR Monday, April 10, 5:30 - 7:00 pm

\$42 per class

Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home!

Creative Coloring

1st and 3rd Mondays, 10:30 am

April 3 & 17; May 1 & 15; June 5

\$2.00 materials fee per class

No class June 19

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

Painting – All Media

Thursdays, 9:15 - 11:45 am

May 4 - June 22

C1046SP

July 6 - August 24

C1046SU

\$65 / 8 weeks

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Fridays, 9:15 - 11:45 am

May 5 - June 23

C1049SP

July 7 - August 25

C1049SU

\$65 / 8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include drybrush. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Art Show

M/M Center Lobby

Thursday, April 20, 2023

9:15 - 11:30 am FREE

Come and see our very gifted Painting and Watercolor Class students' work! Their talent grows with each year! Some works are for sale.



Holiday Cookie Decorating Class – Easter is Coming!

Wednesday, March 29, 1:00 pm C1010

\$30.00; all materials and ingredients included

We invite you to join in the fun decorating delectable cookies for Easter. Celebrate the delight and sweetness of this time of year. Learn additional techniques using royal icing to create delicious, beautiful cookies on your own.

Participants will leave the class with decorated cookies, packaging, the recipe, and a grass-filled Easter basket for your cookies, along with holiday surprises.



Brought to you by the award-winning Cookie Cool Cookie Company's principal baker, Ms. Patricia Davis. Preregister by March 22.

Dream Boards

Friday, April 21, 10:00 am A0421

\$16.00; all materials included

Close your eyes and Dream about the way you want your Home to look....Oh, those beautiful drapes and sofas! OR

You're walking down the street of a City you have always dreamed of visiting...France, Italy, or Alaska? OR

All the wonderful sayings you wish you could recall that make you smile...Tomorrow Starts Today! OR

Those personal goals you dream about but just don't know where or how to start...that new hairdo or body image or working out so you can run that marathon!

Putting those dreams together with ideas, words and pictures gives us the smiles and incentive to pursue those goals – all while having fun and being creative.

Dream Boarding helps us put together our wishes, wants and dreamy side – it helps to add clarity to our ideas – it helps to bring them life and give us purpose. No two are alike, and they are personalized with my help and guidance by you for you. Most of us have reached a point of accomplishment with work, family, and our personal lives. Every day seems the same. But, there is always something that resonates deep inside that you say to yourself "If only I had...." or "I've always wanted to...." Put those dreams on a board with all the fun of "If only I had"s and see where it can take you.

Instructor Linda Malotke of Sentimental Clutter, is a local speaker and professional organizer, with 30 years of experience. She is extremely knowledgeable in her craft. This class will leave you with a new outlook on what your next adventure or project should be! Preregister by March 14.

Paint and Pour

Tuesday, May 9, 3:00 pm

\$2.00 registration fee

Learn the art of acrylic Pour Painting. This painting technique will be instructed in class in a relaxed atmosphere and sponsored by Dedicated Senior Medical Center – Warren. All materials will be provided, wear clothing suitable for painting.

At Dedicated Senior Medical Center, they believe that spending time with you and respecting what you have to say is the key to a longer, healthier, happier life. Preregister by May 1.

Foot Doctor

2nd Wednesday, 9:00 - 10:45 am

March 8, May 10, July 12

Dr. Adas will see patients at the Mahany / Meininger Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' Office directly at (248) 478-6870 and ask to be seen at the Royal Oak Senior Center for your appointment.

Grief Support – Living On

Hosted by Hospice of Michigan

3rd Fridays, 10:30 - 11:30 am

April 21, May 19, June 16

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive caring and non-judgmental environment. Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323.

NEW

Low Vision and Blind Support Group

1st Thursdays beginning April 13

10:00 am FREE

Royal Oak Senior Community Center will offer a new Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology. Through support groups the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Pre-registration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fee to display brochures is \$150 yearly and will display on romi.gov.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$55

March 1, 6, 8, 15, 23; April 4, 6, 19, 25, 27

May 2, 4, 8, 10, 16; June 1, 5, 7, 12, 14

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900.



American Sign Language for Beginners

Mondays, 5:30 - 6:30 pm

C2000

May 1 - June 26 No class May 29

\$64 / 8 weeks

Are you interested in learning a new language? Would you like to know more about the Deaf culture? Join this American Sign Language class where you will learn many different signs while learning about and discussing Deaf culture in a fun, judgement-free zone. Option for Zoom or in person at M/M Community Center. Learn to sign in confidence, play games and develop the skills needed for real-life communication. No experience needed to join the class. Instructor: Kaylee.

French Club

Tuesdays and Thursdays, 10:00 - 10:45 am

April 4 - May 18

\$5 / 6 weeks

Have you ever wanted to learn French? Join the Club! Jennifer Sidle is a former middle and high school French teacher with over 22 years of experience. Participants will be speaking French while learning about French culture, food, monuments, history and more!

Garden Club

Established in 1934 this group welcomes new and established gardeners. Contact Barb Bolton at brbolton88@gmail.com for more information.

Perennial Plant Exchange

Saturday, May 20, 9:00 - 11:00am

M/M Community Center FREE

Bring plants in containers, labeled to share with others, take home plants that need good homes!

M/M Book Clubs

Currently, the two book clubs are still at capacity and cannot accept new readers. The M/M Seniors currently attending are so thankful for the partnership with the RO Public Library and the leadership of Librarian Rosemary Mirsky!

