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Royal Oak Outdoor Art Fair July 1 - 2

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A COMMUNITY COLLABORATION:





DAY CAMP SUMMER 2023



It's where you want to spend your summer!

CAMP LOCATION: **Royal Oak HIGH School**
1500 Lexington Blvd at Crooks
(north of 13 Mile Road)

**CAMP
REGISTRATION:** **Royal Oak Recreation**
1600 N Campbell Road
Tel 248-246-3180
Online www.royaloakrec.com

CAMP HOURS: Monday – Friday, 9 am to 4 pm
Before/after-care available 7 - 9 am and 4 - 6 pm

CAMP DATES:

Week 1	June 19 – 23
Week 2	June 26 – 30
Week 3	July 5 – 7 (3 days \$90) Closed July 3 & 4
Week 4	July 10 - 14
Week 5	July 17 - 21
Week 6	July 24 - 28
Week 7	July 31 – August 4
Week 8	August 7 – 11



Sign up for any number of weeks, our activities are always changing.

CAMP COSTS: Camp fee is \$150 per week. Before/after care is \$50 per week.
There is a \$10 fee if a camper is picked up late.

CAMPER AGES: Campers must have completed kindergarten (must be age 5 by 9/1/22) through age 12.

CAMP ACTIVITIES: Arts & crafts, games, outdoor activities, swimming, field trips, sports and more. Campers are divided by age groups for activities. Camper to counselor ratio is 10:1.

LUNCHES Campers need to bring a sack lunch & drink daily. We provide snacks.

**NOTE: Open registration for campers will begin 9:00 am, Tuesday, March 21, 2023.
Registration will be on-line at www.royaloakrec.com**

Because of the popularity of our program, we require payment in full at the time of registration for all the weeks you will be attending camp. For your convenience, we offer credit card payment (VISA/MC/Discover).

Requests for transfers or refunds must be made at least one week in advance (as space allows) less a \$10 processing fee per week. There is a maximum of 50 campers per week. This program will sell-out! Please make sure you register early.

You may register in person, on line, by mail or fax.

Mailing Address: Royal Oak Recreation
203 S. Troy St.
Royal Oak MI 48067

NO TELEPHONE REGISTRATIONS

In Person: DEPT OF REC & PUBLIC SERVICE
1600 N Campbell
Royal Oak MI 48067
Office Hrs: Mon-Fri, 8:30 am – 4:30 pm

Phone (248) 246-3180 • Fax (248) 246-3007 • www.royaloakrec.com

Registration Form 2023

Camper Name _____ Date of Birth _____

Address _____ Phone (H) _____

City, Zip _____ Phone (W) _____

E-mail _____ Parent/Guardian name _____

Please check (✓) the weeks you want, and whether or not you need before/after care.

Week	Dates	Fee	9 am–4 pm	Fee	Before/After Care
1	June 19 – 23	\$150		\$50	
2	June 26 – 30	\$150		\$50	
3	July 5 – July 7 (3 days) Closed July 3 & 4	\$90		\$30	
4	July 10 – 14	\$150		\$50	
5	July 17 – 21	\$150		\$50	
6	July 24 – 28	\$150		\$50	
7	July 31 – August 4	\$150		\$50	
8	August 7 – 11	\$150		\$50	

Total amount \$_____

Payment Method: Check Visa/Discover# _____ CVV2 _____

MasterCard# _____ CVC2 _____

Cardholder Name _____

Expiration Date _____

The City of Royal Oak assumes no responsibility for personal injuries or loss of personal property while using City or School facilities. It is recommended that anyone enrolled in an activity, or using one of our facilities in general, make provisions to provide adequate coverage within their own family insurance. By registering for Department of Recreation and Public Service programs, registrants realize the inherent risks involved in the programs and appreciate the nature of the risks.

Signature of Parent/Guardian

Date



West Bloomfield, Michigan -- (248) 682-6587

Summer Camps

www.leisureunlimited.net

Sports Starters (preschoolers, ages 3 - 5)

Your toddlers will love this first introduction to sports. Kids will improve their large muscle movement and hand-eye coordination as they throw, catch, kick, run and play silly games. Our experienced coaches will make sure your little ones have a positive and fun learning experience. Wear gym shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Coach Dave, Leisure Unlimited.

July 17 - 21 at Salter Community Center YA2001

Monday - Friday, 12:45 - 1:35 pm
\$68 / 1 week

Tee-Ball Camp (ages 4 - 6)

Make a hit with your youngster this summer. Kids will learn throwing, base-running, catching, batting and fielding. Directions are easy-to-follow. Fun, progressive drills allow kids to advance at their own pace in a safe, nurturing environment. Players will learn the importance of effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Mitts are optional. Minimum 10 campers. Instructor: Coach Dave, Leisure Unlimited.

July 17 - 21 at Salter Community Center YA2002

Monday - Friday, 2:00 - 3:15 pm
\$88 / 1 week

Soccer Starters Camp (preschoolers, ages 3 - 5)

Our enthusiastic coaches will teach your kids the basic kicks, how to score, goalie work, throw-ins, positions, and rules. Our emphasis is on teamwork, self-confidence, and effort in a safe and nurturing environment. Wear tennis shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Coach Dave, Leisure Unlimited.

August 7 - 11 at Salter Community Center YA2003

Monday - Friday, 12:45 - 1:35 pm
\$68 / 1 week

Basketball Camp (ages 6 - 9)

Jump into basketball! Progressive drills help players improve their individual and team skills. In-class scrimmages allow kids to develop better game comprehension. Emphasis is on sportsmanship and teamwork. Wear gym shoes and bring a water bottle. Minimum 10 campers. Instructor: Coach Dave, Leisure Unlimited.

August 7 - 11 at Salter Community Center YA2004

Monday - Friday, 2:00 - 3:15 pm
\$88 / 1 week

TumbleBunnies Gymnastics

www.tumblebunnies.com

Itty Bitty Bunny – ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.



Tuesdays at Salter Community Center

June 20 - August 29, 9:30 - 10:00 am **YA3009**
Fee: \$150 / 10 weeks

TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, June 20 - August 29 at Salter Community Center

Fee: \$150 / 10 weeks

Bizzy Bunnies, 3 - 4 year olds, 10:15 - 10:45 am **YA3010**

Happy Hoppers, 5 - 7 year olds, 11:00 - 11:30 am **YA3011**

RO Slow Roll Bike Day

RO Slow Roll Bike Day is a free and inclusive community bike ride that is open to ages 5+ and all skill levels. **All participants must register online and sign a waiver at www.royaloakrec.com**

The start of the slow roll will begin at Normandy Oaks Park and finish at the same location. There are four available courses to ride 3, 6, 11 and 14 miles, that will snake through the neighborhoods and streets of Royal Oak. Participants should bring a working bike, water, and a helmet is strongly encouraged.

Bathrooms will be located at the beginning and end of the slow roll. Multiple porta johns will also be located along the route.

- All riders under 18 are encouraged to wear a helmet.
- Participants under 18 must be registered by a parent/legal guardian and accompanied by an Adult 18+ at all times throughout the slow roll.

Event Date: June 10 for ages 5+

Start Time: 8:00 am check-in

There will be multiple check-in times available for registration.

Registration Fee: \$0 T-Shirt option: \$20



Babysitter Safety (ages 9+)

Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for 2 years).

Parents, this class is for students who are independent and responsible enough to be responsible for the safety and well-being of younger children without adult supervision.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Pen and paper for notes is optional. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, September 16 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4001**

Fee: Res. \$70 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. Topics include pet first aid, CPR, choking and more!

This is an add-on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends. Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Minimum 10 students. Instructor: Live Safe Academy.

Saturday, September 16 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4002**

Fee: Res. \$15 / 1 class



Four Seasons Preschool provides a safe and caring environment where children feel secure and learning is a positive experience. Our goal is to have the children leave the program with a positive sense of self, a joy of learning, and the skills they need to enter kindergarten.

Learning takes place through the use of many hands-on activities based on a developmentally appropriate curriculum. The children are taught using a theme based approach. As each new interesting theme is introduced the children's natural curiosity and joy of learning is enhanced and their knowledge expanded in a variety of areas.

Four Seasons Preschool understands the importance of playtime, because children learn through play. Children also need space and plenty of materials on hand to explore and manipulate to enhance their learning experience. These needs are met in a very large classroom filled with many materials that encourage creativity, dramatic play, science experimentation, construction, fine and gross motor development and socialization skills.

Preschool should be a lot of fun and a great experience for children. We realize this and plan a curriculum that is interesting and enjoyable for the children.

We are located in the Mahany/Meininger Senior Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

Registration for the 2023-2024 school year is available at www.royaloakrec.com

2023 - 2024 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am

PRE2023-R3

FULL

Tuition for our morning 2-day a week program is \$1,072.50 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$357.50.

Mon/Wed/Fri Morning, 8:30 - 11:00 am

PRE2023-R1

FULL

Tuition for our morning 3-day a week program is \$1,608.75 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$536.25.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm

PRE2023-R2

OPEN

Tuition for our afternoon 4-day a week program is \$2,145.00 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$715.00.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com



First Serve is excited to provide tennis classes through Royal Oak Parks and Rec! At First Serve we love to share the joy and freedom of movement with kids and adults. We teach kids fierce competition tempered with good sportsmanship.

Our lesson plans and competitions are based on the latest research and guidelines from the top youth sports and tennis programmers in the country. We understand that kids learn more and are less likely to quit when sports are fun. We teach fundamental athletic skills that apply to all sports and support multi-sport athletes. Our goal is to make tennis more accessible and more fun to more people, especially kids! **Check us out on Facebook.com/firstservemi**

Contact Coach Chip with any questions about the leagues or placement within the leagues: chipfazio@gmail.com or 313-670-3277 (cell)

Spring Outdoor Tennis Lessons

Wednesdays, May 24 - June 14 (4 classes)

Class / Ages	Time	Cost
Pee Wee Tennis, ages 4-6 years	4:15-5:00 pm	\$64
Ages 7-10 years	5:00-6:00 pm	\$64
Ages 11-17 years	6:00-7:00 pm	\$64
Adult Start/Restart	7:00-8:00 pm	\$64

This is a class for adults who have never played tennis or adults who may have played when they were younger and would like a refresher to get them back into tennis. Loaner racquets will be provided.

Summer Outdoor Tennis Lessons

Thursday evenings, June 29 - August 3 (6 classes)

Class / Ages	Time	Cost
Pee Wee Tennis, ages 4-6 years	5:15-6:00 pm	\$96
Ages 7-10 years	6:00-7:00 pm	\$96
Ages 11-17	7:00-8:00 pm	\$96
Adult (18+)	8:00-9:00 pm	\$96

We welcome beginners and experienced players into this class.

Location

All classes take place at the **Worden Park Tennis Courts** on Lexington, north of 13 Mile Road east of Crooks Road next to the Lindell Ice Arena (behind green Total Soccer building).

Pre-registration for all classes is required online at www.ifirstserve.net

Please bring your own racquet and water bottle, and wear tennis shoes for class.