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Tuesday, March 7 **A4022W**

Medicare for Beginners

Presenter: Nate Lawson, Financial Service Representative

Are you Turning 65? When am I able to enroll or make changes? The 4 essential parts of Medicare - A, B, C,D. How to make sure I can keep my doctor? How to make sure I can keep my doctor? What is a Medigap plan? Your Opportunity to get Free unbiased information. RSVP by March 1.



Monday, March 13 **A0313W**

Doc Talk: Diabetes and You

Presenter: Dedicated Senior Medical Center

Join Dedicated Senior Medical Center physicians for a Doc Talk and lunch. Dr. will be here for a helpful discussion on Type 2 Diabetes, how to manage and prevent. Learn from experts on how an integrated approach to healthcare will benefit you. At Dedicated Senior Medical Center, they believe that spending time with you and respecting what you have to say is the key to a longer, healthier, happier life. RSVP by March 6.

Tuesday, March 21 **A1000W**

Peace of Mind

Presenter: AJ Desmond and Sons Funeral

You're invited to a Peace of Mind seminar, learn how planning for your final wishes may shield your family from unnecessary emotional and financial burden. Join us and learn more about pre- arrangements, Veteran benefits, cremation, burials, and more. RSVP by March 13.

Monday, April 3 **A0902SP**

Deluxe Dental USA

Presented by: Neveric Noel, Erika Hayes, and Antonio Dleone

Learn about Deluxe Dental community involvement and Supportive resources for Seniors. Medicare knowledge Support Team will also be on hand to discuss important changes for 2023. Do not miss out on all fun. Deluxe will host Fun Dental Trivia and Tips to improve your smile. RSVP by March 27.

Tuesday, May 16 **A0516SP**

Learn about a Green Memorial

Presenter: AJ Desmond and Sons Funeral

Every year, more and more Americans choose green options for their end-of-life planning, but what does a "green" memorial really mean? Learn more about your environmentally conscious options and what you and your family should know.

In our Free guide, you will discover:

- What environmental impact your funeral options have on our planet;
- Where green burial is and is not practiced;
- What other environmentally friendly options are available to you;
- Why planning matters more than ever when selecting green memorial options.

RSVP by May 8.

Tuesday, May 30 **A0530SP**

Aging In Place and Preventing Falls

Presenter: Caps Remodeling

Did you know that one in three adults ages 65 and older fall each year? Join Caps Remodeling Barrier-Free Remodeling Specialist for Lunch and Learn about the wide variety of solutions designed to help people stay safe and meet their needs. Caps Remodeling specializes in educating Seniors on the importance of home modifications to allow them to remain in their home longer and with added assurance. RSVP by May 22.

Monday, June 5 **A0605SP**

Seniors In Heat: Keeping Safe as Temperatures Rise

Presenter: Dedicated Health Center

Join Dedicated Health Center for lunch and learn how to keep safe as the summer months approach. Learn what changes you should be making to your diet and how higher temperatures can affect your overall health.

At Dedicated Senior Medical Center, they believe that spending time with you and respecting what you have to say is the key to a longer, healthier, happier life. RSVP by May 26.

Day Trips

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Cornwell's Turkeyville "The Great American Trailer Park Musical" \$99

Tuesday, July 11

9:30 am - 6:30 pm **Bianco Tours**

Here's a sassy, trashy and flashy musical comedy full of laughs, love and lawn flamingos! Enjoy Cornwell's famous Turkey Lunch Buffet before the performance! Cost includes transportation via motor coach, lunch and performance. *Contains explicit language and subject matter.

Saugatuck \$161

Thursday, July 20 T1018SU

7:00 am - 8:45 pm **Bianco Tours**

Come on and try one of West Michigan's premier attractions. The Saugatuck Dune Ride is 40 minutes of entertainment, fun and excitement! Lunch is at Coral Gables in town, one of the oldest family-owned restaurants in the state. There will be time for shopping in downtown Saugatuck as well. Cost includes transportation via motor coach, dune tour and lunch – make your choice upon registration.

Detroit Heroes Tour \$115

Thursday, August 10 T1019SU

8:00 am - 3:30 pm **Bianco Tours**

Salute the heroes who put their lives on the line to keep us safe. Learn about the history of both the Detroit Police Department and Detroit Fire Department with a Step-on Guide. Tour the Detroit Police Museum, a historic fire station and police station. Enjoy lunch at the renowned Slows Bar BQ with the choice of two different specialty options. Cost includes transportation via motor coach, guided tour and lunch.

Pioneer Wine Trail \$106

Wednesday, September 13 T1025SU

8:30 am - 7:00 pm **Bianco Tours**

We'll have three wine tastings today, at St. Julian Winery in Dundee, Cherry Creek Cellars in Brooklyn, and Flying Otter Vineyard in Adrian. Lunch will be at Danley's Country House in Tecumseh; enjoy a family style lunch of broasted chicken. Cost includes transportation via motor coach, tastings and lunch.

Free Workshops

Donuts with the Doctor!

Knee Pain Workshop

Friday, March 10 at 11:00 am A6001W

FREE

Join a Straith Hospital doctor for a presentation on everything you need to know about treatment for knee pain! Breakfast treats and refreshments served. Must RSVP by March 6.



Cognitive Fitness

for Brain Health

Friday, March 31 at 10:00 am

FREE

Join Dana Rizzo, RN, BSN, RN-ACM for a workshop on why brain training is important for maintaining mental acuity. Cognitive fitness helps us to improve our focus memory reaction time, as well as reasoning skills. All these processes diminish as we age unless used frequently. Pastries will be provided with lecture. Must RSVP by March 24.

Senior Kaffee Klatsch

Fridays, 1:00 - 2:30 pm

RO Senior Community Center

FREE

The Senior Coffee Group (aka Senior Kaffee Klatsch) is a discussion and networking group for LGBTQ+ people 45 years of age and older.

The weekly meetings are open to any discussion topics brought by those who attend. In addition, various social outings and potlucks are held throughout the year. Full vaccination is required to attend, and masks are currently required in the meetings except when drinking (non-alcoholic) beverages.



Protecting Yourself

Against Scams

Friday, April 28 at 10:30 am

FREE

Lieutenant Al Carter, Criminal Investigation Division, will be speaking at the Royal Oak Senior Community Center, sharing knowledge and vital information on how to protect yourself from scams.

He will also share how the City of Royal Oak and its Police Department are working to protect you from cons, dodges, or unscrupulous business dealings in our community. Attending this talk could save you from untold losses or harm in the future.

Light refreshments will be served. Must RSVP by April 24.

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginners to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Senior Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays through June 2023

11:00 am - 12:00 pm

C1050SP

12:15 - 1:15 pm

C1051SP

1:30 - 2:30 pm

C1052SP

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Chair Exercise with Cindy

Wednesdays, 9:30 - 10:15 am

April 12 - May 10

\$30 / 5 weeks

May 24 - June 28

July 12 - August 16

\$36 / 6 weeks

Fridays, 9:30 - 10:15 am

April 14 - May 12

\$30 / 5 weeks

May 26 - June 30

July 14 - August 18

\$36 / 6 weeks

C1036SP

C1036SU

C1037SU

C1037SP

C1038SU

C1039SU

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy

Wednesdays, 10:30 - 11:15 am

April 12 - May 10

\$30 / 5 weeks

May 24 - June 28

July 12 - August 16

\$36 / 6 weeks

Fridays, 10:30 - 11:15 am

April 14 - May 12

\$30 / 5 weeks

May 26 - June 30

July 14 - August 18

\$36 / 6 weeks

C1040SP

C1040SU

C1041SU

C1042SP

C1043SU

C1044SU

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.



Ballroom Dance Class

Tuesdays, 1:00 pm

\$10.00

Join instructor Bill Scheff on Tuesday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime.

Beginner Line Dance

Fridays, 12:30 - 1:15 pm

May 5 - June 23

D1010SP

\$48 / 8 weeks

Line dancing is fun and is great exercise for your mind and body. It is easy on your joints, improves your balance, and boosts your brain power. Basic steps and beginner dances will be taught with no partner needed. You will learn dances done at weddings, parties, and other social events. So come join us and bring your friends where you will meet others that share your love of dancing! NO BOOTS. Instructor-Jeannette Forster.

Line Dancing – Drop-in

Fridays, 1:00 - 3:00 pm

May 5 - June 23 only, 1:30 - 3:00 pm

\$3.00

This class consists of beginner and high beginner dances for those who have some line dance experience. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! NO BOOTS. Instructor-Jeannette Forster

Social Square Dance

Mondays, 1:00 - 3:00 pm

beginning February 27

Drop-in, \$7.00 per class, CASH ONLY

Join host caller Walt for this lively social group. Enjoy a low impact workout that challenges the mind yet doesn't require equipment. Advanced and beginners are welcome, experienced dancers will assist in the learning process. No boots please.

Self-Guided DVD Workouts

Monday, Wednesday & Friday, 9:30 am

FREE

Want to exercise without the commitment (or cost) of a class? Come on in and enjoy a DVD workout! We have a variety of different workout videos from a number of instructors including Richard Simmons, Jane Adams and Curtis Adams!

Tai Chi Chen Style with Han

Thursdays, 9:15 am

April 6 - May 25

C1012SP

\$56 / 8 weeks

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.

Gentle Yoga

Mondays, 10:00 - 11:00 am

March 6 - April 24

C1027W

\$48 / 8 weeks

May 1 - June 26

C1026SP

\$42 / 7 weeks No class May 29, June 19

Mondays, 1:00 - 2:00 pm

March 6 - April 24

C1029W

\$48 / 8 weeks

May 1 - June 26

C1028SP

\$42 / 7 weeks No class May 29, June 19

Thursdays, 1:00 - 2:00 pm

March 9 - April 27

C1031W

May 4 - June 22

\$48 / 8 weeks

Thursdays, 10:00 - 11:00 am

July 6 - 27

C1030SU

\$24 / 4 weeks

Outdoor class weather permitting

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

Zumba Gold Toning®

Fridays, 12:00 - 1:00 pm

Feb. 17 - April 28 No class April 7

\$55 / 10 weeks Drop-in, \$6

Zumba combines simple dance moves in a fun, non-judgmental atmosphere. It builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Zumba is designed to be approachable by everyone, men & women alike, regardless of fitness level. No experience needed! All moves are good moves! Toning sticks are available for purchase from instructor. Cost is \$20.00 for a 1 lb. pair, \$25.00 for a 2.5 lb. pair. Toning sticks are not necessary to join but will enhance and help you get more out of your Zumba workout. Please wear tennis shoes, dress comfortably, and bring water and towel. Active Adults get great results! Preregister.

Fitness with Josh

All classes are drop-ins for \$9.00 each (cash only).

Josh has been fitness-focused since he was a teenager. He has a B.S. in Kinesiology from Kansas State University and over 8,000 hours of experience teaching a wide variety of fitness classes. He likes to create challenges in a low pressure, fun environment.