Yoga In the Park

Learn the essential poses in a step-by-step approach. 75-minute lessons in alignment yoga will be offered to help participants establish firsthand experience and mastery over many of the foundational postures in yoga. Instructor: Luke Sasek.

Beginners welcome; bring your own mat.

Registration May 8 - June 3

Yoga + Farmers Market Social

Saturdays, 8:30-9:45 am at Centennial Commons

June 3 - August 4 **AF2013**

\$108 / 8 weeks

No class June 24, July 8

Whittier Warriors

Sundays, 9:00-10:15am at Whittier Park

June 4 - August 6 **AF2014**

\$108 / 8 weeks

No class June 25, July 9

Intro to Mindfulness Meditation

Meditation has been shown to improve physical & mental health & well-being. It teaches you powerful self-management tools, increases feelings of compassion for yourself and others and reduces anxiety & depression by increasing feelings of connectedness and wholeness. Learn how to create a rewarding daily meditation practice. Break through your mental resistance & begin enjoying the benefits of meditation. Instructor: Leslie Collins, M.A., Certified Mindfulness & Meditation Instructor and Coach.

Monday & Wednesday, 4:30-6:00 pm at Salter Center, Lincoln Room

June 19-28 **AE2007**

Fee: Res. \$70; Non-Res. \$75 / 4 classes (2 weeks)

Unplug & Reconnect: Free Yourself from Technology and Reconnect with Yourself and Those You Love

Are you or a loved one struggling, feeling disconnected from family & friends because of an excessive focus/use of technology? Is your use of technology interfering with your life or having a negative effect on your moods? Learn how addiction to tech (and other addictions) works and how Mindfulness Meditation can help you unplug and reconnect with yourself and those you love. Instructor: Leslie Collins, M.A., Certified Mindfulness & Meditation Instructor & Coach.

Tuesday & Thursday, 4:30-6:00 pm at Salter Center, Lincoln Room

June 20-29 **AE2008**

Fee: Res. \$70; Non-Res. \$75 / 4 classes (2 weeks)

Activity Cancellation

Due to bad weather – 248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.



Royal Oak FITNESS

Low-Impact Workout

Great for Beginners!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional. .

Thursday, 6:20 - 7:20 pm Instructor: Angie M

June 29 - August 24 at M/M Senior/Community Center **FF2002**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Zumba Gold Toning **NEW!**

This is a fun low-impact dance-fitness workout, less intense and slower paced than regular Zumba, for the older active adult or anyone just starting their fitness journey. Light-weight maraca-like toning sticks are incorporated to enhance muscle tone, strength and endurance. Instructor provides use of optional toning sticks, which help you get more out of the class; or they may be purchased from instructor (\$20 for 1-lb. set or \$25 for 2.5-lb. set). Bring water bottle.

Thursday, 7:30-8:30 pm Instructor: Debbie M

June 29 - August 24 at M/M Senior/Community Center **FF2026**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

20/20/20 Fit Mix

This class includes the essential components of fitness: cardio, strength, core and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights and water.

Wednesday, 5:50-6:50 pm Instructor: Karen B

June 28 - August 23 at M/M Senior/Community Center **FF2006**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice.

Tuesday, 7:30 - 8:30 pm Instructor: Dawn Y, RYT-500

June 27 - August 22 at M/M Senior/Community Center **FF2021**

No class July 4, 18

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

June 26 - August 21 at M/M Senior/Community Center **FF2013**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

June 27 - August 22 at M/M Senior/Community Center **FF2010**

No class July 4

Fee: Res. \$56; Non-Res. \$61 / 8 weeks



PLEASE REGISTER EARLY
to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

**IF class meets enrollment requirement to run,
drop-ins are allowed for \$10 fee.**

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, is licensed to instruct through the Chinese government and has been teaching more than 30 years.

Tuesday

Yang Family Tai Chi 49 Form

Tuesday, 7:00-8:00 pm **AF2004**

June 20 - August 22 at M/M Senior/Community Center, Rooms 8 & 9

No class June 27, July 4

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Yang Family Push Hands

Tuesday, 8:00-9:00 pm **AF2201**

June 20 - August 22 at M/M Senior/Community Center, Rooms 8 & 9

No class June 27, July 4

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Thursday

Chen Style Laojia Yilu Part 1 - 3

Thursday, 7:30-8:30 pm **AF2202**

June 22 - August 17 at Salter Center Gym

No class June 29

Fee: Res. \$64; Non-Res. \$69 / 8 weeks

Tai Chi Fan

Long staff available for \$5 at class

Thursday, 8:30-9:30 pm **AF2203**

June 22 - August 17 at Salter Center Gym

No class June 29

Fee: Res. \$64; Non-Res. \$69 / 8 weeks



Water Color Painting

Beginning through Experienced Students

Noted Michigan artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. These lessons will provide fundamentals and stretch your abilities. Color mixing, color theory, design and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.

Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

June 26 - August 28 *No class July 3* **AE2006**

Fee: Res. \$129; Non-Res. \$134 / 9 weeks

Tactical Self-Defense "TSD"

In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as awareness and strategy – all while having a ton of fun. You will learn how to deal *decisively* with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self-Defense, our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.



Get Started Now!

Thursday at Salter Community Center

June 22 - Aug. 10, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

June 21 - August 9, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$56; Non-Res. \$60 / 8 weeks

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

June 21 - August 9, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$56; Non-Res. \$60 / 8 weeks

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Adult Fall Softball

Royal Oak Recreation will begin open adult softball team registrations on Thursday, July 6. Registration deadline is Monday, August 14 **or when league sells out.**

League Offerings:

Monday	Coed Division	8 teams
Tuesday	Men's Division	8 teams
Wednesday	Men's Division	8 teams
Thursday	Coed Division	8 teams

Entry Fee: \$600 includes 12-game season (6 doubleheaders) plus one play-off night for the top 4 teams, ASA Registration, softballs and awards.

Umpire Fees: \$17 per team per game (pay at game site)

Field/Times: Worden #4 6:10, 7:20, 8:30, 9:40
Worden #5 6:10, 7:20, 8:30, 9:40

Rosters: Teams can have up to 20 players with no restrictions on non-residents. Player rosters are due in the Recreation office before first game.

Awards: Season Champion receives 15 individual awards.

ASA rules and regulations govern all leagues. **League games will begin the week of September 5** (Monday league will begin September 11). Teams may begin and end a game with eight players.

Managers: Teams can pick up supplies after August 25. Schedules will be emailed on August 28.

NO SPOTS RESERVED

You are officially in the league when payment of \$600 is received in the Recreation Office.

For information call 248-246-3180.

Register online at royaloakrec.com

Who to Contact

John Lindell Ice Arena.....	248-246-3950
Swimming.....	248-435-8500 ext. 1148
Metro Detroit Youth Clubs – Jack & Patti Salter Club	248-544-4166
RO Sandlot League	www.royaloaksandlot.com
Royal Oak Football Club (Youth Soccer).....	www.royaloakfc.com
Royal Oak Titans (Youth Football).....	www.royaloaktitans.org
Royal Oak Hockey.....	www.royaloakhockeyclub.com

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127



Royal Oak Football Club offers programs for all ages and skill levels from preschool to seniors in high school.

- ROFC focuses on fun teamwork and developing a player's skills.
- The Spring season runs from April through June.
- The Fall season is September through October.
- Teams practice weekly (as determined by coaches) and play 10 games during the season.
- ROFC offers summer camps and fun club-wide events.

As a community-based, not-for-profit organization, ROFC recreational offers an affordable program for children to learn and play soccer.

Register online. Hurry, teams fill up quickly!

For more information and to register, visit

www.royaloakfc.com

Are You Ready for Some Football or Cheerleading?

If so, Royal Oak Youth Football is looking for you!

We promote sportsmanship, dedication and team work, all in a family fun environment.

We offer youth football and cheerleading for children ages 6 - 13.

**ROYAL OAK
TITANS**

Visit our website for registration information, requirements and football camp:

www.royaloaktitans.org

JUNE * ROYAL OAK * LEPRECHAUNS

SUN	MON	TUES	WED	THUR	FRI	SAT
HOME GAMES	AWAY GAMES					
	4 ROCKETS 7:05PM	5 MONARCHS 7:05PM	6 MONARCHS 7:05PM	7 MONARCHS 7:05PM	8 MONARCHS 7:05PM	9 CLIPPERS 7:05PM
	11 CLIPPERS 7:05PM	12	13 TRIBE 7:05PM	14 JAZZ 7:05PM	15 JAZZ 7:05PM	16 JAZZ 7:05PM
	18 MSBL 7:05PM	19 LOCOS 7:05PM	20 LOCOS 7:05PM	21 LOCOS 7:05PM	22 HAULERS 7:05PM	23 HAULERS 7:05PM
	25 HAULERS 7:05PM	26	27 MARINERS 7:05PM	28 MARINERS 7:05PM	29	30 MARINERS 7:05PM
31 REDBIRDS 11:00AM	1 REDBIRDS 11:00AM	2 REDBIRDS 11:00AM	3 MONARCHS 11:00AM			

JULY * ROYAL OAK * LEPRECHAUNS

SUN	MON	TUES	WED	THUR	FRI	SAT
HOME GAMES	AWAY GAMES					
	2 SAINTS 4:05PM	3	4 JET BOX 5:35PM	5 JET BOX 7:05PM	6 JET BOX 7:05PM	7 MONARCHS 7:05PM
	9 MONARCHS 7:05PM	10	11 CLIPPERS 7:05PM	12 CLIPPERS 7:05PM	13 CLIPPERS 7:05PM	14 LOCOS 7:05PM
	16 LOCOS 5:05PM	17	18 ALL STAR GAME	19 HAULERS 7:05PM	20 HAULERS 7:05PM	21 JET BOX 7:05PM
	23 JET BOX 7:05PM	24	25	26	27	28
30	31					29

Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. They are also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, e-mail us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.

Speaker Programs

As of now, our speaker programs are done virtually via Zoom. Our programs are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can meet with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

Royal Oak Nature Society Friends of Fungi

Friends of Fungi (FOF) is a group that promotes the understanding of, and an appreciation for, fungi in general and especially those fungi found in Tenhave, Cummingston, and the Arboretum. Mary Fredricks, mycologist for the Nature Society, heads this group. At the present time, no in-person meetings are being held. However, the FOF sponsors fungi walks from April through October on the fourth Saturday of each month at 10am. There is no cost, but preregistration is currently required. Please see the Royal Oak Nature Society website or Facebook page for more information.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Royal Oak Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. There is no cost for these walks and registration is not required.

DATE	TIME & PLACE	TOPIC
June 4 (Sun)	2:00 pm at Tenhave	Pond Life
June 24 (Sat)	10:00 am at Cummingston	Mushrooms
July 16 (Sun)	2:00 pm at Tenhave	Pond Life
July 19 (Wed)	7:00 pm at Arboretum	Arboretum Walk
July 22 (Sat)	10:00 am at Tenhave	Mushrooms
Aug 16 (Wed)	7:00 pm at Arboretum	Arboretum Walk
Aug 26 (Sat)	10:00 am at Cummingston	Mushrooms

As programs/walks are scheduled, they will be announced on our website and Facebook page.



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELLICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**

**LEARN TO
SKATE**

LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.