All ages are welcome! Equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly.

Morning Warm Up

Monday and Friday 9:30 - 10:00 am

Two sessions for \$9.00!

Start the day with a short 30-minute session to wake up the body. Josh will help you personalize your time by focusing on strength, mobility, cardio and balance, or work on all of them! This is an easy commitment since it is only 30 minutes.

Full Body Circuit

Tuesday and Thursday, 8:30 - 9:30 am or 5:30 - 6:30 pm

A staple class to incorporate most of your major muscle groups in various, challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh surprises class members with new and interesting things.

Senior Circuit

Monday - Friday, 10:00 - 11:00 am

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

Tuesday and Thursday, 11:15 am - 12:15 pm

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Equipment Choice

Tuesday and Thursday, 1:00 - 2:00 pm

An hour devoted to listening to your needs, making recommendations, and trying out movements with clients. Personalize the hour to your own growth needs.

Total Strength

Tuesday and Thursday, 6:30 pm - 7:30 pm

One hour dedicated to building strength in muscles, tendons, ligaments, and bones in our bodies. Kettle bells, dumbbells, weighted bars, and resistance bands are supplied. Build your musculature to fill out, create shape and add definition.

Mat Work

Wednesday, 8:30 - 9:30 am

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Cardio & Core

Tuesday and Thursday, 5:30-6:30 pm

There are two major goals in this class: elevate your heart rate, and develop strength, mobility, and endurance in your core. Work is focused on abs, back, glutes, obliques, and hips. Improve your posture, reduce chronic back pain and build a healthier shape.

NEW!

Meditation for Stress Reduction and Relaxation

Tuesdays, 7:00 - 8:00 pm

March 7 - April 25

\$80 / 8 weeks

Brett has 31 years of experience in the practice of mindfulness. He is an inspirational speaker, meditation teacher, and has lead meditation retreats. While seated in a chair, you will learn how to block out the noise, find peace and become calm. Soothing music is played in background. Ages 18 and older, please.



50+ Golf at Royal Oak Golf Course

Mondays, May 1 - June 19

\$168 for cart and 9 holes per person

Returning by popular demand, a senior Monday league run by Joe at R.O. Golf Course. This league will continue to be offered for re-enrollment for Summer and Fall. Call course directly to book and for weather updates at 248-554-0019. Arrive 15 minutes early for noon tee time. Turn in cards for pro shop to calculate handicap.

Drop-In Sports at the Salter Center

Pickleball

- The cost is \$3.00 per session. Any individual caught not paying will be asked to leave the gym immediately
- Sign-in sheets will be made available 30 minutes before scheduled start times

Mondays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

Tuesdays

1:00 - 3:00 pm, All levels - East Gym
12:30 - 2:15 pm, 4.0 & higher - West Gym

Wednesdays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

11:00 am - 2:00 pm

3.5 & higher - West Gym (\$3.00)

Fridays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

12:30 - 2:00 pm

3.5 & higher mixer - West Gym

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.



Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Spring 1

Wednesdays: March 29 - May 3 SA6008
\$36 / 6 weeks

Fridays: March 31 - May 5 SA6009
\$30 / 5 weeks No class April 7

Spring 2

Mondays: May 1 - June 26 SA6010
\$48 / 8 weeks No class May 29

Wednesdays: May 10 - June 28 SA6011
\$48 / 8 weeks

Fridays: May 12 - June 30 SA6012
\$48 / 8 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

No class dates: April 7, May 29.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Yoga

Tuesdays at Salter Center, 1:15 pm

March 7 - April 25 SA2322
May 2 - June 20 SA2323
\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.



Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over and qualify for subsidy. You must live in your own home - alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. To ascertain household income, please provide your most recent Home Heating Credit or Michigan Homestead Property Tax Credit form. If you live in one of the senior high rises you will need to provide the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
Below \$18,800	Below \$21,500	\$3
\$18,801-\$31,350	\$21,501-\$35,800	\$5
\$31,351-\$50,150	\$35,801-\$57,300	\$7

- Home Chores
- Home Repairs
- Personal Care

The City of Royal Oak sponsors this service. Call 248-246-3900, Monday - Friday.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

April 3, May 1, June 5

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Legal Consultations

3rd Wednesday No Fee

March 15, April 19, May 17

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20- minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call the Senior Center at 248-246-3900 to schedule your 20-minute consultation.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

P.A.L.

(Positive Attitude Living)

Fridays, 10:30 am FREE

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Substance Abuse

Grief Support

2nd Mondays, 7:00 - 8:30 pm

Open to anyone seeking support, and safe place to talk, listen and be heard. No need to RSVP, come as you are and leave a little better off. Jan I., volunteer and group organizer, has personal experience coping and recovering from grief. Call the Senior Center at 248-246-3900 to inquire.

Tim's Kitchen

Dine-in and carry-out meals will be served Monday-Friday. Lunches are available at 11:45 am for dine-in service and 12:15 pm for carry-out (food is held cold for carry-outs). You must order meals 72 hours in advance (meals sometimes sell out early). Meals are \$5.00 each and MUST BE PRE-PAID AT TIME OF ORDER. Monthly *Senior Times* will have menu offerings. At this time, punch cards are not available and no walk-ins allowed. Have debit or credit card ready when calling, 248-246-3900.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19 /5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Melanie Macey, Mayor Pro Tem
Sharlan Douglas

City Commission

Kyle DuBuc
Monica Hunt

Brandon Kolo
Pat Paruch

Property Tax Assessment Hearings

Royal Oak's 2023 Board of Review hearings will start on **Monday, March 13** and continue through **Tuesday, March 14**. Additional hearing dates may be added if necessary.

Notices of new assessed valuations are mailed to property owners every year prior to the Board of Review hearings. The hearings are held for residents who wish to contest their new assessments. Protest at the Board of Review is necessary to protect your right to further appeals to the Michigan Tax Tribunal for valuation and exemption appeals and/or the State Tax Commission for classification appeals. Real or Personal properties classified Commercial, Industrial, or Utility may be appealed to the regular March Board of Review or directly to the Michigan Tax Tribunal without protest to the March Board of Review prior to May 31.

You must have an appointment to appear before the Board of Review. You may visit the Assessor's Office in City Hall or call (248) 246-3110 to schedule an appointment. **The deadline for appointments is Monday, March 13 at 4:30 p.m.**

The hearings are scheduled to be held in conference room 122 in City Hall, located at Third and Troy Streets just south of the Royal Oak Farmer's Market. The initial schedule is **Monday, March 13** from 9:00 a.m. to 12:00 p.m. and 6:00 to 9:00 p.m. and **Tuesday, March 14** from 9:00 a.m. to 12:00 p.m. and 6:00 p.m. to 9:00 p.m.

Any agent representing a taxpayer must present written authorization to the Board of Review at the time of his or her appointment. Letters of authorization must be for the 2023 tax year and include a single parcel identification number, the name of the authorized agent, the authorizing person's original signature and the date of the signature.

A property owner or agent representing taxpayer must provide articles of organization for a limited liability company to prove ownership.



City Clerk's Office

Boards and Committees

Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line at www.romi.gov/308/Commissions-Boards-Committees or visit the city clerk's office for an application.

Dog Licenses

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs

Mark Twain Dog Park FOBS

Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

Upcoming Elections

We have one election scheduled for this year to be held on **Tuesday, November 7, 2023**. If you are interested in serving as an election inspector, please send an email to cityclerkvote@romi.gov to have an application emailed or mailed to you. Training is provided to all workers prior to election day.



Yard Waste Reminder

Yard waste must be separated through December 16, 2022. Between December 19, 2022 and March 31, 2023, residents need to either hold onto yard waste materials until the program starts on April 1 or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 1. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn.

Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at 248) 246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won't survive, then an alternate sight is chosen. What a wonderful way to honor a loved one for years to come.

Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday-Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300

(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the tote/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Yard Waste Separation Begins April 1

What is yard waste?

Grass clippings, leaves, spent flowers and garden plants, weeds, pine needles, pine cones, acorns, chestnuts, walnuts, apples, Halloween pumpkins, corn cobs and husks, vines, straw (dry bales less than 40 lbs.), wood chips, woody material up to 2" in diameter and small shrubs (no root balls), untreated, unpainted wood boards with nails removed, sawdust and wood shavings. **All containers must weigh less than 50 lbs.**

How do I prepare yard waste for collection?

Yard waste may be placed in 32-gallon trash cans, clearly marked with a "Yard Waste" sticker facing the street (available at some city offices) or brown paper yard waste bags available at most stores. Containers or bags cannot weigh more than 50 pounds each.

Why must I separate these items?

Yard waste is banned from disposal in Michigan landfills. SOCRRRA converts yard waste into compost, a useful nutrient rich soil amendment.

Is yard waste collected year-round?

No, weekly curbside collection is provided from April 1 through the third week of December.



What if I have yard waste when collection isn't provided?

SOCRRRA residents can bring yard waste to the SOCRRRA Transfer Station at 995 Coolidge Road in Troy at no charge after the third week of December through March 31 - limit 10 bags per day per household. (No contractors or landscapers please).

Brush & Branches

Brush and branches are generally considered to be branches between 2" and 5" in diameter. Small twigs (less than 2" in diameter) are not considered brush and should be placed with yard waste.

What do I do with brush and branches?

Bundle brush and branches securely with twine (bundles no longer than 4 feet in length or 15" in diameter) and place at the curb by 7:00 am of collection day. Bundles cannot weigh more than 40 pounds. Please set bundles so that large end of branches are closest to the street. Bundles will be taken with trash.

What about logs, firewood and lumber?

Logs or firewood must be less than 5" in diameter, cut to 2 foot lengths, bundled securely, weighing less than 40 lbs. per bundle. Logs or firewood over 5" in diameter must be disposed of privately. Lumber (without nails) must be cut to 4 foot lengths or less, bundled, weighing less than 40 lbs. each. Bundles must be next to your trash for collection by 7:00 am.

Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours.

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked ziploc baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org - **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org.

Please note: residents must remove sensitive or personal information from ALL devices.

APPOINTMENT REQUIRED.



As a member of SOCRRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about 1/4 mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.





Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side'

of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.



Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer

systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/ napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring $\frac{1}{2}$ cup baking soda down the drain followed by $\frac{1}{2}$ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



Recycling & Trash Compactors at Park Shelters

Please put RECYCLING through blue door:

- Empty juice boxes (discard straws & juice pouches)
- All empty plastic bottles
- Clean paper products (paper decorations, boxes, etc.)
- Empty paper & plastic cups & lids (coffee, pop, etc. ~ discard straws)
- All clean aluminum containers
- Pizza boxes without grease or food (discard liners & white pizza saver)
- Plastic veggie & fruit containers
- Wrapping paper (no foil paper, ribbon, bows, etc.)