NEW EDGE

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration – Jersey included

For more information on any of these programs, please visit

JOHNLINDELLICEARENA.COM



ADULT HOCKEY LEAGUE

Summer League:

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE



DROP IN HOCKEY

18 and up-full equipment
come in a play a competitive game of
hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- **Lil Eagles Learn to Play – ages 4-10**
- **8 & under youth hockey program**
- **House hockey for all youth age divisions**
- **Travel A & AA Hockey Squirt –Midget**

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

Registration Information

How to Register for Programs and Classes

Registration begins on May 8 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35**. To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED**.

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on "answers to frequently asked questions" on the home page.

**Open Online Registration
May 8**

General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to "create a new account" through the website. You cannot register for classes as a "guest".

Online registration will only be available for some programs. You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**
9:00 am to 4:30 pm, Monday - Friday

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ **Date of Birth** _____ **Male/Female** _____

Address _____ **City, Zip** _____

Telephone - Home _____ **Work** _____

E-mail _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Amount enclosed: \$ _____



Payment Method: **Check** **Cash**

Visa/Discover # _____ **3-digit Security Code** _____

Mastercard # _____ **3-digit Security Code** _____

Cardholder Name _____ **Expiration Date** _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ **Date** _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ **Date of Birth** _____ **Male/Female** _____

Address _____ **City, Zip** _____

Telephone - Home _____ **Work** _____

E-mail _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Class _____ **Day** _____ **Time** _____ **Start Date** _____

Amount enclosed: \$ _____



Payment Method: **Check** **Cash**

Visa/Discover # _____ **3-digit Security Code** _____

Mastercard # _____ **3-digit Security Code** _____

Cardholder Name _____ **Expiration Date** _____

Signature of Cardholder _____

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Signed _____ **Date** _____

City of Royal Oak



Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, Lawson, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 3 through March 31 for the 2023 season. Non-residents may apply beginning April 3.

**Please call 248-246-3180 for rental rates and availability.
Rentals can be processed online at www.royaloakrec.com.**

21	Starr/Jaycee Park, 13 Mile & Marais		
22	VFW Park, Campbell & E. Lincoln	27	Quickstad Park, Tenhave Woods, between Normandy & Lexington east of Crooks
23	Worden Park, Lexington & Crooks	28	Normandy Oaks Park, Delemere & Nakota
24	Upton Park, Nakota at Mandalay	29	Lawson Park, Irving & Parent
25	Whittier Park, E. Farnum & N. Alexander		Mark Twain Dog Park, Campbell, south of 14 Mile Rd
26	Cummingston Nature, Torquay & Leafdale		

Leo Mahany / Harold Meininger

Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900

www.romi.gov

 Royal Oak Parks and Recreation page

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently impaired adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center or on the **romi.gov** Resource Page, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures and /or digital advertisement is \$150.00 per 12 months.

M/M Community Center Rental Information on page 24.

Special Events and Workshops

May

1	Welcome Newcomers	10:30 am
1	Having Neck Pain? Lunch & Learn	11:30 am
4	1st Thursday M/M Book Club	11:00 am
5	BINGO	12:30 pm
9	Neil Diamond Tribute w/ Neil Lawrence	12:00 pm
9	Paint and Pour \$2.00	3:00 pm
19	Kerry Price Piano Concert \$2.00	12:30 pm
22	Medicare 101 Lunch & Learn	11:30 am
26	4th Friday M/M Book Club	10:00 am
29	Memorial Day	CLOSED
30	Aging in Place Lunch & Learn	11:30 am

June

1	1st Thursday M/M Book Club	11:00 am
2	BINGO	12:30 pm
5	Welcome Newcomers	10:30 am
5	Seniors in Heat Lunch & Learn	11:30 am
12	Sushi Making Class \$42.00	5:30 pm
16	Kerry Price Piano Concert \$2.00	12:30 pm
19	Juneteenth	CLOSED
23	4th Friday M/M Book Club	10:00 am

July

3	Welcome, Newcomers	10:30 am
4	Independence Day	CLOSED
6	1st Thursday M/M Book Club	11:00 am
7	BINGO	12:30 pm
10	Sushi Making Class \$42.00	5:30 pm
11	Gary Sacco "Frank Sinatra Style" Matinee	12:00 pm
18	Veteran Burial Benefits Lunch & Learn	11:30 am
21	Kerry Price Piano Concert \$2.00	12:30 pm
21	Summer Nights Dinner Dance \$16.00	5:30 am
28	4th Friday M/M Book Club	10:00 am

August

1	Medicare 101 Lunch & Learn	11:30 am
3	1st Thursday M/M Book Club	11:00 am
4	BINGO	12:30 pm
7	Welcome, Newcomers	10:30 am
14	Sushi Making Class \$42.00	5:30 pm

Kiosk Key Tag

If you are new to Mahany/ Meininger Community Center, stop by our front desk and pick up your personalized "Kiosk Key Tag". This new, interactive software program allows our customers to Kiosk / Swipe into what activities they are participating in and would like to attend. **FREE** to sign-up!

NEW!

The "My Senior Center" software allows us to keep accurate numbers on programs and activities. By swiping in with your new "Kiosk Key Tag", we can continue to provide you with the low-cost, unique programming we love to offer.

Medical Equipment Loan Closet

The Mahany/Meininger Center has walkers, wheelchairs, bath stools, crutches and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment since our storage space is limited.

Extended Trips

The Ohio Light Opera \$ 739 pp/dbl July 20-22, 2023 Rybicki Tours

Take a break this summer and enjoy three musicals at America's Premier Lyric Theater Festival in Wooster, Ohio. *Camelot* (1960), *No No Nanette* (1925), and *How to Succeed in Business Without Really Trying* (1961). **All seats are on the Main Floor!** Cost includes transportation via motor coach, accommodations, performances and four meals. \$150 deposit; balance due by June 16, 2023.



Ohio Sampler \$434 pp/dbl August 18-19, 2023 Bianco Tours

Take advantage of this unique opportunity to visit the MAPS Air Museum which holds more than 50 aircraft on loan from the U.S. Air Force or Navy. Spend two days and one night while taking in Williams on the Lake dinner and show, a tour of the Brecksville Nature Center and the Hartville Kitchen & Marketplace. Cost includes transportation via motor coach, accommodations, tours and three meals. \$20 deposit; balance due July 4, 2023.

New England \$1862 pp/dbl September 17-23, 2023 Bianco Tours

Focusing on Cape Cod, this tour will give you an in-depth look at the Pilgrim's first home in America. It features guided tours of Cape Cod, Provincetown, Hyannis, and Plymouth. You'll have a choice of going on either a Whale Watching Tour or a Sand Dunes Tour. You'll take a Lobster Tales Cruise, stop by Plymouth Rock, learn about the Cape Cod Canal and visit a cranberry bog. Cost includes transportation via motor coach, accommodations, 11 meals and much more than we have space for here! \$50 deposit; balance due August 2, 2023.

**If you need special accommodation for travel,
it is your responsibility to inform us upon registration.**

Christmas in Branson, MO \$1433 pp/dbl Nov. 27 - Dec. 2, 2023 Bianco Tours

Enjoy Christmas entertainment as only Branson, MO can offer. Spend 2 nights at the Drury Plaza Hotel at the Arch in downtown St. Louis, and 3 nights at the Grand Oaks Hotel in Branson. This tour features a visit to the Museum at the Gateway Arch, The Texas Tenors performing "Deep in the Heart of Christmas", "Christmas Wonderland", The Grand Country Music Hall featuring "Comedy Jamboree" as well as a ride through the Fantastic Caverns! Cost includes transportation via motor coach, accommodations, 5 breakfasts, and 3 Dinners as well as the entertainment. \$50 deposit due on sign-up; balance due: Oct. 13, 2023.

Country Christmas \$343 pp/dbl December 5-6, 2023 Bianco Tours

This is the perfect short trip to put you in the holiday spirit. Join us for a wonderful Country Christmas trip to southwest Ohio. Experience a glowing winter wonderland surrounded by sparkling lights and shining stars at the Krohn Conservatory. Visit the Shillito Elves in Cincinnati, and travel through a 2-mile-long Christmas Around the World Display at the Land of Illusion. Day 2 includes the *Miracle on 34th Street* show at the La Comedia Dinner Theater. Cost includes transportation via motor coach, accommodations, and 3 meals. \$20 deposit due upon sign-up; balance due October 17, 2023.



Day Trips



Detroit Institute of Arts Guided Tours \$5 Thursdays, 12:30-3:30 pm

July 13 **T1017SU**

September 14 **T1001F**

November 16 **T1018F**

The DIA remains open to visitors, serving as a place for inspiration, calm and respite in challenging times. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour and a coupon for a free coffee at the Café DIA. 25 person minimum. Sign up deadline two weeks prior to visit date.

Mexico & Murals in Detroit \$114 Wednesday, May 17 T1007SP

9:30 am - 3:30 pm **Rybicki Tours**

Join us as we explore a selection of the great murals of Detroit. This guided tour visits major commission for Detroit's iconic landmarks to pop-up pieces on the sides of buildings. Stroll through Mexicantown and learn about the creative muralists who bring street art to life. Explore BLKOUT Walls Festival, a 7-day, all Black-produced project that occurred in summer of 2021. This fully narrated tour involves some sidewalk walking, no stairs. Cost includes transportation via motor coach, tour and lunch at Los Galanes Mexican Restaurant – make lunch choice upon registration. Registration deadline: May 3, 2023.

Time for Tea Oakland County Park – Ellis Barn \$44 Wednesday, June 14 T1010SU 10:00 am - 2:00 pm

What is the perfect place for a tea party? The historic Ellis Barn at Springfield Oaks County Park! Join Oakland County Parks historian Carol Bacak-Egbo as she shares the history of the barn, the history of the Ellis farm AND the history of tea! You'll also have a chance to tour this amazing structure! Remember to wear your favorite spring partyware and hat! Cost includes transportation via ROSC Smart bus, meal, tea, and dessert. Registration deadline: May 19, 2023

More Day Trips on page 17

Day Trips

continued from page 16

Cruisin' Kalamazoo \$127
Thursday, June 22 T1020SP
5:30 am - 6:30 pm **Bianco Tours**

Walk right up to automotive history at the Gilmore Car Museum as we browse through the collection of almost 400 vehicles! There is everything from Model A's to Pierce-Arrows to Duesenbergs; there is a recreated 1948 dealership, a 1920's gas station and a 1941 restored diner. Take in the Air Zoo as well, with over 100 rare aircraft and spacecraft. Cost includes transportation via motor coach, tours and lunch at the Main Street Pub (choose lunch at registration). NOTE: There is a lot of walking on this tour.



Royal Oak Leprechauns \$25
Baseball Game
Tuesday, June 27 T1011SU
6:15 - 9:45 pm

Come and cheer on our Royal Oak Baseball team at the Royal Oak Memorial Park. Enjoy a classic summer evening game, complete with a hot dog, drink and chips. Cost includes transportation via the Royal Oak Leprechaun bus, admission and food and drink. Please note this is an evening game and pick-up and drop off will be after normal Senior Center hours.