Please put TRASH through black door:

- All paper & plastic plates
- Styrofoam containers (or take to SOCRRA)
- All silverware, serving utensils, etc.
- Napkins, paper towels
- All food
- Snack food bags (potato chip, etc.)
- Plastic tablecloths
- Plastic bags (or take for recycling)
- Soiled food containers (aluminum, plastic, trays, etc. If clean, can be recycled)
- All straws
- All non-paper decorations

WHEN IN DOUBT THROW IT OUT!

(otherwise it contaminates the load and will be discarded)



How to Determine if You Have a Water Leak

The best method for determining whether a leak exists is to take actual water meter readings, in between the quarterly reads that the City takes in order to bill you. This method checks your entire internal plumbing system for water leaks. Take a water meter reading just before going to bed or when no one will be using any water for several hours. Take another meter reading in the morning before any water is used or after a few hours of non-use. In theory, the two readings should be the same. If they are not and you cannot account for the use by a humidifier, ice maker, toilet flush, water softener, or other – you have a leak and further investigation is recommended.

From our experience, 90% of the leaks in residential plumbing systems are found at the toilet tank. Malfunctioning water softeners and humidifiers run a distant second and third. Toilets leak at the bottom of the tank around the flapper plug or at the top of the tank at the overflow tube. Toilet tank leaks typically result from worn parts or misalignment of some part of the flushing system. Most repairs can be done by an experienced “do-it-yourselfer”. If you are not sure you can handle the job, **call a plumber**. It is important to stop the leak early to avoid a HUGE water bill.

The following information is offered as a courtesy, with the hope that action on your part may minimize an unnecessary waste of water and expense to you.



Flapper Plug - To test the flapper plug, carefully remove the lid from the toilet tank and mark the water level in each toilet tank with a pencil. Shut off the water supply to the toilet. If the water remains on the mark you made after 15 minutes or so, the flapper plug is probably not leaking. If the water level drops below the mark you made, the flapper plug is leaking and should be repaired or replaced as soon as possible.

Overflow Tube - The water level in the toilet tank should be at least one inch below the top of the overflow tube. If the water level is at the top of the overflow tube, that is where a leak may be occurring. The float that controls the water level in the tank should be adjusted so that the water level in the tank is at least one inch below the top of the tube.

Please contact the Water Billing staff at **248-246-3160** if you have questions about your water use.



Royal Oak
MASTER PLAN

planroyaloak.com

WE WANT TO HEAR FROM YOU!

**The City of Royal
Oak is in the process
of developing a new
Master Plan.**

The Master Plan, which serves as the guiding policy document for development within the city, will be created during 2023 with a robust process of community engagement, technical analysis, and formulation of proposed policies. City leaders seek your participation and input throughout this planning effort.

Please visit planroyaloak.com for opportunities to participate!



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$50,150	4	\$71,600
2	\$57,300	5	\$77,350
3	\$64,450	6	\$83,100

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$31,350	4	\$44,750
2	\$35,800	5	\$48,350
3	\$40,300	6	\$51,950

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.	248-588-0170
Parks & Forestry	248-246-3300
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency	248-246-3500
Community Policing	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Recreation 1600 N. Campbell	248-246-3180
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln	248-246-3180
Senior Citizen Programs 3500 Marais	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell	248-546-8282
Website	www.romi.gov



COMMUNITY DEVELOPMENT



City of Royal Oak 2023 Construction Projects



- SCHOOL
- ☒ MUNICIPAL BLDG.
- ★ PUBLIC LIBRARY
- POLICE STATION
- ▲ FIRE STATION



Residents can receive project updates and construction news via e-mail or text for city construction projects.

You can sign up at www.romi.gov by clicking on the "Notify Me" link and selecting "News Flash – Engineering."

To view the map online, visit:

www.romi.gov/currentprojects

LEGEND

- 2023 MDOT ROCHESTER RESURFACING IMPROVEMENTS CAP2306
- 2023 MAJOR ROAD RESURFACING IMPROVEMENTS CAP2308
- 2023 GREENFIELD ROUNDABOUT IMPROVEMENTS (RCOC PROJECT)
- 2023 WATER MAIN IMPROVEMENTS CAP2310
- 2023 CONCRETE PAVEMENT REPAIR PROGRAM CAP2305 (MILLAGE)
- 2023 ASPHALT RESURFACING IMPROVEMENTS CAP2315 (MILLAGE)
- 2023 JOINT SEALING IMPROVEMENTS CAP2325 (MILLAGE)
- 2023 ROAD RECONSTRUCTION IMPROVEMENTS CAP2335 (MILLAGE)
- 2023 SPECIAL ASSESSMENT PAVING IMPROVEMENTS (built under CAP2235)
- 2023 DDA W. FIFTH AVENUE IMPROVEMENTS
- 2023 ROYAL OAK ARBORETUM TRAIL IMPROVEMENTS CAP2363
- 2023 SIDEWALK IMPROVEMENTS CAP2302
- 2023 CONSUMERS ENERGY INFRASTRUCTURE REPLACEMENT
- 2023 PEDESTRIAN COUNTDOWN SIGNAL IMPROVEMENTS CAP2334



Royal Oak 2023 Construction Projects

The city will continue various construction improvements throughout the city in 2023 as outlined on the map on the previous page.

Royal Oak Continues

Local Road Millage Improvements

The Royal Oak Engineering Division will continue a series of local road improvement projects this spring. This will be the ninth year of the 10-year road millage (2.5 mill):

Concrete Pavement Repair Project: These streets will have selected deteriorated sections of pavement removed and replaced with concrete for an estimated construction cost of \$1.8 million. These streets are shown in blue on the project map.

Asphalt Resurfacing Project: These streets will have minor concrete base repairs and partial curb replacement followed by asphalt milling and resurfacing with hot mix asphalt. These streets are shown in dark purple on the project map. The estimated construction cost is \$3.4 million.

Concrete Road Reconstruction Project: Pavement on these streets will be completely removed and replaced with new concrete pavement. Some streets also include water main upgrades. These streets are shown in green on the project map. The estimated construction cost is \$2.5 million. Additionally, the city plans to pave the unimproved section of Parkdale Avenue from Rochester Road to Ardmore Avenue as a special assessment project and is shown in dark green on the project map. The estimated construction cost is \$515,000 with approximately 46% covered by Royal Oak and 54% covered by special assessment to the residents on that street.

Joint Sealing Project: These streets are in fairly good condition and will be joint sealed to extend the service life of the pavement. These streets are shown in gray on the project map and the total estimated cost is \$155,000.

Royal Oak Major Road Improvements

S. Main Street & E. Lincoln Ave Road Resurfacing: S. Main Street will be resurfaced from Lincoln Avenue to 11 Mile Road this summer. The project also includes some curbing and streetscape replacements as well as some new pedestrian crossings and green infrastructure. On the adjacent project map, these streets are shown in red. The estimated construction cost is \$2.2 million.

RCOC Major Road Improvements

Rochester Road Resurfacing: Rochester Road will be resurfaced from N. Main Street to 13 Mile Road this summer. The project includes a 4-to-3-lane conversion to improve traffic safety and increase greenspace. Construction will include curb replacement, sidewalk ramp upgrades, pedestrian refuge islands, and three rain gardens. There will be one lane of traffic in each direction throughout construction, and left turns will be prohibited. This street is shown in red on the project map and the estimated construction cost is \$4.1 million. The project is funded by MDOT and the city, with approximately 76% covered by Royal Oak and 24% covered by federal funding.

Major Road Resurfacing: Normandy Road, Lincoln Avenue, and Vinsetta Boulevard will be resurfaced this summer as shown in orange on the project map. These streets will have minor concrete base repairs and partial curb replacements followed by asphalt milling and resurfacing

with hot mix asphalt. Normandy Road and Lincoln Avenue will include pedestrian refuge islands to help pedestrians cross the road and to help calm traffic speeds. The estimated construction cost is \$5.1 million.

RCOC Greenfield Roundabout Improvements: The Road Commission for Oakland County will be upgrading the intersection of Greenfield Road and Normandy Road this summer by converting this intersection to a roundabout. The estimated construction cost is \$1.7 million and will be paid for by the RCOC, the City of Royal Oak, the Village of Beverly Hills and Oakland County general government. The project area is shown in brown on the project map.

Sidewalk Improvements

The city will continue the six-year sidewalk program this summer in the neighborhoods outlined in the pink dashed line on the project map. Property owners will receive a construction notice in the spring with their estimate for sidewalk work. You can find more information regarding the sidewalk program including criteria, timeline, and forms at www.romi.gov/sidewalks.

The city also operates a prepaid public sidewalk and approach replacement program for those residents who want this type of work performed at their properties in Royal Oak. Contact the engineering division for more information.

Water Main and Sewer Projects

2023 Water Main Improvements Project: Improvements will take place on various streets as shown on the project map in dark blue to replace sections of water main. In addition, the proposed millage improvements scheduled for each of the streets will be incorporated as part of the project. The estimated construction cost is \$3.5 million.

2023 Sewer Preservation Projects: Sewer televising, spot sewer repairs and sewer lining will take place on various public sewers throughout the city as part of an ongoing sewer maintenance and improvement program to preserve, stabilize, improve flow, and enhance the conditions of public sewers. The cost of these projects is estimated at approximately \$2.1 million.

Other Projects

In addition to road, sidewalk and utility improvements, the City of Royal Oak has additional projects scheduled to begin in 2023.

Arboretum Trail Improvements: The Parks and Recreation Department in cooperation with the Royal Oak Nature Society plans to upgrade the existing and install new walking paths in the Royal Oak Arboretum to make the trails more accessible. This area is shown on the project map in yellow. The total estimated cost is approximately \$95,000 with 75% of the work funded by a grant from Oakland County Parks.

W. Fifth Avenue Improvements: The Downtown Development Authority plans to reconstruct two blocks of W. Fifth Avenue from S. Lafayette Avenue to Center Street to improve pedestrian safety and usage and provide a safer crossing at S. Washington Avenue. This area is shown on the project map in pink. The total estimated cost is approximately \$1 million.

Royal Oak 2023 Construction Projects

Continued from page 35

Salter Center Improvements: The city will be reconstructing the front drop off loop drive and sidewalks in conjunction with the adjacent road work. The total estimated cost is approximately \$98,000.

Traffic Signal Improvements: This year the city will begin Pedestrian Countdown Signal replacements at various intersections identified on the project map (page 34) with the green traffic symbols. The estimated construction cost is \$222,000 with 90% paid for by a Highway Safety Improvement Program grant.

Other Utility Improvements

Consumers Energy will be continuing with gas main replacements in a few areas of the city this year, shown in light purple. Consumers Energy will be providing more information via mail to affected residents.

What to Expect

The city mails out construction notices to affected properties in the spring that provide detailed information for nearby projects. During construction, residents may receive 24-hour advance notices via door hangers if driveway access will be affected or a water shut-off is planned.