Detroit Heritage \$120
Thursday, July 6 T1015SU
8:45 am - 4:15 pm **Bianco Tours**

Take a deep dive into Detroit history! Visit the Charles H. Wright Museum of African American History – The Wright inspires visitors toward greater understanding, acceptance, and unity by reflecting on the triumphs and tragedies of African American history. Enjoy lunch at Sindbad's on the Detroit River before some free time to explore the RiverWalk, AND THEN cruise the Detroit River aboard the Diamond Jack on a 2-hour narrated tour! Cost includes transportation via motor coach, admissions, tours and lunch. Registration deadline: June 29, 2023.

Cornwell's Turkeyville "The Great American Trailer Park Musical" \$99

Tuesday, July 11 T1016SU
9:30 am - 6:30 pm **Bianco Tours**

Here's a sassy, trashy and flashy musical comedy full of laughs, love and lawn flamingos! Enjoy Cornwell's famous Turkey Lunch Buffet before the performance! Cost includes transportation via motor coach, lunch and performance. *Contains explicit language and subject matter. Registration deadline July 4, 2023.

Saugatuck \$161
Thursday, July 20 T1018SU
7:00 am - 8:45 pm **Bianco Tours**

Come on and try one of West Michigan's premier attractions. The Saugatuck Dune Ride is 40 minutes of entertainment, fun and excitement! Lunch is at Coral Gables in town, one of the oldest family-owned restaurants in the state. There will be time for shopping in downtown Saugatuck as well. Cost includes transportation via motor coach, dune tour and lunch – make your choice upon registration. Registration deadline: July 13, 2023

Purple Rose Theatre \$154
Wednesday, August 2 T1020SU
10:45 am - 7:15 pm **Rybicki Tours**

Matinee performance of "A Jukebox for Algonquin" world premiere by Paul Stroili! "At a senior living community in the Adirondacks, a small group of residents decide they're not quite ready to go gentle into that good night. Hence, a plot is hatched to prove that aging is not a New York State of mind. Adult language and content. Cost includes transportation via motor coach, lunch at the renowned Gandy Dancer in Ann Arbor and show admission. Registration deadline: July 11, 2023.

Detroit Heroes Tour \$115
Thursday, August 10 T1019SU
8:00 am - 3:30 pm **Bianco Tours**

Salute the heroes who put their lives on the line to keep us safe. Learn about the history of both the Detroit Police Department and Detroit Fire Department with a Step-on Guide. Tour the Detroit Police Museum, a historic fire station and police station. Enjoy lunch at the renowned Slows Bar BQ with the choice of two different specialty options. Cost includes transportation via motor coach, guided tour and lunch.

Summertime Senior Picnic

Oakland County Parks \$25
Wednesday August 16 T1024SU
10:00 am - 3:00 pm

Come enjoy the Day at Independence Oaks County Park. Enjoy fishing, archery, a nature education program, lawn games and pontoon boat rides. Lunch of hot dog, chips, and lemonade. Cost includes transportation via ROSC Smart bus, lunch, games and boat ride. **LIMITED SEATING!** Sign-up early. Registration deadline: July 28, 2023.

AQS Quilt Show 2023 Grand Rapids \$70
Wednesday, September 13 T1030SU
7:00 am - 6:00 pm

Join us for a day that celebrates QUILTING! We're heading to Grand Rapids to view hundreds of beautiful quilts on exhibit and possibly chat with world-renowned quilt making instructors. Aisles of fabrics, machines & quilting supplies await. Cost includes transportation via motor coach, admission, and driver gratuity. Registration deadline: August 11, 2023.

Pioneer Wine Trail \$106
Wednesday, September 13 T1025SU
8:30 am - 7:00 pm **Bianco Tours**

We'll have three wine tastings today, at St. Julian Winery in Dundee, Cherry Creek Cellars in Brooklyn, and Flying Otter Vineyard in Adrian. Lunch will be at Danley's Country House in Tecumseh; enjoy a family style lunch of broasted chicken. Cost includes transportation via motor coach, tastings and lunch. Registration deadline: September 6, 2023.

Active Aging Adventures
Brunch & Learn / DNR Michigan \$18
8:15 am - 12:30 pm

Thursday, October 12 Riverfront Railroads T1012F

Thursday, November 2 Feeding Birds in the Winter T1013F

Thursday, December 14 The Story of the Sea Lamprey T1014F

Attention early risers! Enjoy some pastries and coffee while learning about exciting topics at the Michigan DNR Outdoor Adventure Center. Three different lectures will be offered in this fall series. After the lecture explore this indoor facility which brings the outdoors inside. Cost includes transportation via or center's Smart Bus Service, admission, and brunch. Limited seating.

Welcome Newcomers

1st Monday, 10:30 am

May 1, June 5, July 3, Aug. 7, Sept. 11

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Call 248-246-3900 to reserve. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

50¢ / day or \$3.00 / month

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 pm

\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:00 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No fee.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Friday Recreational BINGO!

1st Fridays at 12:30 pm A1005

May 5, June 2, July 7, August 4

Must preregister

by calling 248-2246-3900

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Summer Bingo prizes are sponsored. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Kerry Price Sing-A-Longs

Select Fridays, 12:30 pm

May 19 - Sing for Your Mother

June 16 - Irving Berlin - Part 3

July 14 - Let's Get Away

August 18 - Rolling Down the River

\$2.00 per performance

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Mah Jongg Drop-In

Tuesdays, 1:00 - 3:30 pm

Wednesdays, 9:30 am - 12 noon

50¢

Experienced players may drop in and play on Tuesday afternoons and Wednesday mornings. Players must follow National Mahjongg League rules only.

Have Fun Learning English

Julian Gordon is fluent in multiple languages and is willing to use technology to help you improve your fluency. If strengthening your English is a priority, Julian is here to help. Call the M/M Community Center at 248-246-3900 to schedule or walk-in to speak directly to staff, Monday - Friday, 9:00 am - 4:30 pm.

Foot Doctor

2nd Wednesday, 9:00 - 10:45 am

May 10, July 12

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call the center at 248-246-3900 to reserve a slot. The Monday before, Dr. Adas' office will call you to set a specific time.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$55

July 3, 6, 17, 19, 24, 26; August 1, 2, 8, 10, 22, 24; September 5, 7, 11, 13, 19, 21

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!

Mahany/Meininger Center Presents

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Select Mondays, 5:30 - 7:00 pm
June 12, July 10, August 14
\$42 per class

Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home!

French Club

Tuesdays and Thursdays, 10:00 - 10:45 am
May 23 - June 29
July 6 - August 17 (closed July 4)
August 22 - October 5
\$5 / 6 weeks

Have you ever wanted to learn French? Join the Club! Jennifer Sidle is a former middle and high school French teacher with over 22 years of experience. Participants will be speaking French while learning about French culture, food, monuments, history and more!

Paint and Pour

Tuesday, May 9 at 3:00 pm
\$2.00 registration fee
Preregister by May 1

Learn the art of acrylic Pour Painting. This painting technique will be instructed in class in a relaxed atmosphere and sponsored by Dedicated Senior Medical Center - Warren. All materials will be provided; wear clothing suitable for painting.

At Dedicated Senior Medical Center, they believe that spending time with you and respecting what you have to say is the key to a longer, healthier, happier life.

Hot Summer Nights Dinner Dance

Friday, July 21
Doors open at 5:30 pm;
Band starts at 6:00 pm
\$16.00 per person

Dance to the music of The Mike Wolverton Band! Enjoy a scrumptious dinner prepared by our own Chef Doruk Doğan! Register by July 14. RSVP early for best choice of table location.

Tim's Kitchen

Dine-in and carry-out meals will be served Monday-Friday. Lunches are available at 11:45 am for dine-in service and 12:15 pm for carry-out (food is held cold for carry-outs). You must order meals 72 hours in advance (meals sometimes sell out early). Meals are \$5.00 each and MUST BE PREPAID AT TIME OF ORDER. Monthly *Times* will have menu offerings. At this time, punch cards are not available and no walk-ins allowed. Have debit or credit card ready when calling, 248-246-3900.

Tim's Kitchen Matinee

Join us at the Mahany/Meininger Center for Tim's Kitchen Lunch Time Matinees!

Neil Diamond Tribute with Neil Lawrence

Tuesday, May 9

Doors open at 11:30 am

Lunch served at 11:45 am

Show at 12:00 pm

An afternoon guaranteed full of laughter, hand clapping, and singing along to all your favorite Neil Diamond songs - from "Cracklin' Rose" to "Sweet Caroline" - all excellently performed.

"Beautiful Noise" Package, \$10.00: Includes Dine-in Lunch and Entertainment (Menu to be announced)

"Forever in Blue Jeans" Package, \$8.00: Enjoy an up-front view of the show.

Must preregister by May 1. Limited seating. To register early, call 248 246-3900.

Gary Sacco

Frank Sinatra / Rat Pack Style Vocalist

Tuesday, July 11

Doors open at 11:30 am

Lunch served at 11:45 am

Show at 12:00 pm

Have a fantastic lunch with the Chairman of the Board! Gary Sacco will be here with swooning, silky sounds in a fabulous solo show.

"I'm in the Mood for Food" Package, \$10.00: Includes Dine-in Lunch and Entertainment (Menu to be announced)

"My Kind of Sound" Package, \$8.00: Enjoy an up-front view of the show.

Must preregister by July 3. Limited seating. To register early, call 248 246-3900. Sells out fast! Registration begins June 11.

NEW!

Create!

Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 1:00 pm

June 5, July 3, August 7

FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "dollhouse scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.) Call the Senior Center at 248-246-3900 to confirm dates and ask questions.

Creative Coloring

1st and 3rd Mondays, 10:30 am

May 1 & 15; June 5 only; July 3 & 17; August 7 & 21

\$2.00 materials fee per class

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

Painting – All Media

Thursdays, 9:15 - 11:45 am

C1046SP

July 6 - August 24

C1046SU

\$65 / 8 weeks

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. Supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Fridays, 9:15 - 11:45 am

C1049SP

July 7 - August 25

C1049SU

\$65 / 8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include drybrush. Supply list is given at sign-up for those without any of their own supplies. Pre-register.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Do you experience neck, back, knee, and/or shoulder pain?

Monday, May 1 **A1008SP**

Presenter: Foundation Manual Physical Therapy & Performance

Are you interested in learning about how your body works? We will review basic anatomy, common causes, techniques and the importance of appropriate physical therapy exercises in each area. Services we offer: Orthopedic Manual Physical Therapy, Golf Therapy, Dry Needling, and Blood Flow Restriction Training. RSVP by April 24.

Learn about a Green Memorial

Tuesday, May 16 **A0516SP**

Presenter: AJ Desmond and Sons Funeral

Every year, more and more Americans choose green options for their end-of-life planning, but what does a "green" memorial really mean? Learn more about your environmentally conscious options and what you and your family should know.

In our Free guide, you will discover:

- What environmental impact your funeral options have on our planet;
- Where green burial is and is not practiced;
- What other environmentally friendly options are available to you;
- Why planning matters more than ever when selecting green memorial options.

RSVP by May 8.



Aging In Place and Preventing Falls

Tuesday, May 30 **A0530SP**

Presenter: Caps Remodeling

Did you know that one in three adults ages 65 and older fall each year? Join Caps Remodeling Barrier-Free Remodeling Specialist for Lunch and Learn about the wide variety of solutions designed to help people stay safe and meet their needs. Caps Remodeling specializes in educating Seniors on the importance of home modifications to allow them to remain in their home longer and with added assurance. RSVP by May 22.

Seniors In Heat:

Keeping Safe as Temperatures Rise

Monday, June 5 **A0605SP**

Presenter: Dedicated Health Center

Join Dedicated Health Center for lunch and learn how to keep safe as the summer months approach. Learn what changes you should be making to your diet and how higher temperatures can affect your overall health.

At Dedicated Senior Medical Center, they believe that spending time with you and respecting what you have to say is the key to a longer, healthier, happier life.

RSVP by May 26.

Veteran Burial Benefits

Tuesday, July 18

Presenter: AJ Desmond and Sons Funeral

Join us for an informative overview designed to assist Veterans and their families in securing the burial benefits they've earned while creating an intentional plan to help their loved ones begin healing during a time of loss. Topics will include Veteran Burial Benefits; Cremation & Burials; Traditional Funerals; Payment Plans; Pre-arrangements. A light lunch will be served. RSVP by July 10.

Medicare101: Where to begin

Session 1: Monday, May 22

RSVP by May 15

Session 2: Tuesday, Aug. 1

RSVP by July 24

Presenter: Steve Tyminski - Senior Benefits Advisor

Same great workshop offered on two different days. Join Senior Benefits Advisor, Steve, and find out important information on where to begin with Medicare.

When do I enroll for Medicare? What do I need to do? Do I have options?

- Defining Medicare- Parts A, B, C, & D
- Difference between Medigap vs Medicare Advantage
- Open enrollment periods
- Coverage options

Lunch will be served.

Chair Exercise with Cindy

Wednesdays, 9:30 - 10:15 am

May 24 - June 28 **C1036SU**
 July 12 - August 16 **C1037SU**
\$36 / 6 weeks

Fridays, 9:30 - 10:15 am

May 26 - June 30 **C1038SU**
 July 14 - August 18 **C1039SU**
\$36 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy

Wednesdays, 10:30 - 11:15 am

May 24 - June 28 **C1040SU**
 July 12 - August 16 **C1041SU**
\$36 / 6 weeks

Fridays, 10:30 - 11:15 am

May 26 - June 30 **C1043SU**
 July 14 - August 18 **C1044SU**
\$36 / 6 weeks

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Beginner Line Dance

Fridays, 12:30 - 1:15 pm

May 5 - June 23 **D1010SP**
\$48 / 8 weeks

Line dancing is fun and is great exercise for your mind and body. It is easy on your joints, improves your balance, and boosts your brain power. Basic steps and beginner dances will be taught with no partner needed. You will learn dances done at weddings, parties, and other social events. So come join us and bring your friends where you will meet others that share your love of dancing! NO BOOTS. Instructor-Jeannette Forster.

Ballroom Dance Class

Tuesdays, 2:00 - 3:30 pm **\$10.00**

Join instructor Bill Scheff on Tuesday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime.

Drop-in Line Dancing

Fridays, 1:30 - 3:00 pm **\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! NO BOOTS. **MUST HAVE SOME EXPERIENCE**. Instructor-Jeannette Forster

Social Square Dance

Mondays, 1:00 - 3:00 pm

beginning February 27

Drop-in, \$7.00 per class, CASH ONLY

Join host caller Walt for this lively social group. Enjoy a low impact workout that challenges the mind yet doesn't require equipment. Advanced and beginners are welcome, experienced dancers will assist in the learning process. No boots please.



Self-Guided DVD Workouts

Monday, Wednesday & Friday, 9:30 am

FREE

Want to exercise without the commitment (or cost) of a class? Come on in and enjoy a DVD workout! We have a variety of different workout videos from a number of instructors including Richard Simmons, Jane Adams and Curtis Adams!

Tai Chi Chen Style with Han

Thursdays, 9:15 am

June 1 - July 27 **No class June 22 C1012SU**
\$56 / 8 weeks

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.

Gentle Yoga

Mondays, 10:00 - 11:00 am

May 1 - June 26 **C1026SP**
\$42 / 7 weeks *No class May 29, June 19*

Mondays, 1:00 - 2:00 pm

May 1 - June 26 **C1028SP**
\$42 / 7 weeks *No class May 29, June 19*

Thursdays, 1:00 - 2:00 pm

May 4 - June 22 **C1031SP**
\$48 / 8 weeks

Thursdays, 10:30 - 11:30 am

July 6 - 27 **C1030SU**
\$24 / 4 weeks

August 3 - 31 C1031SU

\$30 / 5 weeks

All spring/summer Gentle Yoga classes will be outside, weather permitting.

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

Zumba Gold Toning®

Fridays, 12:00 - 1:00 pm

May 5 - July 7

July 14 - Sept. 29

\$55 / 10 weeks Drop-in, \$6

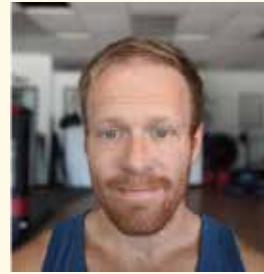
Zumba combines simple dance moves in a fun, non-judgmental atmosphere. It builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Zumba is designed to be approachable by everyone, men and women alike, regardless of fitness level. No experience needed! All moves are good moves! Toning sticks are available for purchase from instructor. Cost is \$20.00 for a 1 lb. pair, \$25.00 for a 2.5 lb. pair. Toning sticks are not necessary to join but will enhance and help you get more out of your Zumba workout. Please wear tennis shoes, dress comfortably, and bring water and towel. In pleasant weather, class will be held outside so dress accordingly. Active Adults get great results! Preregister.



Fitness with Josh

All classes are drop-ins for \$9.00 each (cash only) and held at M/M Community Center (3500 Marias Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!



All ages are welcome! Equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly.

Morning Warm Up

Monday and Friday, 9:30 - 10:00 am

Two sessions for \$9.00!

Start the day with a short 30-minute session to wake up the body. Josh helps you personalize your time by focusing on strength, mobility, cardio, and balance. Or work on all of them! This is an easy commitment since it is only 30 minutes.

Full Body Circuit (4 days a week)

Tuesday and Thursday, 8:30 - 9:30 am

Monday and Wednesday, 5:30 - 6:30 pm

A staple class to incorporate most of your major muscle groups in a variety of challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh tries to surprise class members with new and interesting things every round of reps. Josh introduces the challenges in a low-pressure context, always focusing on YOU! Perform at your optimum best!

Senior Circuit (5 days a week)

Monday - Friday, 10:00 - 11:00 am

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

Tuesday and Thursday, 11:15 am - 12:15 pm

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Total Strength

Tuesday and Thursday, 6:30 pm - 7:30 pm

One hour dedicated to building strength in muscles, tendons, ligaments, and bones in our bodies. Kettle bells, dumbbells, weighted bars, and resistance bands are supplied. Get ready to look strong and feel better in your own skin!

Mat Work

Wednesday, 8:30 - 9:30 am

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Cardio & Core

Tuesday and Thursday, 5:30 - 6:30 pm

There are two major goals in this class: elevate your heart rate, and develop strength, mobility, and endurance in your core. Work is focused on abs, back, glutes, obliques, and hips. Improve your posture, reduce chronic back pain and build a healthier shape.

American Sign Language for Beginners

Mondays, 5:30 - 6:30 pm

May 1 - July 3

C2000SP

\$64 / 10 weeks

Instructor Kaylee has taught fluent sign language for years utilizing Zoom technology and in-person instruction. Call the M/M Community Center at 248-246-3900 to inquire about her next session.

Garden Club

1st Mondays of each month, 7:00pm

Garden enthusiasts meet new friends, share ideas, attend lectures/workshops and social events! All are welcome. Dues are collected upon regular membership. For more information, contact Barb Bolton at brbolton88@gmail.com, royaloakgardenclub@gmail.com or 248-399-8545.

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays through June 2023

11:00 am - 12:00 pm C1050SU

12:15 - 1:15 pm C1051SU

1:30 - 2:30 pm C1052SU

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

The 2022 tax season has concluded with the help of AARP volunteers. The M/M Community Center host site processed approximately 350 e-filings. Thank you to the trained, dedicated workers who processed and serviced our community!

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
Below \$18,800	Below \$21,500	\$3
\$18,801-\$31,350	\$21,501-\$35,800	\$5
\$31,351-\$50,150	\$35,801-\$57,300	\$7

- **Home Chores**
- **Home Repairs**
- **Personal Care**

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Friday at 248-246-3919.

Now Hiring Personal Care Aides

Are you patient, professional and passionate about serving others? If so, the City of Royal Oak needs YOU!

Become an independent contractor to assist older adults with dressing, bathing, meal preparation, ambulation assistance and simple errands. Choose when you want to work for \$15.00 per hour. Background check required.

To apply, contact Chloe Wilson at 248-246-3919 or chloe.wilson@romi.gov.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

May 1, June 5, July 3, August 7

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

May 5 & 19, June 2 & 16, July 7 & 21,

August 4 & 18

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

May 17, June 21, July 19, August 16

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call the M/M Community Center at 248-246-3900 to schedule your 20-minute consultation.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

May 11, June 8, July 13, August 10

Royal Oak Senior Community Center will offer a new Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology. Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Pre-registration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969 .

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

P.A.L. (Positive Attitude Living)

Fridays, 10:30 am FREE

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19/5 round-trip tickets and \$14/5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.

Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals require a **\$200 security deposit** which will be returned after the event or meeting if the room is left in the same condition it was given to the group – this includes taking trash to the dumpster, sweeping tiled floors, arranging tables and chairs as they were upon arrival. Rentals are Monday - Saturday based on availability. Sorry, no Sundays. Bookings by phone only: 248-246-3900.

Your deposit holds the room and time of your event. **Full payment is taken at booking.** Cancellations are allowed 48 hours in advance for a full refund. After 48 hours, the deposit will be forfeited. (No alcohol, no bounce houses.)

	Per Hour (w/o food)	Per Hour (w/ food)	Fire Code Occupancy	Room Details
Lounge (608 sq ft)	\$25	N/A	12 - just meeting space	Couches & armchairs
Billiards (1088 sq ft)	\$25	N/A	20 - just meeting space	Rectangular tables; pool tables not for use by renters
Room 1 (400 sq ft)	\$30	\$35	20 chairs with tables/ 25 tables	Rectangular boardroom tables; mounted TV; DVD
Room 2 (416 sq ft)	\$40	\$45	20	Pull-down screen for projector
Room 3 (638 sq ft)	\$40	\$45	43	Plain wall for use of projector; grease board
Rooms 4 & 5 (4416 sq ft)	\$50	\$60	120 chairs & tables + add'l 170 chairs	Wall of windows; 12 ft ceiling; tile floor; 13-5' x 6' oval tables; plastic chairs
Room 6 (1034 sq ft)	\$45	N/A	80 chairs + add'l 100 chairs	Card tables; plastic chairs; 12 ft ceiling
Room 7 (280 sq ft)	\$20	\$30	12	Square tables; chairs
Rooms 8 & 9 (1040 sq ft)	\$40	\$50	40	Rectangular tables; two sinks w/ Formica tops
Patio (2275 sq ft)	\$25	\$35	N/A	Cement pavers; tree-lined
Parking Lot (128 spaces)	\$75 per hr	\$75 per hr	N/A	Call for details; must provide own Limited Liability insurance

AARP Safe Driver Refresher Classroom Course

July 27 & 28, 10:00 am - 3:00 pm

\$30 for AARP Members (valid membership required); \$35 for non-AARP members

Donna Bucciarelli returns to teach:

- Research-based safety strategies that can reduce the likelihood of having a crash
- Proper use of seat belts, air bags, antilock brakes, and new technology found in cars
- Ways to monitor your own and others' driving skills and capabilities
- The effects of medications on driving
- The importance of eliminating distractions, such as eating, smoking, using a cell phone
- No test to take upon completion, and receive an insurance discount upon completing the course (ask your insurance agent for details)

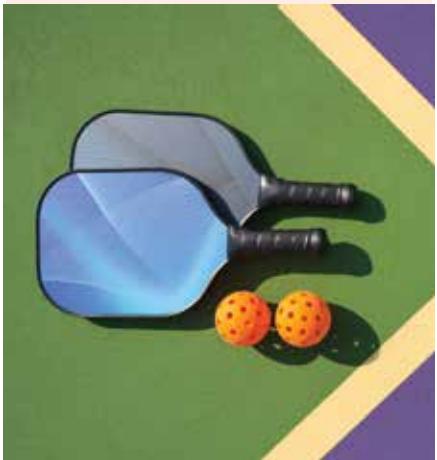
Call M/M Center at 248-246-3900 to register.

Drop-In Sports at the Salter Center

Pickleball

Pickleball has moved outdoors for May through October at Whittier and Upton Parks. Courts are open daily from 9:00 am to 8:00 pm.

Visit royaloakrec.com for lessons, leagues, mixers, and court locations.



Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.



Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Spring 2

Mondays: May 1 - June 26 SA6010
No class May 29

Wednesdays: May 10 - June 28 SA6011
Fridays: May 12 - June 30 SA6012
\$48 / 8 weeks

Summer 1

Mondays: July 10 - Aug. 28 SA7001
Wednesdays: July 12 - Aug. 30 SA7002
\$48 / 8 weeks

Fridays: July 14 - Aug. 25 SA7003
\$42 / 7 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

No class dates: May 30, July 4 - 8, Aug. 31, Sept. 2, Sept. 5

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Yoga

Tuesdays at Salter Center, 1:15 pm

May 2 - June 20 SA2323

June 27 - August 22 SA2321

No class July 4

August 29 - Oct. 17 SA2322

\$40 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Melanie Macey, Mayor Pro Tem
Sharlan Douglas

City Commission

Kyle DuBuc
Monica Hunt

Brandon Kolo
Pat Paruch

May is Michigan's Water Awareness Month

The state of Michigan is almost entirely surrounded by the Great Lakes. Inside the state's borders, we are fortunate to have over 26,000 lakes and 36,000 square miles of rivers. While our supply of water may seem limitless - on the long-term scale, it is non-renewable, meaning the quantity that exists now on earth will never increase or decrease. This is why we try to protect and conserve the fresh water we have!

Now is the time to get creative and show your love for water! Whether you are just starting your water conservation journey or already an expert water saver, there are plenty of opportunities to celebrate Water Awareness Month. Here are some of easy ways to celebrate:

- **Take shorter showers:** Set a goal to keep your shower under 5 minutes. You'll save water and energy and have more time to enjoy the day!
- **Fix leaks:** Check for leaks in your home, such as dripping faucets or running toilets. A leaky faucet can waste more than 3,000 gallons of water per year, so fixing them as soon as possible is essential. Fixing your leaks will also save you \$\$\$ on your water bill!
- **Go meatless:** Meat production requires a lot of water, so try going meatless for one day a week. You'll not only save water but also reduce your carbon footprint.
- **Participate in a waterway cleanup project:** There is a Detroit River Cleanup on Saturday, April 22 from 9:00 am until 12:00 noon, 1 Riverside Drive, Trenton, Michigan.
- **Attend a Water-themed event:** There is a hike planned at the Detroit River International Wildlife Refuge, 5437 W Jefferson Avenue, Trenton Michigan on June 3 from 12:00 noon until 2:00 pm, and a kayak/canoe event planned at the Refuge on June 8 from 9:00 am until 12:00 noon.
- **Spread the word:** Share your water-saving tips and tricks with friends and family!
- **Contact the City's Water staff at 248-546-3160:** We have additional water saving tips for you to consider.

You can find the city's citizen guide, performance dashboard, debt service and projected budget reports online at www.romi.gov/210/Performance-Dashboard

City Clerk's Office

Boards and Committees

Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line at www.romi.gov/308/Commissions-Boards-Committees or visit the city clerk's office for an application.

Dog Licenses

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs

Mark Twain Dog Park FOBs

Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBs expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

Upcoming Elections

We have one election scheduled for this year to be held on **Tuesday, November 7, 2023**. If you are interested in serving as an election inspector, please send an email to cityclerkvote@romi.gov to have an application emailed or mailed to you. Training is provided to all workers prior to election day.



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$50,150	4	\$71,600
2	\$57,300	5	\$77,350
3	\$64,450	6	\$83,100

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$31,350	4	\$44,750
2	\$35,800	5	\$48,350
3	\$40,300	6	\$51,950

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov

Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.	248-588-0170
Parks & Forestry	248-246-3300
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency	248-246-3500
Community Policing	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Recreation 1600 N. Campbell	248-246-3180
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln	248-246-3180
Senior Citizen Programs 3500 Marais	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell	248-546-8282
Website	www.romi.gov



Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at 248-246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won't survive, then an alternate sight is chosen. What a wonderful way to honor a loved one for years to come.



Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday-Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Refuse and Recycling Directory

Department of Public Services (DPS) 248-246-3300

(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge 248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the tote/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Yard Waste Separation Begins April 1

What is yard waste?

Grass clippings, leaves, spent flowers and garden plants, weeds, pine needles, pine cones, acorns, chestnuts, walnuts, apples, Halloween pumpkins, corn cobs and husks, vines, straw (dry bales less than 40 lbs.), wood chips, woody material up to 2" in diameter and small shrubs (no root balls), untreated, unpainted wood boards with nails removed, sawdust and wood shavings. **All containers must weigh less than 50 lbs.**

How do I prepare yard waste for collection?

Yard waste may be placed in 32-gallon trash cans, clearly marked with a "Yard Waste" sticker facing the street (available at some city offices) or brown paper yard waste bags available at most stores. Containers or bags cannot weigh more than 50 pounds each.

Why must I separate these items?

Yard waste is banned from disposal in Michigan landfills. SOCRRRA converts yard waste into compost, a useful nutrient rich soil amendment.

Is yard waste collected year-round?

No, weekly curbside collection is provided from April 1 through the third week of December.



What if I have yard waste when collection isn't provided?

SOCRRRA residents can bring yard waste to the SOCRRRA Transfer Station at 995 Coolidge Road in Troy at no charge after the third week of December through March 31 - limit 10 bags per day per household. (No contractors or landscapers please).

Brush & Branches

Brush and branches are generally considered to be branches between 2" and 5" in diameter. Small twigs (less than 2" in diameter) are not considered brush and should be placed with yard waste.

What do I do with brush and branches?

Bundle brush and branches securely with twine (bundles no longer than 4 feet in length or 15" in diameter) and place at the curb by 7:00 am of collection day. Bundles cannot weigh more than 40 pounds. Please set bundles so that large end of branches are closest to the street. Bundles will be taken with trash.

What about logs, firewood and lumber?

Logs or firewood must be less than 5" in diameter, cut to 2 foot lengths, bundled securely, weighing less than 40 lbs. per bundle. Logs or firewood over 5" in diameter must be disposed of privately. Lumber (without nails) must be cut to 4 foot lengths or less, bundled, weighing less than 40 lbs. each. Bundles must be next to your trash for collection by 7:00 am.

Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked ziploc baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org - **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org.

Please note: residents must remove sensitive or personal information from ALL devices.

APPOINTMENT REQUIRED.



As a member of SOCRRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about 1/4 mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.





Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side'

of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on sewer emergency procedures, consult the City's website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.



Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer

systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/ napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring $\frac{1}{2}$ cup baking soda down the drain followed by $\frac{1}{2}$ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.



Recycling & Trash Compactors at Park Shelters

Please put RECYCLING through blue door:

- Empty juice boxes (discard straws & juice pouches)
- All empty plastic bottles
- Clean paper products (paper decorations, boxes, etc.)
- Empty paper & plastic cups & lids (coffee, pop, etc. ~ discard straws)
- All clean aluminum containers
- Pizza boxes without grease or food (discard liners & white pizza saver)
- Plastic veggie & fruit containers
- Wrapping paper (no foil paper, ribbon, bows, etc.)

Please put TRASH through black door:

- All paper & plastic plates
- Styrofoam containers (or take to SOCRRA)
- All silverware, serving utensils, etc.
- Napkins, paper towels
- All food
- Snack food bags (potato chip, etc.)
- Plastic tablecloths
- Plastic bags (or take for recycling)
- Soiled food containers (aluminum, plastic, trays, etc. If clean, can be recycled)
- All straws
- All non-paper decorations

WHEN IN DOUBT THROW IT OUT!

(otherwise it contaminates the load and will be discarded)



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 40 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

May

6	Sat	Royal Oak Tequila Fest (6:00 - 10:00 pm)
10	Wed	Food Truck Rally and Sights & Sounds Concert (4:00 - 9:00 pm)

June

6	Tues	City-Wide Block Party (5:00 - 8:00 pm)
8	Wed	Food Truck Rally, Sights & Sounds Concert and Family Pride (4:00 - 9:00 pm)

July

12	Wed	Food Truck Rally and Sights & Sounds Concert (4:00 - 9:00 pm)
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August

9	Wed	Food Truck Rally and Sights & Sounds Concert (4:00 - 9:00 pm)
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Like us on Facebook!



52nd Annual Royal Oak Outdoor Art Fair July 1-2 in Memorial Park

Saturday, July 1, 10:00 am - 6:00 pm

Sunday, July 2, 10:00 am - 5:00 pm

The Royal Oak Outdoor Art Fair is a juried fine arts fair in its 51st year. It is set among the beautiful trees of Memorial Park at the corner of 13 Mile and Woodward. The fair offers a unique blend of fine art and fine crafts. The show attracts artists from across the country and has national ranking as one of the top fairs in the United States. Art work will be for sale in many categories including drawing, painting, photography, clay, collage, glass, metal, wood, jewelry, leather/fiber and mixed media.

The Art Fair offers an excellent opportunity to purchase an original item for your home, office or as a gift. Food concessions will be on site for lunch and dinner.

Co-sponsored by Royal Oak Recreation and the Royal Oak Arts Council.

No dogs allowed in the park.

**You have a nice
set of wheels but
can't find a place
to park them.**



Landlords must allow you to make reasonable accommodations to ensure full use of your apartment. Telling you that you can't install grab bars and ramps is against the law. You can fight back.

If you suspect unfair housing practices, contact HUD or your local Fair Housing Center. Everyone deserves a fair chance.



FAIR HOUSING IS THE LAW!

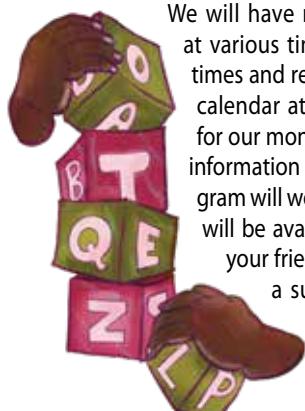
U.S. Department of Housing and Urban Development • 1-866-222-FAIR • TDD 1-800-927-9275



All Together Now

Get ready to launch into summer with Royal Oak Public Library's Summer Reading program. This year's theme is "All Together Now." Read for prizes, read for fun, and read all together as one!

The Kickoff party for the Royal Oak Public Library's Summer Reading Program will be **Saturday, June 24 from 10:00 am to 1:00 pm**. We will have glitter art tattoos, face painting, button making, and so much more! **Registration will begin Tuesday, June 20 at 9:00 am**. Register in-person or on your own with our free app, Beanstack.



We will have many programs this summer hosted at various times. To see our upcoming programs, times and registration dates please see our events calendar at ropi.evanced.info/signup or signup for our monthly newsletters on our website. More information about how the Summer Reading Program will work, including the prizes and programs, will be available in May. So join your family, join your friends, join the Royal Oak community for a summer of fun reading, learning, and celebrating together!

Connecting Community at ROPL

The 2023 Summer Reading Program theme is "All Together Now." This is a concept that libraries have embraced for a long time, but it was not always that way. Libraries have had a history of segregation and discrimination, but we have worked hard to eliminate barriers and welcome everyone to the library.

The Royal Oak Library's mission states "Royal Oak Public Library provides the community with an environment rich in opportunities for all. We cultivate intellectual, recreational, and collaborative experiences that enable people to learn, grow, and connect." That is why the national summer reading theme of "All Together Now" is reflective of what we offer the community. Our spaces and collections are designed to foster community and to explore a variety of interests. We encourage people to get to know their fellow community members through diverse programming. Throughout the summer, we will be hosting programs for all ages. As I write this article, programs are being planned which cover a wide variety of topics that appeal to a range of interests. Visit ropi.evanced.info/signup to view the calendar of events for all ages.

Summer reading is not just for children – it includes all ages and all people. Anyone can explore the shelves of the library and check items out. We are fine-free, so you won't be subject to late fees if your Royal Oak materials are not returned on time – not just in the summer, but year-round.

Sandy Irwin, Library Director

Sign Up for Electronic Newsletters

A timely and convenient way to learn about what is happening at the Royal Oak Public Library as well as information about new book releases is through our electronic newsletters. We provide a variety of topics for different ages groups. Visit our website at ropi.org, hover over "I Want to..." and select "Sign Up for Our Monthly Newsletters."

Memorial Day Parade May 29, 2023

The 2023 parade steps off at 9:00 am on Main Street at Lincoln on Monday, May 29. A ceremony immediately follows the end of the parade at the Veterans War Memorial at Centennial Commons near the library south entrance.

For more information:

www.romi.gov/492/veterans-events-committee



Matt Harmon Photo

2022 Consumers Annual Report on Water Quality

ATTENTION: This is an important report on water quality and safety

The City of Royal Oak, The Southeastern Oakland County Water Authority (SOCWA) and the Great Lakes Water Authority (GLWA) are proud of the fine drinking water they supply and are honored to provide this report to you. The 2022 Consumers Annual Report on Water Quality shows the sources of our water, lists the results of our tests, and contains important information about water and health. We will notify you immediately if there is ever any reason for concern about our water. We are pleased to show you how we have surpassed water quality standards as mandated by the Environmental Protection Agency (EPA) and the Michigan Department of Environment, Great Lakes, and Energy (EGLE).

About the System

The City of Royal Oak purchases water from the Southeastern Oakland County Water Authority (SOCWA) at thirteen locations. SOCWA provides GLWA water through its member distribution systems to a population of 210,000 within a 56 square mile area. Current members are Berkley, Beverly Hills, Bingham Farms, Birmingham, Clawson, Huntington Woods, Lathrup Village, Pleasant Ridge, Royal Oak, Southfield, and Southfield Township.

Your source water comes from the Detroit River, situated within the Lake St. Clair, Clinton River, Detroit River, Rouge River, Ecorse River, watersheds in the U.S. and parts of the Thames River, Little River, Turkey Creek and Sydenham watersheds in Canada. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of GLWA's Detroit River source water for potential contamination. The susceptibility rating is based on a seven-tiered scale and ranges from very low to very high determined primarily using geologic sensitivity, water chemistry, and potential contaminant sources. The report described GLWA's Detroit River intakes as

highly susceptible to potential contamination. GLWA's water treatment plants that draw water from the Detroit River has historically provided satisfactory treatment and meets drinking water standards.

And/or

Your source water comes from the lower Lake Huron watershed. The watershed includes numerous short, seasonal streams that drain to Lake Huron. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of potential contamination.

The susceptibility rating is a seven-tiered scale ranging from "very low" to "very high" based primarily on geologic sensitivity, water chemistry, and contaminant sources. The Lake Huron source water intake is categorized as having a moderately low susceptibility to potential contaminant sources. The Lake Huron water treatment plant has historically provided satisfactory treatment of this source water to meet drinking water standards.

GLWA has initiated source-water protection activities that include chemical containment, spill response, and a mercury reduction program. GLWA participates in the National Pollutant Discharge Elimination System permit discharge program and has an emergency

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Key to the Detected Contaminants Tables		
Symbol	Abbreviation for	Definition/Explanation
AL	Action Level	The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
°C	Celsius	A scale of temperature in which water freezes at 0° and boils at 100° under standard conditions.
>	Greater than	
HAA5	Haloacetic acids	HAA5 is the total of bromoacetic, chloroacetic, di-bromoacetic, dichloroacetic, and trichloroacetic acids. Compliance is based on the total.
Level 1	Level 1 Assessment	A Level 1 assessment is a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in the water system.
LRAA	Locational Running Annual Average	The average of analytical results for samples at a particular monitoring location during the previous four quarters.
MCL	Maximum Contaminant Level	The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
MCLG	Maximum Contaminant Level Goal	The level of contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow a margin of safety.
MRDL	Maximum Residual Disinfectant Level	The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MRDLG	Maximum Residual Disinfectant Level Goal	The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
n/a	Not applicable	
ND	Not Detected	
NTU	Nephelometric Turbidity Units	Measures the cloudiness of water.
pCi/L	Picocuries per Liter	A measure of radioactivity.
ppb	Parts per billion (one in one billion)	The ppb is equivalent to micrograms per liter. A microgram = 1/1000 milligram.
ppm	Parts per million (one in one million)	The ppm is equivalent to milligrams per liter. A milligram = 1/1000 gram.
RAA	Running Annual Average	The average of analytical results for all samples during the previous four quarters.
SMCL	Secondary Maximum Containment Level	
TT	Treatment Technique	A required process intended to reduce the level of a contaminant in drinking water.
TTHM	Total Trihalomethanes	Total Trihalomethanes is the sum of chloroform, bromodichloromethane, dibromochloromethane and bromoform. Compliance is based on the total.
umhos	Microohms	Measure of electrical conductance of water.

City of Royal Oak 2022 Report on Water Quality

2022 Springwells Regulated Detected Contaminants Table											
2022 Inorganic Chemicals - Monitoring at Plant Finished Water Tap											
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water			
Fluoride	7-12-22	ppm	4	4	0.60	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.			
Nitrate	7-12-22	ppm	10	10	0.54	n/a	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits.			
Barium	5-16-17	ppm	2	2	0.01	n/a	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits			
2022 Disinfectant Residual - Monitoring in Distribution System											
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDI	Highest Level RAA	Range of Quarterly Results	Violation	Major Sources in Drinking Water			
Chlorine Residual	2022	ppm	4	4	0.67	0.61-0.73	No	Water additive used to control microbes			
2022 Turbidity - Monitored every 4 hours at Plant Finished Water Tap											
Highest Single Measurement Cannot exceed 1 NTU		Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)			Violation	Major Sources in Drinking Water					
0.25 NTU		100%			No	Soil Runoff					
2022 Special Monitoring											
Contaminant	Test Date	Unit	MCLG	MCL	Highest Level Detected	Source of Contaminant					
Sodium	7-12-22	ppm	n/a	n/a	5.6	Erosion of natural deposits					
Regulated Contaminant	Treatment Technique				Typical Source of Contaminant						
Total Organic Carbon ppm	The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC is measured each quarter and because the level was low, there is no requirement for TOC removal.				Erosion of natural deposits						

These tables are based on tests conducted by GLWA in the year 2022 or the most recent testing done within the last five calendar years. GLWA conducts tests throughout the year only tests that show the presence of a substance or require special monitoring are presented in these tables. The State allows us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. The data is representative of the water quality, but some are more than one year old.

2022 Springwells Tap Water Mineral Analysis				
Parameter	Units	Max.	Min.	Avg.
Turbidity	NTU	0.08	0.02	0.04
Total Solids	ppm	166	114	141
Total Dissolved Solids	ppm	169	105	134
Aluminum	ppm	0.071	0.014	0.030
Iron	ppm	0.5	0.2	0.3
Copper	ppm	0.002	ND	0.000
Magnesium	ppm	8.5	7.3	7.7
Calcium	ppm	28.0	24.9	26.2
Sodium	ppm	7.1	4.9	5.3
Potassium	ppm	1.1	0.9	1.0
Manganese	ppm	0.001	ND	0.000
Lead	ppm	0.001	ND	0.000
Zinc	ppm	0.004	ND	0.001
Silica	ppm	2.7	1.6	2.1
Sulfate	ppm	32.1	21.7	27.5
Chloride	ppm	15.0	8.3	10.7

Parameter	Units	Max.	Min.	Avg.
Phosphorus	ppm	0.87	0.42	0.53
Free Carbon Dioxide	ppm	13.6	6.5	10.1
Total Hardness	ppm	112	76	92
Total Alkalinity	ppm	86	70	75
Carbonate Alkalinity	ppm	ND	ND	ND
Bi-Carbonate Alkalinity	ppm	86	70	75
Non-Carbonate Hardness	ppm	42	2	17
Chemical Oxygen Demand	ppm	12.0	ND	3.9
Dissolved Oxygen	ppm	16.5	3.4	11.2
Nitrite Nitrogen	ppm	ND	ND	ND
Nitrate Nitrogen	ppm	0.55	0.26	0.36
Fluoride	ppm	0.77	0.51	0.58
pH		7.33	7.06	7.18
Specific Conductance @ 25 °C	µohms	238	166	215
Temperature	°C	23.9	2.0	13.0

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response management plan. GLWA has an updated Surface Water Intake Protection plan for the Belle Isle intake. The plan has seven elements that include: roles and duties of government units and water supply agencies, delineation of a source water protection areas, identification of potential sources of contamination, management approaches for protection, contingency plans, siting of new water sources, public participation, and public education activities. If you would like to know more information about the Source Water Assessment Report, please, contact GLWA at (313) 926-8127.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it can dissolve naturally occurring minerals and, in some cases, radioactive materials, and can pick up substances resulting from the presence of animals or from human activity.

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City of Royal Oak 2022 Report on Water Quality

2022 Northeast Regulated Detected Contaminants Table														
2022 Inorganic Chemicals - Annual Monitoring at Plant Finished Water Tap														
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water						
Fluoride	7-12-22	ppm	4	4	0.59	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.						
Nitrate	7-12-22	ppm	10	10	0.97	n/a	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits.						
Barium	5-16-17	ppm	2	2	0.01	n/a	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits						
2022 Disinfectant Residual - Monitoring in Distribution System														
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDI	Highest Level RAA	Range of Quarterly Results	Violation	Major Sources in Drinking Water						
Total Chlorine Residual	2022	ppm	4	4	0.69	0.55-0.76	No	Water additive used to control microbes						
2022 Turbidity - Monitored every 4 hours at Plant Finished Water Tap														
Highest Single Measurement Cannot exceed 1 NTU		Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)			Violation	Major Sources in Drinking Water								
0.10 NTU		100%			No	Soil Runoff								
Turbidity is a measure of the cloudiness of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.														
2022 Special Monitoring														
Contaminant	Test Date	Unit	MCLG	MCL	Highest Level Detected	Source of Contaminant								
Sodium	7-12-22	ppm	n/a	n/a	5.6	Erosion of natural deposits								
Regulated Contaminant	Treatment Technique				Typical Source of Contaminant									
Total Organic Carbon ppm	The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC is measured each quarter and because the level was low, there is no requirement for TOC removal.				Erosion of natural deposits									

These tables are based on tests conducted by GLWA in the year 2022 or the most recent testing done within the last five calendar years. GLWA conducts tests throughout the year only tests that show the presence of a substance or require special monitoring are presented in these tables. The State allows us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. The data is representative of the water quality, but some are more than one year old.

2022 Northeast Tap Water Mineral Analysis

Parameter	Units	Max.	Min.	Avg.
Turbidity	NTU	0.09	0.03	0.04
Total solids	ppm	163	110	138
Total Dissolved Solids	ppm	169	98	135
Aluminum	ppm	0.111	0.016	0.047
Iron	ppm	0.5	0.2	0.3
Copper	ppm	0.003	0.001	0.002
Magnesium	ppm	8.5	7.2	7.7
Calcium	ppm	28.0	24.8	26.0
Sodium	ppm	7.1	4.8	5.4
Potassium	ppm	1.1	0.9	1.0
Manganese	ppm	ND	ND	ND
Lead	ppm	ND	ND	ND
Zinc	ppm	0.010	ND	0.001
Silica	ppm	2.5	1.6	2.1
Sulfate	ppm	31.3	19.9	26.7
Chloride	ppm	14.4	8.3	10.7

Parameter	Units	Max.	Min.	Avg.
Phosphorus	ppm	0.50	0.24	0.42
Free Carbon Dioxide	ppm	12.6	6.9	8.9
Total Hardness	ppm	104	76	92
Total Alkalinity	ppm	100	70	79
Carbonate Alkalinity	ppm	ND	ND	ND
Bi-Carbonate Alkalinity	ppm	100	70	78
Non-Carbonate Hardness	ppm	34	ND	14
Chemical Oxygen Demand	ppm	10.2	ND	3.3
Dissolved Oxygen	ppm	14.1	7.6	11.1
Nitrite Nitrogen	ppm	ND	ND	ND
Nitrate Nitrogen	ppm	0.97	0.25	0.39
Fluoride	ppm	0.80	0.50	0.58
pH		7.34	7.08	7.25
Specific Conductance @ 25 °C	µohms	283	167	218
Temperature	°C	23.1	6.0	14.5

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Contaminants that may be present in source water include:

- **Microbial contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

- **Inorganic contaminants**, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

- **Pesticides and herbicides**, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.

- **Organic chemical contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff and septic systems.

- **Radioactive contaminants**, which can be naturally occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, EPA prescribes regulations, which limit the amount of certain contaminants in the water provided by public water systems. The Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

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City of Royal Oak 2022 Report on Water Quality

2022 Lake Huron Regulated Detected Contaminants Table											
2022 Inorganic Chemicals - Monitoring at Plant Finished Water Tap											
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation	Major Sources in Drinking Water			
Fluoride	7-12-22	ppm	4	4	0.71	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.			
Nitrate	7-12-22	ppm	10	10	0.51	n/a	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits.			
Barium	5-16-17	ppm	2	2	0.01	n/a	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits			
2022 Disinfectant Residual - Monitoring in Distribution System											
Regulated Contaminant	Test Date	Unit	Health Goal MRDGI	Allowed Level MRDI	Highest Level RAA	Range of Quarterly Results	Violation	Major Sources in Drinking Water			
Total Chlorine Residual	2022	ppm	4	4	0.79	0.64-0.85	No	Water additive used to control microbes			
2022 Turbidity - Monitored every 4 hours at Plant Finished Water Tap											
Highest Single Measurement Cannot exceed 1 NTU		Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)			Violation	Major Sources in Drinking Water					
0.35 NTU		98.4%			No	Soil Runoff					
Turbidity is a measure of the cloudiness of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.											
Regulated Contaminant	Treatment Technique					Typical Source of Contaminant					
Total Organic Carbon ppm	The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC is measured each quarter and because the level was low, there is no requirement for TOC removal.					Erosion of natural deposits					
Radionuclides - Monitored at the Plant Finished Tap in 2014											
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Level Detected	Violation yes/no	Major Sources in Drinking Water				
Combined Radium 226 & 228	5-13-14	pCi/L	0	5	0.86 ± 0.55	No	Erosion of natural deposits				
2022 Special Monitoring											
Contaminant	Test Date	Unit	MCLG	MCL	Highest Level Detected	Source of Contaminant					
Sodium	7-12-22	ppm	n/a	n/a	5.4	Erosion of natural deposits					

These tables are based on tests conducted by GLWA in the year 2022 or the most recent testing done within the last five calendar years. GLWA conducts tests throughout the year only tests that show the presence of a substance or require special monitoring are presented in these tables. The State allows us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. The data is representative of the water quality, but some are more than one year old.

2022 Lake Huron Tap Water Mineral Analysis					
Parameter	Units	Max.	Min.	Avg.	
Turbidity	NTU	0.44	0.04	0.09	
Total Solids	ppm	156	98	100	
Total Dissolved Solids	ppm	142	108	100	
Aluminum	ppm	0.072	0.011	0.027	
Iron	ppm	0.4	0.2	0.2	
Copper	ppm	0.008	ND	0.001	
Magnesium	ppm	8.4	7.2	6.2	
Calcium	ppm	27.2	24.3	20.8	
Sodium	ppm	5.3	4.5	4.0	
Potassium	ppm	1.1	0.9	.8	
Manganese	ppm	0.001	ND	ND	
Lead	ppm	ND	ND	ND	
Zinc	ppm	0.070	ND	0.008	
Silica	ppm	2.5	1.6	1.8	
Sulfate	ppm	24.0	18.2	17.7	
Chloride	ppm	10.6	8.3	8.0	

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Important Health Information

Lead

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Royal Oak is responsible for providing high quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using the water for drinking or cooking. If you have a service that is lead, galvanized previously connected to lead, or unknown but likely to be lead, it is recommended that you run your water for at least 5 minutes to flush water from both your home plumbing and lead service line. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the **Safe Drinking Water Hotline at (800) 462-4791** or at www.epa.gov/safewater/lead.

Infants and children who drink water containing lead could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure.

People with Special Health Concerns

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the **Safe Drinking Water Hotline at (800) 426-4791**.

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City of Royal Oak 2022 Report on Water Quality

City of Royal Oak									
2022 Microbiological Contaminants - Monthly Monitoring in Distribution System									
Regulated Contaminant	MCLG	MCL		Highest Number Detected	Violation Yes/No	Major Sources in Drinking Water			
Total Coliform Bacteria	0	Presence of Coliform bacteria > 5% of monthly samples			0	No			
<i>E. coli</i> Bacteria	0	A routine sample and a repeat sample are total coliform positive, and one is also fecal or <i>E. coli</i> positive.			0	No			
2022 Disinfection By-Products – Monitoring in Distribution System, Stage 2 Disinfection By-Products									
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest LRAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water	
Total Trihalomethanes (TTHM)	2022	ppb	n/a	80	24	13 - 34	No	By-product of drinking water chlorination.	
Haloacetic Acids (HAA5)	2022	ppb	n/a	60	18	11 - 23	No	By-product of drinking water disinfection.	
2022 Lead and Copper Monitoring at Customer's Tap									
Regulated Contaminant	Test Date	Units MCLG	Health Goal AL	Action Level Value*	90th Percentile over AL	Number of Samples Results	Range of Individual	Violation Yes/No	Major Sources in Drinking Water
Lead	2022	ppb	0	15	7	1	0 - 22	No	Lead service lines, corrosion of household plumbing including fittings and fixtures; erosion of natural deposits
Copper	2022	ppm	1.3	1.3	0.2	0.0	0.0 - 0.3	No	Corrosion of household plumbing system; erosion of natural deposits.

*The 90th percentile value means 90 percent of the homes tested have lead and copper levels below the given 90th percentile value. If the 90th percentile value is above the AL additional requirements must be met.

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Questions:

Local Distribution: City of Royal Oak

(248) 246-3300

Southeastern Oakland County Water Supply System – Water Authority offices:

(248) 288-5150

Visit our web site at www.socwa.org

Great Lakes Water Authority:

www.gewater.org

Michigan Department of Environment, Great Lakes, and Energy (EGLE):

(586) 753-3755 or www.michigan.gov/egle

U.S. Environmental Protection Agency: Safe Drinking Water Hotline:

(800) 426-4791

Water quality data for community water systems throughout the United States is available at www.epa.gov/wqs-tech

2022 Number of Water Service Connections by Service Line Material		
Number of Lead Service Lines	Number of Service Lines of Unknown Material	Total Number of Service Lines
870	2371	23,564

About Unregulated Contaminant Monitoring

Unregulated contaminants are those for which EPA has not established drinking water standards. Monitoring helps EPA to determine where these contaminants occur and whether it needs to regulate those contaminants.

Detection levels are in micro grams per Liter (1 μ g/L = 1ppb)

Unregulated Contaminant	Average Level Detected	Range	Year Sampled	Comments
Manganese	56	n/a	2019	Manganese is naturally occurring in many surface and ground water sources and in soils that may erode into these waters. However, human activities are also responsible for much of the manganese contamination in water in some areas.
HAA5	15	11 - 20	2019	Disinfection by-product
HAA6Br	8	5 - 10	2019	Disinfection by-product
HAA9	24	16 - 29	2019	Disinfection by-product



City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov



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