The engineering division wishes to thank residents in advance for their patience and cooperation as the city moves forward with construction. If you have any questions, you can contact the engineering division at **248-246-3260** or engineering@romi.gov. Residents can visit www.romi.gov/currentprojects to find the most up-to-date information, copies of construction notices, and weekly project updates.

You have a nice set of wheels but can't find a place to park them.



Landlords must allow you to make reasonable accommodations to ensure full use of your apartment. Telling you that you can't install grab bars and ramps is against the law. You can fight back.

If you suspect unfair housing practices, contact HUD or your local Fair Housing Center. Everyone deserves a fair chance.



FAIR HOUSING IS THE LAW!

U.S. Department of Housing and Urban Development • 1-866-222-FAIR • TDD 1-800-927-9275



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

March

4 Sat Toy Show (8:00 am - 2:00 pm)

April

6 Thurs Neighborhood Market: Spring Festival and Craft Show (4:00 - 9:00 pm)

9 Sun Happy Easter - Closed

12 Wed Food Truck Rally (4:00 - 8:00 pm)

26 Wed Nature Society Fundraiser (7:00 - 10:00 pm)

May

6 Sat Tequila Tasting (6:00 - 10:00 pm)

10 Wed Food Truck Rally and Sights and Sounds Concert (4:00 - 9:00 pm)

June

3 Sat Art as Healing (4:00 - 9:00 pm)

14 Wed Food Truck Rally, Sights and Sounds Concert and Family Pride (4:00 - 9:00 pm)



Like us on Facebook!

Think Spring!

"Adopt a Park for a Day"

April 22 & 23, 2023

The City of Royal Oak is having **Spring Park Cleanup Days on April 22 and 23, 2023**. The City is looking for individuals as well as volunteer groups to adopt a park for an hour or a day to pick up any debris and leaves for City crews to dispose of.

Where do I sign up?

If you are interested, you may register by calling the DPS at (248) 246-3300 between 7:30 am and 4:00 pm. Pick a park anytime prior to April 20.

There are 50 parks in the City of Royal Oak and we would appreciate any help you can give. Please call today to reserve a park!



Celebrate National Library Week

April 23-29, 2023



The 2023 theme of National Library Week is "There's More to the Story." When it comes to the Royal Oak Public Library, this is definitely true!

Libraries are full of stories in many formats – print, eBooks, eAudiobooks, DVDs, downloadable video and more. Our intention is to provide a robust collection of materials for leisure and learning to meet the interests of our community.

But there is definitely more to the story of libraries than our traditional collections. We offer items for everyday life in our Library of Things. You can check out a telescope for your trip to one of Michigan's dark sky parks and preserves. Borrowing a funky cake pan for your child's birthday party helps enhance that special day. You can even borrow some chess pieces to play on the chessboards in Centennial Commons.



Our story is not complete without our community. The Royal Oak Public Library is a place where family and friends can meet to explore the children's area, use the new small conference room for their study group, or just sit and talk by our new fireplace or on the terrace. We strive to make the library a place where everyone feels comfortable and welcomed.

Programming is another aspect of our story. Delighted children enjoy our weekly story times. Teens discover new ideas and skills at our teen programs. And adults can grow and learn at our adult programs. From crafting to history and more, everyone can find a program of interest at the Royal Oak Public Library.

Speaking of programs, here are a few highlights happening this spring. To view all of our events and to register for our programs, visit our online calendar at ropi.evanced.info/signup.

Story Times (through April)

- **Family Story Time Tuesdays at 10:15am (birth-5yrs)**
- **Toddler Story Time Wednesdays at 10:15am (18 mo-3yrs)**
- **Baby Size Story Time Thursdays at 10:15am (birth-2yrs)**

Saturday Programs

- **Hungry For Humor: Feeding the Muse (adult writing workshop)**
March 25 at 10:00 am
- **Michigan Lion Dance Team Performance (family program)**
March 11 at 11:00 am (registration required)
- **Baby Prom (ages 0-3 years)**
April 13 at 10:15am (registration required)

Our mission states "The Royal Oak Public Library provides opportunities for all to learn, connect, create and innovate." We hope the storyline in our mission inspires you to visit and take advantage of the resources provided to you, our community. Celebrate libraries during National Library Week, but use libraries all year long!



Royal Oak
PUBLIC LIBRARY

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropi.org



Royal Oak
WROK

WROK carries live gavel to gavel coverage of the regular meetings of the Royal Oak City Commission, Planning Commission, Zoning Board of Appeals and Downtown Development Authority. As well as special event coverage like The Memorial Day Parade, Leprechaun Baseball and Summer Concerts.

WROK is available through traditional cable outlets like WOW! and Comcast/Xfinity. You can also find WROK on Apple TV, Amazon Fire TV and Roku simply by adding the Telvue p.e.g. TV app to your device. It's a free download and it will allow you keep up with all the action. Meetings are also live web streamed to YouTube. You can also see web stream on the City website at www.romi.gov/523/Live-Stream-and-Video-on-Demand.



@WROKRoyalOak

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov



PRSR STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

“Adopt a Park”

2023 Spring Park Clean-up • April 22 & 23

See page 36 for more information.

**Oakland County
Earth Day**

Climate March Rally & Fair

**Saturday, April 22, 2023
9:00AM - 1:00PM**

**Centennial Commons Park (On Troy St.)
Royal Oak, Michigan**

Learn more: turnoaklandcountygreen.com/oakland-county-march

EVENT SPONSORS:

